

1: What Women Love And Hate About Anal Sex - AskMen

There's just something so deliciously taboo about it and like you're getting to do something you shouldn't • similar to anal. But I don't like anal, so I guess period sex is my anal."

Online Health Chat with Dr. Did you know colon cancer is one of the most common types of cancer? A colonoscopy provides the finest in screening because it can both detect and remove polyps before they can turn into colon cancer. Cleveland Clinic colorectal surgeon James Church, MD, will provide answers to your questions about colonoscopy. You will also learn who needs to have a colonoscopy and what the risk factors are for colon cancer. He has been Director of the David G. He also is Co-Investigator of a study examining the usefulness of CT colonoscopy in detecting colorectal polyps. Church is actively involved in many scientific and medical societies. These international societies are dedicated to the care of patients with inherited colorectal cancer and to research into their disease. A frequent national and international lecturer at scientific meetings, Dr. Church has authored more than articles in peer-reviewed journals and 22 book chapters on hereditary cancers, endoscopy, and molecular genetics of colorectal tumors. Church received his degree from Auckland University School of Medicine in New Zealand, where he also completed several postgraduate research fellowships. To make an appointment with Dr. Church or any of the specialists in the Digestive Disease Institute at Cleveland Clinic, please call You can also visit us online at clevelandclinic. To take a free online risk assessment to determine your colon cancer risk and receive personalized screening recommendations, please visit clevelandclinic. Welcome to our Online Health Chat with Dr. We are thrilled to have him here today for this chat. How long does the procedure take? Am I awake for the procedure? What are you looking for? What are the signs of colon cancer? Are they always removed? How often should a person get a colonoscopy? What are some of the early warning signs of colon problems? What actually causes colon cancer? Is it just a hereditary risk, poor eating habits, other unhealthy habits such as smoking or drinking? Are there any environmental factors living in industrial areas; living in certain areas of the country? What are the best foods to eat to lower my risk of colon cancer? Besides foods, is there anything else to lower my risk? Wow, those are a lot of questions! But they are good questions! I will do my best to answer: Colonoscopy should take about 30 minutes: Then if polyps need to be removed it will take longer, depending on the number and the size of the polyps. Different colonoscopists take different approaches to sedation and pain management. My approach is to have patients awake and responsive. They can help me with the colonoscopy by holding their breath or turning from side to side. They get a small dose of a sedative and more, if needed. Most patients do fine with the initial dose, but some need more because their colons are unusually long or twisty. Other colonoscopists just knock patients out. This can be a problem, as patients respond to drugs in different ways, and sometimes they can stop breathing. In addition, recovery is a lot longer. Some patients have a colonoscopy with no medication at all. I did this twice. In general, the lighter the sedation, the better the colonoscopists technique has to be. A screening colonoscopy aims either to find asymptomatic cancers at an early stage so they can be cured or to prevent cancer altogether by finding and removing precancerous polyps before they get a chance to turn into cancer. Some colonoscopies are done because of symptoms, rectal bleeding or changes in bowel habits. These are not screening exams but diagnostic exams; and occasionally we will find a cancer or polyps during these colonoscopies. There are several types, some are precancerous and some are not. However, all colon cancers start off as polyps, so if we can make you free of polyps, you will not get cancer. Therefore all polyps are removed. There is colonoscopy whole colon , sigmoidoscopy rectum and last 2 feet of colon , proctoscopy just the rectum , and anoscopy just the anus. For colorectal cancer screening, total colonoscopy is by far the best. Its downside is the prep and the cost. Flexible sigmoidoscopy is quicker and cheaper, and the patient takes two enemas for prep. However, no sedation is given so it can be painful, and it only checks a limited area of the rectum and lower colon. Therefore, you can have a "normal" flexible sigmoidoscopy and still have a polyp or cancer in the upper colon. I assume you mean a screening colonoscopy. It depends on your risk. If you are 50 years or older with no family history or personal history of polyps or cancer, then the first colonoscopy should be at If you are African American, your screening

