

1: Why older women and younger men are a perfect match

When dating younger women, you must remember that they want lives of their own. Remember, she probably just got FREE of her overbearing father, and she doesn't need a new one. So don't call her at work.

And honestly, when I got divorced it took me a while to start dating again. Eventually though I was ready to hop back in the saddle. And my excitement led me into a lot of embarrassing situations but the most important thing I learned is that, as much as it felt like it, being married did not stop time from moving on without me. WTF are you talking about? The last time you likely dated was before you were married, right? When you were in your 20s, you probably dated girls who were in their 20s. Start off by dating women your own age! You may also have kids that you can swap war stories about. One of the women that I started sleeping with in the immediate aftermath of my divorce was a divorced mom whose son played sports with mine. We found we had a lot to talk about! And one night, she invited me over for cocktails. At the end of the day, dates like these are confidence builders. That being said, younger women are beautiful, fun and exciting. And no older guy knows more about dating younger women than Glenn here at the Gotham Club. The trick with dating younger women is not to hide your age instead, take advantage of it. In fact, the majority of women in their 20s actually prefer to date older, not younger, men. So how do you do that? Let them come to you. The Key to Landing a Younger Woman: I found this out the hard way: It was like flipping a switch! All that attraction? Click the one you want to know more about below:

2: Things To Consider Before Dating A Younger Woman - AskMen

Interested in dating younger women? Well good news: they are interested in dating you, too. Younger women are primed and ready for an older man to come along and sweep them off their feet.

This article will show you how to date a younger woman and overcome the insecurities of age difference. If you find yourself dating a younger woman, then congratulations. Fortunately for men, younger women want to date us too. As we get older, women still find us desirable and want to date us. Age Difference and Insecurity That being said, there is nothing like a bit of an age difference to bring out the insecurities in a man in a relationship with a young woman. Dating a younger woman, however, is very different to dating an older woman. Younger Women Love Older Men In every culture and society in the world, younger women are attracted to older men. However, in Western society this is often frowned upon mostly by older women who see younger women as a threat. Despite what many people like to think, human beings are hard-wired this way. The famous psychologist, David Buss, conducted a study and found that in 37 cultures across 6 continents, in every culture men preferred to marry younger women and women preferred to marry older men University of Austin at Texas. Older men are naturally attracted to younger women and younger women are naturally attracted to older men. Remember when you were in your early 20s and in the best shape of your life? Your face was wrinkle free, you had a great body and had the whole world at your feet. They worry what their parents will think, what their friends will think and what strangers and society as a whole will think. Women and men are attracted to each other for different reasons. At no point in time does a woman find herself attracted to a man because he is young. They also often lack experience and worldly skills that women find so appealing and attractive when they date older men. Again, a woman instinctively understands this and this is why women so often gravitate towards older men. This is nothing to be ashamed about, instead it is something to be embraced and accepted. And despite what people will tell you, women usually hit their prime between the ages of 18 and 25. Unfortunately, most men are completely out of shape by the time they reach 30. This is so we can understand why younger women find older men attractive. Older men are more emotionally stable. They have more resources money and assets. They are more committed and more likely to settle down. They take the relationship more seriously. Older men will value a younger woman more. They are more likely to protect and nurture a younger woman. They are more refined and elegant than younger men. They are usually more confident and strong in mind and body. Older men are more street wise and worldly. How To Date A Younger Woman Dating a younger woman takes a certain level of strength and mastery, especially when it comes to maintaining the relationship. In every relationship there are problems. This is felt even more acutely in relationships where a large age difference exists. I have seen men successfully date women 25 years younger than themselves. And also to overcome all the major problems men face when dating younger women. If you start worrying about the age difference between you and your girlfriend, your girlfriend is going to worry too and before you know it age has suddenly become a problem. Now there will be times when your girlfriend will worry about the age difference in the relationship. The only time you should give advice is if your girlfriend asks for it. She wants to feel equal in the relationship, she wants to have a strong emotional connection with you. There are also a lot of young guys in their 20s who have the mind of a fifty year old and are very serious about everything. You can still be a very refined and intelligent older man, but find the joy, excitement and humor in life like a lot of younger guys do. Dating a younger woman will require you to have a good sense of humor and joy for life. I had one friend who was dating a girl fifteen years younger than himself. A lot of guys have got out of bad divorces or have have spent the last ten years in a relationship with a woman their own age who is bitter and jaded, when, suddenly, they find themselves dating a much younger woman who looks great naked and has a fresh and innocent view on life. This is danger time. You need to establish from the beginning that as the older man in the relationship that you are higher value than her because women from an evolutionary perspective want to date higher value men , regardless of how old she is or how beautiful she is. You should only ever buy gifts for women and spend money on women who are in love with you. And even then, you should only do this occasionally and as a reward for good behavior.

