

1: Born to Grow: Moving Beyond Forgiveness to an Abundant Life - Full Article | C.S. Lewis Institute

*Change your habits, change your life: a proven plan for healthy living. fat facts --Day the abundant life * growing healthy Day the abundant life.*

E-mail Wide-ranging research shows that highly religious people lead markedly different lives than others: But is the abundant life of religious people a measurable form of existence, apparent to observers and believers alike? Now a small but growing minority of scientists, sociologists, doctors, and psychologists are proclaiming that religion offers a better life: The results also proclaim that not just any religion provides this better life. For them, the abundant life promised by scripture becomes a living, even measurable reality see Matt. The Happiness Factor When Dr. David Larson, president of the National Institute for Healthcare Research and a former senior researcher for the National Institutes of Health, began his training as a psychiatrist, he decided to analyze psychiatric journals in an attempt to discover whether religion was truly harmful to mental health, as he had been repeatedly told. In , a prominent sociologist also took a thorough look at studies dealing with religion and mental health. Until then, the assumption that religion is mentally bad for people had prevailed within the social sciencesâ€”an assumption that his pivotal review challenged. One of the most important of these studies, published in , found that faith and religious devotion constitute the strongest indicator for a worthwhile life. The importance of faith, a widely respected social scientist found, surprisingly outscored all other factors for indicating life satisfaction: Skeptics assume that the devout are happy, then, not because of a fulfilling life but because of a naive, passive reliance on an all-controlling Deity. Recent studies into the problem-solving abilities of actively religious people, however, conclude the opposite: Religious faith offers people a concrete value system with which to prioritize and solve their difficulties. Just as important, apparently, a religion that emphasizes agency granted by God offers followers a strong sense of both personal control and individual responsibility. Religious followers who view God as all-controlling deal with problems ineffectivelyâ€”waiting, instead, for God to solve everything. Meyers, in his book *The Pursuit of Happiness: Religion*, he observes, offers people something worth living and dying for, something bigger than themselves for which to work, a sense of connectedness, unconditional acceptance, and hope. *Health to Thy Navel*, and *Marrow to Thy Bones* Even stronger and more surprising than the research linking religion and mental health is the convincing evidence linking religion with good physical health see *Prov.* That lifestyle offers practicing believers a remarkably healthier life, one that entails fewer physical ailments, quicker recoveries, andâ€”particularly for active Latter-day Saintsâ€”unusually low cancer and death rates. For devoutly religious people of all creeds, alcohol and drug dependency rates are far lower than for the general population. In other words, even overweight, smoking, or older men who attend church remain at a far lower risk for hypertension than their nonreligious counterparts. Integrally related to both mental and physical health, according to one prominent gerontologist, religion has been found in various studies to help older people maintain morale, overcome difficulties, cope with illness, and ward off depression. In one study, for example, doctors who analyzed elderly women recovering from hip fractures found that religious patients tended to avoid post-fracture depression, learned to walk farther sooner, and thus have the potential to leave the hospital sooner than their nonreligious counterparts. One researcher in particular identified four mechanisms religion offers that promote overall health: It encourages men and women to abstain from tobaccoâ€”along with alcohol, coffee, and tea. Obviously, active Latter-day Saints who follow the instructions outlined in the *Word of Wisdom* should manifest lower rates of smoking-related cancers. Nor can non-smoking account for other intriguing death-rate statistics and lifestyle findings. James Enstrom, research professor at the School of Public Health at UCLA, set out to research a new, more thorough study of lifestyle characteristics of members of the Church in relation to low Latter-day Saint mortality rates, a study published in the *Journal of the National Cancer Institute*. Enstrom identified a subgroup of members of the Church who are likely to be religiously active, to be middle-aged or older, and to adhere to the *Word of Wisdom*: In , participants answered questions regarding lifestyle and religiosity on surveys which Dr. Enstrom matched over the next eight years with Church death records. The findings of his landmark study received publicity in television and print media

