

1: Grim Sleeper - Wikipedia

Sudden Cardiac Arrest: The Silent Killer Share Sudden cardiac arrest (SCA) is the leading cause of death in the United States for adults over the age of 40 with nearly , people considered high risk.

Print Email The unfortunate demise of Hong Kong resident Andy Naylor at a triathlon race two weekends ago has brought attention to sudden death, cases of which are rising in this city, figures indicate. The year-old, a top local runner and Hong Kong police superintendent, "experienced distress" near the end of the 3. The results of an autopsy are pending. Minneapolis Heart Institute cardiologist Kevin Harris published a study in in The Journal of the American Medical Association analysing the results of 2, USA Triathlon-sanctioned events held between January and September , involving nearly , participants. During that period, 14 participants died. Thirteen of them, aged between 28 and 65, died while swimming and another while cycling. Autopsies identified cardiovascular abnormalities as factors behind seven of nine swimming deaths. Evidence suggests that exercise seems to trigger or cause sudden cardiac death in athletes with underlying heart disease, says Dr Timothy Noakes, a sports science professor at the University of Cape Town in South Africa. A consultant cardiologist with Yan Chai Hospital in Tsuen Wan, Dr Stephen Tam Kin-ming, says about 20 per cent of sudden-death cases are caused by heart conditions that have existed since birth, such as coronary artery anomalies and hypertrophic cardiomyopathy, where a portion of the heart muscle becomes thicker without any obvious cause. These are widely believed to be the leading causes of death, particularly in young athletes. Other victims have structurally normal hearts, but die of heart rhythm disorders. Ventricular tachycardia fast heart rhythm and ventricular fibrillation irregular heart rhythm can trigger acute coronary syndrome, where blood supply to the heart is suddenly blocked, causing sudden death. Sports veterans who are susceptible to sudden cardiac death usually suffer from hidden heart disease," says Tam, who is also the chairman of the Hong Kong Public Hospitals Cardiologist Association. Recent studies shed light on the role of genetics in underlying heart conditions. An American Journal of Cardiology study published online last month confirmed the link between the sickle-cell trait - a genetic condition behind a blood disorder - and cardiac death among young African-American male athletes, especially football players. The sickle-cell trait affects about 8 per cent of the American population. A large and comprehensive investigation by an international team of researchers, published last year in PLoS Genetics, discovered a variation in the human DNA sequence that was linked to a significant increase in the risk of sudden cardiac death. In Hong Kong, cardiologists say, lifestyle factors, such as fast-food diets and the lack of physical activity are greater culprits. Because sudden cardiac arrest is so often linked to coronary artery disease, the risk factors are similar. The rising number of sudden deaths in Hong Kong is mirrored in the spike in deaths caused by coronary heart disease - the narrowing of small blood vessels - which has gone up by some 50 per cent from a decade ago. Department of Health figures show that 6, people died of heart disease in , accounting for One-third of these fatalities were sudden. And cardiologist Tam says the victims are getting younger and younger. The rising incidence among young people has to do with poor lifestyle. Figures retrieved from local newspaper reports showed that a total of 24 local drivers aged between 29 and 81 - half of whom were cabbies - died abruptly in the 12 months to May this year. Some die on the first attack. Any kind of [discomfort] can be a sign of heart attack, like shoulder pain and back pain. The symptoms can be mild, like those for a cold," Ho warns. One of his recent patients felt nauseous while walking, after eating breakfast. The patient went home, vomited and felt better. Still, he went to hospital as a precaution. He says everyone should get at a check-up as a precaution, especially those who have a family history of heart disease. Chinese University researchers have been studying Hongkongers who have suffered sudden heart attacks since , with more than 2, people having been analysed so far. Yu, from Prince of Wales, says the study aims to explore the effects of high-risk factors on coronary heart disease. To their surprise, the researchers found that half of the Hongkongers had only one or zero high-risk factors before they were stricken. In contrast, it takes two or three high-risk factors for a foreigner to have a heart attack.