Working hard to win her friends approval is pretty much the worst thing you can do because it lowers your value and makes you look stupid. Instead, you need to remain strong and confident and make her friends work for your approval. You want to bring her into your world as opposed to trying to fit into her world. There is no advantage at all trying to fit into her world. There is no upside and it can only work against you and backfire if you try to do this. In fact, the bigger the age difference the more feminine your girlfriend is likely to be. Truly feminine women always seek out older men as partners because this relationship dynamic feels more natural to them. Because of these traits a feminine woman is much more likely to seek out a man who is older and more capable of protecting her. Younger, more feminine women always look for more masculine man to be with as this is the perfect compliment to her femininity. You have to make her feel that you can protect her both physically and emotionally. You also have to exude strong masculine traits like leadership, confidence and decisiveness when dating your girlfriend. Your girlfriend will also expect you to be fully in touch with your masculinity. Where younger guys are known for their indecisiveness, uncertainty and false confidence, you must stand out with your boldness and real, true confidence. The same applies if you try to seek assurances from your girlfriend about whether or not she really loves you and is really attracted to you. They worry that their girlfriend will leave them for a younger more handsome man. Remember, thoughts are energy and they hold real world consequences. If you start to doubt yourself and your relationship, your girlfriend will start to sense this. The important thing to remember is that staying strong and embracing your masculinity is exactly what you need to do to keep your girlfriend attracted to you. Age only becomes a problem if you start to doubt yourself and act insecure over the age difference. Guys who successfully date younger women never focus on age difference. Stay strong and trust the process, Chris PS. If your girlfriend has pulled away from you or left you, you need to get the Get Her Back Action Plan for an instant solution to your problem. This guide will show you the fastest and easiest way to get your girlfriend back and keep her. I can then give you my very own personal insight and solution plan to your problem.

3: The Art of Dating Younger Women (overcoming age difference)

The phenomenon of men dating younger women is depicted everywhere in pop culture. Hollywood movies frequently cast much older male actors to star alongside young actresses, and the same actors are.

Contact Author Source Now, I have to spill a secret. I always had crushes on my professors back in my college days. And, when I say "older," I mean guys who are years older than I am and not the "old" type who are literally old and saggy. I am always drawn to them; maybe it is their maturity or the way they express their opinions on difficult topics, or it is the way they carry themselves, or maybe it is because they are already self-sufficient. Some people tell me that I may just be looking for a father-figure, but I am not. There are a lot of good reasons why some women like me prefer older men, and I am going to enumerate some of them here. They are more financially stable. They are better at pleasing women. They are looking for more serious relationships. They have a more sophisticated taste. They are great cooks. They live a healthier lifestyle. They do not go out and party as often as younger men. Psychological and biological reasons