colonoscopy should start at age 50. If that is normal, you should have one every eight years afterward. If you have a close relative with colorectal cancer or polyps, your risk is higher. You should start colonoscopy earlier and do it more frequently, depending on how strong the family history is. For example, the average risk of colorectal cancer in the United States is 6 percent. If you have a parent with colorectal cancer over age 50, your own risk goes from 6 percent to 15 percent. If that parent was younger than 50 when he or she was diagnosed, your own risk is now about 24 percent. If you have two relatives with colorectal cancer, say a parent and an uncle, your risk is now 24 percent. The younger that the relative is affected, the higher your risk and the earlier you should start colonoscopy screening. If you have had colon cancer already, you need a colonoscopy every three years. If you have had precancerous polyps in your colon, you need regular colonoscopies, the frequency of which is determined by the number and size of the polyps. Rectal bleeding is the most common early warning sign. It is always abnormal and should always be checked. A significant change in bowel habits -- either toward constipation or diarrhea -- is also a concern and needs to be investigated. Abdominal pain can sometimes come from a colorectal cancer, but it has to be fairly advanced. A patient with unexplained anemia needs a colonoscopy. Are there any environmental factors living in industrial areas, living in certain areas of the country? Colon and rectal cancer is a genetic disease. It occurs because of a gradual build-up of genetic mutations and other genetic abnormalities in the cells lining the colon. These cells are prone to genetic mutations because of the carcinogens in the stool, and the fact that the stool passes slowly through the colon average normal transit time is 36 hours. The average colon cancer has mutations in 90 genes, but it takes on average 60 years for these to build up. After 50 years, there are enough mutations to cause a polyp, and then after another 10 years, the extra mutations produce a cancer. There are several different pathways to colon cancer at a genetic level. Environmental factors encouraging colorectal cancer are red meat and animal fats, char grilling meat, smoking, alcohol, and a high BMI body mass index, that is, being overweight. Factors protecting against colorectal cancer are a diet high in fresh fruits and vegetables, exercise, and plenty of physical activity. Aspirin can protect against colorectal cancer, as can hormone replacement therapy in women. Besides foods, anything else to lower my risk? Get regular colon cancer screenings beginning at age 50. Talk to your doctor about earlier screening if you have a personal or family history of colon cancer or polyps. What are the best foods to eat to lower my risk of colon cancer? A diet high in fat, processed foods and red meats increases colon cancer. Limit your consumption of these foods. Eat more fruits and vegetables, whole grain breads and cereals, nuts and beans. Being overweight or obese increases your risk of colon cancer. Maintain a normal body mass index BMI. Exercise for at least 30 minutes five days a week. If you drink, recommended limits are: Take steps now to quit. I am having a colonoscopy in the next few days.

2: wikiHow - How to do anything

I mean, obviously you can ask them, but if you want to make it seem like you've got it all figured out in the bedroom department (psst: no one really does), read on. We loved this Ask Reddit thread on what guys think women don't do enough of in bed.

