

1: A Hero's Journey: The Dark Knight Rises by Alexis Pliego on Prezi

Dark Night Journey focuses on individual ways of knowing G-d when the difficulties of life hit with full force (divorce, death of a loved one, loss of job/vocational calling, severe illness, imprisonment, natural disasters, and impending death)?

Is it like waking from a dream? Does it leave signs along the way? What kinds of signs would it show us? Maybe it would show us that the Earth is designed. Maybe it would nudge us to look at the clock at or Maybe it would send us dreams about the cycles of time. We would then learn about our universe, and the cycles of the Ages. When you feel separated and alone, you realize you are missing something. You are unsure of what that something is. Is it the source? Everyone has their own idea. Maybe these are all just names for the same thing. My Journey My journey has been a long seven years. I know something is happening, and it is spiritual. I feel the energy mostly when I meditate or do yoga. I stopped doing all meditative practices, and it calmed down quite a bit. I have learned much through this experience. I know the Precession of the Equinoxes is important. I know it has to do with evolution. Do I have all of the answers? I know very little about sound and vibration, but I know it fits in. I know there are certain "sacred" places on the Earth. The ancients knew this, and built their monuments on these places. We are all in this together. It is about the evolution of our species, and evolution of the individual. Someday I will take up meditation again, and see where it leads me. I do have a desire to learn these things and grow spiritually, but it is overwhelming. I will leave it alone for now. I will live in confusion and doubt of my dark night.

2: Understanding the "dark night of the soul"

Applying the structure of the Hero's Journey is a little funky for this film, since The Dark Knight is the second film in a trilogy that essentially tells one big story. We get Act II without Acts I or III, which leaves a lot of middle steps without any of the first or last ones in the story.

Preparation for the long dark night will continue as tradition foretells, but this dark night comes with added weight. You are most likely feeling it already, as the rules of law and land in our society are turned upside down, wreaking havoc both nationally in the U. Life as we know it will continue to change, this I can say with certainty. Even if you are not a professional astrologer, you can still feel it. The rumbling is real, you are not imagining things. The long dark night is upon us. Saturn in classical mythology was the god of time; his counterpart was Kronos. Constant and timely effort is necessary when learning such Karmic lessons. This great cosmic shift occurred just a couple of days after the Sagittarius New Moon, and a couple of days before Winter Solstice, when the Sun enters Capricorn too. In line with the current omens of our time, this transit will be one of persistence and ambition. Some mountains will be small, others will be monumental, and our due diligence along the way will be required nonetheless. It insists on experiential learning to develop its own ethical code, morals, philosophies, and spiritual practices. Not only has this played out in our personal lives, but on the national scene as well. Capricorn, meanwhile, is the disciplinarian of the Zodiac. This Earth sign knows how to do the work, stay focused, and be measured. Saturn rules the sign of Capricorn in astrology; its energy supplements. This will not be easy. Any resistance that erupts in the process must be sternly addressed. Such resistance could manifest as a doubling down in our efforts to disrupt patriarchal norms Capricorn is the sign of status quo, after all, or it could manifest as the powers in place doubling down on their efforts to rule and control. The same holds true in our own personal lives; internal systems that oppress and perpetuate lies or limiting beliefs must also be torn down and stripped away. As a Life Coach, I believe that the toughest decision we will ever make, that which requires hard work, commitment, and dedication, is the decision to invest in ourselves. Saturn in Capricorn will demand that we create space for a new set of rules that reflect who we are as individuals, who we are as a country, and who we are as spiritual beings, even if it means hardship. And of course, this will take time. But truth is always revealed in time, and truth sets us free. Why not use the longest night of the year to get clear about your intentions as we enter new terrain? After the Solstice, the days will grow long again, lighting a new revolutionary path as we embark on our journey. Saturn rewards hard work and concerted effort. Time is of the essence.

3: The Dark Night of the Soul – Journey To Spirituality

A journey toward God may be marked by meaninglessness, loss, and pain. Sandra Cronk, a spiritual nurturer and teacher, brings a Quaker perspective to this powerful pathway, and offers sensitive guidance to dark night travelers.