Mayâ€”December Romance There are many women out there who seek out and build relationships with older men, so much so that there is a term for it in the western world, the Mayâ€”December romance. While many people may look down at couples that have a significant age gap between them, there are some very legitimate reasons why women seek out older men to have romantic relationships with. The use of the term Mayâ€”December romance to describe a younger woman dating an older man comes from European culture. The phrase makes use of metaphors of the seasons, with May representing springtime when a woman is her youthful best and December representing the start of winter when the man is past his prime. More Experienced and Cultured Men are like wine: Their experiences in life, at work, and in previous relationships have taught them a lot of life lessons to make their situation better than before. They know what they want and they go for it. They are very confident and so they carry themselves very well, especially in public. They are generally well-mannered. They have been to several places in the past and so they know a lot of things about other cultures. It is not about being a gold-digger or a social climber. It is all about practicality. When you start a family, for example, it is important that the man is able to provide security. A self-sufficient woman will not easily settle for anyone who earns less. That is considering that he continued to work and save as he gets older. In this regard, an older man has enough assets and money in the bank to support a family. This is why women go for financially-stable men instead of those who are still generally starting with their career. I am not saying that women should depend on their partner financially, but some societies consider it ideal for women to stay at home and take care of the kids and for the husband to work to support the family. And women date in order to find a man whom she can live with all her life and start a family with. Older Men May Be Better in Terms of Pleasing and Handling Women In my opinion, older men have had their fair share of both short-lived and more stable relationships, and this gives them a bit of an advantage when it comes to handling relationships. Their previous experiences have helped them learn what women generally want and what makes women happy. Not only do they know more in bed, but they also understand women a little bit better. Older men tend to be more romantic as well. They have a good sense of humor that does not involve shaming their friends or other destructive behavior. Just think about it for a second: This experience makes a big difference in comparison to younger men who have not put in the same amount of work when it comes to pleasing women. Older Men Generally Look for a Serious Relationship Men mature much later than women, and normally middle age in men is the age of maturity. This is where they seek a more stable and healthy relationship. This is the age where they usually have pieced their life altogether, and they are now ready for a more serious and deeper commitment. Women who are tired of short-lived and immature relationships can find a more satisfying and more stable relationship with an older guy than a guy in his late 20s for example. Younger men are still at an age where they love to explore and try different things before settling on something more serious. So, if a girl feels that she is ready to tie the knot, or if she is ready for a serious commitment and ready to start a family, a younger man is just not the right person for her. Older Men Have More Sophisticated Tastes When it comes to the finer things in life like wine, food, beer, traveling, and clothes, older men tend to

