

1: Learn How to Hypnotize Someone in Five Seconds | Exemprole

*Hypnotism And How To Guard Against Its [Richard Ingalese] on www.enganchecubano.com *FREE* shipping on qualifying offers. This scarce antiquarian book is a facsimile reprint of the original. Due to its age, it may contain imperfections such as marks.*

Introduction "At the heart of every problem is a problem of the heart. It came from a sermon that I heard Dr. I believe that he was right because the Bible says in Proverbs 4: The numbers in the brackets are Strong's numbers. We are told to "keep" our heart. The word translated "keep" is the Hebrew word that means to guard, to protect or preserve. We are told to diligently keep our heart. The word "diligence" is actually another word that means to guard or protect. It means to hedge about, to pay close attention to or watch carefully. In other words protect your heart doubly. Make it your priority to protect your heart. The heart is the control center of your being. The Hebrew word for heart is "LEB" pronounced labe. The Strong's number is When we think of the heart, we think of the internal organ that pumps blood through our bodies. But that is not the primary way the word is used in the Bible. So let me try a different angle. The heart is the seat of your intellect, feelings and will. It is "almost a synonym for mind. With this in view, back to Proverbs 4: The phrase "issues of life" is a difficult one to translate, but it refers to the heart being the control center or source of our lives. What happens if the control center malfunctions in a machine? There are major problems. The same thing happens when the control center malfunctions in a human being. Since the heart is the control center of life, it would be wise for us to guard our hearts carefully. The Word of God is to control your mind. We can see that from 2 Timothy 3: Look at 2 Corinthians It says, For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds; Casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ; Further, The Holy Spirit is to be allowed to control our minds. To the degree that the Fruit of the Spirit is obvious in the believers life, to that same degree that person is Biblically spiritual. Just as a Christian must open up his or her heart mind to the control of the Holy Spirit in order to be Biblically Spiritual, so a person must open up their heart mind to the control of the unholy spirits if they are to be "spiritual. Ananias is an illustration of being controlled by unholy spirits. Ananias did what Ephesians 4: Nobel scientist Sir John Eccles said of the human mind that it was "a machine that a ghost can operate. So what is an altered state of consciousness? According to John Ankerberg and John Weldon, it is "the deliberate cultivation of abnormal states of consciousness states not normally experienced apart from a specific technique or program to develop them. In fact, "altered states may involve a large variety of subjects -- everything from hypnosis and other trance states to possession states as mediumism and shaminism to altered states that are characteristically pathological as in kundalini arousal and shaminism , to direct visualization and imagery, lucid dreaming, drug-induced states of consciousness, meditation and bio-feedback-induced consciousness, and many others. First, "as a person enters or is in an Altered State of Consciousness, he often experiences fear of losing his grip on reality and losing his self-control. To be sure, millions laud the benefits of ASC. In fact, "many cases of temporary and permanent insanity, spirit contact, occult transformation and spirit possession have resulted. So why, when I am talking with handling the past biblically, do I bring up the issue of Altered States of Consciousness? Probably the most common means counselors use in uncovering the past apart from psychoanalysis is hypnotism. Hypnotism brings a person into an ASC. The basis of hypnosis is the fixation of the subjects attention upon a gradually narrowing source of stimulation, until he is attendant upon only the directions of the hypnotist. This is variously achieved by repetition of instructions in a low, level voice, or having the subject fix his gaze upon a light in an otherwise dark room. The subject remembers nothing of what he did during the hypnotic period. Certain effects may be suggested to continue after the subject returns to consciousness; these are called post-hypnotic suggestions. Prevention magazine carried an article by Kerry Pechter that made that very clear. The article said, "like alchemy and astrology, the practice of hypnosis once belonged to the world of the occult. It says, "The Jar-phook of Upper India [is] a system of treatment practiced by the Indian conjurors, or Jadoo-walla, by stroking and breathing on the limbs or body. A shaman is a medicine man. An honest

researcher cannot deny the occult connection of hypnotism. Since that is true, Christians should not have anything to do with the practice. And upon what basis do I say this? For all that do these things are an abomination unto the LORD: Note the two emphasized words, "enchanter" and "charmer". I believe this both from the ancient usage of this word and from occult traditions. Why is Hypnotism Dangerous? Hypnotism is dangerous for a number of reasons not the least being that it opens the mind to believe almost anything. As one researcher put it, "hypnotic induction But does this really happen? The answer is yes. Bernard Diamond, a professor of law and clinical professor of psychiatry wrote in an article for the California Law Review that people who underwent hypnotism would "graft onto their memories fantasies or suggestions deliberately or unwittingly communicated by the hypnotist and that after hypnosis the subject cannot differentiate between a true recollection and a fantasy or a suggested detail. That can be dangerous because if you can be easily deceived, Satan can and does take advantage of the opportunity. Let me give you one example. It was discovered that one-fifth of those people who had been hypnotized said that they had lived previous lives on other planets! That is bizarre to say the least! But let me tell you about some other experiments. At the same time, the person was able to describe exactly what was happening a month ago, a year ago, and ten years ago in the same place One New Age author puts it this way -- "Hypnosis can be an open door to psychic experiences of many kinds, and in an emotionally unstable, insecure, or neurotic person the possibility of obsession or psychic invasion of one kind or another is always present If you have been hypnotized I suggest that you renounce your association with the practice by praying -- Dear Lord, I come to you in the name of your Son, Jesus Christ. I confess that I have participated in Hypnotism. I ask your forgiveness and renounce hypnotism as contrary to the Bible which warns me not to be brought under any power other than yours I Corinthians 6: One of the earliest exponents of hypnotism, his treatments by hypnotism known as mesmerism and popularly believed to be based upon electricity and magnetism, attracted a cultish and fashionable clientele in Paris. His practice was denounced by a royal commission. Hypnotism was used by Charcot, Janet, and Freud in the study and treatment of hysteria. It proved impractical because not everyone is capable of hypnosis and effects are frequently temporary. Hypnotism has found its greatest use as an adjunct to medicine in relieving or diminishing pain as in childbirth or dentistry, especially when use of an anesthetic is dangerous or impractical. Hypnosis in medicine was approved by the American Medical Association in He was a pioneer in the use of hypnotic methods of treating hysteria, and influenced Freud with his belief that some diseases have their origin in the emotions. Working independently of Freud and using hypnosis, he made important studies of the origins of hysteria. Formulating his early theories from observation of hysterics under hypnosis, he developed the science and method of treatment of neurosis known as psychoanalysis. James Braid A Scottish surgeon, , noted for research in mesmerism, which he named hypnotism , developed by him from mesmerism. This is not to be confused with natural or spontaneous somnambulism which is "the act of walking and performing other positive actions during sleep" Funk and Wagnalls New Standard Dictionary; Copyright ; p. In simple terms, sleep walking. Hypnosis, Electrobiography, Mesmerism, Braidism, Somnambulism, Jar-phook, Neurohypnotism are all names that are related to hypnotism.

2: Beginner's Guide to Hypnosis Mic -Division Rap Battle-! | Tokyo Otaku Mode News

HYPNOTISM, AND HOW TO GUARD AGAINST IT IN an old student of Occultism re-incarnated. His life was not dissimilar from the life of his associates except that he had the benefit of a better early education, and an opportunity to study medicine later on in his life.