across the United States. Low Latter-day Saint Death Rates Death rates for this group of active members of the Church are among the lowest ever reported: LDS females, 25 through 64, averaged 38 percent fewer deaths from all causes, and their average rose to 53 percent fewer deaths when they engaged in the nonsmoking, exercise, and sleep habits. The decreased death rates of Latter-day Saints cannot be fully explained by the avoidance of tobacco and alcohol: Death rates for Latter-day Saint females were approximately 35 percent lower. Enstrom concludes that a male Latter-day Saint who adheres to the Word of Wisdom, exercises, and gets proper sleep will live eleven years longer than the typical Caucasian American, and an LDS female six years longer thus making the average lifespan of this Latter-day Saint male group seven years longer than the highest life expectancy of any of the industrialized nations. Researchers attribute several factors to good health among Latter-day Saints: Less-active Latter-day Saints have a much higher death rate than do active members. The higher the commitment, the less likely substance abuse occurs, as one study concluded with a sample of urban adolescents: However, according to a well-respected study, home religious training as Proverbs meant it has greatly declined: Now approximately half of all marriages end in divorce. In , the U. As a result, statistically these children are also more likely as adults to inflict the same difficulties on their own children, thus perpetuating the cycle. They experiment with drugs at younger ages, and ten- to fourteen-year-olds have tripled their suicide rates since . On the contrary, research shows that religious people, as a whole, have much more enjoyable marriages. And just as important, they have much lower rates of divorce—“with all of its problematic consequences for the children, mothers, and fathers. Research as far back as the s has consistently come up with the finding that highly religious people report more satisfying marriages than those who are not religious. Self-Fulfillment Researchers offer various reasons for the connection between marital happiness and religious commitment. But several studies point to the value system to which religious people generally ascribe, one that puts the needs of spouse, children, and others above the needs of the individual. In the s, for example, research increasingly reflected evidence that emphasis on self-fulfillment negatively affects marriage and family life. It backed up what studies in and determined: The same study also found that, among religious groups, Latter-day Saints tend to have the highest rates of marriage and the lowest rates of divorce. It also offers husbands and wives the opportunity to live joyfully with the spouse whom they love—“not a minor achievement in this age of marital discord see Eccl. An extensive review documented research on family life and religion from the s to the present, summarizing sixty years of research with the following proposition: Previous studies have shown children from large families to be at an emotional disadvantage, receiving less affection and attention. But this study found that religiosity makes a significant difference—“in fact, the key difference—“in whether Latter-day Saint adolescents perceived that they received adequate amounts of attention and affection. Youth who attend church more often and lead more religiously committed lives are much less likely to engage in premarital sex than their less religious counterparts. Attendance at church constituted the most important predictor of a young man getting out of the ghetto, a more important predictor than even having parents with jobs. For example, a survey of young Latter-day Saint males shows that the more spiritually committed the youth, the more committed he is to future goals such as education, employment, a Church mission, and marriage. Youth belonging to religious institutions were much more apt to volunteer and make charitable contributions than youth with no religious affiliation. But for the devout and faithful of all religions, the primary factor for fulfillment lies not so much in particular lifestyle habits as it does in lives lived in the service of others. Research verifies what the Savior said. Above all, an organized religion. It offers community, opportunities to learn from others, and an enormous incentive to practice good works. Spiritual growth, the authors continue, also requires mentors, guides, and examples, people who show others better ways to live their religion. Involvement through callings, committees, and teaching responsibilities not only creates mentors, guides, and examples but also countless opportunities to serve and help others. It also prevents people from lapsing into what C. The doctrine of agency, an inspired Church organization, family and youth programs, and the Word of Wisdom offer members effective means with which to deal with problems and invaluable ways to find joy in living. But in those troubles, religion lightens the load—“offering hope, renewing strength, uniting families, and encouraging followers to help others. For those who have discovered the abundant life—“one no longer hidden from the world—“the yoke is indeed easier,

and the burden lighter see Matt.

2: Abundant Life â€“ New Life International

The Grow in Grace seminar has been influential in giving me the freedom to live my life free of condemnation. By receiving the message of knowing my identity in Christ, I now experience many blessings and feel my life is complete and abundant despite some not so pleasant circumstances.