choose the more sophisticated ones. First, they can afford it and second they just know that it is better quality. They also know, however, that when it comes to food and drinks, quality does not always come with a hefty price. You can find an affordable place that serves 5-star quality food and drinks with much better service as well. An older man is less insecure about his position in life, so he does not feel the need to go out for expensive and lavish meals. Instead, he has found his rotation of affordable and quality dining options, and he knows what he wants. They are happy to sit in one corner where you can have all the views for yourself. Now that takes careful planning, timing, and experience, and older men as experienced travelers, know that. I find it very sexy when a man knows how to cook and not just a simple dish like boiled potatoes and fried eggs. I mean some dishes like beef bourguignon, potato au gratin, Indian curry, lasagna, and stuff like that. I really admire men who can cook and fend for themselves. It is quite seldom for younger guys these days to be self-sufficient, especially in my own country. They always rely on their mothers to cook for them and take care of all their needs, and that is not my cup of tea. Older Men Generally Live a Healthy Lifestyle They love to drink wine and beer and yes some of them smoke as well, but they know their limitations. The only time this is not the case is when they are having difficulty coping with their own problems which I believe is an exception because older men can generally handle their issues because they are mature enough to solve them. Older men also tend to have at least one or two sports that they really enjoy doing. They maintain an active lifestyle apart from the office. They like spending their money on things like travel and spare parts for their car or bike and not on gadgets and game consoles which the younger men are more inclined to buy. They also understand the need for relaxation time, and they do not feel the need to constantly push themselves into exhaustion like so many younger men. Instead, they take a more focused, laid-back approach. I find their topics a little bit shallow for my taste. Younger men usually talk about girls, cars, technology, and gadgets. Older men, on the other hand, can talk about politics, religion, sexuality, economics, relationships, food, and travel which are exactly my interests. This goes hand-in-hand with their focus on living a healthy lifestyle. Instead, they tend to enjoy the company of their good friends, in social settings where everyone can be heard and interesting conversations can take place. Psychological and Biological Reasons There are a few psychological and biological reasons why women are attracted to older men, particularly women on the younger side who are still in their 20s or early 30s. From an evolutionary perspective, men can remain fertile longer, and thus an older man who has survived has accumulated more resources than a younger man. The fact that the man has made it that far in life also is a clue that he has good genetics and robust health, making him a desirable mate. Remember, that in prehistoric times men would not live all that long, so the ones that did were more likely to pass on their genes. Dating Older Men In my experience, once you start dating an older man the guys within your age bracket become either immature or too dumb for you. Some of my friends do not understand why I like older men. Some people think I am a gold-digger. Either they are too immature for me, too boring, or too serious for my liking. I find older men to be perfect for me. My partner right now is 15 years older, and I am so happy. He is constantly supportive, and he encourages me to be the best version of myself. Although it may be a bit difficult to keep up with his pace sometimes, I believe I am where I should be. Older men can be insecure about their age, and so they try to date younger women to make themselves feel younger. This is another issue that older men may have: Since they are used to doing things their way, they may struggle with having to give up some of their decision-making to you. A healthy relationship requires mutual respect, and some older men may not be willing to give that to you. Instead, they just see you as a prize or an object. Make it clear from the beginning that you will not tolerate that type of treatment. Another potential issue is the generation gap that exists between you and an older man. There are plenty of great older guys out there. Is it practical for a 60 year old to date a 32 year old? By the age of 30 and above, people often have their own jobs and have been able to organize their lives somehow. Dating someone who is self-sufficient and independent is way more practical than dating a year-old who is still in school.

4: Best 6 Younger Women Looking For Older Men Dating Sites ()

Multiple studies suggest the key to a long and prosperous life is not eating beets and drinking sad green juices all the time, but rather something much more enjoyable -- dating younger women.

The phenomenon of men dating younger women is depicted everywhere in pop culture. Hollywood movies frequently cast much older male actors to star alongside young actresses, and the same actors are often snapped by paparazzi dating much younger women in real life. The Power Dynamic Is Skewed "Power dynamic" is a term that recognizes that power in social relationships can come from many sources: Speaking in general terms, older people have more social power than younger people, and, in a variety of demonstrable ways and despite measurable progress in this area, men have more power than women. Hence, when you combine the two variables "an older man and a younger woman" the power dynamic favors the older man. The bigger the age gap between you, and the younger she is, the more skewed the power dynamic will be in your favor. Other variables like race, class and gender identity will also factor in to the power balance of your relationship. It certainly depends heavily on the age of the younger woman rather than just the quantity of the age gap. For example, when a rapper in his late 20s dates a year-old celeb, people find it suspicious and harmful, but fewer people think a much larger, plus-years age gap between some celebrity couples is objectionable if the woman is in her 30s when they got together "these are fully grown women capable of making their own decisions and much less likely to be affected by peer pressure. Again, though, these are not hard and fast lines or rules, and you need to draw your own moral lines. She Is, By Definition, Not Mature A young woman can be smart, witty and worldly, but she is, by definition, not mature or experienced. If your prospective partner is fresh out of high school, having never weathered a job loss, heartbreak or any of the other hallmarks of adult life, you are a going to struggle to relate to each other, and b she is not going to be well-equipped with the tools needed for a serious relationship yet. She Might Be Expecting Too Much From You Stereotypically speaking, when a young woman dates an older man she may have a few qualities in mind that she expects you to have: She may think that guys her own age are immature and directionless, and be looking for an older guy to provide more stability for her. She might have completely unrealistic expectations of men in general, or she might simply have unrealistic expectations from you in particular that you are never going to be able to meet, and you will need to work those out before starting something serious. You Might Be Expecting Too Much From Her Similarly, you might be tempted to date a younger woman rather than someone your own age because of a cliched idea that they have a relative lack of "issues", are more wild, fun, flexible, and so on. The only way you can figure this stuff out is to talk openly about your expectations. While not everyone moves through life at the same pace and ticks off the same milestones at the same time university, work, marriage, babies, buying a house, etc. These issues can, of course, affect couples who are the same age and who have different priorities, but relationships with a large age gap are especially susceptible to the "stage of life" problem. Should you date a younger woman? It pays to look very closely and honestly at your reasons for considering dating a younger woman. If that scares you, you might not be ready for a relationship at all, let alone one with a younger woman.