Anti-gay activists hold a banner depicting anal sex Last week, I tried to figure out why more women are having anal sex and why it correlates so highly with orgasms. And 94 percent of women who received anal sex in their last encounter said they reached orgasm—a higher rate of orgasm than was reported by women who had vaginal intercourse or received oral sex. William Saletan Will Saletan writes about politics, science, technology, and other stuff for Slate. For obvious reasons—“anatomical, evolutionary, and aesthetic”—anal sex should, on average, be less attractive and satisfying than vaginal or oral sex. The other acts reported by women who engaged in anal sex—“vaginal intercourse, cunnilingus, partnered masturbation”—delivered the orgasms. Well, shame on me. Not for talking about sodomy—that taboo seems to be fading fast—but for doubting that women love it. Bloggers, blog readers, and Slate commenters are offering lots of other theories to explain the orgasm data. Advertisement I should start with a confession: I understated the mainstreaming of anal sex. I relied on data tables that reported how many women had done it at least once around 40 percent, in the last year around 20 percent, or in the last month around 7 percent. I missed a different table Table 4, page that isolated women who were "partnered" and asked about their activities over a day period. Among those aged 16, 16 percent had done it. Among women aged 18 who were cohabiting but unmarried, 30 percent had done it. Why do they do it? And why do those who do it most often women who reported anal intercourse in their last encounter get the most orgasms? Here are some theories proposed by readers and bloggers. Anal sex causes orgasms. Five of them say they get orgasms from it. Many are explicitly partnered; most are using full names. Others who enjoy sodomy are raising their hands here, here, here, here, here, here, here, here, and here, with additional secondhand reports here and here. And if you think is just male-imposed false consciousness, try reading a few lesbians on this subject. No single theory will explain the whole correlation. Originally, I speculated that this effect was reciprocal: These are just anecdotes, but the survey data back them up: Nearly all women who reported anal intercourse in their last encounter said they engaged in other sex acts, too. Some women cite both factors. I was more afraid of it because of scary porn. Makes my orgasm explosive. Course I want more. Orgasms cause relaxation, which facilitates anal sex. See this lesbian testimonial on the same theme. This theory is psychological but also physical: So when women are surveyed about their last sexual experience, the only women who say they had anal sex are the ones who had orgasms. Adventurousness causes orgasms and anal sex. A male commenter puts it this way: Couples who have consensual, playful and open-minded sex lives tend to do things that result in the women in these relationships having orgasms AND to experiment with and possibly find they enjoy anal sex. It fits the survey findings "greater behavior diversity is related to ease of orgasm" and the specific data on anal sex. While nearly all women who had anal intercourse in their last encounter reported other sex acts as well, nearly half the women who had vaginal intercourse reported no other sex acts. But is this really a matter of adventurousness? Maybe vaginal sex is simply more satisfying, so women are less likely to need an additional act. A female Slate commenter proposes a way to test the hypothesis: Women who orgasm easily are more likely to try anal sex. This turns the adventurousness theory upside down. Self-assurance causes orgasms and anal sex. The paradox to be explained is why an act widely considered icky or deviant correlates with orgasms. The self-assurance theory uses the ick factor to explain this. Anal sex requires affirmative interest. This is a more direct version of the self-assurance theory. Women who go for anal sex are into having anal sex. It turns them on. More likely to have an orgasm. Vaginal sex is what every women does, even those who Again, anal sets a higher bar. So disinterested women dilute the orgasm rate for vaginal but not anal sex. The same could be said of orgasms: Love and trust cause orgasms and anal sex. This is the most uplifting theory. It implies that the sample of women who report regular anal sex is heavily biased toward intimate relationships. The data Table 4, page strongly support this. Anal sex, more so than vaginal sex, seems to correlate with intimacy and commitment.

Male assertiveness causes orgasms and anal sex. This is a macho inversion of the love theory. A commenter at a misogynous Web site puts it this way: Also, women are more likely to acquiesce to buttsex demands from the highest-quality men. Anal sex is associated with orgasms, but mostly because both anal sex and orgasms occur more frequently with alphas. All of the ones that liked it had fairly intense orgasms no surprise there but only if their clitoris was stimulated at the same time. It could be that the pleasurable attraction for the women is due to it being a position that allows easy access for additional stimulation. The survey backs this up: Of women who had anal sex in their last encounter, 31 percent said they also had "partnered masturbation" Table 4, pages To the extent that this factor explains the happy endings, the anal orgasm data are inflated. Anal sex requires more foreplay and patience, which increases the odds of orgasm. One commenter observes that anal sex is "a more drawn out experience, what with prep work. The best way to understand it is to look at the data in negative terms: Internet porn is spreading the idea. According to a male commenter , the most recent increase in the prevalence of anal sex is mostly due to the near simultaneous rise in access to high-speed Internet € [When people] see these fetishes carried out frequently in pornography they may slowly begin to feel more comfortable about their suppressed fetishes and even muster up the courage to find someone who shares the same fetishes. On its face, this theory would explain only the prevalence, not the orgasms. But prevalence could increase the rate of reported orgasms by boosting the number of couples who discover they like anal sex, thereby increasing the odds that a woman who had anal sex in her last encounter i. These are just a few of the answers people have come up with. I also found a few amusing disputes between women and gay men over how to do anal sex and whether women can directly get orgasms from it. And I took some criticism from the pegging community for ignoring straight men who like to be penetrated. And this attitude is starting to irk some anal virgins. So if anal sex goes mainstream, be nice to the vanilla holdouts. As women embrace sodomy, it may lose its taboo appeal for men. With buggery on the daily menu, men might start begging for vaginal sex, or even kissing. Like Slate on Facebook. Follow us on Twitter.

