

1: The Secret of Deliberate Creation Review - Is The Secret of Deliberate Creation a Scam or Not ?

The Secret of Deliberate Creation is designed specifically to generate the rapid life-changing results you are looking for. Trust me -- I know what's out there. You can go online right now and spend three times as much money on programs that won't contain half as much as you'll find in The Secret of Deliberate Creation.

First, this teaching changed my life more than other piece of personal development information I have ever come across. Secondly, I think there are so many misconceptions and misunderstandings that leave people really frustrated and disillusioned with the process. Worse still, this misinformation causes people to outright dismiss the concept, thinking it amounts to nothing more than wishful thinking and basically being outright delusional; and they are missing out on realizing how truly powerful we are in shaping our experience. So many people note a resonance with the teachings. A part of them that just knows there is something to this idea of energy and having a hand in shaping their reality. But then hitting a wall time and time again when it comes to applying what they learn in their every day life. And on that note, I wanted to address a few of the most common issues that can really muck up our manifesting Thinking the Tools are What Change Your Reality Many people view the law of attraction as synonymous with visualization and other tools like affirmations. And because of this misunderstanding, there is this idea that if you just do these things enough, something will have to change for you. If you just focus enough, if you say a well-crafted affirmation enough times, something has to give, and what you want will come. But these tools, while integral to the process for most of us, are just that They are a means of changing your energy, which is the determinant of what will show up for you. So only use your tools if they feel good; only use the ones that resonate with you -- that can be a very individual thing. After all, many of our desires are borne of not liking something in our life now. That contrast helps us determine what we would prefer instead. But when we are constantly lamenting our current experience, and wanting whatever it is we want so that all the crap we are dealing with now, all the unpleasant feelings we are dealing with now, will go away once and for all, we are dealing with a screwy energy. But whatever is happening now, there is always something bigger at the root, and the only thing that will truly "fix" the situation is dealing with that energy, not our chosen desire manifesting. In this space, it will come much more quickly. Suppressing Emotion in the Name of Being Positive Upon learning about the law of attraction, you may start feeling pressure to be happy all the time Sure, we do want to aim for that higher vibe as much as we can. But if we have negative emotion, we have it, and we have to deal with it. Addressing it is the best way to truly dissipate that energy, to truly work through it. Addressing it is what gives us clarity about what we are truly feeling and only then can we work on shifting it. They are just showing you something. Our feelings are nothing more than messengers. We can certainly make great headway in how often, and how intensely, we feel certain things, and how we choose to respond. But as for total annihilation? I simply mean opening yourself up to this creative energy, and working with it. I mean allowing yourself to become a match to all you want by aligning your energy and acting in a way that is beneficial to the process, not detrimental. And this means that you are going to have to have some trust, that you are going to have to be willing to do things differently to get different results, to truly see if there is anything to this way of operating. Far too often, we insist on doing things just as we always have -- trying to control and manipulate, force results through taking lots of action, etc. You are still a match to things coming together the hard and frustrating way, or not coming together at all. The energy has to come first and only then can the manifestations make their way in. If you want this amazing -- but neutral -- force to do its thing for you, you are going to have to actively decide to operate differently. But that willingness to give it a try is a must. You must ask yourself if you have really given yourself over to the process as best you can. Hope that shed some manifesting light for you. Kelli Cooper is a blogger and coach who focuses on the much misunderstood law of attraction. Check out her blog Life Made to Order for posts, podcasts, products and information about her coaching services.

2: C - Deliberate Creation - Quantum Formula | Haughton LLC.

Law of Attraction is the secret to creating a life by design. Free loa exercises, meditations & tips to boost the manifestation power of Your YOUiverse!