5: Age Gap Dating - Dating Older Men & Dating Older Women

Older men and younger women share that same need for connection. This is one of the cruel jokes of the dating world: younger men are focused on significance and younger women are focused on.

Learn Now Dating Younger Women: Too Good to Be True? Interested in dating younger women? Younger women are primed and ready for an older man to come along and sweep them off their feet. To learn why that is and what it takes to successfully attract younger women read on. Why women date older men At every age women tend to be attracted to older men. One reason is that older men have more life experience. With that experience come wisdom and a deeper understanding of what the man wants. By knowing what he wants and not settling for anything less he automatically gets viewed as a high-value man with standards and integrity. And that is the kind of man women want. As a result they offer more stability and reliability traits that have been programmed through evolution to elicit attraction in women. Finally, older men tend to be more emotionally stable as well. This emotional maturity is huge in attracting women particularly for women looking for long-term relationships. This knowledge alone can shoot your confidence through the roof and make it much easier and more fun to meet, attract, and start dating younger women. How to attract younger women Being older means women will automatically see you as possessing a lot of the qualities that women find attractive. Instead of trying to meet her at her level, bring her up to your level. Is dating younger women awkward? Some women might be embarrassed or uncertain about the idea of dating an older man. This makes it possible for her to follow your lead and adopt that same view. There is however, one difference in meeting younger women that you should keep in mind. Younger women tend to have a stronger desire towards new experiences. What this means is that when you meet a younger women in a situation like this, make a point to get her phone number early in the interaction. Take your dating life to the next level Ready to take your dating life to the next level? If so, the Art of Charm can help. To learn more about how the Art of Charm can show you how to get the women you desire, check out The Art of Charm. Related Posts Brian M - author of posts on The Art of Charm Once he realized attraction was something he could learn, Brian spent way too much of his free time studying and practicing everything he could find on the subject. Start Listening Today The Art of Charm Bootcamp The Art of Charm Bootcamp is a revolutionary school for men created by a team of social dynamics experts that have taken thousands of guys from ordinary to extraordinary.

6: Why Older Men Should Date Younger Women | HuffPost

Making the most of being an older man with a younger woman The fact is, she fell for you, not a younger guy, and you have to play up your strengths without overcompensating or displaying any insecurities.

7: Dating Young Women

Women over the age of 50 have been complaining ever since their 50th birthday parties that men their age prefer younger women. Yours truly, Life in the Boomer Lane, has written several posts that.

8: 9 Reasons Why Women Date Older Men | PairedLife

The dos and don'ts of dating a younger woman It's not surprising to see a young woman with a significantly older man, but when it comes to dating someone younger than you, certain rules apply, says.

9: Dating A Younger Women

In Part I of this series on dating younger women, we addressed some of the bigger questions on the subject: do younger

DATING YOUNGER WOMEN pdf

women actually like older men; are older men who date younger women 'dirty'; are younger women dating older men all gold diggers?

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