Michael Bradley Awhile back ago, I told a friend I this story. It bears repeating because there are many Christians who are not aware of the dangers of engaging in this practice. This all took place about 8 years ago. One of my typists by the name of Georgia started working with me about 8 years ago. She is a very Spirit-filled, godly, Christian woman. She had one vice that she was trying to get rid of and that vice was smoking. A year before we had met and started working together, she had gone to a hypnotist one time to try and help her quit smoking. She was warned by her own mother and a few of her close friends not to do this, as they did not think that God would approve of her doing this. She went against both the advice of her friends and her own gut feeling not to do this and went for just the one visit. When she got out and went home that night, she found herself starting to lose her memory ability. In other words, she was starting to lose her ability to retain and remember things – both short term and long term. She could not retain and remember things the way she used to. This loss with her memory ability stayed with her for one solid year before she came to work for me and told me about it. She was already working another part time job when she started working with me part time. She was afraid that she was going to get fired on her other part time job because her memory for detail that she needed on this other job was so bad. I then explained to her that under no circumstances are Christians ever to blank their minds out in order for someone else to be able to plant suggestions in their own minds – even if those suggestions are positive types of suggestions. This also applies for techniques such as transcendental meditation where you are told to try and blank your mind out and keep reciting mantras, which are basic one and two syllable words. The goal of these techniques is supposed to help you find inner peace and relaxation – but they are major door openers to the dark side and demons can come in on you if you try to engage in these types of meditation techniques. The Holy Spirit works with an active mind, not a passive one. It does not mean to totally blank your mind out waiting for illumination from God. God works best when you are in an active and seeking mode with Him, not when you are in a passive, robotic, zombie-like state. The Bible says that the Holy Spirit will guide you into all truth. One of the ways that He will do this is by guiding your thoughts into what the correct answers are as you are trying to figure something out. He will also communicate to you through the inner knowing. But these inner knowings will either come in on you while you are thinking about what you are trying to figure out, or while you may be thinking about something else entirely different. The Bible says in 2 Corinthians This means that we are directly responsible for what we choose to think about and dwell on. This right does not belong to anyone else, including any hypnotist who may want to plant their thoughts and suggestions into your mind. As she was telling me the story, I was tapping in to see what the Holy Spirit would give me. I immediately picked up from Him that a demon had come in on her and had attached himself to that part of the brain that had to do with her memory abilities. The demon was not on the inside of her. She was already Spirit-filled and the Holy Spirit had protected her from allowing the demon to get in on the inside of her. The demon was basically resting on her shoulder so to speak. I picked up exactly what she was supposed to do to get the demon off her and have her memory ability fully restored. There is no physical or chemical damage that could have occurred to her brain during the hypnotism session that could have caused something like this to occur so quickly – so the only other logical explanation to explain this rapid of a memory loss in such a short period of time was that it had to be demonic. Here is what I told her she would have to do in order to get God to fully restore her memory abilities back to her: She had to go before God the Father in prayer and confess this activity as a sin and ask for His forgiveness. She then had to renounce this sin and activity before God the Father. She had to tell God that she would never do it again. Whenever you engage in something that draws demons in on you such as this type of activity, you have to both confess and renounce it before God. Confess it as a sin, and then renounce it by telling God that you will never, ever go back to this type of activity again. Once the above 2

steps have been done, you have then taken away the legal right for that demon to be able stay attached to her. At this point, you have to verbally speak out loud to the demon and tell him that he now has to leave you and that he no longer has any more legal right to stay attached to you since the sin has now been fully confessed and fully renounced before God the Father. I then gave her the following battle command on engaging with the demon after she had already confessed and renounced this sin before God the Father. I have now fully confessed this activity as a sin before my God the Father. I have now fully renounced this sin before my God and I will never, ever do it again. Demons, you no longer have any legal right to stay attached to me. Demons, I now command you, in the name of my Lord and Savior Jesus Christ, to leave me now " and to never, ever come back on me again! I repeat, each and everyone of you is to leave me right now in the name of Jesus Christ and you are to never, ever come back on me again! I now Plead the Blood of Jesus Christ against any and all demons who have become attached to me over this last year as a result of my involvement in hypnotism. Go now, in the name of Jesus Christ! I repeat, go now in the name of Jesus Christ! She did it before she went to bed that night. When she got up the next day, she started to notice an immediate return of her memory. However, her memory ability did not return all at once. It improved little by little on a daily basis over a period of two months. After two months, she had regained all of her memory ability back! This is what you call a progressive type healing as versus a sudden and quick type of healing. God could have given her an immediate healing of her memory loss, but I think He took the slower and more progressive approach in order to teach her a lesson and to make sure that she would never, ever consider doing it again. She then told me you really do not realize how important your memory is for everyday living until you actually lose part of it. And the great thing about this story was that when her memory was fully restored back to her by God, she said her memory is even better now than what it was before she lost it due to going to the hypnotist. God, in His loving mercy, decided to bless her with a little bit better memory ability than what she had before. I thanked God that He allowed me to have access to her story because it really helped to show me that Christians are not allowed to engage in this type of activity. Her story may be able to help warn others of the risks and dangers associated with hypnotism. As a postscript to the above story, I recently ran across someone else who got in trouble after being hypnotized several times. She was an artist and she had lost all of her artistic abilities as a result of being hypnotized several times by her then boyfriend. She had no idea that being hypnotized could have done all of this. I then gave her the above 3-step process to get deliverance from this demonic attack and she too started to gradually get her artistic talents and abilities restored back to her after going through the above 3 step process. Be the first to know when we publish new articles.