3: Colonoscopy: Ask the Expert “ Everything You Want to Know but Are Afraid To Ask

In the future, if you're having pain anywhere in your body that clearly isn't temporary, you always want to ask a healthcare provider about it when you can rather than suffering without looking into why.

Go in with the expectation that this is for her, not for you. Also, since its more difficult for women to derive the same pleasure its kind of needed. Ray I think you are correct! however I guarantee many men reading this article have already tried that. Com Buying chocolates and flowers wont work for everyone. AshGraham1 Some sense Ray! Thanks for the great share. Kelly Smith-Master Really good Craig! My PhD focused on sexual desire and I know of no research that would back it. It assumes men are driven by the biology of built up desire and women are not. Especially one seeking to honor Christ. Ra Thank you for that input! Hang in there Ra. You are not alone. There are many women who have to fight hard for their sexual integrity. Keep focused on the goal of healthy sexuality. Cross culturally, the woman is the high desire spouse for 1 in 5 marriages. I was the high desire spouse for sure. I never cheated, but got blamed for it all the time. It was, by far, not our only issue, but eventually one of the heavier straws that broke our marriage apart. I tell my girl friends all the time that they are just as responsible for the health of their sex life as their husband. Kara i know what you mean! The longest i went was 4 yrs. Jaminology Link her to this article. Or to one of hundreds of scientific journals and health magazines which recommend around three times a week. Or to the Bible. Women will just feel invalidated because you showed her the article and interpret it as making her wrong. Personally i think couples should always be reading a book together or relationship series or possibly going to counseling especially with really big issues I love anything my larry crabb like the marriage builder is AMAZING! If you are not fond of driscoll maybe like john piper. Tim keller is a lot softer of an approach. Usually anything on the book song of songs is great for this area. Second, the approach can make a woman feel like a piece of meat. You have to let her know sex is your way of expressing your love and intimacy with her. Thats its a special sacred time where you get to physically act out your love for her. Know her love language for a lot of women more quality time is what they long for and use it to communicate this. Moreover, make sure its not all about you. What does she enjoy in bed. How can you serve her. She might just want to sit and kiss like when you start dating. For a lot of women it is more difficult to derive the same pleasure so sex needs to be something she looks forward to and sees in a positive light. The kids still need to be taken to school, dinner needs to be made and bills need to be paid. Lastly and actually most important just pray God will open her heart and allow her to view sex through your eyes and will show you the ways in which you can communicate that to her. Even I allow it, I can became aggressively rejecting any moment. One of my favorite marriage books is called the marriage builder by larry crabb. Its helped my husband and I so much. It great on how to handle and process emotions and feelings in a loving constructive way for yourself and for the relationship. It will only reinforce your resentment. I cannot find a way to discuss with her. I am in a demanding job where I confront issues daily, however I am a complete idiot at home. I live in a daily battle of fighting off trying to find alternatives to this intimate void in my life. Please pray for me. I yearn for intimacy and love. My wife says she is always angry at me for not always listening to her. I am a focus person and my radar does not pick up all messages around me and then I miss something she said, that angers her more. Why can I not get a fix for this? I am 49, we have been married for 22 years. My faith means I cannot seek sexual relief elsewhere. So, am I going to grow old without feeling sexually fulfilled? My selfesteem is falling apart. I wish life was easier. I need backbone to takle the situation before it destroys both of us. Please pray for us, please pray for me. Caroline Snider When your husband comes home from the Navy with no intention of looking to the Social structure in the community and spends three decades tearing it to shreds. I felt I had no choice but to hold back sex until he was willing to cooperate, In His family, many coworkers and I came back from Bavaria over the Millinial celebrations after having him Jailed on the 23 of December and forced to work instead of hurting the many plans others had for the turn of the century, With this peace proposal to go to a breakfast on the morning of our arrival. We could go home after the breakfast and put up the Christmas tree give him the dollar gift of a LED screen Clock that was prograded with pictures of every place we went and