They try to maintain a balance between these elements to live a healthy and fulfilling life. Getty Images Most of us business leaders have a time in our lives when we just feel out of whack. We know we may have been putting in too many hour weeks in a row, and we can feel the side effects of making that kind of commitment. The crucial question then becomes: What are we going to do about it? But the trick is to be conscious about that and know what you are sacrificing in the bargain. Then, once the deal is done, you should have a plan to get back into balance as quickly as possible. So what are the secrets great CEOs use to live a balanced life? They measure themselves on seven key elements, where they give themselves a score from 1 way out of balance to 10 Zen-like harmony to see where they stand. Give yourself a score-be honest-and see what you think. How balanced do you feel with your family time? How about your parents and extended family members? Family ties are the tightest relationships you should have in your life no matter how busy things get at work. Do you have a robust network of friends or not? Do you have a group of folks like you hang out with regularly, maybe for a book club or to go play soccer? Having people around you that you like and trust is one of the best indicators of living a long life. What does your personal financial balance sheet look like? Are you on a path to accumulate enough wealth that you will be able to enjoy a comfortable retirement? Are your assets increasing over time-or have you neglected to make the time to tend your financial garden? The key to personal financial health is to feel in control and know that you have enough money to have options. Whether you are running your own business or climbing the corporate ladder, ask yourself how energized you are to go into work every day. Are you excited to be making a difference and making progress-or do you dread the monotony of your day-to-day drag? Or, if you own the business, how are things going: Are revenues and profits growing? Some of us who are high achievers might never give ourselves a 10 here no matter what. How much time are you able to invest in the things you care about in your community? That can mean anything from volunteering to serving on the PTA or coaching a sports team-anything that turns you on when you give of yourself. Think of it as your attitude of gratitude. The final aspect of living a balanced life is your spiritual side. This could be anything from taking a walk in the woods to making a trip to church on Sunday-whatever fills up your spiritual cup. If you score low here, make the time to rethink your connection to God, nature, or whatever. Early in my career, I worked for a CEO who was a business superstar. But everyone, including his family, loathed him. He may have been a success in the element of business, but he had no friends, his kids wanted nothing to do with him, he was on his fourth wife, and he was spiritually bankrupt. Some people might look at his track record and call him a success. When someone lives such an unbalanced life-no one wins. If you want to learn more about other characteristics other great leaders share, check out my forthcoming book, *Great CEOs Are Lazy*, which is available for sale on Amazon. Mar 14, More from Inc.

3: Ministries – Abundant Life

Sin is a reality of our lives. Without God's love and forgiveness, the spiritually healthy family would be impossible. Without God's help, dysfunction is our only option. Some dysfunction is the reality of living in an imperfect world with imperfect people, but it will be especially present when.

Growing up is a fundamental fact of human existence. Life is a constant progression or regression, both in the body and the inner person. But we are changing even when we are not aware of it. When it comes to the life of the person who believes in Jesus Christ, that change should ever be upward. In the same way that we are born physically to grow to maturity, we are born again spiritually to grow to maturity. We are not born again just so we can be in heaven someday, but we are born from above by the Spirit of God to actually live a brand-new life in Christ now. A life that grows. All too often, sincere believers find themselves trying the usual Christian practices – reading the Bible, attending church, praying – with little, if any, success. Disappointed and defeated, they wonder: The same fears and anxieties are with me. What do I have to do to experience more of this new life? How does it all work? They want to experience God. They want to know how this new life operates. They want to know how they can grow in this new life. Like all important areas of our life – physical, intellectual, and ethical – spiritual growth involves time and effort. It is a process, and Scripture gives light to the means of growth and the dynamic operations of these means. Instead of conceiving eternal life in terms of its quality, their thought is more on its quantity – the fact that it lasts forever. This is certainly understandable. Our new relationship with God, as children freed from His wrath, is correctly seen by believers as the foundation of the Christian life. But for too many Christians the matter ends there. Radical transformation of our life takes place only when we meet Christ. Yet in the meantime we live as heaven-bound, forgiven sinners with very little expectation of any real change in the quality of our life and our behavior, except perhaps for some reduction in the most blatant outward forms of sin. Scripture paints a totally different picture. The apostle Paul exemplified this in his own life. Meeting Christ on the road to Damascus was only the beginning of his new life. The Christian life for Paul was not simply waiting and hoping for his final perfection. From the time that Christ laid hold of him, his life took off in a completely new direction. He would not allow either his past failures or achievements to divert him from his pursuit of Christlikeness. This is underscored by the frequent use of Greek present-tense verbs that denote continuous action. In the verse above, 2 Corinthians 3: Moreover, our present outward life, which C. On the one hand, it is encouraging to know that though our physical bodies are going through wear and tear, our spiritual life can still go from strength to strength. It is the actual travel on the road, the living of this new life. A journey is more than its destination. As a result, walking became a metaphor for the journey of life. Walking, however, is never simply walking per se. It is always walking along a particular way. The point is that each one of us is on our own spiritual journey, always walking, always stepping, always moving along a path. Thus we need to pray with the psalmist: The picture of continually walking may be unpleasant and tiring to us. This is contrary to Scripture. We are always on our journey, making decisions and taking steps in one direction or another. Even when we avoid deciding about something, we are deciding, taking a step in some direction - no decision is a decision. Thus our spiritual growth or heart transformation includes all of the activities of our life-work, family life, social life, recreation, physical exercise if we do it, and so on. Later we will see that changing our heart involves changing our thoughts, emotion, and will and thus our actions to conform to the thoughts, emotions, and will of God. Since these functions are continually active in our life, there is no aspect of our life that is not involved in our transformation. As the goal of our life is to live to the glory of God, this is also the goal of our spiritual transformation. As such, therefore, no matter where we are or what we are doing, we are either nourishing and strengthening our new life or weakening and stunting it. In many ways, the new life of the Christian is like all of life. This continuous process is called metabolism, which comes from the Greek word *metaballein*, meaning change or exchange. They extend their roots into the soil in search of nutrients and moisture in order to sustain life and to grow. Animals also look for similar life-giving provisions. In the same manner, human life is a continual metabolism, drawing in life from outside of ourselves. However, we do not