Shares by Tathina The dark night of the soul is a process many spiritual seekers go through at some point in their lives, I being one of them. Even though this is a very beautiful and sacred process, it can be perceived at the time as very difficult. Especially when you are in the thick of the fog. This is why it is called the dark night of the soul it may feel like a dark century of the soul to some! lol. You feel as if you are stuck in the dark with no hope of seeing the light again. You already feel totally alone due to this process, and on top of that it is not talked about often in spiritual texts. This is because a lot of us look for the light only and try to run away from the dark, not realizing that the dark will only grow larger the more you ignore it. Many think they have done something wrong when the symptoms of the Dark Night appear. Especially if they just went through so much perceived spiritual growth. This is furthest from the truth! When you find yourself in the Dark Night show gratitude because you are going through a sort of rites of passage or a spiritual detox. The pain you feel is the pain you have tried to suppress for years, decades, and even lifetimes. It is now finally bubbling up to the surface to be healed with the love you give it. For whatever reason, you are in a position right NOW where it is inevitable to heal your pain, suffering, and feelings of separation from source. This pain is not personal pain, even though it definitely feels like it when you are in the Dark Night! Since our ego selves do not really exist, this pain is only a feeling we attach stories to. This pain you feel is collective and felt through-out the world. When you are in a Dark Night, you feel as if you are in a depression. You are not depressed because of someone or something, it just naturally emerged. The more you try to get out of the Dark Night, the more it will persist. These emotions are trying to get your attention, but we keep ignoring and resisting them. During the Dark Night you feel totally alone. All your energy is going to the ego through resisting the inevitable or trying to protect the false self. You feel totally stuck! This was a realization I had during the Dark Night. On one end you are miserable and suffering, but on the other end you know that to leave from this Dark Night, you have to let go of this suffering and allow this change to occur. And this is one of your deepest fears! Your ego self is deathly afraid of finally coming out of existed. Even with all the suffering I felt during the Dark Night, I still did not want to let go of it. Sometimes the external circumstances during the Dark Night can get so uncomfortable and overwhelming that it pins you into a spot where the only way to get out is to surrender. At the time you are so frustrated with this situation, but when you remember the big picture, this is definitely a blessing! This is our true nature, and the ego knows this and puts up a fight. A very strong fight! Now to get out of the Dark Night, it is up to you. How fast you pass through this depends on how willing you are to let go of your addictions. We are addicted to suffering and attaching to pain because we love to fight ourselves. We are in a constant battle with our ego. This battle is what keeps the ego alive. So we then believe we have an identity. We fear this unknown territory and being vulnerable to this. But this vulnerability and unknown territory is LOVE. This is our true nature. So the Catch 22 is that we fear the one thing we want more than anything. These are all the reasons why one would find themselves in a Dark Night. The first step of getting out of this process is to realize that this is a natural and inevitable process for you to go through since you are in it right now. When we are in the Dark Night, we want to get out of it so much because we cannot take the pain and suffering, but when you realize that you are in it because your soul truly wants to be in it and that you can let go at any time, you can accept this process as inevitable. This will speed up your process because you are embracing it and not resisting it anymore. You are far greater since you are aware of these thoughts and feelings. Love and embrace every thought, feeling, and situation you are trying to resist. Acknowledge when you are resisting something. Just be aware of it and feel how it feels in your body when you resist. Tight and compacted right? Be the LOVE and awareness that you naturally are. The Dark Night seems very miserable because we are resisting so much. Nothing can touch you. Nothing can shake you. We are all ONE. The great thing is, just like our egos, the Dark Night is an illusion. Take this beautiful time to finally face and embrace the dark once and for all. Let the light of LOVE shine on it and dissolve it. You are awakened NOW. There is