3: Is it Okay for a Christian to Be Hypnotized? - Dr. Roger Barrier

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Please share this tool in a safe and responsible way. This technique is used as part of stage hypnosis. I believe that if you are going to use hypnosis that it must be used with discretion. We experience trance states every day of our lives. When you are day-dreaming, in deep thought, or even watching television, you are in a trance. When you are going to sleep at night, you are in a trance. Trance states are observed in science by brainwave activity. A trance can be light, or very deep like deep sleep. Advertisers have used this knowledge forever. They get our focus and then they pull us in with keywords and authoritative speech that enter the subconscious mind, bypassing our mental filters. Even as you read this, your mind is focused on the words you are reading and you are not fully aware of the world around you. Use discretion with these techniques. Only use them if you have been trained or are very familiar with hypnosis techniques! Make a statement like, "it is hot in here" followed by a reinforcing movement like fanning yourself. When speaking, sound confident and keep your voice monotone but authoritative. Ask the person to stand with their feet close together. Have them look in your eyes. Raise your other hand to the middle of their back while stepping to the side of the person and command them to SLEEP! The person should go into a slump like-posture or they may begin to fall asleep and go limp. Make sure you have the person by the middle of their back to help give them support if needed and safely place the person flat on their back or into a waiting chair. Do this all in a smooth and quick transition, this quick action is what creates the break in the thought process of the person being hypnotized. There is a disrupt in the mental filter that separates our inner voice and thoughts from our sensory reality. This is the door to our suggested command to sleep. This is a split second window of opportunity to get your command in. Everyone is snacking on food and sipping drinks. You lean against a wall, arms folded, and inhale as you look at the crowd. You scan the room where people are talking while music is playing in the background. You are looking for just the right person that you feel will be the most suggestible. If you are in a group of people, be engaging. Listen to the way they talk and what they are talking about. You can build a trust and rapport with the person this way, and you will see their personality. Follow cues in their facial expressions and body language to detect their emotional state and how they feel physically. It is said that 93 percent of all communication is nonverbal. By being observant you can build a trust-bridge with the person you want to put into a trance. Engage them and start giving subtle, suggestible commands. Make statements like, "It is getting late," followed by physical reinforcing movements like yawning. Watch how they react to your suggestion and look for cues in their body language and facial expressions. In a group of people, this can give you clues about on who is the most suggestible. Approach the person while they are in a group of friends. This way you know they have their guard down. Use your small talk social skills and chat with the group. Once you feel you have their trust and some rapport, go ahead and ask if they want to see a trick. Most of the time they will say yes. If the person does not immediately fall into a trance, keep using your suggestible commands to put them into a trance. Now keep feeling that way as you sleep. Direct their gaze into your eyes to gain their focus. The person will immediately slump over and perhaps fall to you. It is important that you bring them close to you and guide them to your shoulder, turning their head to rest comfortably. It is important not to let them get hurt by falling on you. Just feel yourself relax. It is a very good idea to have a person help you seat them in a chair or lay them on a bed or sofa. Once the person is in the trance state, and is in a safe seated position, you can use the power of suggestion on your hypnotized subject. For example, you can tell them that when you count to three that they will open their eyes but that they will not remember their name. Then count to three and tell them to open their eyes. When their eyes are open, ask them to tell you their name. Awakening the subject is as easy as putting them back into trance with the sleep command. Look them in the eye and again, tell them to sleep, and place them back in the chair. Then tell them that you will count to five and that they will awaken feeling good and refreshed. Arm-Pull Induction Picking the Mark When picking a person to place into trance, watch their body language. A person making good eye contact, that smiles when

you smile or nods when you do, is a great mark. A person with their arms folded or watching intently is skeptical and is not a good candidate. Rapid induction hypnosis has a lot to do with being in a social situation. When we are in a group of four or more, we let our guards down and are highly suggestible. Rapid induction is used most commonly in stage hypnosis. Quick Hypnosis for Friends Stand or sit face-to-face. Look into the eyes of the person. Have the person place their hand on top of yours palm to palm. Tell your subject to continue to look into your eyes until you tell them to stop. Pause and tell the subject that you will count to three and that on three they need to press down on your hand and that you will press up against theirs. Explain that what they feel is your energy. Then command them to listen to your instructions. As you count to three and the person pushes down on your hand, keep the resistance at a low level at first and then begin to press slowly harder up against their hand. Tell them to press harder. As you feel the pressure of them pressing down, raise your other hand and place it over their eyes in a downward motion caressing their brow slowly down. Now say, "As you press down on my hand, you will begin to feel as though your eyelids are getting heavier and heavier. You feel yourself sitting in your living room late at night watching an old black and white movie on the television. You feel your eyes drooping as you struggle to stay awake. Remember to guide them to your shoulder, placing their head outward into the crook of your arm. Get some help and then put them in a chair seated upright comfortably. At this point, the person is in a trance and is highly suggestible. Remember this is real and not a trick. If you choose to use these powerful tools of suggestion you can help people in pain. If they are depressed or stressed, you can make them feel more at ease. You can help someone relax before a public speaking event. It can be therapeutic and help in defeating addictions and bad habits when used with other tools. This is how hypnosis meant to be used. Hypnosis can be used in social situations as long as the person doing the hypnotic induction has the proper training. Use these techniques responsibly and only after you have been trained in hypnosis. You may find more answers and information by looking for my comments below. Most of you questions can be answered by reading the article. I do not give you any commands that one would give a person under trance. It is up to your discretion on what you want to command the person to do. But we all have a wild side so see what you can do. I am not a trained hypnotist nor am I a licensed practitioner of this practice. All the information I have given you here is available to any seeking to learn how to do this technique. Is it dangerous to hypnotize someone? If the person does not reach full consciousness, let the person sleep until they arise rested on their own in their own time. You cannot cause someone to stay in a trance forever.

4: Suggestibility - Wikipedia

Richard Ingalese Lecture The History and Power of Mind Lecture 9: Hypnotism and How to Guard Against It - uploaded via www.enganchecubano.com

Please remember that on these kinds of subjects, reports in the popular press, entertainment media, word-of-mouth, paranormal blogs, and promotional materials are almost always untruthful in some way. Hype abounds, especially with claims that the regular use of a hypnotic state is the secret to losing weight or quitting smoking. Even press reports on solid medical tests are often written by those who have little understanding of testing or the subject tested, and thus they give a surface interpretation of the tests. Hypnotherapy works, and works well, by bypassing the methods we use on ourselves for stifling a painful or traumatic incident or accident like a rape, or a car accident where a loved one died. Once the incident comes out, both patient and therapist can work on it. But those inner controls are there for good reasons, and often hypnosis simply bypasses these reasons when it bypasses the controls. In the hands of careless or unscrupulous therapists, or untrained self-appointed hypnotists and there are many of each, false memories are created, or existing fantasies are mistaken for reality. These can be as weird as UFO abductions and body-snatching spirits, or as serious as false accusations of sodomy and sexual attack as happened with the accuser of Cardinal Bernardin. In such cases the false memories add yet another trauma to the pile the patient already has. The hypnotic state takes away many kinds of self-generated distractions, and improves concentration. It can also help as a self-therapy for recurring pains. When used with other means of self-convincement, self-hypnosis can be part of a self-brainwash, the act of talking ourselves into something we ought to know better than to do. In the Bible, the constant refrain is for us to choose what is good freely in each moment, and be responsible for that choice. Hypnosis as Suggestion The clinical use of hypnosis in medicine is as a means of making hypnotic suggestions. Some people love to give orders, but most of us communicate what we want done by suggesting and asking. Jesus sometimes gave orders, but he also suggested. So did your mother. The devil is said to work through twisted suggestions and nagging whispers. Advertisers also make suggestions. By using repetition and cleverness, they can sometimes get their way. This suggests a subtle but evil potential in anything that enhances suggestion. But the truth is that hypnotism by itself is not of much use as a mind control tool. It would have to be one of a wide range of measures to control what is happening to the person, done together to gain some level of control or leverage on the mind. Direct commands tend to be resisted, so hypnotists often use indirect suggestion techniques to communicate what they seek from the patient. This allows more space for the patient to enter the process themselves, so they can trust it more. This helps the process, but is often not enough. Sometimes the idea must be presented to the patient in the form of a brief story, or by guiding the thought processes through a chain of logic three or more steps, mixed with reasons, all leading to the desired conclusion. Even when done this lighter-handed way, it is still a strongly-guided process. Does the Bible Speak of Hypnosis? Prophets and apostles entered into trances for instance, Daniel 2: Hypnosis is something we put ourselves or another person into. The prophetic trance is something that overtakes the prophet or apostle, imposed on them from God, whether or not they want it at that moment. But none of these words translate to hypnotism. The passage is talking about practices that assign power and value to pagan gods and occultic practitioners. Hypnotism was used that way by some of its practitioners back then, and is being used that way even today. If so, then it is fair game to look at the physical-world phenomenon of a trance state through a Christian lens. Why did the traditions object? So why do most Christian, Moslem, and Jewish sources unlike Hindu sources get so troubled by hypnotism? The main historical reason is that these living religions encountered hypnotism by way of the ancient religions they most despised: Mesopotamians, European pagans, early Arab polytheists, and Canaanites. It was often done under the cover of casting spells to exercise influence over others, sometimes with the help of herbal drugs. Actual awareness of what is in and around you does a better job. Other forms of trance states did become common in some circles, used for inner searching. The other reason is that in dealing with us, God chooses not to bypass the normal mental mechanisms that are bypassed by the hypnotic state. There are partial exceptions to that prophetic trances,