always take in what is good for us or what is truly life-enhancing. This reality in our physical life is equally valid in our spiritual life. Understanding this truth is vital for understanding our spiritual growth. As we will see later, it is the very nature of our heart — our inner person — to be open to outside influence that shape and form who we really are. Growth in the Life of God But what does this spiritual growth in our new life look like? How do we know if we are really growing? Are we growing in our spiritual life when we gain more Bible and theological knowledge? Does growth mean increased faithfulness in Christian practices — Bible reading, church attendance, witnessing, good behavior, loving actions and so forth? All of these things may be evidences of growth. But they also could be of our own doing rather than actually flowing from our new life. This new life is the indestructible life of the living God himself. Our natural human life manifests itself in thoughts, feelings, and actions. The more we think, feel, and act, the more we are alive. These same capacities are also the means through which our new life is expressed. All of this does not mean that growing spiritually is becoming a divine being. No, God will always be God and we will always be human. But what it means is that God through His Spirit is continually working to form us into Christlikeness. What this new life looks like is therefore exemplified in the human earthly life of Christ. It is also seen in the many instructions and commands for our life and the biblical examples of the lives of many godly men and women. Abundant Life The new life in Christ through the Spirit characterized by love, joy, and peace expresses itself in various ways depending on our personality type. But whether we are affable, melancholic, cranky, pragmatic, or any combination thereof, this life is an abundant life John An artesian spring has ground water that flows upward by natural pressure, without any need for pumping. The new life is life that bubbles up — it just flows. Leon Morris aptly summed up the zest of this life: It is much more than merely the entrance into a new state that of being saved instead of lost. It is the abundant life [John] In short, our new life in Christ — and the transformed lifestyle it produces — should be felt in our daily experience in increasing measure during our journey on earth. Unlike Peter Pan, we can indeed, and in fact must, grow up. And Scripture tells how. Excerpted with permission from *Minding the Heart*: Published by Kregel Publications September 19, Hendrickson, , Augsburg, , 2: Doubleday, , 69 — Fortress, , 10 — Eerdmans, , , Robert Saucy — was a biblical scholar, a professor of systematic theology, and author of numerous scholarly papers and books. In , Saucy joined the faculty of Talbot School of Theology, where he was appointed distinguished professor of systematic theology in He was a long-time member of the Evangelical Theological Society, and served as its president in He was also a faculty member at Rosemead Graduate School of Psychology from to He died March 12, , from injuries sustained in a car accident. *The Way of Spiritual Transformation*, published in October, — and dedicated to his wife, Nancy — was his last book published before his passing. Robert Saucy, *Minding the Heart: The Way of Spiritual Transformation* Kregel Publications, It is the heart that is the control center of life and through which God works to change us. But how does this growth take place?

4: Abundant Life Church » Our Story

As you prepare to offer The Abundant Life Garden Project to children and their families, please spend some time thinking about what you hope to accomplish, how you may want to spiritually prepare for this project and what support might be needed from your parish community.