2: High Blood Pressure Arrest This Silent Killer With Usage Of This To Your Diet | You Blogz

"Arrest the Silent Killer is the author's personal account of her courageous battle with ovarian cancer, from the frustrating search to final diagnosis in , then up to the present day. It is a remarkable story of one woman's fight against a disease, known as the silent killer, she refused to give in to.

Personal life[edit] Lonnie Franklin, Jr. He married and had two children. He was given a general discharge from the United States Army on July 24, He was convicted of two charges of theft, one charge of misdemeanor assault, and one charge of battery. He served time for one of the theft charges. Margaret Prescod formed the "Black Women Count" movement with community members to pressure the LAPD into acknowledging the deaths as serial killings and forming a task force in response. The coalition launched a media campaign and set a monetary reward aiming to capture the killer. Their results were announced to the public on September 23, Two decades later, the perpetrator of these crimes was dubbed the "Grim Sleeper" due to the long period of apparent inactivity between murders. Villaraigosa and Bratton neither issued a press release nor warned the community. In some cases, LA Weekly was the first to inform the families that their daughters had long been confirmed as victims of a serial killer. Bratton also released a call from the s in which a man reported seeing a body being dumped by the Grim Sleeper, giving a detailed description and license plate number of a van connected with the now-closed Cosmopolitan Church. He wore a black polo shirt tucked into khaki trousers. One undercover police officer pretended to be a waiter at a restaurant where Franklin ate, collecting dishes, silverware, glasses, and pizza crusts to obtain DNA. In , Franklin was convicted of a felony and was serving three years of supervised probation. In , voters passed Proposition 69 , which requires that DNA must be collected from all felons and everyone arrested on some specified charges. It also requires the expansion of the DNA database. Authorities collected and sorted through thousands of DNA samples. The probation department did not have the resources to collect samples until August In all, investigators found over 1, photos and several hundred hours of video in his home. Police believe Franklin took many of the pictures, which show both conscious and unconscious individuals, dating back 30 years. The police were investigating two of the six as potential victims killed during a year lapse between an initial spate of Grim Sleeper murders that ended in and several more that began in Of the remaining four victims, two bodies were discovered in the s and two were reported missing in but the remains of the other two were never found, police said. He was held without bail until he received his death sentence. The "Grim Sleeper" apparently took a year hiatus after his last known crime in and the murders that resumed in leading to the epithet by which he is known , but this history may be only an accident of the evidence collected. The last confirmed slaying was in January One of his suspected victims was a black man. One witness recalls that Franklin frequently brought prostitutes into his home. He shot all of his victims with a.

3: Emergency Management Resources - AED Services

Arrest the Silent Killer is the author's personal account of her courageous battle with ovarian cancer, from the frustrating search to final diagnosis in , then up to the present day.

These are some of the more cardio-intense activities in which athletes can participate. Of course, they sound like healthy pastimes. But if you have hypertrophic cardiomyopathy, or HCM, high-intensity workouts can be deadly. It is one of the most common genetic cardiovascular diseases and is the number one cause of sudden cardiac arrest in young athletes. With this condition, the left ventricle of the heart has a thickened muscle wall and cannot effectively pump enough blood to the rest of the body. Some seemingly healthy people have in recent years fallen dead at the end of races without warning. HCM is the suspected cause of death in each of these cases. Milind Desai, a cardiologist at the Cleveland Clinic in Ohio, explained that while men are often the targeted demographic in research studies, it is an equal opportunity offender for both genders. You have to tailor the care to the individual. Housenick is among many of those for whom diagnosis came at an early age. Pam Fleischaker, a writer, political consultant and part of the Fleischaker Family Foundation at Cedars Sinai, has known about her condition for the past 50 years, and her son Joey showed signs of HCM during his early teens. Lisa Salberg, an HCM patient since age 10, said a murmur is sometimes associated with HCM because it indicates a possible obstruction in the left ventricle, but having one is no guarantee that you have the disease. As an athlete who juggled four different sports and regularly ran for training, Housenick was devastated when she was told she could no longer play. Her son Joey, on the other hand, participates in every sport imaginable, including extreme skiing, rowing, mountain biking and he runs almost every day. He has an implantable cardiac defibrillator that will jumpstart his heart, should he go into cardiac arrest. After having a heart transplant last year, Salberg now goes to the gym two or three times each week and has recently begun running. George Chiampas, an emergency room doctor and the Chicago Marathon medical director, remarked that an HCM diagnosis was grim news in previous years. Even if you are at risk for HCM, you can still have good quality of life. It is clear from recent studies that a moderate amount of exercise is feasible, if not beneficial. Getting no exercise at all is certainly not a good prescription. That viewpoint has changed. Martin Maron, director of the Hypertrophic Cardiomyopathy Center at Tufts Medical Center, said a good guideline for athletes is the ability to carry on a conversation during physical activities. Doctors may detect something you were unaware of about your health that could save your life. If you do have HCM, you can still be physically fit.