no other way it could be. Anything else is merely a dream! Accept and embrace where you are NOW. Embrace this pain and suffering. Know that you are helpless in this process and surrender to LOVE. Use your pain as the catalyst for a great transformation and rebirth. Any transformation in life has had to go through some pain right before. Birth is most painful right before coming out of the birth canal. Life is all about cycles. View this process as a rites of passage for a remarkable rebirth. You will finally be free from the baggage you have clung onto for so long through resistance. Just like Spring always comes after Winter, you will see the light! Just like dawn always comes after the darkest hour, you will see the light! Just like the sun is always there behind the clouds, your light is always illuminating your way through the Dark Night. Trust in this process and know that it is just that-a process. This too shall pass. Become a contributor by e-mailing us at Newearth In5d. Subscribe to In5d to get the latest news in your e-mail inbox.

4: Fiona Robertson: The Dark Night of the Soul – Mystery of Existence

A true dark night journey is an experience of doubt and even despair that shatters aspects of the self, calls into question basic narratives and understandings of the self, and allows for the self's reformulation.

I went, none seeing me Forth from my house, where all things quiet be – that is, the body and the mind, with their natural cares, being stilled. The nights which the soul experiences are the two necessary purgations on the path to Divine union: Such purgations comprise the first of the three stages of the mystical journey, followed by those of illumination and then union. John does not actually use the term "dark night of the soul", but only "dark night" "noche oscura". There are several steps in this night, which are related in successive stanzas of the poem. The thesis of the poem is the joyful experience of being guided to God. The only light in this dark night is that which burns in the soul. And that is a guide more certain than the mid-day sun: This light leads the soul engaged in the mystical journey to Divine union. The Ascent of Mount Carmel is divided into three books that reflect the two phases of the dark night. The second and third books describe the more intense purification of the spirit Titled "The Active Night of the Spirit". Dark Night of the Soul further describes the ten steps on the ladder of mystical love, previously described by Saint Thomas Aquinas and in part by Aristotle. The time or place of composition are not certain. It is likely the poem was written between and It has been proposed[by whom? Padre Lucinio del SS. Silverio de Santa Teresa. Both works were left uncompleted. In Roman Catholic spirituality[edit] Main article: Spiritual dryness The term "dark night of the soul " in Roman Catholic spirituality describes a spiritual crisis in the journey toward union with God, like that described by St. John of the Cross. Her dark night derived from doubt of the existence of eternity, to which doubt she nonetheless did not give intellectual or volitional assent, but rather prevailed by a deepening of her Catholic faith. However, she painfully suffered through this prolonged period of spiritual darkness, even declaring to her fellow nuns: The "dark night" of St. Paul of the Cross in the 18th century endured 45 years, from which he ultimately recovered. The dark night of St. Teresa of Calcutta , whose own name in religion she selected in honor of St. Unsourced material may be challenged and removed. November This section does not cite any sources. Please help improve this section by adding citations to reliable sources. August Learn how and when to remove this template message Ernest Dowson alludes to the "obscure night of the soul" in his absinthe poem, Absinthia Taetra. In The Crack-Up , F. As a comment on the shallowness of modern spirituality, author and humorist Douglas Adams parodied the phrase with the title of his science fiction novel The Long Dark Tea-Time of the Soul. English electronic band Depeche Mode make a clear reference in "I Feel Loved", the second single released from the album Exciter: Alternative rock band Sparklehorse , along with producer Danger Mouse and director and visual artist David Lynch , collaborated with a number of other artists on an audio-visual project titled Danger Mouse and Sparklehorse Present: Dark Night of the Soul.

5: Dark Night Journey | Download eBook PDF/EPUB

The Beginning. The Fall. The Rise. These are the key moments of Bruce Wayne's journey I tried to represent in this tribute. By not getting into all the amazi.