By Rob Kerby Canva. Does it mean having incredible success and material possessions? While this might make you feel great for a while, we can have a much more meaningful, abundant life with Jesus Christ. One that will make us truly feel like we are living. Does Christ promise earthly riches? There are verses that would seem to do just that. But more than that, He promises happiness, peace and contentment. Our hearts, souls and minds can be at peace if we seek to listen to and follow Him. The Bible is full of incredible assurances that God will protect and provide. Not only that, His provision will be generous and wonderful. In all your ways acknowledge Him, and He will make your paths straight. He is all-knowing and can see what amazing things lie in our future that we cannot. When we praise Him and choose to trust Him, He will put our hearts on the right path. He will guide and provide us with wisdom we never thought possible. He has the wisdom to guide you down the right path, and He gave us the Bible so we could understand His rules. As Christians we learn how to live like Jesus Christ. Your responsibility as a Christian is to stay focused on His Will. When we focus on Him, we are filled with joy and given pleasures beyond our wildest dreams. However, He will teach us how to follow Him and live a life that is pleasing to Him. Through His teachings, we learn how to ask for forgiveness of our sins and become free of shame and blame. God will cleanse us of the pain and negativity that holds us back in life. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast. We are saved, not because we work hard to do good in the world, but because He chose to save us. He took pity on our souls and gave us a way to apologize for the sins we have made. This is a beautiful blessing and gift that we will never find somewhere else. As Christians, we are instructed to stay humble and grateful for the gift of Jesus Christ and everlasting life. For He has delivered the life of the needy from the hand of evildoers. We are erased of the blame and shame that comes with our sins, and we are shielded from the evil people this world is full of. We can praise Him for such blessings! We should always be sharing His Word, singing His gospel, and spreading His love in our day to day lives. This is one of the many ways we can feel more fulfilled in life. The same was in the beginning with God. All things were made by him; and without him was not any thing made that was made. In him was life; and the life was the light of men. And the light shineth in darkness; and the darkness comprehended it not. Jesus is the ultimate life and light in the world. He is the true Son of God. Without Him, we would not be able to survive life after death, or thrive on earth. For we know we can instead rely on God, and find peace within Him. In our hearts, we know that God will never forsake us, and will help us face every obstacle with hope and perseverance. Knowing this truth makes our lives much easier, and we are free to live without the pain of sin and stress. God wants you to have faith and depend upon Him. God will show us that we can always have faith in His faultless character. He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers. So as you are confronted by difficult situations in the coming year, commit yourself to seeking Him, observing His commands, watching for His help, maintaining your focus on Him, recalling His faithfulness, and embracing His word found in bible verses. When we choose to follow His council, instead of that of society or other false prophets, we are blessed with an abundant life. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body. He teaches us in this passage that committing sexual sins will only result in unhappiness, pain and hurt. We are hurting the beautiful, sacred bodies that God has blessed us with. So focus on His will, and you will experience living at its very fullest. Lightstock 1 Peter 3: He did it for all of us, no matter what background we came from. He suffered for each and every single human on this planet. So look for the small ways He answers your prayers, the doors He opens and the ways He meets your needs step by step. By doing so we can begin to see how much He truly loves and cares for us, and identify the abundant happiness we feel in our hearts. Giving attention to how the Lord is directing you is essential to walking with Him and remaining in the center of His will. If you never

discover how to hear His voice, you will never be able to trust Him fully or grow as a result of what He is doing in your life. He is growing you like a beautiful flower in a garden. We are given an entire new outlook on life, because we suddenly have the most powerful, loving God on our side. We get taken away from the Word of God, and instead beginning worrying about the wrong things. However that is not the end we have to face as Christians. With Christ in our hearts, we are given the gift of free, eternal life in heaven with Jesus Christ. We are given a second chance at life! There is no other place we could ever get such a blessing. The old has passed away; behold, the new has come. They might try and fill it with alcohol, drugs, a new relationship, or something similar. They will never have an abundant life this way. However when someone chooses to accept Christ, they are reborn. They are given a new, clean slate to start life anew. God fills up their soul and gives them the opportunity to live a true, authentic life. No matter what dilemma you are facing, you should always first seek out God. He will bless you with His almighty wisdom, and furthermore His kingdom. He will gift you with whatever need you have. All you have to do is begin to search for Him. Are you ready to trust in Him and accept Him as your savior? Think of how great your life could be if it was filled with the riches of God. He will never leave you hanging â€” instead He will fill your needs and give you an abundant life. My soul clings to You; Your right hand upholds me. God should be the first person we turn to when we are in a bind, because He is the one that can guide us and fix the problems. His hand holds us up. If anyone hears my voice and opens the door, I will come in to him and eat with him, and he with me. God is knocking, ready to come in and spending time with you. He wants to make your life feel fulfilled and worth living. However, if we choose to ignore His call we cannot get this abundance. We are rejecting His friendship and His desire to be a part of our lives. God wanted each of us to have an opportunity to apologize for the wrongs we have committed, and instead try and follow the Christian way. When we do, we are given the beautiful blessing of a forever afterlife in heaven. Heaven is a place where there is no fear, shame, hurt, pain or sin. We can live happily here on earth knowing that God gave us this opportunity.