did on that trip. I was asking him to Go up to the upper peninsula after the Christmas day celebration to a B and B overlooking the Straights of Macinac. HE just said His father and mothers and the rest of the family had their gift waiting at his fathers house that he was already called into the Foremans office and told he could have the time off for the next two weeks, that he had already told him he could stuff the time in his ear that was his time and he wanted like everyone else to decide when it was used and if his father and the skunk judge he had in his pocket, he was going to make sure that his dictator father and his pet judge got exactly what they deserved until he was let to have his say in his life and as far as I was concerned he cared less what I wanted from him now I was not getting it until he had his way in his wants. We got to his fathers with sheriffs deputies lights flashing out front, His mothers sister and her husband with his cousins standing out front with most the areas neighbors. He stepped out of the suburban and takes his coat, and shirits off puts his hands on a conestoga wheel he had cemented into their yard he demanded to know who was going to use the wrist ties to tie the uppity slaves hands to the wheel and was his father going to have the guts to use the bull whip hanging on it to teach him his place, There were scares on his back already I did not know how they had happened until years later. I had not known they were made on his back in by his father and several friends beating him with extension cord. For not letting several Sophmores have His Position on the football team in his senior year. His father felt he had an unfair advantage after spending the Summer In Army Basic and His first school and should have just completed his high school and gone back to the Army, But It caused his mother that 45th birthday to be taken by her sister away in sobs saying he hated his family now. I got home and knocked on the locked door latter and he opened it and slammed it in my face saying go peddle myself elsewhere. He had no more use for a none marriage. We found out that the man that my husband called his fathers pet judge was going to serve 15 to 30 after getting hauled off the bench by the highest law enforcement in the state conservation officers. He ruined a mans life because he was not getting things his way. When He developed a brain Tumor in and was not allowed to take the 60 day sick leave he was authorized, His father felt it was ten times to long. I was slapped to the floor when I tried to stand between him and His son to let his recovery complete I was told that day by huis father If I did not want that to happen again just stay out of the way. My husband hated my guts by that point after finding out I had been with a friend of the family in Bavaria. That morning the man I had been with was dying in the yard with three other men. For trying to force him to back off a job bid. Whenever his father and others forced him into work the next 7 years there was always someone ambushed because they did latter. The one year he was tricked into working it caused the man that did it our church deacon, to lose his family by disclosing his infidelity in front of the congregation on Christmas day Eventually in he killed himself. My husband did not care he had caused it. THE Last vacation we took without him hurting us over was to Sweden and Denmark in Instead of trying to see things our way over taking mid winter vacations His father was embarrassed having to open his safe deposit and handing my husband his passport back and having to pay a fine for holding it. In HE was willing to kill us for canceling his orient Express trip. We felt that for 24 years of no holidays and vacations that we could start the time someplace out of every ones hair. He dislocated my Shoulder and tried to kill his father over Europe. In January he was retired and The Union was laying the blame for his never getting time off on us with Detroit. They wanted him to sign that he would not hold them as the parties that forced him, New protoicols were instituted after his medical retirement, So Many hoops have to be jumped through for Vacation Cancelation. More than two weekends in a row worked and for holiday work. No man can get away with working every day and the social structure suffers for it. Andy Lincoln I am unsure if this is related but I am experiencing something with my wife that is troubling me, and she knows it and will not do anything about it. My wife is a cancer survivor, and thank the Lord it is now in remission. I found this out with the help of a genuine hacker called BirdEye! He gave me access to her texts, emails, social media and even her own personal bank account. He was the only one that came through out of all the other hackers i tried to hire and his services are cheap and affordable too.!! Way to go XXXChurch with your extrapolated biblical-reasoning. Or do you think that women are just mindless, passive entities that need to be led into whatever action they have to take?

4: Ask Any Question, Girls and Guys Have the Answer

For you, I would need to know what a "tubercle" is and why your doctor was so unsure of whether anything had been missed. General Questions lena If a person with well-controlled celiac disease had a colonoscopy at 50 with completely normal results, when should the next colonoscopy be (no immediate family members with colon cancer but.