Money back guarantee Period of time: Please look into vendors website to see what they have to say about this product.. Official web page in Full Page! This course is a Cb service, so if you have purchased Dr. Most of the cons are designed to look very legitimate to the average consumer. More Information On Dr. Certified Dealer Of The Product: Clickbank Money Back Guarantee? Yes Official Product Site: Click Here Product Rating Dr. All of the testing and reading user reviews demonstrate that Dr. Website is definitely legit and very Recommended by reviewsbbscam. With 10 years of editorial expertise, the reviewsbbscam. We bring objectivity to evaluations through testing inside the reviewsbbscam. We promise to accomplish whatever is critical to supply you the information you need without notice it, for making our opinions fair and useful, and make sure our data is accurate. Free version of Dr. And you could safely download your special copy of Dr. Never trust a torrent, download free, rapidshare, filesonic, mediafire, megaupload, serial crack file or keygen and etc. Free serial keys and keygens include trojan and virus, they can harmly damage your pc and always waste of time. Hopefully you like you love it your Dr. Web page after getting it safely below. Counterfeit solutions are as well popular as a Dr. Here is exactly where the spare time you put into checking our Dr. In this review we examine and thus reveal everything about Dr. From how the product functions to how trouble-free it can be to use it. Obtaining that information would possibly not could be seen as it is crucial within a review, even so it truly is very important to a client. Everything for using Dr. Looking at all of the digitized nooks and crannies and scouring the net for information, I can say with absolute certainty that technique is an awesome product and not a scam in any way shape or form. You can download this product at a special discount from the backlink here.

3: Law of Attraction: 4 Ways You're Derailing Deliberate Creation | HuffPost

Deliberate Creation is the art and science of dwelling upon beauty and love and joy in order to choose the life we want to live. If our thoughts, beliefs and emotions (our predominant vibration) create our lives, then let's choose.

Robert Anthony and you are not sure if this course is the right choice for you then stay with us and read below to learn all you must know about Dr. At this Secret Of Deliberate Creation review we will provide you with all the details we personally believe you should know about this popular course, including the main things that you are going to find inside and the major pros and cons of it. Firstly, here is a short intro about the basics of the Secret of Deliberate Creation program which will help you to understand better what this course is all about. Robert Anthony, a well-known author, global trainer and master hypnotist, The Secret of Deliberate Creation can be best described as a complete course that was created to help individuals manifest their desires or goals by tapping into the unlimited powers of the Universe and through mind transformation. Unlike other programs, The Secret of Deliberate Creation is not focused on self-improvement techniques, instead the main focus of this six-hour program is to help you break down all your internal barriers which limit your beliefs and control your habits. Robert Anthony is not a big believer in the teaching that in order to manifest your desires you simply just have to set your goal, stuff your brain with positive thoughts and believe that the whole Universe will conspire to make your goal a reality. For him, these things are just a few pieces of the puzzle. A complete six-hour main course that reveals Dr. Intention Activator software program. Quick Start Program that contains five instruction cards plus an audio CD, which will walk you through the entire process of manifesting the Secret of Deliberate Creation. The Laws of Quantum Physics. How to align your conscious logic and subconscious creative mind. The crucial secret to deliberately creating the life you want. The Law of Critical Mass. How to identify what you really want. Knowing when to take action. How to stop making excuses. Now, to help you make a wise decision, here are some of the major pros and cons of Dr. With continued practice, Dr. Robert Anthony is fortunately not one of those gurus. Robert Anthony teaches really work. Economical Price We believe that the cost of The Secret of Deliberate Creation program is more than reasonable, if we consider the benefits it has to offer. However, just in case you find this program a waste of money, Dr. Robert Anthony is more than willing to give back all of your money within 60 days. Knowing Is Not Enough One of the biggest mistakes of individuals is that they just read, understand and do nothing after. If you are one of these people then the Secret of Deliberate Creation may not give you any results. The Bottom Line We believe that The Secret of Deliberate Creation is a credible and useful program and we think that it really helps that the one who created it is considered an authority in his field. With that said, The Secret of Deliberate Creation is not for everyone. Moreover, with the full two-month unconditional guarantee you have nothing to lose! This is it for our Secret of Deliberate Creation review. We sincerely hope you enjoyed reading this and we wish you a great and happy life! Rita and Alex Hey everyone and thanks for stopping by! We hope that you will find our detailed reviews to be useful for you. Feel free to get in touch if you have any question Rita and Alex Copyscape Notice We invest lots of time and efforts when creating the content on our site. As a result, all our content is protected by Copyscape and we ask other webmasters to avoid copying content from our site without getting a clear permission from us first.

4: The Secret of Deliberate Creation Review by Dr. Robert Anthony - Infinite Soul Blueprint

The Secret of deliberate creation is an awareness of your belief systems and then consciously choosing them. So take a look at your life. Review your repeated experiences, and they will reveal to you your belief systems.

