

1: Heritage Assessment | Usa Online Essays

Heritage assessment tools helps both the patient and the health care provider by opening a pathway for an effective communication of ones values, beliefs, in regards to health, illness, family support as well as spiritual values.

Evaluation of different Cultures and Individual views of Health. Grand Canyon University Shanique Russell RN November 1st Introduction In health care the main focus is on the patient and how to get that individual back to a state that he and his family can help to achieve a positive outcome. Therefore the provision of health care is specific to the needs of individual patients as no two people are alike. Even though people come from many different cultures and backgrounds and they coexist with many other people from various cultures, many have kept their firmly embedded cultural practices, customs and beliefs. Health care providers have to be proficient in these various populations as patients are from so many diverse cultural backgrounds. During the heritage assessment three different families were assessed and were questioned on various aspects of culture and beliefs. This paper focuses on the interviews of these three cultures, the authors own, Bahamian, African America and Jamaican. Emphasis is placed upon importance of assessment tools and different health traditions held by these cultures. Heritage is defined as something one inherits from birth such as personal characteristics, status and possessions, as well as anything handed down by tradition Mosby, This is a reliable tool, which can be used to assess, health maintenance, protection and restoration of individual cultural beliefs. The heritage assessment tool can be of great help in healthcare as it helps healthcare professionals evaluate physical, mental and spiritual beliefs, which can help, determine traditional health methods in the arena of health maintenance, health protection and health restoration. The Bahamian culture is one of strong African influence especially in foods, dance, music and religion. As a Bahamian the author learned at a very young age the value of going to church and how to pray. As a child growing up in the Bahamas Sunday is known as the day of worship as many are Baptist or church of God worshippers or Christians. Faith is not hard as one is taught to rely on God and believe that he is the main source of health and strength. Bahamians are family oriented and it is very common for families to gather after church to have one big meal and reminisce about the past. Many foods especially native foods contain fruits and vegetables. Conch is one of the main ingredients in several dishes including salads and stews. Talking about illnesses is not too hard, as someone always know about a bush medicine that is useful to cure ones ailment. Ceracee and aloes are common remedies for the cold and flu as are many other remedies, which are commonly practiced by many relatives. Help is often sought out when these common remedies do not work. A diet consisting mostly of fruits, vegetables, grains and seafood is followed. Both husband and wife do annual physicals as well as vaccinations. In the African American culture similar beliefs are in God as many are of Baptist and church of God worship and like Bahamians they rely heavily on prayer. Most African Americans are not as close with their distant family members and are private about their illnesses but will share with immediate family members about their health. They often do not seek medical attention unless something happens that they themselves cannot handle. The Bennetts say they exercise when they can and only go to the hospital if it is necessary. They do have health insurances and get vaccines such as the flu vaccines yearly. Some of the foods that they make are handed down from various family members and they treasure recipes. As Bahamians many African Americans and Jamaicans have descendants from Africa and make traditional foods with these portions of meats as well. Jamaicans are known for their fine cuisine, as well as music. The largest religion in Jamaica is the Christian faith and Anglican, Baptist and Church Of God churches can be found throughout the country. The Rastafarian movement is a product of the larger Christian culture but its origins were influenced by African beliefs. Jamaicans love to eat from the earth and eat a lot of yams, potatoes and ackee. Jamaicans like Bahamians believe in the use of bush medicines, as the belief is there is a bush medicine for all illnesses. Jamaicans also hold very close family ties and are close with their immediate families and if they are ill would seek council from family. Their strong belief in God has also strengthened their faith and influenced their prayer lives. The Witters go to church on Sundays as well and they also exercise at least 3 times per week. They do not indulge in fast foods and are very health conscious. They often seek help when common remedies

