

## 1: Helping Couples Get Past the Affair: A Clinician's Guide

*This treatment guide stands alone or can be used in conjunction with the authors' excellent self-help book for couples, Getting Past the Affair. Integrating cognitive-behavioral, systems, and insight-oriented theoretical models, the approach is highly relevant for a wide range of therapists.*

I have already begun using this therapy model in my private practice and teaching it to my clinical psychology graduate students, with wonderful results. It is down to earth, acknowledging the difficulties that can be experienced in this area of work, and the helplessness that the therapist can feel. The book provides guidance for therapists as they support clients in what is often a long and difficult process towards resolution of their issues. Any therapist can feel supported and real when working with this book: This is a book that really looks at the work that is needed from an honest and realistic point of view and provides sensible suggestions for moving therapy forward. It will be a valuable addition to the bookshelf. Baucom, Snyder, and Gordon are an incredibly strong team of clinician-researchers, and this book distills their collective experience into a very useful guide. As the authors point out, the discovery of infidelity is often traumatic, and managing the effects of this trauma is critical to providing effective assistance. Couple therapists of all persuasions will want this practical volume on their shelves. We have long known that traditional couple therapy models are not applicable to treating couples who experience infidelity. This is a delicate balance, and the authors manage it brilliantly. It is comprehensive and full of clinical examples. Clinicians everywhere will find this book invaluable. Johnson, EdD, School of Psychology, University of Ottawa, Ontario, Canada "This is a major contribution to the literature on treatment of infidelity and a book that all couple therapists should read. Infidelity is one of the most challenging presenting problems for even the most seasoned clinician. Integrating cognitive-behavioral, systems, and insight-oriented theoretical models, the approach is highly relevant for a wide range of therapists. In addition, the extensive session vignettes, chapter summaries, and clear writing make this a great resource for graduate courses in couple therapy. Epstein, PhD, Department of Family Science, University of Maryland, College Park "What I love about this book is how close it stays to the ground in offering therapists a series of practical steps for working with couples traumatized by an affair. I know it will be an invaluable addition to my practice toolkit. Singer, PhD, Department of Psychology, Connecticut College "Baucom, Snyder, and Gordon have established themselves as leaders in the field of infidelity research and treatment. Based on sound theory and accumulating evidence, this book is a clear-headed, compassionate guide for working with the volatile emotional issue of infidelity. There is a great deal within this text that is useful for any kind of work with couples.

### 2: Ebook Helping Couples Get Past the Affair: A Clinician's Guide Full Online - Video Dailymotion

*Helping Couples Get Past the Affair: A Clinician's Guide* by Donald H. Baucom PhD, Douglas K. Snyder PhD, Kristina Coop Gordon PhD From leading marital therapists and researchers, this unique book presents a three-stage therapy approach for clinicians working with couples struggling in the aftermath of infidelity.

Psychotherapy Table of contents I. Preparing for Treatment 1. Conceptualizing an Integrative Treatment for Affair Couples 2. Initial Assessment and Formulation 3. Creating a Therapeutic Environment II. Stage 1 of Treatment 4. Stage 2 of Treatment 7. Preparing the Couple to Examine Contributing Factors 8. Examining Relationship Factors 9. Examining Outside Factors Examining Individual Partner Factors Tying It All Together: Stage 3 of Treatment Concluding Comments show more Review quote "It is wonderful to have a practical book addressing the dark shadow in many couple relationships. Baucom, Snyder, and Gordon are an incredibly strong team of clinician-researchers, and this book distills their collective experience into a very useful guide. As the authors point out, the discovery of infidelity is often traumatic, and managing the effects of this trauma is critical to providing effective assistance. Couple therapists of all persuasions will want this practical volume on their shelves. We have long known that traditional couple therapy models are not applicable to treating couples who experience infidelity. This is a delicate balance, and the authors manage it brilliantly. I have already begun using this therapy model in my private practice and teaching it to my clinical psychology graduate students, with wonderful results. It is comprehensive and full of clinical examples. Clinicians everywhere will find this book invaluable. Johnson, EdD, School of Psychology, University of Ottawa, Ontario, Canada "This is a major contribution to the literature on treatment of infidelity and a book that all couple therapists should read. Infidelity is one of the most challenging presenting problems for even the most seasoned clinician. Integrating cognitive-behavioral, systems, and insight-oriented theoretical models, the approach is highly relevant for a wide range of therapists. In addition, the extensive session vignettes, chapter summaries, and clear writing make this a great resource for graduate courses in couple therapy. Epstein, PhD, Department of Family Science, University of Maryland, College Park" What I love about this book is how close it stays to the ground in offering therapists a series of practical steps for working with couples traumatized by an affair. I know it will be an invaluable addition to my practice toolkit. Singer, PhD, Department of Psychology, Connecticut College "Baucom, Snyder, and Gordon have established themselves as leaders in the field of infidelity research and treatment. Based on sound theory and accumulating evidence, this book is a clear-headed, compassionate guide for working with the volatile emotional issue of infidelity. His research focuses on couples and marriage. Through his approximately publications, Dr. Baucom has helped to shape an understanding of the role of cognitions in intimate relationships, which has contributed to the development of cognitive-behavioral couple therapy. An award-winning researcher, teacher, speaker, and mentor, he maintains an active clinical practice working with couples and individuals around relationship difficulties. Nationally recognized for his research on marital assessment and for his outcome research on marital therapy, he is the author of the widely used Marital Satisfaction Inventory. In addition to his research and teaching, he maintains a clinical practice emphasizing couple therapy. She has served as Vice-President for Science of Division 43 Family Psychology of the American Psychological Association and is currently chair of its task force on empirically validated couple and family therapies. Gordon has authored numerous articles and book chapters on forgiveness, couple therapy, and dyadic processes, and maintains a clinical practice specializing in couple therapy.

## 3: Pdf Helping Couples Get Past The Affair A Clinicians Guide

*This book is intended for clinicians who work with couples who have experienced infidelity and is presented as a "road map to guide the clinician through this difficult terrain". It is by the same authors as a self-help book published in for couples to use themselves in addressing an affair.*

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#### 4: Helping Couples Get Past the Affair (ebook) by Donald H. Baucom |

*Helping Couples Get Past the Affair: A Clinician's Guide* by Kristina Coop Gordon, Douglas K. Snyder and Donald H. Baucom (, Paperback) Be the first to write a review About this product.

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