The Secret of Deliberate Creation What is the secret of deliberate creation? Most people are creating events, situations, and experiences unconsciously. They are living on auto-pilot. This article will provide you with tips to help you be a deliberate creator. Life is a perfect reflection of your beliefs and actions. The Secret of Deliberate Creation Begin by taking ownership of your life exactly as it is. It is your creation. On a deep level everything is here because you agreed to have it in your life. Your parents, spouse, co-workers, abusers, supporters, etc. Nothing has happened to you by chance. Beliefs Next we need to take a look at our beliefs. Understanding beliefs is key to working with the secret of deliberate creation. They are often left out of the law of attraction teachings. Here is how it works. Your belief systems are the key to deliberate creation. They are the blueprint. Your emotions and attitudes follow and reinforce the third element, which is your behaviors. If a pickpocket meets a saint he sees only his pockets. In reality they are just a perspective you are living through. We each have the power to change our belief systems, and therefore, change our lives. The Secret of deliberate creation is an awareness of your belief systems and then consciously choosing them. So take a look at your life. Review your repeated experiences, and they will reveal to you your belief systems. Are you always broke, or just getting by financially? Do you always tend to date the same type of person? Are you happy where you live? Do you do the things you enjoy? Each of these beliefs has served you at some point in your life. Now it is time to decide if you would like to continue with them or make a change. Your experiences will reveal your beliefs. Putting those beliefs to work for you is using the secret of deliberate creation. Write down your answers to the following questions. What beliefs do you currently have about relationships? How do you view the opposite sex or same sex? What types of people are you attracted too? What qualities do you find attractive? What are your expectations from your partner? What do you bring to a relationship? How do you feel about yourself? What do you love about yourself? What do you dislike about yourself? Why do you want to be in a relationship? What turns you on in a sexual partner? How do you feel about the things that turn you on? Is it easy to find your perfect partner? This process is to gather information from yourself. The answers will start to show you beliefs you have that are creating your experience of relationships. Remember understanding your beliefs will allow you to change your life and put the secret of deliberate creation to work for you. After answering the questions you should have a clearer understanding of your point of view. This point of view has been your creation point. The Secret of Deliberate Creation Now we start to change. You can write down or speak out loud your answer to the following exercise. Conjure up in your imagination a personality that has the perfect relationships. This person has no concept of a bad relationship, they have always attracted loving people into their life. Now, what beliefs about relationships does this person have? Go back through the above questions and answer them as the other personality. When you have the list of new beliefs you are at a new point in life. Things can now start fresh if you will let them. How would they act, what would they do, how would they speak? What perspective would they have about relationships, dating, and meeting new people? Live into the new you. It can happen all at once or a little at a time, but if you allow it too, it will happen. Here is another tip. It starts from the inside out. The reality will shift, sometimes right away, but usually, not until you have fully decided to accept the new you. You are given opportunities to revert back or stay course. This will happen by being given old circumstances to express the new you. Choose your state of being and live it. Then your state of being will materialize the life you desire. Now you know the secret of deliberate creation, put this process to work in your life and start creating the life you desire. Deliberate Creation - Related Pages.

5: Products by Dr. Robert Anthony

Deliberate Creation. likes. Sharyn Atkinson is an author who accidently manifested the man of her dreams. Now she's helping others create their world.

