

1: Are you tired of living like a victim? - Glynnis Whitwer

It knows that you are living a lie, and it's trying to do everything it can to wake you up. As you will see in the video at the end of this article, Spencer Cathcart got it right. You have sold your soul to work for the elite of this world, those who hunger for power and control.

May 12, Are you tired of living like a victim? My heart goes out to victims – innocents who have been abused in a multitude of ways by someone stronger, meaner, and greedier than they. Being a victim changes how you think. It makes you feel powerless. It makes you suspicious of even good people. Most of us know what this feels like. Obviously, not all situations cause the same amount of harm. My daughters were victims of power-mongers who warred in Liberia. My husband and I have been victims of theft and fraud. Not really comparable, but we each carry scars. Today on my Encouragement for Today devotion, I told of a time when I was a victim of a completely different kind of attack: Satan uses all kinds of attacks to weaken us and fill our hearts with lies. Lies about our worth, our future, our potential. Lies about other people, opportunities and situations. Rather than looking at situations with truth, he creates distortions. The only way to not get sucked into perpetual victimhood, and to find freedom from the lies, is to stand on truth. This is the truth that will set us free. But only if we know it. Then you will know the truth, and the truth will set you free. And then the You Version verse of the day popped up on my phone: It changed my perspective. I need more freedom in my life. If I can pray for you today, please leave a comment on my blog.

2: Are You Tired of Living with Neuropathy? - Restorative Wellness Center

When I get tired of living, I try to keep on living. And it is not always working, but it works for the moment when it does. And if I live for nothing else, I live for those moments because they are amazing and they are worth it.

She must stay strong! After hanging up on the phone, she hides behind the streetlight, staring at the Di Hao Building without blinking. The workers inside have already started to go home, but there is no trace of Si Zheng Ting yet. But, now that she thinks about it, what does his health has anything to do with her? Thinking about how she kept buttering him up with a warm face only to be treated so coldly, anger rises in her heart. She looks so pretty and delicate, like flowers and jades, how can that man be so emotionless? Only allowed on Creativenovels. A couple of bodyguards stand guard outside before one of them opens the back door of a black Maybach. Si Zheng Ting walks out before suddenly stopping near the entrance. He looks around, god knows looking for what. And then, he lowers his head before entering his car. She runs near the car. I have been hit by a car! Zhuang Nai Nai stands there, closing her eyes while trembling in fear. He simply sits there, his heart a bit empty. He originally thought she would be waiting here. Based on her personality, she would seize every chance she could get, but why is she not here right now? Orâ€¦ has she decided to give up? Just like five years ago, gracefully leaving himâ€¦ Just as he thinks of that, a familiar figure suddenly rushes in front of his car. Even though he knows that the chances of hitting her are small, his heart feels like it is about to jump out of his chest. The screeching sound of the brake can be heard. Zhuang Nai Nai frowns in anticipation before finally opening her eyesâ€¦. It managed to stop 10 cm away from her. She looks around before stepping forward and purposely scraping her knee against the car. I am going to die! I got hit by a car! Thinking of that, the driver turns around. Zhuang Nai Nai steals a look while screaming for help. Why does it make her feel that he is worried about her? It is not easy for her to get to meet him. Without even thinking, she jumps up and wraps her arms around his neck and her legs around his waist. And then, she kisses him.

3: Are you tired of living in a ? | Yahoo Answers

Are you tired of living someone else's dream? If you've always had aspirations of being your own boss, and find yourself dreading going to work every day, it's time to start building your own dream.