do not work for their illnesses. Traditions held by Bahamians, Jamaicans and African Americans are from the older family members from generation to generation and by the oldest family member which is usually a grandmother or grandaunt. These three cultures believe in a divine power and it is seen by prayer and going to church to worship. Health maintenance is defined as a systematic program or procedure planned to prevent illness, maintain maximum function and promote health Mosby, Health promotion is how one manages his health by preventing and promoting good health. Health promotion is central to healthcare and to nursing care at all levels including primary, secondary and tertiary and it is important in prevention of illness progression. Health restoration is restoring an individual to a functioning level of health where they are able to carry out activities of daily living independently. It is also how an individual approaches and treats the illness once they are diagnosed. Health protection deals with how one maintains and protects their health on a daily basis Spector, Nurses come in contact with these diverse cultures on a daily basis and have to act as advocates, educators and promoters of health. The heritage assessment tool provides information that is needed by nurses to help them understand where individuals come from. People approach health maintenance, health restoration and health promotion differently based on heritage and culture. As nurses in order to give the best care we must base that care on peoples culture as this shows them that we care about who they are and where they come from. Accessed November 2nd Health promotion throughout the lifespan.

2: Heritage Assessment Essay – Free Papers and Essays Examples

Heritage Assessment. Heritage Assessment Culture is a pattern of behavior and values shared by an ethnic group. Cultural heritage is a set of traditions within the culture that is hand down from the older generation to the younger generation within the family.

Culture And Health Traditions Introduction Health care provision has to be specific to the needs of every patient. Considerations should also be made on patients traditional and cultural values. Individuals from different cultures have mingled within societies. However, most have retained their deep rooted cultural practices, customs and believes. Health care providers have to be competent in the diverse cultural background they will encounter. Competency fosters delivery of quality service to patients and leads to positive clinical outcomes. This paper shall review three cultures: Chinese, African American and Indian. Focus will be on the importance of assessment tools and the different health traditions that these cultures hold. The modern world has seen people from different cultures and different parts of the world interact in their daily lives. The increased interactions amongst people means that cultures are no longer confide to specific geographical; boundaries. People have retained their traditional norms and practices and still adopted the modern lifestyle that steps off the traditional norm Spector, A heritage assessment tool is used by individuals such as those in health care profession to understand the cultural beliefs and lifestyle of a client. Use of Heritage Assessment Heritage assessment is most useful in health care and health assessment. Health care providers will have a better understanding of the culture of their patients. With adequate knowledge they will strive to offer medical care that is satisfactory to patients as well as the health provider. This will be done with consideration of the health practices and the lifestyle that the patient upholds. Satisfactory health care provision subsequently leads to positive results in health care delivery. Heritage assessment is also important as it guarantees that the care givers have an adequate understanding of the cultural background of his or her patients. With adequate knowledge, the health care provider will know how best to balance medical practice while at the same time balance the traditions that the patients holds Spector, This will ensure that there is a mutual understanding and balance between the modern and traditional cultures. Health care providers will respect the values and traditions of their patients taking into considerations those preferences and the needs of the patients. It is only by showing respect for the diverse cultures, which they serve that health care providers will manage to adequately offer their assistance to communities that hold their values, beliefs and traditions close. Heritage assessment also guarantees that health care providers have cultural and linguistic competence in their line of duty. Health care providers interact with patients from diverse cultural background. Indian Culture I am Indian by descent. Just like any other culture the Indian culture had its own customs beliefs and practices. This beliefs and practices affect their lifestyles and interaction with the modern culture. One unique aspect of the Indian culture is their relation with guests. The Indians treat with high regards any guests that they host. They also hold close their economic status with preference for the wealthy status compared to the low and middle economic status. Religion is also highly held in the Indian culture. The events and occurrence that one faces are guided by the deities in the Indian culture. A health person has his body, soul and mind in balance Gupta, On the medical line, Indians balance modern and traditional medicine for their well being and health. Families however have a strong preference for herbal medicines. They will thus turn to traditional treatment and only use modern medicine as the final resort. Traditional Indian medicines that are still used include: Ayurveda, homeopathy and Acupuncture. To restore health, the Indians believe that the actual healing of a patient occurs not only through curing of the disease. The patient has to recovers a whole. Indians who have embraced modern medicine prefer to be checked and handled by health professionals of the same sex. The presence of a relative when another is undergoing medical examination is common in the Indian culture as it encourages communication and interactions Gupta, Maintaining health among Indians is a family effort. Indians prefer to identify themselves in groups rather than individuals. Families are thus involved in the treatment and overall well being of their relatives. It is the entire family that participates in making medical decisions for their kin. African American Culture Just like the Indian culture the African American culture greatly influences the