Therefore it is impossible to say exactly when you are fertile. Women can change from month to month so fertility charts are a guess at best. If you are on birth control pills and at any time you need to take antibiotics, antibiotics can reduce the effectiveness of birth control pills so you need to use back up BARRIER protection, like condoms, for the entire time you are taking the antibiotics AND for at least 7 days after you finish them. Since antibiotics reduce the effectiveness of the Pill, you CAN become pregnant when taking antibiotics while on the Pill if you do not use a barrier back up method. I say barrier method because "pulling out" or removing the penis before ejaculation is NOT effective as a method of birth control and neither is it a back up method, also, I don't recommend the use of emergency contraceptives Plan b, Next Choice when you are on hormonal birth control already birth control pills, Depo-Provera, Nuva Ring, Ortho Evra are examples of hormonal birth control methods. Antibiotics and Birth Control Emergency Contraceptives e. Plan b or other emergency contraceptives are a big blast of hormones and when you are already on hormones, this becomes a hot mess of circulating hormones in your system. It is not contraindicated to use Plan b when on oral contraceptives that I know of, BUT by taking these large doses of hormones, you are opening yourself up for major side effects from these hormones. Things like sore, tender, swollen breasts, nausea, vomiting, cramping, bloating, acne, dizziness, headaches, lack of appetite or increased appetite are all side effects of large doses of hormones found in birth control. Sounds a lot like pregnancy, doesn't it? So if you are using Plan b or other emergency contraceptive because of a missed pill or as "back up", it is not going to save you any stress to have delayed periods most women experience delayed periods or irregular bleeding after using Plan b or other emergency contraceptives along with the symptoms listed above!! You will be terrified you are pregnant so do yourself a favor and use condoms for back up when needed rather than emergency contraceptives. Another issue comes to mind. Prevention is MUCH more effective than taking an emergency contraceptive after the fact! It could be used for a missed pill, but as I say above, you are better off using condoms because the added blast of hormones is going to delay your period and make you feel pregnant because of the side effects and believe me-it will shoot your anxiety levels through the roof. If you must use emergency contraceptives, keep this in mind and expect the delay in your cycle. Women will often have a bleeding episode, like a period, after about a week after taking emergency contraceptives but not ALL women have this bleed and it is no indication of whether it worked or didn't work and the next period due is almost always delayed or bleeding may be irregular-you may spot several times or not bleed at all for a couple of months. Every woman is very different so it is hard to say what is "normal" as all of these scenarios are normal. If you take emergency contraceptives and your period is late and it has been at least a month since your unprotected sex event, you can go ahead and test for pregnancy. If you test any sooner, it is likely too soon and it will not be accurate. If it is negative, it is likely to be the hormones delaying your cycle. Wait another month, if still no period, see your gynecologist to rule out pregnancy. DO NOT use emergency contraceptives as a contraceptive. These are effective for years depending on which method you choose and they don't require you to take a daily pill or remember anything other than the time that they need to be replaced, so what could be more convenient? We are SO blessed in the time we live in that we have so many options available to us. There is really little excuse NOT to use some method of birth control. It is readily available in so many different places, convenience stores, grocery stores, gas stations, doctors offices, family planning clinics and depending on where you go, much of it is low cost or no cost if you are a student or low income or uninsured. Protect yourself and have babies when you WANT to have babies!! It is up to YOU to take control and advocate for yourself and plan your life. The average menstrual cycle is days 28 that is counting Day one as the first day of menstrual bleeding your period, then the next period is due to start 28 days later. One's period comes because an egg fails to get fertilized. One's period comes about 12 to 14 days after the egg is produced. Therefore, in the average 28 day cycle, the egg is

produced around day 12 to day 14. Sperms can live happily hours in the vagina or the uterus, so the most fertile time is day 12 to day 14. These are the days that you want to be sexually active. You can also check your cervical mucus but this takes a bit of talent, observation and being familiar with your body. The least likely time to conceive is from day one to day seven. If your cycle is different from 28 days on average, you have to adjust the calculations – the important thing to remember is that the egg is produced about 14 days before the next period starts. Hope this information is helpful. Please refer back whenever you think you may be pregnant!

5: For all girls who think they may be pregnant: Please Read! (Page 2)

Why are you even tracking your period, you're going to get it on the week you are on inactive pills. You don't ovulate so forget about that. You are woefully ignorant of how your body works and how it responds to birth control pills.