5: Your Abundant Life

Other mothers Abundant life Best Mother The FAMOUS Proverbs 31 HAPPY MOTHER'S DAY Holiday ideas Inspired YOUR BEST LIFE NOW. Forward A special Mother's Day salute to all the Moms who fear God in holiness and purity out there inspired by the famous passage in Proverbs.

Our Story Our Story! Abundant Life is a growing nondenominational charismatic church located in Roseville, California – a suburb community of the state capitol, Sacramento. The population of Roseville is nearing , and growing, but its proximity to other adjoining suburb communities as well as the larger Sacramento metropolitan area give the local church a potential draw population of roughly 1. This evidences itself in a continual flow of new visitors to the church. Roseville itself has been growing at an exponential rate during the last decade and shows no sign of letting up in the near future. Most of the new housing in Roseville is targeted toward successful working class people or white-collar professionals although there are a few lower income pockets sprinkled among the older sections of town. Because of its strong police presence, detailed city development plan, attractive new industry, and city beautification standards, Roseville has become one of the more desirable places to live in the Sacramento area. It has also become a very desirable place in which to plant new churches. Virtually all of the new church plants in Roseville in the last ten years have shown reasonable growth patterns. In the first part of , however, the City of Roseville not only widened the street on which the church sits but also finished a comprehensive and attractive landscaping program. This thoroughfare connects the church with the city center on one side and a nearby freeway exchange on the other. This allows easy access to the church as well as a continual flow of traffic past the church. A regional mall that was opened just down the road in the Summer of has added to that flow. Continued growth of the church, then, remains a practical certainty for the church itself and its various ministries. The present church campus houses a three story 1, seat sanctuary that was completed in May of In the Fall of , the old sanctuary received a complete state-of-the-art youth theme upgrade by a professional design team and now serves as one of the signature youth ministry venues in the greater Sacramento area. In addition to the youth sanctuary and offices, the old building also houses several offices, the church print shop, a multi-use classroom, the youth activity room, a kitchen, and a chapel. Also on the church property are a number of temporary structures that have been transmuted into offices, classrooms, and storage facilities. The church has certainly done a great deal with just a little. It was neither a church plant of an existing work nor part of an institutional church planting strategy. Hybrid graduates of both Assembly of God and Rhema training schools, they simply felt a burden for the city of Roseville and responded to what they perceived as a call of God to plant a church here. Pastor Bird also had, and still maintains, a central driving vision for his ministry and therefore the ministry of the local church – souls! Everything Abundant Life Fellowship does is oriented around bringing lost people to Christ. This focus occupies the center of the church mission statement, its program development, and the abiding consciousness of its members. The first year saw the church grow to 45 members. They rented another temporary facility on Berkeley Street and in three years grew to In the church purchased the bowling alley and renovated it for services. By running multiple services, the church had nearly constituents by the end of A year later they expanded the sanctuary seating from to by removing an interior wall. Since then, running two services, the Sunday morning attendance has grown to over people. Abundant Life Fellowship currently has over people who call our church their home. The church has demonstrated strong growth patterns since its inception. As you can see, God has greatly blessed the ministry of this local church. Many factors have accounted for the rapid growth of this local church. Certainly, at the core of responsible factors, is the vision and drive of its senior pastor, Doug Bird. He has a passion for evangelism that is communicated in every service and subsequently transmitted through every program at Abundant Life. In addition to this passion for souls, the senior pastor is extremely supportive of new ministry ideas that others present. His philosophy is simply this – “Go for it!”. Because of that openness, dozens of viable ministries have started at Abundant Life and continue to involve its members in various aspects of church life. If to this evangelistic passion and openness to ministry development we add dynamic worship services, congregational excitement, compelling