Then you are not fit to live. You might be 38 years old as I happen to be, and one day you are called upon to stand up for some great principle or cause, and you refuse because you are afraid. You refuse to do it because you want to live longer. You are afraid that you will lose your job. You are afraid that you will be criticized by others. You are afraid that you will lose your popularity, or you are afraid that somebody will stab you, or shoot at you, or bomb your house. So you refuse to take a stand. Well you may go on and live to be 90 years old, but you are already dead. You died when you refused to stand up for right. You died when you refused to stand up for truth. You died when you refused to stand up for justice. Go to jail if necessary, but you never go alone. Take a stand for that which you know is right. The world might misunderstand you and criticize you, but you are never alone. One with God is the majorityâ€™-DR. You were born into this world with a purpose. You have bought into consumerism. Only then, you are so tired from the rest of the week, that you use the weekends to zone out, to sleep, and do nothing to create the kind of life that you want to be living. You have sold your soul to work for the elite of this world, those who hunger for power and control. And, you have given it freely to them in exchange for worthless pieces of paper that you think will give you happiness and security. They gave us money and, in return, we gave them the world. So, we choose instead to zone out with our Smartphones. We let our lives become filled with unimportant Facebook statuses and pretty pictures on Pinterest and completely miss what is really going on. So, yeah, no wonder you are tired of life. You will continue to feel this way until you actually start living it. Is this really the life you want? The one where you are overworked, stressed out, burned up , and chronically busy? Stop being what they told you to be, and start living your passions and following your dreams. When you focus on others, your life will take on meaning again. You will see that you are needed. Also, you will see the gifts that you have to offer this world, and why we need you to start being a part of it instead of just an observer. First of all, we have to change. We have to strip away our fears. And, we have to be willing to change how we see things. We have to stop the busy. You have more power than you know. One of the things that helped me stop being tired of life was realizing that I can control my thoughts. For more information on how to do this, I recommend that you check out my other site at www. And to all of us.

4: I know God won't forgive me, but I'm tired of living like this.

So one day, when you realize you're too tired of all the pain and sadness, please choose to do something that can make you feel better. Eat ice cream, cry, scream, run, paint – do whatever but never try to kill yourself.

By Tom Herrin A lot of people experience pain. The real question is do they do anything about it? Far too many individuals take pain medication. All you have to do is listen to the radio, watch television, or read ads and you will be all too familiar with the abundance of medications available. Many of them are over-the-counter and easily attainable. Anyone can buy them any time. They are so easy to acquire that we may not realize the risk of taking them. Even taking them according to directions can wreck our health. If you are living with pain and would like a natural treatment, a chiropractor can help you to find a better lifestyle. More People Are Discovering The Benefits As more people become aware of chiropractic care, there is new awareness of what it is all about. The stigma of it being just for injuries is no longer there. More of us are realizing that seeing a chiropractor can improve our quality of life. A chiropractor seeks to use natural means to treat and maintain our health. Those who receive treatment are able to incorporate better practices in their own lives. Being an active partner in your own care is vitally important. The Common Problems It is pretty normal for us to think of seeing a chiropractor when we have back pain. Our joints can have a dysfunction that irritates a nerve. This results in pain and discomfort. Many times our muscles become stressed as they either underperform or become stressed trying to compensate for the pain. The cycle goes on and on. A chiropractic adjustment can relieve the irritation on the nerves. The pain goes away, and the muscles can do their usual work without undue stress. The feeling of relief is not only refreshing but sometimes inspirational, as well. Chiropractic Can Help Achieve A Lifestyle Change It is not uncommon for people who receive treatment to begin to see more potential in their lives. They may have an opportunity to do things they thought were long since gone. At The Joint Chiropractic, they have your best interest as their first priority. No insurance is required, and no appointments are needed. They are open when you are available at more than locations across the country. So join the many other Americans who have made the choice to see a chiropractor. Stop by The Joint Chiropractic today.

5: Hello, Heir! | Chapter Are You Tired of Living, Zhuang Nai Nai?

MGA: Chapter - Are You Tired of Living? "Chu Feng, you " Hearing what Chu Feng had said, Elder Gongsun was startled. He did not imagine that in this critical moment of life and death, Chu Feng would not hide behind him and instead courageously stand out.