Closely related to the Law of Allowing within the Law of Attraction, the Law of Deliberate Creation basically means that you experience whatever you think about, whether you want it or not. Another way to think about the Law of Deliberate Creation is as if you were trying to give commands to a trained dog, or a horse. You cannot tell a dog to "not sit" and expect him to know what that means, or to know what to do instead. Some mobile devices may not display this video. If that is the case for you, you can view it here: Although Deliberate Creation is not really discussed using those exact terms so much anymore by Abraham Hicks at least in this video, Abraham talks about what they mean by the term. They use the term with the assumption that people DO want to do their creating on purpose. But, Abraham also says it really should be called just the "Law of Creation" because it works the same way whether you are thinking of what you DO want, or of what you do not want. The direction of your thought is your choice. The Law of Attraction and the Law of Creation simply act upon whatever you are thinking about, and start to magnify more of that same kind of energy and experience to you. There are two parts: The manifestations of emotions, more thoughts, additional ideas, mental images, similar experiences, and, with time, physical changes to situations or objects. People were very used to creating through action alone, and making things happen, through their own sheer will and deeds. The idea that their thoughts were playing an important role, perhaps a role that was even more important than their actions was kind of scary, because it was new. Action IS an integral part of the world we live in. Abraham refers to pre-paving, setting intentions, and clarifying thoughts of what you DO want to be experiencing in advance of what you want to receive, or experience, that not as much action will be necessary to get what you want. The key is to be intentional and take action in JOY, rather than just because you have to, are forced to, because there is no other option, or to compensate for poor choices in thought or deed made previously. Before any of us were born into this physical human life experience, we all intended to do the most of our creation with our minds and thoughts, and then to enjoy the action of experiencing those creations. We humans have had it backward for quite some time now, so the goal of this website is to provide explanations and Law of Attraction tips to make the enjoyment part easier! Try thinking your desires into being first! Then, you will be guided and inspired, through the Law of Attraction, to more ideas, more fun, more interest, and led to easy steps for the perfect action to take to move you closer and closer to your desire in a quicker amount of time than ever before! Wondering about something else? Try the search bar:

6: The Science of Deliberate Creation | Free Law of Attraction Resources

Products by Dr. Anthony The Secret of Deliberate Creation. The Rapid Manifestation System That Is So Powerful That Your Ability To Manifest What You Want, When You Want and For Whatever Reason You Want Will Be 'Certified'.

The Law of Deliberate Creation by Kathleen Foster First, it should be understood that the Law of Deliberate Creation is constantly working based upon whatever you are thinking about – good or bad. So, it certainly behooves us to pay attention to our inner intuitive life coach, or our inner being, so we can garner the messages we get from our Beingness. Once we start living life through the guidance of our inner spiritual counselor then emotional healing, physical healing, stress release, pain release, and personal transformation happens. The Law of Attraction is a term which has been bantered about for the past few years. This article will focus on an aspect of the above Law; the Law of Deliberate Creation. What does deliberate creation mean? It means you get to take control of your life and create your destiny through focused attention. The Universal Laws are our friends. And, the best of the good news is that we now have the information to create successful lives rather than creating by default. This information has recently been unveiled to humans and thus the reason for the recurrence of the term the Law of Attraction. Knowingly, or unknowingly, we are creating our lives through our thoughts and emotions. This revelation allows us to connect with our inner being and listen to our inner guidance system which speaks to us through our emotions. There are two important parts in the Law of Deliberate Creation. There is the launching of the thought followed by the expectation of the thought. So, first you have the desire for the creation of what you are thinking about and then you need to allow the creation to manifest. Most of us have been taught to be logical in the way we live our lives. For some of us this means we have lost or buried our ability to dream or imagine what our hearts desires are. However, imagination and dreaming about what you want is a vital aspect in this creation process. So, allow yourself to go wild with what you want. There are no boundaries permitted! Just let yourself dream away about what you believe will bring you happiness. This exercise is just a way for you to allow yourself to reconnect with your inner being and to reopen your deepest desires for what will give you extreme happiness and inner peace. Furthermore, creation does not happen through action. If action alone were the key to the creative process then there would be no need to follow the powerful guidance of our inner intuitive counselor or to acknowledge the Laws of the Universe. To clarify this statement it is imperative to understand that action without positive anticipation through our thoughts and emotions is far less satisfying. Therefore, if one precedes the process by connecting with their inner guidance system, far less action is required and the results are far more positive in nature. To further expound upon the action step procedure it must be noted that if we follow our action without joy the outcome may result in an unhappy ending. For example, you might become physically fatigued. This type of behavior could be likened to a person running here, there, and everywhere trying different methods when one after the other previous methods fails to bring the desired results. And, if the above processes do not produce the hoped for results then it is an automatic human response to feel disappointment. Furthermore, a sense of hopelessness and failure can also come into play. Lastly, one might feel a sense of loss and unfulfilled expectations. So, in order to avoid all of the above, it is best to NOT jump into action to get the things we want without thinking, seeing, visualizing, expecting, feeling, and speaking them into existence beforehand. If you follow this process you will experience fulfillment, inner peace, well being, enlightenment, and success. Remember, emotions are our personal inner guidance system. If we have positive emotions we are on the right track. Whereas, negative emotions are a warning to us that we are off track. By just adhering to this simple tracking method you can learn to be in tune with your spiritual self at all times. And there is nothing more powerful than your own inner spiritual coach. Please keep in mind that positive emotions keep us connected to our Inner Power Source and negative emotions are of a different nature. To put it in more simple terms: Love equals connection to the power within; hate equals disconnection from our inner essence. This does not mean our inner source ever leaves us; we choose to stay connected or choose to disconnect by free will. To sum this all up: There is no need to grasp each thought. Just focus on how you feel and learn to acknowledge your emotions. For further information about Kathy Foster, D. Her