health and lifestyle of the African American. Their dietary habit influences their health significantly. Most African Americans are accustomed to consuming fast foods that are unhealthy. This has increased the rates of obesity among the African Americans as well as increased occurrence of chronic diseases such as heart diseases and Type II diabetes. Unlike in the Indian culture, maintenance of good health is mainly driven by religious factions in the African American culture. Most African Americans are deeply religious. Most abide by Christian denominations. To reach out to these communities, health care providers have joined efforts with religious groups and churches to help the African American community to maintain good health. African Americans are thus slowly embracing modern health care through their churches and religious factions. White, This is similar to the Indian culture. Use of herbs for preventive and curative services and use of magical cures is still practiced among traditional adherents. Most African Americans prefer to self care and treat themselves rather than seek modern medical care. The African Americans had little trust on modern medicine. Chinese culture To-date, many Chinese people believe in Chinese traditional medicine. This mainly because the traditional Chinese medicine was seen to be in compliance with the overall Chinese values, customs and spirituality. Examples of the traditional systems include acupuncture, cupping, use of herbs and meditation. Just like the Indian culture, the Chinese culture emphasizes on recovery of patients as a whole TCM, Treatment and recovery does not only imply recovery from an illness, but it also refers to acquiring total body balance. For one to remain healthy the two must balance. Imbalances therefore cause illnesses and poor health. Health maintenance in Chinese culture thus requires that the individuals stay clear of environmental factors that heighten the risk of disease. To restore balance and health an individual will for instance focus on taking cooling herbal tea if he has an excess of hot. The Chinese people also rely on religion for cure. Religion amongst the Chinese is sort when an individual is believed to have fallen ill due to supernatural forces of due to witchcraft. Conclusion Culture and traditional beliefs still play an important role in health care and medical interventions among different cultures. Regardless of the interaction and movement of people of different cultures, communities have still held on to some of their cultural practices. It is crucial nurses and clinicians to be culturally competent. The health care providers must be knowledgeable on how to handle the patients and his or her family. The health care provider should also put into consideration the traditional health care practices that patients and his family are adhering to. Dangerous practices such as hiding mentally challenged family members should be abhorred. Other traditional practices such as meditation and massage to relive stress can be encouraged. Traditional and modern medicine can work together if health care providers are culturally competent and understand the different cultures they serve. Impact of culture on healthcare seeking behavior of Asian Indians. Journal of cultural diversity. Cultural diversity in health and illness. Learning more about Chinese culture. Retrieved from White, L. Cengage Learning Last modified on Thursday, 04 April

3: Heritage Assessment | Essay Example

Heritage Assessment Tool. Heritage is defined as the extent to which and individual's culture is reflected in his/her way of life. The modern world has seen people from different cultures and different parts of the world interact in their daily lives.

Through her work on the Culture Care Diversity and Universality Theory, she developed the Sunrise Model which has been implemented for over 30 years by nurses worldwide for use with various cultural groups [14]. Cultural assessment models and tools are merely vehicles that enable nurses to deliver effective transcultural nursing care. However, in recent decades nursing scholars and scientists have extensively critiqued the concept of transcultural nursing. Culley [15] argues that cultural difference, with a large focus on communication difficulties, has been conceptualized in nursing discourse using a culturalist framework thus tending to ignore some aspects of the issues of race, ethnicity and health. There is a need to recognize "the very complex ways in which race, socio-economic status, gender and age may intersect. She further recommends that nursing education stress the diversity within all ethnic communities. The term cultural competence may be used to describe the capacity of both individual practitioners and health care provision organizations to effectively meet the needs of patients from diverse social, cultural and linguistic backgrounds [18].