We yearn for them. Many of us have experienced them. Significantly, Jesus did not promise them, not all the time; very seldom, in fact. His ministry was about meeting us where we are, as we are. When we are spiritually transformed we are not promised a transfiguration to a mountaintop except, perhaps, in poetic terms. But even then, it is clear that the Lord wants us, when called, to stay where we are, or go where He wants us, and do His work—sometimes to live and work in places far removed from any semblance of an exalted mountain top. This will not be an invitation to exult in sorrow, as some religious extremists seek to do, thinking that self-willed suffering proves their faith. In both earthly destinations—the bright mountaintop and the dark valley—we dishonor God if we substitute residency for seeking and accepting His will. We should be careful, naturally, if we send ourselves into dangerous overseas missions or domestic ministries—or if we send our zealous children—without fervent prayer. Never able to get out of financial challenges. Suffering aches and pains. Actually, I will add to that. What the world looks at—the what God looks at—is not where you are but how, as a Christian, you deal with it. If you are there for a reason, if He has given you a task or even a burden, you insult God Almighty by lusting all the time for that shiny resort up on yonder mountain. Dottie Rambo wrote one of her most profound gospel songs with the following lyrics: Then He leads me beside still waters, Somewhere in the valley below. And He draws me aside to be tested and tried, In the valley He restoreth my soul! Dark as a dungeon, the sun seldom shines, And I question: And that can include you and me, growing. I have been in both environments, literally and figuratively. Oh, there is beauty, and great perspectives, from the heights; and we should never disdain the upward trail. But in the meantime, the valleys can be special places. He does not promise to find detours for us. He promises to be with us, protect us—and comfort us, when we are in those dark valleys. When Jesus gave the Great Commission, neither did He send His disciples to the mountaintops of all the world, but to all the world. One more perspective, based on personal experiences. Who could imagine that hybrid organism, not a plant? At the other extreme, to find something indigenous, think of the beautiful, fragrant, colorful Lily. There is victory in trials, the song reminds us. If mountaintop people never have trials, they can not lean on the promises of God; or savor His protection; or experience His sweet comfort.

6: Read This When You're Tired Of Everything | Thought Catalog

Enter your mobile number or email address below and we'll send you a link to download the free Kindle App. Then you can start reading Kindle books on your smartphone, tablet, or computer - no Kindle device required.

Three months ago, most of my days were like that. Get out of bed at 8am, eat breakfast, sit in the couch and watch TV, do my workout routine for 15 mins, bathe, watch TV, lunch, nap, and then jog at 5pm, take photos while jogging, go home, rest, bathe, eat dinner, and sleep. Sometimes I would stare at the wall of my room and just sit in my bed. Some days, I would find myself crying alone. One day, self-harm was my avenue to release all the pain and anger. I was ruined by disappointment due to some painful experiences. One day I looked at myself in the mirror and tried to talk it all out: How can you even lift yourself up? You are a hot mess. I just cried for a couple of hours. Isolated myself from people for days. No more afternoon jogs. No more taking photographs of the beautiful trees and river along the way while jogging. But when I woke up one morning, I decided to get out of the house and sit in the balcony for a couple of minutes. The sunrise was so beautiful. It felt like the sun was a symbol of new beginning. And most importantly, self-love. This is what I realized while I was sitting at our balcony: You need to realize that you have a choice in everything. You have a choice to still continue to be a hot mess or to love yourself regardless. Remember that pain is temporary. You might be hurting right now, you might even think of giving up on life. It's not going to help. To allow yourself to be consumed by sadness is tiring. Eat ice cream, cry, scream, run, paint - do whatever but never try to kill yourself. You will be okay. You will be fine.

7: Are You Tired of Living Paycheck to Paycheck?

Art intrigues me.. Probably because I was exposed to many forms of art during my childhood. From paintings, to delicate handwork, to hand knit garments, to incredible music, to beautifully crafted furniture, to delectable food, my life has been surrounded by art.