momentary conversion experiences, and such , but all of those exceptions are partial and fleeting, are done for a specific purpose, and happen more to body controls than to the mind. Normal mental operations are soon restored. The Spirit is not a hypnotist. The Spirit does not skip over our will, our conscience, or our sense of moral or practical limit, or even talk around them. Instead, the Spirit works to transform them, transcend them, and work through them. God loves and respects each of us too much to do it differently. If God so rarely does even slight bypasses of these self-control systems, then why should we do it as of all things a spiritual practice? Are we out to trick ourselves? It is the precise opposite of the example and teaching of Jesus, who taught His followers to serve and love other people. The very thought of using hypnotism for influence or control also fits poorly with Buddhist, Sikh, and Jewish core beliefs, not to mention the beliefs of many atheists and agnostics who are well aware of what power does to the one who wields it or lusts after it. Turn away from that idea, quickly and completely. Both these objections speak to core matters of faith and practice, and either one would be cause for a Christian to reject hypnotism as a spiritual practice, even just to try it out. Yet, its use as medical therapy or for scientific research of the brain is a different matter. The Christian is free to utilize hypnotic therapy for treatment purposes, when it would do some good. However, if you do go that route, go to someone who is trained, experienced, and credentialed. Hypnosis is not a game. More information, from other sites:

5: Hypnosis (move) - Bulbapedia, the community-driven Pokémon encyclopedia

Approach the person while they are in a group of friends. This way you know they have their guard down. Use your small talk social skills and chat with the group. Once you feel you have their trust and some rapport, go ahead and ask if they want to see a trick. Most of the time they will say yes.

These words were popularized in English by the Scottish surgeon James Braid to whom they are sometimes wrongly attributed around Braid based his practice on that developed by Franz Mesmer and his followers which was called "Mesmerism" or "animal magnetism", but differed in his theory as to how the procedure worked. Characteristics[edit] A person in a state of hypnosis has focused attention, and has increased suggestibility. For example, in , Irving Kirsch characterised hypnosis as a "nondeceptive placebo", i. Schefflin and psychologist Jerrold Lee Shapiro observed that the "deeper" the hypnotism, the more likely a particular characteristic is to appear, and the greater extent to which it is manifested. Schefflin and Shapiro identified 20 separate characteristics that hypnotized subjects might display: Historical definitions[edit] The earliest definition of hypnosis was given by Braid[contradictory], who coined the term "hypnotism" as an abbreviation for "neuro-hypnotism", or nervous sleep, which he contrasted with normal sleep, and defined as: The hypnotic sleep, therefore, is the very antithesis or opposite mental and physical condition to that which precedes and accompanies common sleep Therefore, Braid defined hypnotism as a state of mental concentration that often leads to a form of progressive relaxation, termed "nervous sleep". Hypnosis typically involves an introduction to the procedure during which the subject is told that suggestions for imaginative experiences will be presented. A hypnotic procedure is used to encourage and evaluate responses to suggestions. When using hypnosis, one person the subject is guided by another the hypnotist to respond to suggestions for changes in subjective experience, alterations in perception, [24] [25] sensation, [26] emotion, thought or behavior. If the subject responds to hypnotic suggestions, it is generally inferred that hypnosis has been induced. Many believe that hypnotic responses and experiences are characteristic of a hypnotic state. While some think that it is not necessary to use the word "hypnosis" as part of the hypnotic induction, others view it as essential. Janet , near the turn of the century, and more recently Ernest Hilgard Social psychologists Sarbin and Coe Hypnosis is a role that people play; they act "as if" they were hypnotised. In his early writings, Weitzenhoffer They explain this by pointing out that, in a sense, all learning is post-hypnotic, which explains why the number of ways people can be put into a hypnotic state are so varied: Hypnotic induction Hypnosis is normally preceded by a "hypnotic induction" technique. Traditionally, this was interpreted as a method of putting the subject into a "hypnotic trance"; however, subsequent "nonstate" theorists have viewed it differently, seeing it as a means of heightening client expectation, defining their role, focusing attention, etc. There are several different induction techniques. Many variations of the eye-fixation approach exist, including the induction used in the Stanford Hypnotic Susceptibility Scale SHSS , the most widely used research tool in the field of hypnotism. Take any bright object e. The patient must be made to understand that he is to keep the eyes steadily fixed on the object, and the mind riveted on the idea of that one object. It will be observed, that owing to the consensual adjustment of the eyes, the pupils will be at first contracted: They will shortly begin to dilate, and, after they have done so to a considerable extent, and have assumed a wavy motion, if the fore and middle fingers of the right hand, extended and a little separated, are carried from the object toward the eyes, most probably the eyelids will close involuntarily, with a vibratory motion. If this is not the case, or the patient allows the eyeballs to move, desire him to begin anew, giving him to understand that he is to allow the eyelids to close when the fingers are again carried towards the eyes, but that the eyeballs must be kept fixed, in the same position, and the mind riveted to the one idea of the object held above the eyes. In general, it will be found, that the eyelids close with a vibratory motion, or become spasmodically closed. However, this method is still considered authoritative. Suggestion When James Braid first described hypnotism, he did not use the term "suggestion" but referred instead to the act of focusing the conscious mind of the subject upon a single dominant idea. In his later works, however, Braid placed increasing emphasis upon the use of a variety of different verbal and non-verbal forms of suggestion, including the use of "waking suggestion" and