EXTTR Cultural competence is informed by a thorough and in-depth understanding of the factors that configure and shape health experiences of diverse ethno-cultural groups and consequentially demands more than a focus on culture, such that: Cultural competence also includes aspects such as good knowledge of communities, strong leadership, innovative and flexible environments and continuous good training and support [18]. A number of different definitions of cultural competence have been offered and several different models have been suggested, in attempts to identify the key components of culturally competent care and ways in which practitioners and organisations can enhance their performance in this area [19].

Salway et al [[18] p. There is evidence that achieving high-quality care and positive health outcomes is heavily dependent on effective communication between patients and care givers [20]. Communicating effectively and appropriately across language, religious or cultural difference can be challenging with many possibilities for misunderstanding, perceived offence and disempowerment. Inter-cultural communication competence has therefore been identified as an important element in cultural competence [20]. Achieving such communication competence requires more than speaking the same language, or making provision for interpretation. At the organisational level, inter-cultural communication competence must be supported by adequate resources, appropriate staff training including working with interpreters , and detailed understanding of the linguistic needs of the target populations. Despite this, it is not clearly evident if or how these have been evaluated for their use in clinical environments and if they strive to acknowledge a more multiculturalist view recognizing diversity within all ethnic communities. Furthermore, the complexity of some models may limit their pragmatic use in the care environment. No validation data in respect of the tools is reported in this paper and there is no critical quality appraisal of the papers reviewed.

Design We conducted an integrative review, which is a distinct genre of review aiming to create new knowledge and perspectives of a given phenomena [7]. Beyea and Nicholl [21] define an integrative review as that which "summarizes past research and draws overall conclusions from the body of literature on a particular topic. The body of literature comprises all studies that address related or identical hypotheses" p. The review was not a systematic review per se, providing statements of evidence, but to ensure rigor and robustness in our procedures and protocols we drew on established systematic review guidelines, such as the review principles established by the Centre for Reviews and Dissemination Report No 4 [22]. A wide variety of sources were searched including key electronic bibliographic databases covering research in biomedical fields, nursing and allied health, and culture e. The following search terms were identified and exploded:

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The heritage assessment is useful because it is an important step in building cultural competency through interviewing the patient and determining the things the patient value and respect most in life (Sankaran,).