There is no one way that this condition operates, and every sufferer experiences their own unique symptoms. What all neuropathy has in common however, are two things: Neuropathy therapy can help. Neuropathy is a chronic problem that is caused by a decreased blood supply to the nerves. Lack of oxygen leaves nerves damaged or causes them to die off, leading to telltale symptoms. Neuropathy can progress into a distracting and all-encompassing condition that interrupts sleep, work, and everyday life. Typically described as weakness, numbness, or tingling in your hands, fingers, feet, back, face, or thighs, neuropathy also presents as a feeling of over-sensitivity, cramping, or pins and needles. Besides making you feel supremely uncomfortable, this nerve damage will ultimately begin to interrupt your life, causing coordination problems, muscle loss, balance issues, slow reflexes, and even difficulty walking. There are over 24 million Americans who suffer from neuropathy or peripheral neuropathy. Older adults are the typical sufferers, but nerve damage can occur at any age. There are over known causes of peripheral neuropathy, but certain people are at greater risk than others. If you have diabetes or disc degeneration, vascular disease or stenosis of the spine, if you are on certain medications or have been exposed to toxins, any of these conditions can lead to the development of neuropathy. Environment, age, and overall health are also contributing factors. Can Neuropathy Be Cured? There is no complete cure for neuropathy , but there are therapies that can minimize the side effects of this condition. As with all diseases that are treated with functional medicine , the first goal is to identify the root cause of the problem. Addressing deeper conditions that you may be suffering “ or may not even be aware that your body is suffering “ will stimulate healing throughout your body. Getting relief from symptoms without medication should be the goal. Prescription drugs can minimize the pain, but they will never do enough to dramatically reduce the problem. Your symptoms will still be there, along with a new dependency on pain medications. A drug-free, multi-disciplinary approach will review all aspects of your life “ from environment to demographics to habits to lifestyle to career to nutrition to weight. Along with this examination of your world, state-of-the-art technology can be used to balance nerve signals and reinstate proper blood flow to the nerves. Contact the Restorative Wellness Center in Ann Arbor to schedule your consultation with our functional medicine team to discuss neuropathy. You can get the pain relief you desperately crave, without relying on prescription drugs.

8: Are You Tired of Living With Neck And Back Pain?

Ray Vaughn Does A Tired Of Being Stressed Challenge.

The world that we live in is an exhausting place to be. It is endlessly trying and scarcely rewarding. You are tired of investing in indefinite outcomes. When your optimism outweighed your cynicism and you had an infinite amount in you to give. I know you have been chipped away and worn down piece by piece – a broken heart here and an un-kept promise there. Every single one of us. By a certain age, we are all nothing more than an army of broken hearts and aching souls, desperately searching for fulfillment. So our guards go up. I know how impossible it can feel to go on trying and giving and becoming when you are exhausted straight through to the soul. I know that the cheerful ideals you were once promised now seem tired and hopeless. We want immediate results and when we see none, we give up. We let the exhaustion stop us. We grow frustrated with the lack of feedback and we assume that means we have to throw the entire attempt right out the window. We all get exhausted. We all get discouraged. Every person you have ever admired has had times where they felt utterly defeated in the pursuit of their dreams. Some parts of life happen quietly. They happen because of the small, careful choices that we make everyday, that turn us into better versions of ourselves. We have to allow ourselves the time to let those alterations happen. To watch them evolve. To not grow hopelessly frustrated in the in-between. But do not stop. You are tired for all the right reasons. And someday that growth will give way to the exact rejuvenation that you need.

9: Are You Tired Of Life? This Could Be The Reason Why - Your Own Life

In fact I'm tired of living when I was 30 already. I do travel to other cities or countries but I always feel it's just the same sh!t and can't seem to get myself excited over it.