The dark night of the soul is a process many spiritual seekers go through at some point in their lives. What many people fail to realize is that this is a true blessing. I have gone this through myself so I know exactly what it is. You feel as if you are stuck in the dark with no hope of seeing the light again. You already feel totally alone due to this process, and on top of that it is not talked about often in spiritual texts. This is because a lot of us look for the light only and try to run away from the dark, not realizing that the dark will only grow larger the more you ignore it. Look at where your life has taken you and what direction you are being shown to go. Yes, I have also experienced it. It is a term used to describe what one could call a collapse of a perceived meaning in life— an eruption into your life of a deep sense of meaninglessness. The inner state in some cases is very close to what is conventionally called depression. The death of someone close to you could trigger it, especially premature death—for example, if your child dies. Or the meaning that you had given your life, your activities, your achievements, where you are going, what is considered important, and the meaning that you had given your life for some reason collapses. Really what has collapsed is the whole conceptual framework for your life. That results in a dark place. There is the possibility that you emerge out of it into a transformed state of consciousness. They awaken into something deeper. A deeper sense of purpose or connectedness with a greater life that is not dependent on explanations or anything conceptual. The dark night of the soul is a kind of death. What dies is the egoic sense of self. Of course, death is always painful, but nothing real has actually died—only an illusory identity. Often it is part of the awakening process, the death of the old self and the birth of the true self. You arrive at a place of conceptual meaninglessness. Or one could say a state of ignorance—where things lose the meaning that you had given them, which was all conditioned and cultural and so on. Then you can look upon the world without imposing a mind-made framework of meaning. It looks, of course, as if you no longer understand anything. It can bring about the dark night of the soul. You now go around the Universe without any longer interpreting it compulsively, as an innocent presence. You look upon events, people, and so on with a deep sense of aliveness. You sense the aliveness through your own sense of aliveness, but you are not trying to fit your experience into a conceptual framework anymore. Personally, you may not feel your being. When you begin to serve the world, your darkness changes. It continues to feed your vision of utopia free of struggle and your frustration at the imperfection of it all. But your personal darkness converts into anger at injustice and then into compassionate vision and effective action. The darkness and the vision are two parts of one flowing movement. The dark night of the soul is a journey into light, a journey from your darkness into the strength and hidden resources of your soul.

6: The Dark Knight - The Hero's journey | Gordon Napier Online

The dark night aptly describes the situation of those who have had a growing sense of God's presence, direction, and consolation, and suddenly lose that experience. Aridity, meaninglessness, loss, and pain are hardly the milestones expected in a journey toward God - yet this is a journey toward God.

Questioning ghosts[edit] A number of sites in Greece and Italy were dedicated wholly or in part to this practice. These were caverns whose depths were unplumbed, like that of Heraclea Pontica. Other oracles of the dead could be found at Taenaron and Avernus. Such specialized locations, however, were not the only places necromancy was performed. One could also perform the rite at a tomb, for example. Among the gods associated with the nekyia rite are Hades , his wife Persephone , Hecate , and Hermes in his capacity as psychopompus "one who escorted souls to Hades. The Odyssey[edit] The earliest reference to this cult practice comes from Book 11 of the Odyssey, which was called the Nekyia in Classical antiquity. Odysseus was instructed to "make a journey of a very different kind, and find your way to the Halls of Hades Returning from the Underworld, from the House of Hades, alive represents the monumental feat a mere mortal could accomplish. In this, Aeneas surpasses Odysseus who merely journeys to the entrance of the Underworld to perform the ritual sacrifice needed to summon the spirits of the dead, the ghosts whose knowledge he seeks. Aeneas actually descends into the House of Hades and travels through the world of the dead. He therefore enlists the help of a Babylonian Magus, named Mithrobarzanes, in order to visit the underworld. Mithrobarzanes performs a necromantic ritual, and the two descend to Hades, where they see Pyriphlegethon , Cerberus , the palace of Pluto , Charon , and the rest of the mythological machinery of the Greek underworld. Ultimately, the underworld setting serves Lucian as a vehicle for satire on not only the rich and powerful, but also the philosophers. Jung[edit] C. Jung used the concept of Nekyia as an integral part of his analytical psychology: His closest followers also saw them as indistinguishable metaphors for "a descent into the dark, hot depths of the unconscious The post-Jungian James Hillman however made some clear distinctions among them: The descent of the underworld can be distinguished from the night sea-journey of the hero in many ways" the hero returns from the night sea-journey in better shape for the tasks of life, whereas the nekyia takes the soul into a depth for its own sake so that there is no "return. The devil image still haunts in our fears of the unconscious and the latent psychosis that supposedly lurks there, and we still turn to methods of Christianity "moralizing, kind feelings, communal sharing, and childlike naivete" as propitiations against our fear, instead of classical descent into it, the nekyia into imagination" Only after his nekyia, Freud, like Aeneas who carried his father on his back , could finally enter "Rome".