official title is Doctor of Divinity in Spiritual Counseling. She specializes in guiding people to inner healing and clearing emotional trauma through a unique and powerful healing modality. Please visit her website for more information:

7: Deliberate Creation - Home

His program, The Secret of Deliberate Creation, is advanced training on how to "live your life by design, not by default." In the world of Quantum Physics, thoughts (positive or negative).

If you are then this program is for you. The Secret of Deliberate Creation review is my in depth, straightforward, honest review of this product. So, it is wise to learn how to use it to create the best life for yourself. I was really excited when I purchased this program because I love learning about all things to do with manifesting and the Law of Attraction. I believe that everyone has something unique to teach and the different viewpoints are helpful to understand the Law of Attraction more in depth. I highly recommend this program for anyone who is interested in learning more about the Law of Attraction and developing their own personal manifesting skills. This is not a quick fix program. There are exercises that I recommend you do and not skip over. After each lesson I recommend pausing the audio and doing the exercises Dr. Robert Anthony suggests before moving forward. This will guarantee that you will do them and get the most out of the program. It is also easier to remember them if you do them right away. I recommend taking your time with this program and listening to it without distractions to really absorb the material. If you want to go through it more than once that might be a good idea to really understand and retain any information you may have missed the first time around. Welcome Letter The welcome letter basically explains what is in the course and what you can expect to get out of it. It is a quick introduction to the program. Each disk contains audio files that explain Law of Attraction and how to manifest your desires. Robert Anthony even gives you a couple practical exercises to do which will help you to see what your true desires are and why they may not have manifested yet. I highly recommend doing them as you go through the course and not at the end. Quick Start Program Audio File This is a great little program for setting your first intention to manifest the money back that you paid for the course. It basically makes the course free because you will be able to manifest the money back that you purchased this program for. Robert Anthony includes 7 awesome bonus e-books! These books are around pages for most of them. It is some really valuable content. Intention Activator Software This is software that you can put on your computer to remind you of your intentions. It works great to remind you to focus on your desires and keep a positive mindset. Quantum Physics â€” I really enjoyed the audio on quantum physics. It helped me to make more sense of the science behind the Law of Attraction. Clear Explanations â€” I really enjoyed the clear explanations that Dr. Lots of Information â€” There is quite a bit information included in this package. Most of the pdfs are over pages. You get a lot of value in this program. It is completely up to you when and how you go through the course. Of course, it all depends on where you are on your Law of Attraction journey. It is also a good reminder of the basics. Lots of Detailed Information â€” This program is for someone who is willing to sit down and really listen to it. If you are an impatient person and want instant results this program is not for you. It is for someone who is willing to listen and absorb the information and take the necessary actions outlined in the course. This program is for someone who is willing to be open minded about the Law of Attraction and willing to trust in the process. Law of Attraction always gives you what you think to be true. I highly recommend this product for anyone who wants to improve their manifesting abilities and who is seeking more knowledge. This is a great program for anyone who is struggling with manifesting their desires. I felt this course was a perfect add on to the knowledge I had about the Law of Attraction and really made it easier to understand the Law of Attraction at a more scientific level. Personally, I would pay anything to change my life for the better. If you are ready to change your life and become an awesome manifestor I highly recommend checking out this program!

8: The Law of Deliberate Creation - Law of Attraction Resource Guide

click here: www.enganchecubano.com the Secret of Deliberate Creation review: www.enganchecubano.com download here: www.enganchecubano.com What Is.