altar calls, plus genuine acceptance of anyone, regardless of circumstances, then we have a good explanation for much of the growth at Abundant Life. Other factors also account for our success. Our outreach programs are well known throughout the city. Our weekly food and clothes closet along with our homeless ministry also focus on helping those that need a hand up. Many outreaches and events make Abundant Life a fun and exciting church to be a part of. On the training side, we have a local school of ministry and various intern programs that have produced not only mature disciples and leaders for the local church, but a number of part-time and full-time ministers who are doing great things for God. Under the covering of the Abundant Life Ministerial Association, we now have over licensed and ordained ministers in the field, some in evangelistic ministries, others in pastoral roles, still others involved in church planting processes. Abundant Life has many ministries designed for all ages, children through adults. A new premiere ministry is making a big impact on our church life as well as the life of our community: Every week we send a team of dedicated volunteers into needy areas of our city to simply show the Gospel in action. Some volunteers sit and talk with the lonely, others mow a lawn, fix a fridge, or supply a bag of groceries. The Adopt-A-Block Team is always on the lookout for needs that they can meet through Christ-like acts of kindness. Love makes a difference! One final, compelling strength of Abundant Life needs to be noted here – its pastoral staff. They are all strong, competent leaders representing over years of combined ministry experience. Taken together they represent a balanced five-fold ministry team and demonstrate a remarkable solidarity. Such is the history and present position of Abundant Life. We are extremely excited as we look forward to the future. We believe that we can touch not only Roseville but also the world. What people are saying: Love these wonderful people of God! What a blessing in my life! Debra Walden We have two of the most amazing pastors in the world. We may be miles away but we hear messages every week and we are blessed to have Pastor Doug Bird and Janice Robertson Bird in our lives. John Mburu Great place, Great people. Jonas Lovejoy The people here are so loving and welcoming. There is no judging or condemnation at all here! The pastors are always encouraging me and believing in me. The power of the Holy Spirit is so strong. I am so blessed to have found my church family. Holly Danna Powerful, anointed church! Amazing teaching and worship! Neal Hollis, Program Manager.

6: Grow In Grace Seminar Â» Christian Families Today

Healthy Happy Abundant Life. likes. Practical strategies, tools and wisdom empowering women be healthier, happier and experience more freedom and.

Want to know why some people set goals, achieve a measure of success and remain unsatisfied? Do you wonder why Christians try hard to live for Christ and keep disappointing Him? If so, this seminar is for you. Would you like to better understand how to Biblically train children and grandchildren from a foundation of grace? I came to Christ at 9 and have been attending church for 64 years. Yet, no one has ever explained my righteousness in Christ like you did. God bless you for your ministry. These truths are more and more realized and enhancing my joy and fulfillment in life. I thank God and pray a blessing over this place and its staff. I benefitted greatly from the ideas for practical applications of knowing who I am in Christ and living ever day in complete fullness of my identity in Him. I would cry myself to sleep most nights. I felt God had forgotten me. The truths in this seminar were exactly what I needed to hear â€” that not only did God not leave me, but He lives inside of me and I have already been given everything I need. There is no other teaching that has come close to teaching me this freedom. This is the best Christian counseling seminar I have ever taken. I feel this seminar should be given to both secular and Christian Counseling students. It would be of great benefit to all who entered the field of counseling both Christian and non-Christian. For the first time since I gave my life to Christ, I am sincerely overjoyed and giddy with excitement about who He is, who I am in Christ and the very real way that I can experience these truths in a daily walk with Him. When it is mixed in with your bowl of life, it adds so much sustenance and flavor to your life. It is a powerful flavor, and without it, we would lack a lot of what we most enjoy. Free at last, thank God Almighty, free at last! So much great stuff! Now I need another weekend to let it all sink in. I have been a Christian now for 30 or more years now. We all have room to grow. What a blessing this seminar has been! It has changed the way I see Christ and what he wants from my life. I was very hesitant at first to come, but once I got in and started learning more about the Word of the Lord, I was very excited. It also helped me with, as a new Christian, getting in depth with the Bible and just not what is on the outside. The Grow in Grace seminar has been influential in giving me the freedom to live my life free of condemnation. By receiving the message of knowing my identity in Christ, I now experience many blessings and feel my life is complete and abundant despite some not so pleasant circumstances. Thank you for sharing this message! It was what I need when I needed it. The only thing I could say to others is do not come to this seminar if you do not plan to be changed when you leave.