Get Full Essay Get access to this section to get all help you need with your essay and educational issues. Using this tool allows healthcare providers to deliver high quality patient care as well as develop a therapeutic relationship and healing approach. Being able to deliver high quality care to patients and families is of utmost importance for nurses. In order to be most efficient in the delivery the nurse has to be culturally competent. Being culturally competent encompasses more than just asking where a patient was born. This paper discusses the usefulness of using the HAT when evaluating three culturally diverse families. The Italian Americans, Spanish Americans, and Filipino Americans will be compared to identify the differences in health protection, health maintenance, health restoration, common health traditions and practices. The first family that was interviewed was an Italian American family from New York. The paternal grandparents and the maternal grandfather were all born and raised in upstate New York. The maternal grandmother was born in Tampa, Florida. This portion of the family is third generation immigrants. Being third generation immigrants they have adapted some American traditions but mainly still follow traditional Italian customs. The traditional Italian family is father-headed, but mother centered Pozetta, Food at holidays and celebrations is very traditional with mainly Italian meats, cheeses, and pastas eaten. Wine is also consumed during holiday meals. Most of the meals are eaten at home and are cooked from scratch. There is family still in Italy and it is very important to this family to remain in close contact with these people. They keep in close contact by email, phone calls, and video chatting. This family makes a yearly trip in August to Italy to sight see and spend time with extended family members. The second family was a Peruvian American family. Both maternal and paternal parents and grandparents were born in Peru. There are five children in the home, 3 boys and 2 girls. The person completing the interview came to America when she was Her mother and father were 58 and 64, respectively, when they came to America. Growing up she lived with her parents and siblings but has maintained close contact with all immediate and extended members of the family. Growing up she lived in a neighborhood with people with the same ethnic and religious background. For family get celebrations and holidays traditional Peruvian food is usually served. There is also a lot of music and dancing during these celebrations no matter how big or how small the gathering. The third family that was interviewed was an Asian-American family that immigrated to America from the Philippines. This is a first generation immigration family. Both the mother and father immigrated to America around the age of thirty. This family is very traditional in their beliefs and customs. Although they live in America they still maintain a diet that is very similar to the traditional Filipino diet. The mother works full time but is also the home maker. She cooks all meals from scratch using fresh, not processed, ingredients and also is responsible for the upkeep of the house. The Filipinos are a very close knit family. This family belongs to the Catholic Church and the attend services weekly. There are many common health traditions among these three cultures. In all three of these groups family is the center of the household. These people are all still very close with immediate and extended family and see them for gatherings regularly. For all three families interviewed, home remedies are a first line of defense for illness. The Italian American family believes that drinking hot tea with lemon will help cure some ailments. The Filipino and Spanish American families believe that eating spicy foods or having a spicy beverage will fix any sickness or disease. Health promotion throughout the life span 8th ed.

5: Heritage Assessment Tool | Researchomatic

Assessing the Values of Cultural Heritage Research Report tion of the processes of consultation and assessment of heritage values is not likely to be a threat to.

Get Full Essay Get access to this section to get all help you need with your essay and educational issues. Cultural heritage is the endowment of tangible artifacts and intangible characteristic of a group or society inherited from past generations, preserved in the present and bestowed for the benefit of future generation. Due to the growth of cultural diversity in the United States today, the population of the United States is blooming distinctly. It is important that health care providers have knowledge of the cultural differences and embrace this cultures of others for adequate care that will address the needs of the client in a holistic manner to be achieved. There are differences in belief of clients about health management and care therefore health care workers and providers needs to be familiar with these differences and the view of individual patient about disease. Culture also impacts how people solicits for health care and how they act toward health care providers. Heritage assessment is an important tool used in establishing and analyzing the health care needs of an individual. This paper will focus on health maintenance, health protection and restoration decisions between three culturally different families, Nigerian American, Trinidadian American of India origin and Hispanic American. Nigeria was colonized by Britain in and later became British protectorate in , they gained independence in Nigeria has three main spoken languages which are Igbos, Hausa and Yoruba and some parts speaks Effik. I was born, raised and lived in Igbo land in the eastern part of Nigeria. My grandparents on both side was born and lived in Nigeria all their lives until their demise. My father was a famer who reared goats, chicken, planted vegetables and yams. My mother was a seamstress who runs a local seamstress and cooking school were other women came to learn how to sew and cook. Nigerians practice many different religions but the eastern part of the country is more of Christians, the North is Muslim and west is a mixture of Christians and Muslim. My parent believes in Jesus Christ and the Christian faith we went to church every Sunday and attain other church activities on the week days like Bible studies and prayer meetings. Health Maintenance is a standardized process, procedure programed to prevent illness, support maximum purpose and advances health, it encompasses all health care frameworks, precautionary, sporadic, acute, chronic and disastrous. In order for my family to maintain health we were encouraged by my parents to eat a balanced diet of fish, meat, eggs vegetables and yams. My mother cooks all the foods that we eat. My parent believe in the whole family sitting together during meals. We stayed activate by climbing up and down the hills to fetch water from the stream, riding bicycle, bicycle was mainly the means of transportation from the farm to the market. We walk about miles every day from the rural to urban areas to come to school because of more schools in the rural communities. It involves ensuring the safety and quality of foods, water, air and the general environment, preventing the transmission of communicable disease [National Health services Scotland]. My mother achieved health protection by making sure the vegetables are thoroughly washed and rinsed before cooking and serving. Worms was part of the epidemic in Nigeria during the early immediately after the Biafra war because of poverty, lack and poor hygiene. Prayers and fasting was another way my parents protects the health of their family. They believe praying and fasting and supplications asking God for protection for their family and relatives. Praying, fasting and using holy oils, holy water and other recommendations by priest or prophet. Thank God for the new inventions and creation of awareness by health care workers and new technology now people seek medical attention in due time. The Trinidadian of India origin interviewed, is a 24 years old woman when she immigrated to United States with some of her siblings in Her grandparent from both sides were Indians born in India, both of her parents was born in India and immigrated to Trinidad and Tobago in the s. She has four siblings 2 brother and two sisters and they all live in united state now. She is married with 2 children one boy and one girl to her Jewish husband who embraced her, her culture and religion. She worship in the Hindu temple with her whole family and they are vegetarians. My client is actively involved in her religion and cultural heritage, observing holidays and religious activities. She started that they maintain health through the eating of lots of vegetables, carbohydrates, fruits, soy milk,