Here is the formula for being, doing, and having every thing your heart desires: Spend some time every day in connection with Source - either in meditation, prayer, or simply in Joy, or in Love. It works best for me to write out the "major" things, but if I am manifesting a parking space simply asking out loud works. Put your joyfilled thoughts on your desires. Spend a little time as often as you can imagining the joyful fulfillment of your desire. Get the feeling of it, get the essence. Go ahead and feel that way now. Go ahead and experience the feeling now. Your mind does not really know the difference between an imagined experience, a remembered experience, or your exterior experience. So experience the Joy now. This is giving Pure Positive Energy to your desires. Make it exactly what you want, add a little, take a little something away. Expect that you will receive what you have asked for. Release your desires to the Universe, to your Source, and let All That Is handle the details - the how, when, where In other words, "Let Go and Let God. Repeat whatever thoughts you have to create the belief that it is possible for you to have this desire. Write affirmations, meditate, chant. Do what you have to do to create the belief that you can be, do, and have what you want. You might feel the need to clear or release old beliefs and doubts I think it is more effective to create new beliefs. It will eventually replace the old limiting one. This formula works every time without fail. The role of self-help tools Self-help and personal development tools almost always address different parts of the above formula. There are tons of books, audio programs, courses, and self-help groups for each area. Consider the tools that remind us that there is only One Source and in that Spirit we live and move and have our being. Meditation, prayer, laughter, love Remember we can not be separate from Source - that is not possible. But we can think the thoughts of separation, and feel the sadness and fear of separation based on those thoughts. We can even believe that God is some where out there - seated on a great white throne in Heaven or hanging out at the church of our choice - but just because we have been taught this or have thought this thought until it has become a belief, that does not make it Truth. It can be your "truth" if you want. Some very effective tools help you figure out what you want, if you are having trouble with that. Underlying all of our desires is the desire to feel good. We want to feel good, to live in the Joy and Well-Being that abounds for us. We want a strong healthy body to feel good; we want fulfilling work and money flowing in to experience Well-Being and express ourselves; we want the house, the car, the jewelry, the relationship because we hope it will feel good. None of these is gospel. They are just useful tools. To me, the most useful tools are those that help us accept our desires, our good. I think that this is the sticking point for most of us. We can come to appreciate our connection with Source. We can become conscious of our desires and even spend time visualizing them, asking for them, daydreaming about them. But until we can accept our good, we will bring up resistance, we will shut the door and lock it when the delivery comes, or worse we will not recognize our desires when they arrive. Remember our connection with Source, ask, and receive. Three simple steps, as easy as breathing. Ask and it is Given: Learn More or buy the book at Amazon. This leading-edge book by Esther and Jerry Hicks, who present the teachings of Abraham, is about having a deliberate intent for whatever you want in life, while at the same time balancing your energy along the way. Nothing wrong with that. Take what you can use from what I share with you, leave the rest.

9: The Secret of Deliberate Creation

Deliberate Creation Please be advised - Course development is still in process. Lessons are subject to be adjusted - moved - renamed & or deleted based on the relevancy of the nature of instruction.