self-hypnosis. Subsequently, Hippolyte Bernheim shifted the emphasis from the physical state of hypnosis on to the psychological process of verbal suggestion: I define hypnotism as the induction of a peculiar psychological [i. Often, it is true, the [hypnotic] sleep that may be induced facilitates suggestion, but it is not the necessary preliminary. It is suggestion that rules hypnotism. A distinction is commonly made between suggestions delivered "permissively" and those delivered in a more "authoritarian" manner. Harvard hypnotherapist Deirdre Barrett writes that most modern research suggestions are designed to bring about immediate responses, whereas hypnotherapeutic suggestions are usually post-hypnotic ones that are intended to trigger responses affecting behaviour for periods ranging from days to a lifetime in duration. The hypnotherapeutic ones are often repeated in multiple sessions before they achieve peak effectiveness. Indeed, Braid actually defines hypnotism as focused conscious attention upon a dominant idea or suggestion. Different views regarding the nature of the mind have led to different conceptions of suggestion. The concept of subliminal suggestion depends upon this view of the mind. By contrast, hypnotists who believe that responses to suggestion are primarily mediated by the conscious mind, such as Theodore Barber and Nicholas Spanos , have tended to make more use of direct verbal suggestions and instructions. Carpenter had observed from close examination of everyday experience that, under certain circumstances, the mere idea of a muscular movement could be sufficient to produce a reflexive, or automatic, contraction or movement of the muscles involved, albeit in a very small degree. Braid, therefore, adopted the term "ideo-dynamic", meaning "by the power of an idea", to explain a broad range of "psycho-physiological" mind-body phenomena. Braid coined the term "mono-ideodynamic" to refer to the theory that hypnotism operates by concentrating attention on a single idea in order to amplify the ideo-dynamic reflex response. Variations of the basic ideo-motor, or ideo-dynamic, theory of suggestion have continued to exercise considerable influence over subsequent theories of hypnosis, including those of Clark L. Hull , Hans Eysenck , and Ernest Rossi. Hypnotic susceptibility Braid made a rough distinction between different stages of hypnosis, which he termed the first and second conscious stage of hypnotism; [43] he later replaced this with a distinction between "sub-hypnotic", "full hypnotic", and "hypnotic coma" stages. In the first few decades of the 20th century, these early clinical "depth" scales were superseded by more sophisticated "hypnotic susceptibility" scales based on experimental research. The most influential were the Davis-Husband and Friedlander-Sarbin scales developed in the s. Hilgard developed the Stanford Scale of Hypnotic Susceptibility in , consisting of 12 suggestion test items following a standardised hypnotic eye-fixation induction script, and this has become one of the most widely referenced research tools in the field of hypnosis. Whereas the older "depth scales" tried to infer the level of "hypnotic trance" from supposed observable signs such as spontaneous amnesia, most subsequent scales have measured the degree of observed or self-evaluated responsiveness to specific suggestion tests such as direct suggestions of arm rigidity catalepsy. There is some controversy as to whether this is distributed on a "normal" bell-shaped curve or whether it is bi-modal with a small "blip" of people at the high end. Research by Deirdre Barrett has found that there are two distinct types of highly susceptible subjects, which she terms fantasizers and dissociaters. Fantasizers score high on absorption scales, find it easy to block out real-world stimuli without hypnosis, spend much time daydreaming, report imaginary companions as a child, and grew up with parents who encouraged imaginary play. Dissociaters often have a history of childhood abuse or other trauma, learned to escape into numbness, and to forget unpleasant events. Their association to "daydreaming" was often going blank rather than creating vividly recalled fantasies. Both score equally high on formal scales of hypnotic susceptibility.

6: The History and Power of Mind - Hypnotism, and How to Guard Against It

The second reason that hypnosis is dangerous because the mind loses its ability to distinguish between fact and fantasy (truth and error). That can be dangerous because if you can be easily deceived, Satan can and does take advantage of the opportunity. Let me give you one example.

In addition to its main cast of 12 voice actors, it features character design by Idea Factory and Otomate with scripts by Momose Yuichirou. While idols both 3D and 2D are a familiar presence in the world of otaku, Hypnosis Mic brought fans down a different path with its unusual combination of rap and popular voice acting talents. The project officially began on Sept. Later videos and CD singles then brought fans deeper into the visuals and vocals of Hypnosis Mic. Story In a world where women now dominate the government, the creation and use of weapons is strictly forbidden. However, by no means has conflict been brought to an end; instead of weapons, war is waged through words. Those in the divisions outside the women-only Chuou Ward thus use it for fierce rap battles as their weapon in the constant clash for territory. Characters Hypnosis Mic features four main three-man groups, each representing a different division: As the leader of Buster Bros!!! Having grown up watching his big brother Ichirou leading the way, Jirou has practically elevated him to the status of a god while becoming somewhat of a delinquent himself. As for everyone else, though, Saburou is quick to look down on anyone he judges as below him. Incidentally, he may be prone to violence but he makes it a point to never touch women. However, he tends to take good care of his subordinates. His normal personality is more gentle, though, and he likes to do his best for others. Innocent and inclined to make careless remarks, this fashion designer is nevertheless popular with the ladies. Life is desire, not meaning. He also tends to weave convincing lies that usually go unnoticed - until he casually reveals it, that is. Live the life you love. Appropriately, he hates the notion of steadiness, having depended on his luck to get here, to the point that he decides everything with a roll of his ever-ready dice. One look at Jakurai will betray the mysterious aura that surrounds him. Due to his pessimistic tendencies, he has virtually no friends except for his fellow group member Hifumi. Music Hypnosis Mic centers around CDs starring its main four groups, including rap battles and singles for separate groups. Those buying the former receive serial numbers that can be used to vote for the winner, while the latter features drama tracks that give more insight into the crews and their relationships. Live events featuring the voice actors behind the Hypnosis Mic rappers have also been held. The trailer below features Kimura Subaru, who plays Buster Bros!!! B, as he introduces the game - through rap, naturally. For more information on Hypnosis Mic, visit the official website.

7: CATHOLIC ENCYCLOPEDIA: Hypnotism

If hypnosis is a sin, you need to immediately stop sleeping because the moments right before you go to sleep and wake up, you are in a state of natural hypnosis. Yep, and you also, need to give up reading a good book, watching a movie or tv, driving and several more activities as everyone goes in and out of hypnosis at some level naturally all the time.

His life was not dissimilar from the life of his associates except that he had the benefit of a better early education, and an opportunity to study medicine later on in his life. He attended a medical college in Vienna and graduated in , and soon after that time resumed his study of Occultism under the same Master who had taught him in the previous life. It required but a very short time, after he began the practice of medicine, for him to learn something about the deficiencies in the system of therapeutics, as it was then understood. In he moved to Paris, which was then the scientific world, and began the practice of a system of magnetic treatments of the sick which startled the scientists and brought down upon him the condemnation of many of the medical men of that time. He cured many cases that the physicians had pronounced incurable and, of course, aroused the jealousy and hatred of many of the medical profession. I am speaking of Friedrich Anton Mesmer. The cures this man performed were so very remarkable that all the wealth and intelligence of the world went to Paris to be treated by this new system, and as a result, the medical profession began to wage war against him as they did during this last century against the Christian and Mental Scientists and the Osteopaths. For human nature was then no better than now, and the green-eyed monster of jealousy cut a very conspicuous figure with the treatment of Mesmer, as it does with all other persons who innovate old methods. It reported adversely to Mesmer, of course, and soon his clientele began falling away from him. In he founded the Order of Universal Harmony, a secret order built upon the lines of Occultism, under the direction of his teacher, who was also in Paris, giving many great demonstrations of his Occult powers. I refer to Count Saint Germain. This Order of Universal Harmony was the gateway through which all persons could enter, who were prepared at that time to take up Occult studies. But as time passed, many of the members dropped out and the Order gradually grew smaller and smaller until but a very few were left. To these faithful ones Mesmer taught the Occult system of therapeutics, Occultism, and the manipulation of that force which he designated as Mesmerism - naming it modestly after himself. After the public had deserted him, and most of his students had turned their attention to other things than Occultism, he removed to England, where he met with very little success, and finally went back to the Fatherland, where it is said he died in Later, some scientific students in Paris and elsewhere began investigating along the lines laid down by Dr. Braid, and just about a century after Mesmer had been condemned and called an impostor by the French scientists, his teachings began to receive the attention they deserved, although many persons, while accepting the teachings, discredited the teacher. Mesmer taught that mesmerism is an emanation of certain particles called animal magnetism, from one person which affects the will and nervous system of another. Braid taught that there is no emanation from the operator, but either through the will of the operator, or through mechanical processes, an artificial mental condition is awakened in the subject, and that during this condition the volition of the subject is under the control of the operator. In other words, it is the influence of one mind over another. How one mind can affect another without an emanation is beyond the comprehension of the lecturer, but perhaps hypnotists can explain that condition satisfactorily, at least to themselves. These are the supposed lines of division between the two systems, but Mesmer really taught two systems in one. First, that there is a flow of magnetic force, which he, designated as animal magnetism, and that this emanating force is curative in its nature; second, that there can be coercion of mind by mind. He practiced the first and warned his students against practicing the other. The world, of course, confused his teachings, as it usually confuses anything of an Occult nature, and remembered the second system without his caution. At the present time animal magnetism is known as Mesmerism, and Hypnotism is known as sleep, artificially produced. He taught that Mesmerism is a Cosmic Force which is a part of the law of love or the law of attraction, and that it flows through man and may be directed by his will, as an emanation from him to another. For example, he showed that the force flowing from his hands was a force that he could draw into himself and then give to another. He also showed that he could get

