

1: Food Memories on the Connecticut Shoreline | Edible Long Island

Coastal Connecticut, often called the Connecticut Shore or the Connecticut Shoreline, comprises all of Connecticut's southern border along Long Island Sound, from Greenwich in the west to Stonington in the east, as well as the tidal portions of the Housatonic River, Quinnipiac River, Connecticut River, and Thames River.

Among the best of these is Ocean Beach in New London, with white sugar sand and lots of entertainment like a swimming pool, miniature golf, and game rooms. Beach communities stand ready to serve other needs beside swimming, tanning, and strolling along the sand. Connecticut offers visitors a wide variety of swimming areas – 23 in all – from lake beaches to sandy ocean stretches. Some facilities do not charge a parking fee; others charge only for weekends and holidays. There is no parking fee for residents. The sandy beach, with feet of shoreline, features gentle surf, shallow water depths, a shaded gazebo, an anchored dock – even jetties so the kids can go crabbing. While the little ones are building sand castles, you can be sitting back and watching ferries pass through Long Island Sound. Entertainment includes free beach blanket movies Tuesday nights. Parking fees includes park admission: Seasonal parking passes available. Parking for 3, cars. Picnic area, restroom, telephone, complete wheelchair access, warning signals for blind people, fire alarm signals for deaf people. Parking is free off-season. See full description of Hammonasset Beach State Park. Sound View offers numerous attractions including beach front restaurants, ice cream, a historic carousel, and its own craft beer. During the summer, the beach hosts many public entertainments, including a pancake breakfast, bird watching, movies under the stars, a road race, live music and a Fourth of July parade. There is not lifeguard on duty. Old Lyme residents with stickers park for free. Non-residents may use the town parking lot, private lots, and street parking for a fee. Payment is at kiosks, which accept cash, Master Card and Visa. Facilities include volleyball court and portable toilets. On-site parking is available. Beaches are open from 9 a. Lifeguards are on duty weekends only through June 22, daily from June 23 – August 17 and weekends only from August 23 – September 1. Daily supervision is from Enjoy the beach at high tide, and walk out to the sand bars in Clinton Harbor at low tide. There is a car-top boat access area for sea-kayaks and car-top boats, and a walkway for fishing off an old stone bridge that crosses the Hammock River at the entrance. In season, sanitary facilities and a food concession are open to the public. A pavilion is available for picnic lunches as well as a viewing platform with interpretive signs to enjoy wildlife in adjacent tidal marshes. Lifeguards on duty during daytime hours. Lifeguards are on duty during operating hours. Open to Connecticut residents and non-residents. Managed by the town of Old Saybrook. Lots of other water sports and walks and bird watching are features of summer fun at this park. See full description of Rocky Neck State Park. Memorial Day - Labor Day Beach with a picnic area, food concession, bathhouse and restrooms. Parking fee charged Part of Norwalk Harbor, this beach and recreation area is open for swimming, boating, fishing from a pier, and clam digging. Playing fields for volleyball, bocce, basketball, softball. There is a skate board park. Many tree-shaded picnic tables; the picnic areas at Shady Beach -- which is just a bit east from Calf Pasture Beach -- have grills. Food concessions are open in the summer. May to October, daily, 7 a. Free for Norwalk residents who have obtained a pass. All year, daily, 8 a. West Haven, CT Phone: Memorial Day - Labor Day Beach amenities include a playground, picnic area with public grills, food concession and restrooms. Learn more about seasonal stickers. Lifeguards during summer; swimming lessons offered. The property is near a marina and a playground with a skate park. Beach is wheelchair accessible. It has concession stand, bathrooms, and volleyball poles. Special events at the beach include watching July 4 fireworks, and Bonfire on the Beach. Dogs allowed October 1 - March Memorial Day weekend to Labor Day, a beach sticker is required to park in the lot. Vehicles without a sticker must pay to park from 10 a. Reservations are required for the tennis courts. Parking permits are required Memorial through Labor Day. Have a leisurely lunch in the picnic grove, swim in Long Island sound, or view marsh life from the observation platform. Because of the sharp rocks and shells at West Beach, visitors are urged to wear beach shoes. East Beach, which has lifeguards on duty from 10 a. Surf and shore fishing are allowed outside of swimming areas. Short Beach is located adjacent to the mouth of the Housatonic River, and it provides recreation for citizens of all ages. The northernmost section provides

handicapped access to the beach as well as least tern and piping plover nesting areas. Fisherman also use the marine basin to fish for snapper bluefish during the summer months. Farther south on the beach are picnic areas, a calisthenics course, a playground, and a sandbox. Walnut Beach is free for Milford residents who have a beach parking sticker available at the Parsons complex.

2: Coastal Connecticut - Wikipedia

The Connecticut shoreline extends from posh, exclusive Greenwich just northeast of New York City in the west to charming, historic Stonington on the Rhode Island state line in the east ().