beans, bread and roti. They use meditation and yoga to maintain health. They believe in meditative movement or hatha yoga. They use the Ancient Hindu system of medicine and healing known as Ayurveda. She believe that in order to maintain good health an individual have to live a health live style by eating well and mediation know as Ayurveda. According to the [religious facts a guide to Hindu Temple] For protection and health restorations they participate in some Hindu festivals to purify bridge over critical moments to stimulate the vital powers of nature. This is celebrated annually in early march to usher in spring. Celebrated on New Year eve. My client stated that even though she grow up in Trinidad her parent practice the Indian traditions. Passed unto her by her great grandparents. They believed in variety of things about Gods but the things common about all Hindus in their belief in authority of Vedas and Brahmans which means reincarnation and the law of Karma which determines ones destiny in life both past and present. Nigerian also belief in reincarnation and law of Karma. The 3rd and last person and last person interviewed is a Hispanic American. The Hispanic are immigrating in a proliferative numbers every day into the United States making their population more than any other immigrant community. The paramount problem they face is language barrier. The family member interviewed for this paper immigrated to the United States from Puerto Rico in about 30 years ago. He is married with four children three girls and one boy. He is a Christian of the catholic faith. He is practicing his religion meticulously by going to church and confessions every Wednesdays. He maintains family close contact with his aunts, uncles and cousins. He lives in a neighborhood were Hispanics are dominant. He speaks and write Spanish his children also speak and write. They seek healing from illness and disease from herbalist and eventually come to the medical emergency when it is too late. For health maintenance of health by eating healthy meals like rice, beans, tortillas and bread. The Hispanic cultural notion about physical and mental illness is an imbalance linking men and women to their environment and humoral disparity conveyed as too much hot or cold [Kemp] my client explained how Hispanic families stay away from sickness by avoidance of feeling chilled over heated. They plan their event based or temperature of the environment or weather. Further explained Hispanic combine both home remedies, traditional healers, folk medicines to maintain health. In health protection the Hispanic community uses diet, herbs and vitamin supplements to protect their health instead of conventional medicine. For health restoration they use herbs example giving garlic for the treatment of hypertension, and eucalyptus oil for the treatment of respiratory issues. Hot and cold application, Ayurveda and homeopathy are special treatment for India American and Nigerians and Hispanic belief in herbal and traditional healers. Nigerian also belief in reincarnations and law of Karma. It is important, for health care personal to be sensitive and respectful of people or client from diverse cultural and linguistic ethnicity for effective delivery of care. Cultural Diversity [] Gracias [King James Version of the Bible [Hebrew National Health Services Scotland.