I am so depressed and after years of being this way - I am just plain tired. I am tired of disappointments - tired of not being loved. In debt, unloved, unhappy. I am afraid one day I am just going to do it. Please help me My response is in Green: I am making a couple of assumptions from your message, the first is that you are a Christian and have Jesus Christ as you Lord and Savior? Second is that you want to live for Him. Now let me address something you said. You said you are unloved. If my two above assumptions are correct then you already know that is not true. If my assumptions are wrong, then let me tell you that God loves you. He loves you enough to send His only Son to die in your place for your sins. I think I know what you are trying to say, that no human loves you, but that is not true either. You have a 9 year old son, does he love you? Of course he does. If you attend a Bible believing church and allow yourself to be part of it then you are also loved by other brothers and sisters in Christ. I am not saying that is wrong in and of itself, but it is wrong when it comes before God in your life. It sure appears that it does when you speak about taking your own life. Jesus told us clearly that we must be willing to hate our mothers, father, brothers, sisters and children to follow Him. Now a lot of weak minded people twist what He was saying. He is not telling people to hate anyone, He is making the point that if you have to choose between God and man you must be willing to choose God over everything and everyone. He is not being cold or cruel, He is telling us that for our own good. If you will truly put God first in your life, these other things will be added to you. That is what Matthew 6: We should not care about the day to day things, but rather we should seek after God first and He will provide for us all that we need. Maybe not all that we want, but all that we need. However, if we try to do it ourselves and then think that we will seek God later, it will never happen, we will never have enough, or be happy enough. You said you are tired. Well I have news for you if you kill yourself you will never and I mean never get any rest. Only God offers rest and He offers it right here and right now. I have been where you are. When I was a Police Officer, I can remember times when I would purposely forget to sign checks so I had a little while longer to come up with the money, or put the check for a bill in the opposite envelope so it looked like I had just made a mistake. I can remember being just like you and wanting nothing more than rest. I will tell you I stood looking at dead bodies more than one and being envious of them because they looked so peaceful and at rest. Like you I knew that suicide was something that God would hold me accountable for, so instead of killing myself I became very sloppy at being a cop. I figured if someone else killed me not only would I have the rest I wanted but I would be a fallen hero too. That is how warped Satan had my mind. I praise God that for whatever reason He spared my life and kept after me as the Hound of Heaven. I found my peace and my rest in Christ. Oh I thought I knew Him the whole time, but I was fooling myself. I had not given Him my life, I had only given Him lip service. I believed, but I did not put my faith into action. Start by getting on your knees and praying, but change how you pray. Quit asking God to deal with your problems and ask Him to deal with your heart. Ask Him to make you the person He wants you to be, ask Him to help you trust and lean on Him. Then ask Him to walk with you and help you deal with the problems you have. Next make sure you get involved in a good Bible believing church. Yeah, I know it is hard but it is what you need. You need the prayer, support and love of other Christians. We all do, that is why Jesus made the church and called it His body and why He says in His word that when one member of the body hurts all the members hurt. There are no short cuts, but there are other things you can do. The Bible tells us that God inhabits the praises of His people, so if you want to be close to God praise Him!! It takes work and you need to get working on it. You owe this to God, then you owe it to your son and lately you owe it to yourself. Get exercise, get enough sleep and enough to eat. I could quote you a bunch of verses which might help, but I think it is more important that you look them up. I will give you a couple of places to go.

W. W. McDowell, administrator. Railways, the trusts, and the people . Maria Amparo Ruiz de Burton The Columbia Master Book Discography, Volume II Christmas Eve Washington Irving Handy Home Medical Advisor Con M How music, preaching, and prayer shape contemporary African American Sports Illustrated: Full Throttle Morse v. Frederick (2007 [prior restraint on high school More adventures on Willow Farm. Rules of the Boston City Hospital, Boston, Mass. Mexican favorites The New American Poetry, 1945-1960 Lieut. John G. Kyle. Anthony Powells / Reentry programs are often flawed Douglas B. Marlowe State University of New York Farmingdale (College History) MASON-DIXON BANCSHARES, INC. Pearls and parasites. Light and Glory Study Guide Economic regulation and competition No More Watno Dur The Sunbridge over the River A dialogue between genes and synapses Html5 and css3 second edition sasha vodnik Programs in aid of the poor Day 2: Yoda and The Force Buddhism in South-East Asia What To Do When The Doctor Says Its Asthma Australian income tax assessment act 1936-1977 A history of the so-called Jansenist Church of Holland Landscape in Pen and Wash Handbook of consumer finance research Collectibles of the National Geographic Society The Hungarian uprising in perspective, by S. de Madariaga. What is knowledge management system CEOs guide to health care information systems Voltage-Gated Ion Channels as Drug Targets (Methods and Principles in Medicinal Chemistry) Lore of the Shinobi Warrior (Ninja, Vol. 5 (Ninja) Academic boycott of Israel