A lot has to do with how the water greeting the land in each of those places. Once upon a time, about million to million years ago, there was a superstar continent called Pangaea. For 50 million years or so it reined as such until it split into those relatively tiny entities called North America, Africa, and, oh yeah, the Atlantic Ocean. That was the start of it. During the time of the dinosaurs, one or possibly two rivers caved out a valley that would one day become Long Island Sound. Then came the glaciers, that was only about 3 million years ago. In the intervening period, the Appalachian Mountains were formed and wore down, their sediment forming the Atlantic shoreline. The glaciers ultimately melted forming a huge fresh water lake geologists call Lake Connecticut. So what is now Long Island was merely the south shore of our mile long lake. The eventual back and forth flow of fresh and salt water is why the Sound is an estuary and that very important for its special environmental value. Along with the creation of the Island came the oldest, undisputed evidence of human occupation in North America. The Sound as an estuary is what makes it so special as a natural environment. All along the coast there are both big and little estuaries within that estuary, places where rivers meet the sound. These tidal, sheltered waters support unique communities of plants and animals, specially adapted for life at the margins of fresh and salt water. Shoreline communities share in the delights of that environment which include shallow open waters, fresh and salt water marshes, sandy beaches, mud and sand flats, rocky shores, oyster reefs, river deltas, tidal pools, sea grass and kelp beds, and wooded swamps? And these places provide a home for all sorts of wildlife such as shorebirds, seabirds, all kinds of fish and shellfish as well as marine mammals such as otters and harbor seals. In the past forty years or so Connecticut has become actively aware of the precious nature that this habitat gives us and many state agencies and the dedicated people in them work hard at its protection. Sometimes however, you can experience special waterfront moments of visual drama such as a full moon rising over the beach, or a storm breaking up at sundown. Get up early enough and you can see a lighthouse caught in the rays of the early morning sun. In the winter you can discover vista of a salt marsh encrusted in snow. Then of course there is the action of in our urban harbors. It all involves being in the right place at the right time, but really, there are lots of those. Here are a few of many shoreline spots to visit where you can find those special moments:

3: Connecticut Shoreline Travel Guide

Connecticut's coastline is home to 80+ miles of Long Island Sound beaches. Whether you want sunbathing, swimming or scenery, find the best public beaches in CT. Connecticut's jagged coastline stretches over miles alongside the blue waters of Long Island Sound.

Tucked against the Connecticut shoreline, this New England village is quickly becoming a must-visit for food lovers. Not a small New England village tucked against the Connecticut shoreline. I grew up in Mystic, but the Mystic of today, at least when it comes to food, is not the Mystic of my childhood or even my early 20s. Yes, there was always great seafood and amazing products coming out of local farms but the area lacked a restaurant scene inspired by those offerings. And always leaves me anxious to return. Searching for fresh-cut steaks or house-ground burgers to throw on the grill, or want a quick meat-centric meal? Want classic, American comfort food with a craft beer in a no-fuss yet chic, setting? The Engine Room is your place. Or eat your weight in oysters at happy hour and follow it up with an ultra-seasonal menu that changes daily but always pairs well with an impeccable wine list at the Oyster Club. At the heart of each place is a very simple philosophy: The restored farm, which dates back to the s, provides produce to the restaurants, a few other local businesses, and for a plus member CSA. But it also offers the restaurant staff a new perspective on the ingredients they cook with. From the chocolate, raspberry croissants to the seasonal honey latte to the traditional French breads, SIFT quickly became my go-to for a coffee with friends, a sweet treat on a morning walk with my dog or a stop on the way out of town when it opened in Put your trust in Adam and Ebbie Young, the husband-and-wife team behind the bakery. All of which is to the say that while the two and their staff are busier than ever, their food and drink offerings remain exquisite. When she opened RISE in , it was basically the only full-service sit-down breakfast place downtown. But the eatery, which offers up nostalgic dishes with a twist—think Egg, Peanut Butter and Bacon on an English Muffin—is worth the wait. And at the heart of all of the dishes served for breakfast and lunch are the people behind the food. Her favorite item on the menu is the old-school pancakes, the first recipe she created for RISE. From other Long Island points and especially from the city , it might be faster to drive or take the train. Finally, my must-do on my last morning in town is to drive into Stonington Borough to the town docks, to buy a few pounds of scallops directly from the family that fishes for them. Want to visit Mystic for yourself? Enter our weekly giveaway for a chance to win a trip there. Newsletter Be the first to know about invite-only happenings, delectable giveaways and when new issues hit the streets.

4: The Hartford Courant - We are currently unavailable in your region

Connecticut's Long Island Sound shoreline is no exception, and while we may not know specifically why, we now have a better idea of how, where, how much and how fast the shoreline has moved in.

5: The Next Great Agritourism Destination Isn't Where You Think It Is | Edible Long Island

It's summertime and the living is easy, especially when you've got your feet in the sand and the Long Island Sound as your vista. With more than miles of coast, Connecticut shoreline's has.

6: Connecticut Vineyards & Wineries

Connecticut Marina Yacht Clubs in Connecticut River Valley Long Island Sound Shoreline of Connecticut - Connecticut Marinas, CT Marinas, CT Boating, Connecticut boating, Find this Pin and more on Shoreline Connecticut by Hello Shoreline Blog.

7: Hotel - Restaurant - Westbrook CT - Water's Edge Resort and Spa

CONNECTICUT SHORELINE AND LONG ISLAND pdf

The Connecticut shoreline offers miles of picture-perfect New England beaches, punctuated with inviting beach towns, tiny islands, lighthouses and bike trails.

8: ONCE ON THIS ISLAND Comes To Shoreline Actor's Collective

Connecticut, the southernmost New England state, is bounded by Long Island Sound on the south, Rhode Island on the east, New York State on the west, and Massachusetts on the north. The finger-like extension of Fairfield Country is an easy drive to and from New York City.

9: Top Beaches in Connecticut in | USA Today

From Greenwich to Stonington, Connecticut has miles of shoreline, all of it of course on Long Island Sound. And, from Greenwich to Stonington, many of these towns and cities have their own way of being on that shoreline besides beaches and pleasure boats.

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