The Korean War began in June, The degree to which such individuals were used in actual operations is still classified. These interrogations were in part designed to detect mind-controlled agents of other Agencies and governments. They arrive back in the U. His target is a candidate for President of the United States. His handlers at home control him with a hypnotically implanted trigger, a particular playing card. I arrived in Hong Kong in late January, Just a few months before, I had taken part in the psychiatric evaluation of repatriated American prisoners of war during the exchange operations in Korea known as Big Switch: I had then accompanied a group of these men on the troopship back to the United States. According to my definition, the Manchurian Candidate is an experimentally created dissociative identity disorder that meets the following four criteria: The details of the Programs were kept secret even from other personnel within the CIA. Such breaches in the chain of command are an inherent structural risk of the compartmented nature of intelligence agencies. For security reasons, CIA operations including internal counter-intelligence investigations are routinely kept secret from other divisions of the CIA. Although effective intelligence work could not be carried out without compartmentation, the structure makes it easier for CIA officers in charge of mind control to contract with unethical doctors. It was created by the Director of the CIA in and ran until Informants were recruited from student and dissident groups, and were instructed to infiltrate such groups in the United States. The absence of any regular review of these activities prevented timely correction of such missteps as did occur: In other instances, senior administrators within the CIA participated in plausible denial and other disinformation and cover-up strategies concerning CIA operations run on U. In , the CIA began to survey mail between the U. In it began to open and read mail Rockefeller, In the final year of the operation, out of 4,, pieces of mail between the U. Smaller mail intercept operations were run in San Francisco from to , in Hawaii from to , and in New Orleans in Under the most unfavorable circumstances, including the support of charges with interior items from the project it might become necessary, after the matter has cooled off during an extended period of investigation, to find a scapegoat to blame for unauthorized tampering with the mails. A great deal of text has been whited out, and other documents must still be entirely classified. It was conducted under medical cover of a routine physical and psychological assessment. At the safe house he was given a conventional interrogation and then some whiskey. This was followed by two grams of phenobarbital, which put him to sleep. The next day a lie detector test was given, and the Subject was given intravenous chemicals. The procedure was repeated, this time taking 40 to 45 minutes. The procedure was repeated again with interrogation added. The Subject was told that part of what he remembered was actually a dream. He wrote page The Chinese masses were right in coining the phrases brain-washing and brain-changing. There is a difference between the two. Brain-washing is indoctrination, a comparatively simple procedure, but brain-changing is immeasurably more sinister and complicated. Hypnotism and drugs and cunning pressures that plague the body and do not necessarily require marked physical violence are required for a brain-changing. But in time she will use the brain-changing system too. A triple agent is someone who pretends to be a defector or double agent but is actually working for his original, native country. Nosenko was born in Nikolayev, Ukraine in On June 5, Nosenko made secret contact with a U. State Department official in Geneva, a meeting which resulted in his being recruited by the CIA as a mole. Nosenko provided a rich fund of intelligence information to the CIA until he defected in February, Angleton thought that Nosenko had been feeding the CIA a little bit of real information in order to cover up the fact that he was a triple agent. Nosenko was strip-searched, given a lie detector test and then placed in solitary confinement in a 10 foot by 10 foot cell in a safe house in Washington for sixteen months. One of his interrogators was Dr. He was subjected to sleep and food deprivation and there was neither heat nor air conditioning in his cell. He was monitored by closed-circuit television 24 hours a day. Gittinger claimed he did not do so. Nosenko, however, described being drugged on a number of occasions at Camp Peary. Due to administrative changes inside the CIA,