approximately the same effect by using large magnets, thus proving that this is a general and not a personal force which he used. The law of gravitation is a part of this magnetic force, and so is love in all its gradations, whether it be human love, animal love, or passion. The law of attraction manifesting through an animal body we now designate as animal magnetism. This Cosmic Force, passing through an animal, is nothing more nor less than the Universal Life Principle, the orange vibration, which you will be taught in the next lecture how to use. Passing through man as human-animal magnetism, it manifests itself as that peculiar vibration or force which his development permits. There is, however, a physiological condition necessary to a body in order to make it magnetic, just as there is a physical condition necessary to make any mass magnetic. Glass is not magnetic as compared with iron or steel. The rate of vibration of glass is so different from that of magnetism that it does not make a good conductor for that force as it flows over it. The condition necessary to make a proper basis for the animal or human magnetism to manifest is the excess, above the normal, of the number of red blood corpuscles in the body; and these red corpuscles must vibrate at a high rate. With these two conditions there is established the physiological basis which enables the Cosmic Force to manifest; and having the proper physiological basis, a person, either consciously or unconsciously, draws within himself this Cosmic Force through the left side of his body, and passes it out through his right side, the left being the negative, and the right the positive side of the body. Animal magnetism can be utilized by man through the blending of his aura with that of another, or through transmission by physical contact, laying on of the hands, etc. Most persons, such as faith curers, or magnetic healers, use this magnetic force without an understanding of the law which underlies it. If an Occultist desires to transmit this force to another person by physical means, he places his right hand on that other person; then, after drawing into himself the force, he permits it to flow through him into the other. This force can be used advantageously in all nervous troubles, because it is the nerve fluid, or life force, which restores depletion; it is also helpful in cases of consumption of any of the physical organs of the body, and if properly directed, will build up diseased cells and restore wasted tissues. Many persons possess this magnetic force to a great degree, but do not know how to use it, while others perform cures unconscious of the power they possess, and without the action of their own will. A person who makes a practice of using his animal magnetism or life force for the treating of disease must become greatly depleted at times, since the natural inflow of life force is never so great as the outflow. If the natural inflow of the life force were throughout life as great as the outflow, our bodies would last forever, because this would make an even exchange of atoms, and no robbery could be perpetrated. There is an actual emanation from one person to another, and this emanation causes an exchange of physical atoms. Remember, please, that I am not speaking of the higher Cosmic forces which can be used for healing purposes without depleting the healer, and which I shall teach you how to use in a subsequent lecture; but I am speaking of the natural life force within the physical body, that can be used as a curative agency, as Mesmer used it. It is because of the outflow exceeding the inflow of magnetism that many drugless healers suffer so much depletion after their professional manipulations - which are very good for the patients, but hard for them. Sometimes the drugless healer absorbs the old diseased atoms from his patients, through manipulating with both hands at the same time, thus forming a complete circuit for the magnetic force, which carries from him his best atoms and returns the cast-off ones from his patients. It is not conducive to the good health of the drugless or magnetic healer, to use both hands while treating the sick; but in severe cases, where it seems that a life should be kept from going out, it may be done. But immediately afterward both hands and arms should be bathed in hot water, rubbing the arms and hands from the elbow downward to the tips of the fingers. In this way it is possible to remove, by aid of the hot water, many of the low vibrating atoms which have been taken into the system. When a Mental Healer begins to lose his force, or power to heal, as many do, the world says: First, his brain has become tired by continuous concentration, and its material atoms have taken a slower rate of vibration because the outflow of magnetic force has been much greater than the inflow. Through his intense interest in his cases perhaps his sympathies have gone out to his patients with his treatments, and there was an expenditure of emotional force. Without understanding the reason for his waning power, he tries to go on with the work of healing when he should rest and sleep, and in this manner draw back to himself the life force he has given away. After a time he finds himself depleted and is compelled to retire from service humiliated and

chagrined, perhaps, because of the unkind criticisms he has received from those to whom he has given his life force. There is a better and a higher way to treat the sick than by the magnetic force which made Mesmer famous, and that is to remain in a positive condition of mind, control your sympathies, and thus hold your own magnetic force as a basis over which you may draw the higher Cosmic forces, and pass them on to your patients without so greatly depleting yourself. If you can control your sympathies, and remain positive, you can treat without serious depletion as many patients as you can entertain during office hours. If you cannot remain positive it is then better to direct mentally the Cosmic Forces without physical contact with the patient. But, you may say, this is not the aspect that modern science is investigating. It is true that it is not practiced along the lines Mesmer laid down, except by the physicians who are beginning to use electricity in their practice, and who attempt to do with their batteries precisely what Mesmer attempted to do with his magnets; and I am not sure that they are anymore successful, because Mesmer also used the greater force of mind to assist these currents. And now we come to that particular aspect of the subject which modern science is beginning to investigate, which is known as hypnotism. The mechanisms that are used to produce hypnosis are revolving mirrors, bright lights, or anything which will serve to excite the optic nerves and raise them to a rate of vibration which will enable the subject to pass into hypnosis, or sleep. Unnatural stimulation of the nerves of the eyes, or of the nerves at the base of the brain, or by focusing the sight at an angle of forty-five degrees, and then gradually raising it until the pupils are turned upward above the upper lids, will produce an abnormal nervous excitation; and while the subject is in this condition he readily accepts the mental suggestion of sleep, and passes into hypnosis. If the hypnosis is complete, then both minds of the subject are absolutely under the control of the operator; but if the hypnosis be only partial, then nothing but the objective, or lower mind, of the subject is controlled. But while in this condition, and passive to the will of another, the subject must accept as true everything suggested to him by that controlling mind; and whatever command is given to him in sleep he will obey when he wakes, and without knowing why. So long as the operator lives in this world, so long will he be able to control that subject, unless his power is broken. It is contended by the modern hypnotist in France and in America that the mind of the subject is not dominated to the extent of coercion, or beyond the power of the subject to act independently. In other words, that he cannot be compelled to do a wrong against his will. Cases are cited where subjects refused to stab a man when the operators gave them real daggers and commanded them to do so. Other cases are cited where the same subjects were given paper daggers and were told to strike designated persons. This command they obeyed with alacrity; and because they obeyed in the last instances and refused in the first, it was supposed that they could not be coerced to commit a crime against their wills. The Occultists say these cases do not prove the theory advanced, but only show that both minds of the subjects were not under the control of the operator; and that if they were, the subjects would have obeyed in the first instances as quickly as in the last. Then too there were in the former cases mental reservations in one or both minds of the operators which affected the subject. Occultists who have made a study of the power of mind for hundreds of years, say that nothing will prevent a hypnotized subject from obeying the commands of the operator, or controlling mind, when once the subject is fully under his influence. Some of you may have seen the account in one of our local papers where a man was hypnotized and compelled to deed everything he had in the world to another man. The hypnotist was incarcerated in jail until the paralysis passed away from the throat of his victim and when his influence was removed and the true testimony was given, the court decided that the property should be restored to the original owner. And only a few months ago here in New York City, you remember how Patrick was tried and convicted of the murder of the millionaire Rice. It is gradually being understood, however, that morality does not enter at all into the question of control, but that it depends wholly upon whether or not both minds of the subject are controlled. Occultists believe that there is no disease, no trouble, nor anything in the world that can justify a person in attempting to hypnotize another. If a person consents to be hypnotized, then it is because he does not know the dangers he incurs by consenting, and his ignorance should not be taken advantage of by one who knows better. There is another phase of this mind controlling mind which is more subtle and dangerous than that of mechanical hypnotism, because it can be used without the knowledge of the subject, and without the immediate presence of the operator. This branch is called by the Occultists Mental Dominion, and is just beginning to be understood in the West. Hypnotism by