4: Arrest the Silent Killer by Marion Seferth, Sid Harta Publishers

In this issue, we'll take a closer look at SCA and highlight a molecular diagnostic test in the works to identify people at risk for this silent killer. Easily Confused: SCA vs. Heart Attack SCA is an electrical problem—the heart stops beating due to an electrical malfunction.

5: Hypertension: The "Silent Killer"

Note: Citations are based on reference standards. However, formatting rules can vary widely between applications and fields of interest or study. The specific requirements or preferences of your reviewing publisher, classroom teacher, institution or organization should be applied.

6: Sudden cardiac arrest: tracking a silent killer | South China Morning Post

Silent killer Every three days in this country, a young athlete dies of sudden cardiac arrest (SCA), according to Dr. Jonathan Drezner of UW Medicine's Department of Family Medicine, a sports medicine expert and team doctor for the University of Washington Huskies and the Seattle Seahawks.

ARREST THE SILENT KILLER pdf

7: Zimbabweans arrested for truck hijacking in South Africa - VIDEO - Nehanda TV

Booktopia has Arrest the Silent Killer, Surviving Ovarian Cancer - A Guide and Memoir by Marion Seferth. Buy a discounted Paperback of Arrest the Silent Killer online from Australia's leading online bookstore.

8: Running With The "Silent Killer" Heart Condition HCM

HCM is often called the runner's "silent killer," and for good reason. It is one of the most common genetic cardiovascular diseases and is the number one cause of sudden cardiac arrest in young athletes.

9: Sudden Cardiac Arrest: The Silent Killer | Ochsner Health System

Hypothermia - The Silent Killer. It's pm on a frigid day and you just shot a nice buck. A half hour later you get down from your tree stand and find a blood trail left by your trophy.

Fantasmagoriana (Tales of The Dead) Kubr management consulting a guide to the profession Novel back in to you teresa bertha Special characters symbols list A history of the evolution of hand lettering I will always love you music sheet Inheriting the earth Cliffords Busy Week (Clifford the Big Red Dog (Clifford the Big Red Dog) Snakes of south-central Texas Be still moment : listen without fear Garden club confidential EResearch across disciplines McDougal Littell Literature The April Revolution, or, the desire for an absence of history The sins of the lion Family-focused care Changing land uses in forestry and agriculture through payments for environmental services Sven Wunder an My First Guinea Pig and Other Small Pets (My First Pet Library from the American Humane Association) The Chester Plays Strega Nona (Treehouse Paperbacks) Some of John Pearls descendants The World Market for Carbon Electrodes, Carbon Brushes, Lamp Carbons, Battery Carbons, and Other Carbon A Recasting religion and ethnicity : tourism and socialism in Northern Sichuan, 1992-2005 Donald S. Sutton The state of interoperable emergency communications along the Texas border Wild Wacky Totally True Bible Stories All About Faith Cass Chapter 12 Placed in chains The China Question Places w/Children Sou Cal 92 My sister the vampire book 2 Sleeping with Thurber Baptism record of St. Thomas Lutheran Church Statistical mechanics theory and molecular simulation Through the stage door The Chesapeake Bay cookbook Cole, A. C. Southward ho! The pleasures of the body: food, wine, sex and baths Rear-engined double-deckers How to Rock Climb! 4th (How To Climb Series) The little book of angels Atlas of Adult Electroencephalography