Nosenko was released from confinement in and later became a U. Whoever the Nosenko interrogators were, and whatever cryptonym they worked under, it is clear that physicians and mind control specialists were directly involved. It is also clear that the actions of these physicians were unethical and inhumane. If such an interrogation was conducted by physicians in a third world country it would be decried as a human rights violation and a political abuse of psychiatry. We have been lax as a medical profession in applying the same standards at home. Hypnotism appears to have been used in some cases by the Soviets. It has the possibilities of a lowering resistance against telling the truth and b inducing specific action or behavior in the subject. In certain cases it would be possible for a skilled Russian operator to bring about condition a yet leave the subject with no specific recollection of having been interrogated. Under condition b it would be possible to brief an American, other prisoner or person, subsequently dispatch him on a mission, and successfully debrief him upon return home without his recollection of the briefing or debriefing. This proposed investigation appears to be more essential when documentary evidence leads to the belief that Russia has been conducting medical research on the subject, has actually used various techniques, and has made provision for large scale production of uncommon special drugs for their speech-producing effects on prisoners of war. Evidence of subconscious isolation, amnesia, and destruction of mental function have been noted in some of the victims of Soviet methods. ARTICHOKE operations involved detailed, systematic creation of specific amnesia barriers, new identities and hypnotically implanted codes and triggers. In all of these cases, these subjects have clearly demonstrated that they can pass from a fully awake state to a deep H controlled state via the telephone, via some very subtle signal that cannot be detected by other persons in the room and without the other individual being able to note the change. It has been clearly shown that physically individuals can be induced into H by telephone, by receiving written matter, or by the use of code, signal, or words and that control of those hypnotized can be passed from one individual to another without great difficulty. It has also been shown by experimentation with these girls that they can act as unwilling couriers for information purposes and that they can be conditioned to a point where they believe a change in identity on their part even on the polygraph. She defended it hotly, denying her true name and rationalizing with conviction the possession of identity cards made out to her real self. Later, having had the false identity erased by suggestion, she was asked if she had ever heard of the name she had been defending as her own five minutes before. As well, deconditioning of subjects is addressed. Jones learns to respond to stimuli intended for a Smith, as though he were that Smith. Such trainings are integrated on all levels, conscious and subconscious. Hypnosis can assist in establishing the desired conditioned responses. It can be interfered with, or abolished, by new training in another direction, or back to the earlier state. Deconditioning can probably be expedited by hypnotizing procedures. Still problematic is the use of drugs for deconditioning. Chlorpromazine ought theoretically to have some value, and some deconditioning effect has been produced in laboratory animals. However, hospitalized patients taking daily doses of this drug seem to have been deconditioned only selectively; against certain psychotic behavior. It may be that this property is exactly what we are looking for; perhaps it could decondition an enemy agent out of his simulated personality and back to his real one. It is evident from this passage that the CIA was seeking to improve its techniques for detecting and successfully penetrating the amnesia barriers of enemy Manchurian Candidates over five years before the book *The Manchurian Candidate* 66 was written. On Friday, 25 January, the writer was called to the office [whited out] for the purpose of a conference with one [whited out] concerning the instant case. Since our people were unable to dispose of [whited out] they flew him to [whited out] where, through arrangement, he was placed in a [whited out] as a psychopathic patient. However, because of his confinement in [whited out] prison and his stay in [whited out] hospital, [whited out] has become very hostile toward the [whited out] and our intelligence operations in particular. At this time, it was also to be determined whether the disposal of [whited out] could in fact be laid on. This particular operation was mentioned in general terms to the writer by [whited out] approximately thirty days ago on an informal basis but no significant details were given at this time. While the technique that [whited out] are considering for use in this case is not known to the writer, the writer believes the approach will be made through the standard narco-hypnosis technique. Re-conditioning and re-orienting an individual in such a matter, in the opinion of the writer, cannot be accomplished easily and will require a great deal of time and the

fact that an interpreter is necessary in the case complicates it considerably more. It is also believed that with our present knowledge, we would have no absolute guarantee that the subject in this case would maintain a positive friendly attitude toward us even though there is apparently a successful response to the treatment. The writer did not suggest to [whited out] that perhaps a total amnesia could be created by a series of electric shocks, but merely indicated that amnesias under drug treatments were not certain. Miss [whited out] was then instructed having previously expressed a fear of firearms in any fashion that she would use every method at her disposal to awaken Miss [whited out] now in a deep hypnotic sleep and failing in this, she would pick up a pistol nearby and fire it at Miss [whited out]. Miss [whited out] carried out these suggestions to the letter including firing the unloaded pneumatic pistol gun at [whited out] and then proceeding to fall into a deep sleep. After proper suggestions were made, both were awakened and expressed complete amnesia for the entire sequence. Miss [whited out] was again handed the gun, which she refused in an awakened state to pick up or accept from the operator. She expressed absolute denial that the foregoing sequence had happened. During the course of the conversation, this individual would mention a code word to [whited out]. When she heard this code word she would pass into a SI trance state, but would not close her eyes and remain perfectly normal and continue the telephone conversation. She was told that thereafter upon conclusion of the telephone conversation, she would then carry out the following instructions: She was informed that this timing device was an incendiary bomb and was then instructed how to attach and set the device. After [whited out] had indicated that she had learned how to set and attach the device, she was told to return to a sleep state and further instructed that upon concluding of the aforementioned conversation, she would take the timing device which was in a briefcase and proceed to the ladies room. In the ladies room. After identifying herself, [whited out] was then to show this individual how to attach and set the timing device and further instructions would be given the individual by [whited out] that the timing device was to be carried in the briefcase to [whited out] room, placed in the nearest empty electric-light plug and concealed in the bottom, left-hand drawer of [whited out] desk, with the device set for 82 seconds and turned on. As well as being potential couriers and infiltration agents, the subjects could function in effect as hypnotically controlled cameras.

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