mental dominion is produced by mental suggestion alone, without physical contact or mechanical aids. It makes no difference whether the subject he present, in the next room, or in the same State with the operator, he can be reached equally well at any time or place. The method formerly adopted was to suggest sleep to the subject, or victim, and when he had received and obeyed the suggestion, then the operator impressed whatever he desired upon the mind of his subject, who had to obey his will upon waking. But after a time the American Hypnotists discovered that putting the subject to sleep was not essential, and that just as effective work could be done by repeated suggestion until the subject should accept and act upon it, believing it to be his own thought. This process of mental control can only be called hypnotism by courtesy, since hypnosis is now omitted as a necessary condition in its accomplishment; however, it will continue to be called by that name until a more suitable one shall be adopted. Unless you have made a study of this practice of mental dominion, you have no idea of the extent to which this subtle power is being used in the United States. It is flagrantly and openly taught by "colleges," chartered by various States; all newspapers, and many magazines, contain their alluring advertisements offering to teach "Personal Magnetism, Hypnotism, The Secret of Power," etc. Under various names each of these teachers, colleges, professors, and doctors offers for a monetary consideration to teach you how to dominate your fellow men, how to enslave another Son of God, and how to "positively enable any intelligent person to exercise a marvelous influence over anyone whom he may wish to control. Traveling salesmen, doctors, lawyers, brokers, real estate men, and, in fact, persons in every branch of business are studying and using mental coercion. In my own personal experience, in the practice of law, I have had a dozen or more cases in which the malign influence of persons had been used to get money and property away from others. In three of these cases stock brokers had used mental coercion compelling my clients to entrust money to their keeping with the permission to use it as the broker saw fit. The money had been appropriated by the hypnotist stock broker for his own purposes, and my demand for restitution was met with the assertion that it had been lost in speculation by my client. In two of these cases, after the arrest of the respective brokers, the proceedings had to be stopped, because my clients had again yielded to the influence of the men who had coerced them and refused to prosecute them further. There is a member of this class who heard these lectures last year and said that such an influence could never come into her life; yet within a few months afterward, while her husband was away and she was alone, a stock broker called, and asked her to place in his hands a large block of valuable stock with full permission to dispose of it as he thought best. After urging the matter for an unreasonable length of time, he finally left her, after gaining her promise to let him call the next day for the stock.

8: Hypnosis and Hypnotism

How to Hypnotize Someone with Your Eyes. In this Article: Doing Eye Focusing Exercises Hypnotizing With Your Eyes Understanding Hypnosis Community Q&A While hypnosis may seem like magic, in fact, there is a lot of practice and science that goes on behind the act of hypnotizing someone.

The following information will help to address some of the more widely held misconceptions about hypnosis. You can be hypnotized to do things against your will Fact: The hypnosis practitioner is merely a guide or facilitator. In fact, during a hypnotic session, you are completely aware of everything going on. In other words, if you do not like where the hypnotist is guiding you, you have the power to reject the suggestions. Under hypnosis you will always tell the truth and could even reveal personal secrets Fact: You can lie under hypnosis just as easily as in the waking state. Everyone experiences hypnosis differently Either way is okay, and neither will be more or less effective than the other. A person can get stuck in a trance forever. No one has ever been stuck in a hypnotic trance. Hypnosis is a naturally occurring state that we enter and exit during the normal course of a day. There are no known or reported dangers with hypnosis when working with a trained practitioner. When in the state of hypnosis, our brainwaves vacillate through the Alpha to Theta ranges. Any time you choose to emerge from hypnosis, for any reason, you are able to simply open your eyes and become fully alert. Quite the contrary, studies suggest that people of above average intelligence who are capable of concentrating and who have a capacity for creativity and vivid imagination usually make the best subjects. A person under hypnosis is asleep or unconscious. Hypnosis is neither sleep nor unconsciousness, even though a common misconception is that you are asleep when hypnotized. The experience of a formally induced hypnotic state might resemble sleep from the physical point of view: From the mental standpoint the client is generally relaxed and may be keenly alert, in a comfortable state where the person can think, talk and even move about if needed. But all clients are unique and can experience hypnosis in their own unique ways. Some are comfortable enough with the process that they find themselves drifting in and out of a more dream-like state. Hypnosis is contrary to religious beliefs Fact: Hypnosis can be used to ease or remove pain, overcome fears, phobias, addiction and other problems. Hypnosis is not associated with any of the world religions. A Comparison Study Shows:

9: What Does The Bible Say About Hypnotism?

When you see stage hypnosis where people publicly act out behavior that is different than their normal behavior, it is not against their will; it is because they are willing to act silly in that situation.