7: Nekyia - Wikipedia

The dark night of the soul is a journey into light, a journey from your darkness into the strength and hidden resources of your soul. - Caroline Myss.

Welcome A dark night of the soul was first coined in the 16th century by the Catholic mystic St. John of the Cross who was imprisoned and beaten for working to reform the Carmelite Order in Spain. If you are in emotional pain that feels like a heavy cloud over you, making you feel separated from others and alone, confused and lost about life, you are one of many who are experiencing what is universally being called a dark night of the soul. Today the term is used by people of all faiths to describe periods of deep spiritual pain, what someone might go through when they experience a great loss, betrayal or a tragedy or trauma in their life, that is followed by a supernatural transformation involving deep, profound insights into our spiritual evolution, facing our shadow and our fears, emotionally and psychologically healing, being humbled and experiencing the death of ego – all growing pains of the organic process of human spiritual transformation leading to becoming the person you were meant to be, the best version of yourself, and having a desire to serve humanity in some meaningful way and make a difference in the world. During this privileged journey you learn that the outward blessings of a good life are not what make a person valuable or give meaning to their life. A dark night of the soul is an extraordinary journey of profound lessons. These unveilings of clearer truths about life, what is happening to you, and what you need to do next, can come to you when you are still and silent, or quietly walking in nature, and through what people say or have written down. Instead you will pass through a labyrinth of places, feeling like you are collecting pieces to a map that will show you the way out the other side. And what you soon discover in a dark night is that you need the wisdom of others who have been where you are. This website has been created to help those who are in a dark night of the soul move through the Divinely orchestrated process by bringing the teachings about this spiritual experience into one place making it easier to find the help they are looking for. It can also be used as a resource for those who are interested in the subject. There was a time when we tried to reach God by building the physical Tower of Babel but our one language was changed into the many languages separating us. We have reached the end of being more and more separated. It caused us to be evolved into people who can truly love and deeply connect. Becoming part of this collective consciousness, helping each other go through the transformation process and find truth and peace, is truly magical. The authors on this website have given their permission to have their articles reprinted here as part of this website project. If you have an article that you would like to add to this library, or if you would like to submit a short piece for the blog section, please refer to the contact page for the email address to send it to. He is left for a while bereft of all that he has gained, while what remains of his ego is relentlessly crushed. Yet this is followed by a true and lasting enlightenment! But experiencing this inward life, while living what becomes a very challenging outward life during a dark night of the soul, does more than change how you think about life and reality. We live the great myths and stories and as they did we become a different person – more wise and intelligent, seeing and feeling things deeper, becoming humble, open, more loving, and stronger, more capable and creative, finding our powerful selves and gaining the brains, heart and courage of the heroin and heroes of the Wizard of Oz. The change can be significant, but subtle, and not uproot your entire life, or a dark night of the soul can become a dynamic school along a mystical path where your outward life is transformed dramatically. However it touches you, the gifts of this extraordinary phenomena are beyond remarkable and a priceless treasure of Grace.

8: Dark Night of the Soul - Wikipedia

Get this from a library! Dark night of the soul: journey to redemption. [Neville Herrington] -- "In this the final volume of the Brigid O'Meara Trilogy, the heroine, a beautiful Irish music hall dancer/singer who was drawn into gun smuggling during the Jameson Raid against Kruger's Boer.

9: Dark Night Journey by Sandra Cronk

The Dark Knight Trilogy 1. Call To Adventure A key part of the Batman movies is that when Bruce was young, he fell into an empty well filled with bats and developed a major phobia of them.

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