6: The Heritage Assessment Tool | Essay Example

Heritage assessment tool in nursing is an essential component in the field of medicine and health. It is a tool used to assess, maintain and restore individual's culture and beliefs.

This assessment helps aid in providing quality patient care in that it helps to meet and respect the needs of different types of people and their respective backgrounds Spector, This particular paper serves to compare and contrast the ethnicities of Indian, Caucasian, and Arabic families using health maintenance, health protection, and health restoration as evaluation markers. An assessment of these ethnicities led to several discoveries that I believe could truly improve our methods of health care. Cultural awareness is an essential part of life, especially in this country that is considered to be the melting pot of the world. Cultural awareness can be defined as understanding and appreciation the difference between oneself and people of other backgrounds and cultural beliefs Shen, Cultural competence is a term used to refer to awareness and skill acquired to be able to care for people of different ethnicities and cultures Purnell, These can include questions about everything from their childhood experiences to varying health practices carried out in their homes. The Indian family I observed and talked to was my own. Growing up in India had a huge impact on my life and the choices I still make today. Upon working out the Heritage Assessment tool, I found that I still hold deeply rooted ties to my homeland and that I have tried to raise my children in the same way. Though lifestyles are completely different when comparing the person living actually in India to the individual with an Indian background, a plethora of factors pertaining to health still carry over. Indian families tend to eat foods that are heavy with spices and capsaicin. Studies have shown that these have a number of health benefits including weight loss. When looking into some of the decisions that my family has made that seem to stand out from my friends of different background, diet and religion seem to stand out the most. Indian families are acutely aware of balance and moderation and this can be seen in the average meal. Religion is also a key factor in health protection. I have found that families will turn to God to keep their loved ones safe. Being from an Indian Catholic family, I am painfully aware this can also have its down side. For example, Catholicism discourages the use of contraceptives. This is a serious issue when understanding how this affects the growth of the AIDS epidemic not only among Indians but the rest of the world. In terms of restoration, there are more herbal remedies and natural medicines involved than antibiotics and pills. My wife still makes an array of teas and extracts for our children before resorting to taking them to a doctor. The Arabic family I talked to had a surprising number of parallels to my own. They were also driven by religion when it came to health protection. An illness was often considered to be unlucky and a curse from Allah for your sins. The diet high in spices and vegetables seemed a reasonable method of health maintenance. The values of the Arabic values were much stricter than the other families I talked to. An incident comes to mind of when it is very important to keep the values and traditions of the patient in mind. A Muslim woman was pregnant and nearing her due date. When it came time for her delivery, the only available Gynecologist was male and went through with the standard procedure and she delivered a healthy baby boy. The woman however, was shunned from her community because the doctor was a man who was not her husband. Situations such as these are important to keep in mind when providing care to patients. The Arabic family also was more open to natural medicine and homeopathic medicine and sought to find a way to cure themselves before seeking outside help at a medical facility. Lastly, the Caucasian family that were my neighbors seemed the most different from the families that I had talked to but the most open and attentive to the world around them. Though their diet was not the best, they seemed more inclined towards exercise and consumption of vitamins to maintain their health and protection of their health. They seemed more up to date and modernized in all aspects of health. They were also more trusting of modern medicines and prescriptions. They heavily relied on the healthcare system for health restoration even for the simplest medical issues. In conclusion, all three ethnicities have varying lifestyles that contribute to their current status of health. It is important to keep in mind that this is not an accurate report of that general culture. Rather it is an extremely small sample that I found to compare to other families in a somewhat suburban town. I found it very interesting that even with drastically different beliefs

and values, all three cultures seemed to value their immensely, even though each had their own traditions and methods so as to preserve that state of health. From the stories and experiences I have heard in talking with these people, I believe it is more imperative than ever that nurses direct more attention to the usefulness of the Heritage Assessment tool. The Purnell model for cultural competence. Cultural competence models in nursing. Cultural diversity in health and illness. Working in an