7: About Us | Abundant Life Ministries

Abundant Life Mothers Day Out And Day Camp provides services for parents and a ministry of loving care to the children. It is under the general supervision of the pastor. It is operated for preschool children from six weeks through five years.

We are a Christ-exalting, holiness, Spirit-filled, disciple-making, local church of the Church of God of Prophecy. Its truths are known by the illuminative revelation of the Holy Spirit. Father, Son, and Holy Spirit. Prayer Christ made two profound statements describing prayer. These two quotes from the Lord are well-known and well-worn, but they continue to reveal the most rudimentary key to Christian life and Christian activity in this world. I have so much business I cannot get on without spending three hours daily in prayer. Gordon penned a similar quote. Bounds Harvest Christ commanded us to tell others the Good News and make disciples for the kingdom. Our efforts must include making disciples: As we obey this commandment of our Lord, we have comfort in the knowledge that Jesus is always with us. And surely I am with you always, to the very end of the age. God calls leaders to rise up and carry this out among His people. Leading is setting direction based on vision and guiding others to follow that direction. How can I make such a bold claim? Because every person who accepts Christ is called to influence others. Leadership is not just for a select few. If you are a follower of Christ, then you recognize that you are called to influence others. Jesus said it this way: Sociologists say that even introverted people will influence an average of 10 people in their lifetime. Just think about that. Just think about what one person can do if he or she is intentional about leading – as Jesus directed us to be. What kind of leadership potential has God put inside of you. I want you to see yourself as a leader. I want you to learn from the best leaders who ever lived – the men and women of the Bible. No matter how strong or weak your leadership is, I want you to improve and reach your leadership potential for the glory of God. Maxwell Strengthening, supporting and sustaining the church and community families Ephesians 5: Loving One Another – a love that compels us to be accountable to each other based on affirmation and more affirmation. As I have loved you, so you must love one another. Additionally, a Church Evangelistic Team is organized to focus on the church local community.

8: 21 Timeless Bible Verses For Abundant Living - Proverbs - Beliefnet

Abundant Life is a growing nondenominational charismatic church located in Roseville, California - a suburb community of the state capitol, Sacramento. The population of Roseville is nearing , and growing, but its proximity to other adjoining suburb communities as well as the larger Sacramento metropolitan area give the local church a.

Yes, New Life International NLI is passionate about bringing safe water to the under-privileged villages of the world. But that is not where it ends! What Is Abundant Life? In terms of economic, academic, and social status, most Christians do not come from the privileged classes. Clearly, then, abundant life does not consist of an abundance of material things. If that were the case, Jesus would have been the wealthiest of men. But just the opposite is true Matthew 8: Abundant life also means eternal life. Eternal life begins the moment we come to Christ and receive Him as Savior, and goes on throughout all eternity. The biblical definition of life “specifically eternal life” is provided by Jesus Himself: What, then, is Jesus telling us about what abundant life truly is? First, abundance is spiritual abundance, not material. In fact, God is not overly concerned with the physical circumstances of our lives. It is enough that He assures us that we need not worry about what we will eat or wear Matthew 6: Physical blessings may or may not be part of a God-centered life; neither our wealth nor our poverty is a sure indication of our standing with God. Second, eternal life, the life a Christian is truly concerned with, is not determined by duration but by a relationship with God. This is why, once we are converted and receive the gift of the Holy Spirit, we are said to have eternal life already 1 John 5: Length of life on earth is not synonymous with abundant life. One day we will see God face to face, and we will know Him completely as we will be known completely 1 Corinthians We will no longer struggle with sin and doubt. This will be the ultimately fulfilled abundant life.

9: My Abundant Life: Drinks - The Added Cost

Thus our spiritual growth or heart transformation includes all of the activities of our life-work, family life, social life, recreation, physical exercise (if we do it), and so on. Later we will see that changing our heart involves changing our thoughts, emotion, and will and thus our actions to conform to the thoughts, emotions, and will of God.

DAY 13: THE ABUNDANT LIFE GROWING HEALTHY FAMILIES pdf

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