Otherwise legitimate medical doctors use hypnosis as part of the healing process to reduce the side effects from drugs, to help speed patient recovery, and reduce post-operative discomfort. Dentists are using hypnotic techniques in conjunction with nitrous oxide to relax patients, minimize pain and bleeding, and control patient gas reflex during procedures. The sad part of it all is that even some unsuspecting Christians are willing to "try it. When you align your -- your inner voice -- with your conscious mind, you erase conflicting beliefs that hold you back. You can then move forward, without sabotaging yourself. Clinical hypnotic techniques guide you to a relaxed, peaceful state of mind. You remain in total control while learning how to use the power of your full mind to create a strong desire to accomplish your goal. You can change your life. It has been used for thousands of years by witchdoctors, spirit mediums, shamans, Hindus, Buddhists, and yogis. But the increasing popularity of hypnosis for healing in the secular world has influenced many in the professing church to accept hypnosis as a means of treatment. Both non-Christian and professing Christian medical doctors, dentists, psychiatrists, and psychologists are recommending and using hypnosis. Although a hypnotist may encourage only a light or medium trance, he cannot prevent a hypnotized subject from spontaneously plunging into the danger zone, which may include a sense of separation from the body, seeming clairvoyance, hallucination, mystical states similar to those described by Eastern mystics, and even what hypnotism researcher Ernest Hilgard describes as "demonic possession. Many hypnotists say categorically that the will cannot be violated. However, the evidence is otherwise. Because almost anything can be made to seem plausible to someone in the trance state, it is possible for a hypnotized person to act against his will -- to do what he would not do outside of the hypnotic state. Hypnosis bypasses the will by placing personal responsibility outside of objective, rational, critical choice. With normal evaluating abilities submerged, suggestibility heightened, and rational restraint reduced, the will is seriously hampered and is, at the very least, capable of being violated. This is impossible, however, because of the neurological, scientific fact that the myelin sheathing is too underdeveloped in the prenatal, natal, and early postnatal brain to store such memories. Still others describe some sort of disembodied state and then what they identify as past lives and former identities. How much of this is created by heightened suggestibility, unrestrained imagination, trance hallucination, or demonic intervention cannot be determined. Furthermore, the Bible clearly contradicts past lives and reincarnation -- "It is appointed unto man once to die" Heb. Hypnosis is not even reliable with recent recall. What is "remembered" under hypnosis has often been created, reconstructed, or enhanced during the state of heightened suggestibility. Research indicates that after hypnosis, a person is unable to distinguish between a true recollection and what he imagined or created under the heightened suggestibility. Hypnosis is just as likely to bring forth false impressions as true accounts of past events. Individuals can and do lie under hypnosis! Hypnosis is thus more likely to contaminate the memory than to help a person remember what really happened. Besides past life hypnotic therapy, some practitioners are doing future life hypnotic therapy. The hypnotized person supposedly sees future events, solves murders, reveals the future fates of well-known personalities, etc. One involved in this hypnotic time travel must ask himself, "Where is the line of demarcation between the demonic and the divine, between the realm of Satan and Science? At what point does the door of darkness open and the devil gain a foothold? One such environment would be the regression into childhood memories see above. Another would be in Large Group Awareness Training. The Forum formerly est , Life Spring, and Momentum are the names of some of the more well-known large-group training seminars that promise life-transforming results. Some have marathon meetings that last numerous hours and take advantage of fatigue working together with much repetition, group pressure, and various psychological techniques, some of which attack personal belief systems and cause mental confusion. The confusion technique, which is also a hypnotic device, may be used to disorient the subject to make him more responsive to cues. Other activities and settings where hypnosis may occur also include: The label "medical" before the

word hypnosis makes hypnosis seem benevolent and safe. Even some well-known professing Christians e. Psychiatry professor Thomas Szasz describes hypnosis as the therapy of "a fake science. Although hypnosis has been investigated by scientific means, and there are some measurable criteria concerning the trance itself, hypnosis is not a science. No one knows exactly how hypnosis "works," other than the obvious "placebo effect" -- the successful use of "false feedback" in the same manner that feedback is used in the occult techniques common to acupuncture , biofeedback , and psychotherapy. But compounding the word hypnosis with the word therapy does not lift the practice from the occult to the scientific. The white coat may be a more respectable garb than feathers and face paint, but the basics are the same. Hypnosis is hypnosis, whether it is called medical hypnosis, hypnotherapy, autosuggestion, or anything else. Hypnosis in the hands of a medical doctor is as scientific as a dowsing rod in the hands of a civil engineer. Trances brought about through medical doctors are not significantly different from occultic hypnosis. In their text on hypnosis, which is used in medical schools, two well-known researchers state categorically: Although the rituals for each differs, they are fundamentally the same. Fuller Torrey, a research psychiatrist, aligns hypnotic techniques with witchcraft. He also says, "Hypnosis is one aspect of the yoga techniques of therapeutic meditation. More and more medical practitioners are being influenced by ancient, occult medical practices. The holistic healing movement has successfully wed Western medicine to Eastern mysticism. We then raise the following questions about the use of hypnosis by a medical doctor: How about the use of a medical hypnotherapist who belongs to the Satanist church? What about an M. Although those in a self-induced hypnotic trance may gain a certain amount of control and exercise some degree of choice, they, nevertheless, do not retain their normal means of evaluation of reality and rational restraint. Teachers of self-hypnosis will generally try to assure people that hypnosis is simply focused attention, increased concentration, relaxation, visualization , and imagination. Yet such activities are precisely the useful means of going into the trance. Furthermore, they continue on at a different level during the trance. By imagining one is leaving his body, one may move into the trance with the kind of hallucination and trance logic of really seeming to be out of the body. A medical doctor, teaching a class in self-hypnosis, instructed his students to go into a hypnotic trance, leave their bodies, and then go back in to explore various parts of the body. All of this was for the purpose of self-diagnosis and self-healing. Occultist Edgar Cayce also used self-hypnosis to diagnose disease and prescribe treatment. Therefore, self-hypnosis can be as occult and demonic an activity as a trance directed by a hypnotist. At varying depths of the hypnotic trance, patients describe experiences that are identical to the cosmic consciousness and self-realization induced by yogic trance. The Bible speaks out strongly against all practices of false religion and the occult. God desires His people to turn to Him in need, not to those who practice sorcery, divination, or enchantment. He warns His people about following after mediums, wizards, enchanter, charmers, and those who have a familiar spirit Deut. Hypnosis, as it is practiced today, may very well be the same as what is identified as "enchantment" in the Bible Lev. In hypnotism, faith is shifted from God and His Word to the hypnotist and his technique. God speaks to people through the conscious, rational mind. He commands individuals as creatures who make conscious, volitional choices. He sent His Holy Spirit to indwell Christians to enable them to trust and obey Him through love and conscious choice. Hypnosis, on the other hand, operates on the basis of imagination, illusion, hallucination, and deception. Jesus warned His followers about deception. After a person has opened his mind to deception through hypnosis, he may become even more vulnerable to other forms of spiritual deception. If hypnosis generates any form of faith and worship not directed toward the God of the Bible, any person who subjects himself to hypnotism may be playing the harlot in the spiritual realm. At its worst, it opens an individual to psychic experiences and satanic possession. When mediums go into hypnotic trances and contact the "dead," when clairvoyants reveal information which they could not possibly know, when fortunetellers through self-hypnosis reveal the future, Satan is most certainly at work. Are people in the church being enticed to enter the twilight zone of the occult because hypnosis is now called "science" and "medicine"? Let those who call the occult "science" tell us what the difference is between medical and occultic hypnosis. And let those Christians who call it "scientific" explain why they also recommend that it be performed only by a Christian. If hypnosis is science indeed, why the added requirement of Christianity for the practitioner? There is a scarcity of adequate long-term studies of those who have been hypnotized. Before

hypnotism becomes the new panacea from the pulpit, followed by a plethora of books on the subject, its claims, methods, and long-term results should be considered. Because hypnosis has always been an integral part of the occult, because it is not a science, because of its known harmful effects, and because of its potential for spiritual deception, the wise Christian will completely avoid it, even for "medical" purposes. It is obvious that hypnosis is lethal if used for evil purposes. However, we contend that hypnosis is potentially lethal for whatever purpose it is used. The moment one surrenders himself to the doorway of the occult, even in the halls of "science" and "medicine," he is vulnerable to the powers of darkness. The book was revised and reissued in as Hypnosis: Medical, Scientific, or Occultic?

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