Heritage Assessment Pages: Catering to the population of the United States as a nurse, one must embrace the cultures of others to provide

Heritage Of India Pages: One has only to see the various architectural marvels and cultural institutions that dot the geographical expanse of India to glimpse

Health assessment roper logan tienery Pages: In order to ensure that unique patients are able to

Risk Assessment Pages: A summary of the risk

Family Heritage Pages:

7: Heritage Assessment: Culture And Health Traditions

Heritage Assessment Tool Heritage Assessment Tool Usefulness of Heritage Assessment The usefulness of heritage assessment was identified more than 20 years ago through a noteworthy social association in the United States of America.

Discussion of the usefulness of applying a heritage assessment in evaluating the needs of the whole person is not offered. Discussion of the usefulness of applying a heritage assessment in evaluating the needs of the whole person is offered, but incomplete, lacking relevant information, or does not meet criteria for word count. Discussion of the usefulness of applying a heritage assessment in evaluating the needs of the whole person meets requirements of the assignment. Discussion of the usefulness of applying a heritage assessment in evaluating the needs of the whole person is offered in detail. Interview of three families from different cultures is offered, but incomplete, lacking relevant information regarding the comparison of the differences in health maintenance, health protection, and health restoration among the cultures. Interview of three families from different cultures that provides comparison of the differences in health maintenance, health protection, and health restoration among the cultures meets requirements of the assignment. Interview of three families from different cultures that provides comparison of the differences in health maintenance, health protection, and health restoration among the cultures is offered in detail. Identification of common health traditions based on your cultural heritage is offered, but is incomplete, lacking relevant information. Identification of common health traditions based on your cultural heritage meets requirements of the assignment. Identification of common health traditions based on your cultural heritage is offered in detail. Evaluation of how family subscribes to these traditions and practices is offered, but is incomplete, lacking relevant information. Evaluation of how family subscribes to these traditions and practices meets requirements of the assignment. Evaluation of how family subscribes to these traditions and practices is offered in detail. It is descriptive and reflective of the arguments and appropriate to the purpose. Thesis statement makes the purpose of the paper clear. No apparent connections between paragraphs are established. Transitions are inappropriate to purpose and scope. Some degree of organization is evident. A logical progression of ideas between paragraphs is apparent. Paragraphs exhibit a unity, coherence, and cohesiveness. Topic sentences and concluding remarks are appropriate to purpose. There is a sophisticated construction of paragraphs and transitions. Ideas progress and relate to each other. Paragraph and transition construction guide the reader. Paragraph structure is seamless. Frequent and repetitive mechanical errors distract the reader. Some mechanical errors or typos are present, but are not overly distracting to the reader. Correct sentence structure and audience-appropriate language are used. Prose is largely free of mechanical errors, although a few may be present. A variety of sentence structures and effective figures of speech are used. Writer is clearly in command of standard, written, academic English. Template is used, but some elements are missing or mistaken; lack of control with formatting is apparent. Template is used, and formatting is correct, although some minor errors may be present. Template is fully used; There are virtually no errors in formatting style. All format elements are correct. No citations are used. Reference page is present. Citations are inconsistently used. Reference page is included and lists sources used in the paper. Sources are appropriately documented, although some errors may be present. Reference page is present and fully inclusive of all cited sources. Documentation is appropriate and GCU style is usually correct. In-text citations and a reference page are complete. The documentation of cited sources is free of error. It is true there are many other companies offering custom online writing services. With the saturation of the custom online writing arena, it is imperative that customers be enlightened to choose wisely as to where they want their essays written. There are many reasons why it is better to chose us over other companies in the same platform. With us you get:

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in Social Policy) Treatise upon the poor laws Comparing Chinas capitalists : neither democratic nor
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kelly Froggy and Friends I Punishment and deterrence. We Band of Sisters Coding in objective-C Religion
and democratic citizenship Psychology, Sixth Edition in Modules C Student Activity CD Modular Psych 6e
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