Nervous first-timers should start with plenty of foreplay, take things very slowly, and use lots of lube. Of course, as in any other type of sexual connection, mutual trust is key. Once you can get past the hang-ups or the fears many of us have, anal sex can open new doors to pleasure. Kick it up a notch for her by adding clitoral stimulation, either manually or with a powerful mini-vibe," says Weedmark. But still, anal sex is one of those things women have very strong feelings about. Some love it, and some hate it—and for that reason, we got to the bottom of it so to speak! Keep this in mind before broaching the back door in your own bedroom. Not really, says one woman I surveyed. I absolutely CRINGE at the thought of how the suppository makes its way up your canal before your anus closes and swallows it whole. It gives me the heebie-jeebies like nails on a chalkboard. The Pain Factor This seems to be the top reason as to why women say no to anal sex. Guys that like being pegged enjoy it as it the dildo stimulates their prostate gland and that pleasure overrides most of the pain of entry," says Coleen Singer of Sssh. Health Concerns Sometimes women are turned off by the hygienic and health aspects of anything going on in the backdoor. I prefer natural enemas with no scent as these tend to irritate the rectum which can lead to a painful experience," says Singer. Consent is extremely important when it comes to sex. Backdoor Silicone Glide, an anal lube by Pjur, is thick and rich. Most women have a little wild streak in them and want to be a bad girl from time to time. The anus is not self-lubricating like a pussy so you need to either use lubricants or provide plenty of spit. It Can Lead To Massive Orgasms "As there are a lot of nerve bundles in the rectal canal, I know a number of women that say a combination of anal penetration and clit stimulation results in bone shaking, screaming orgasms," says Singer. Everyone likes it different, but the main point is positioning is key too. Which is why most professional porn stars are particular with what they eat, especially when they are planning a film shoot that involves anal sex," says Janson. Pain Is Sometimes Pleasurable Be it spanking or paddling, nipple clips or anal sex, a bit of pain can really get the juices flowing for many women. Not only does he totally appreciate me offering, but in the B. Skinner "operant conditioning" model of psychology, it reinforces him doing sweet, brave and helpful things in the future! He loves anal sex and was very experienced! The difference with him is that he made his priority to make sure I was relaxed, that I trusted him and was having fun. I tried it again with another person and had to shut that down immediately as that level of trust or care was absent. Although the physical dalliance between Mr.

6: 8 Reasons My Wife Won't Have Sex with Me | www.enganchecubano.com Blog

Anal sex is one of the few remaining aspects of sex that many people consider risquÃ©, perhaps even taboo. Of course, as in any other type of sexual connection, mutual trust is key. Once you can.

Shutterstock Focus On Yourself lbspredh: Guys like when you seem to be enjoying yourself too, meaning you should focus on actually enjoying yourself. I can say that only 3 of them really knew how to work it when they were on top. This position is great for both sexes for a lot of reasons. Everything else from cuddling to PIV to whatever I think that a lot of women do well. Be into it if you like it! If you want something, ask for it. Communication is important in so many things, including sex. If you can use that excuse, so can I. Accept a "no" from your partner sometimes without making it a big deal, or making it all about you. Shutterstock Participate A Lot iggybdawg: I was shocked there was a non-zero number of women who think their contribution is to show up with the vagina. But, I definitely know it can be a way of thinking. Shutterstock Take A Compliment satisfyinghump: Showing off her assets. I know body image issues are a real problem for millions of men and women across the country, but being self-conscious about your body during sex is a turn off. We say this all the time - confidence is sexy. Show off your body, no matter what you look like. Shutterstock Make A Move vhisic: Doesn't matter the specific task, just be the one to start it. Always being the initiator leave me wondering if you actually want it or if you are just doing it because you think you have to. The biggest turn on i could think of is knowing you actually want to be doing it.

If you're unsure about anal sex because you don't know much about it (or what you do know is largely negative) the resources at the end of this reply may help. Talking about it Of course, your.

I seem to not be able to feel any sort of pleasure from anything sexual. It hurts being fingered. It also feels too awkward. When my boyfriend tried doing it, it hurt. He tried giving me oral sex, but that was painful. I tell him it hurts, and he tries to go as gently as he can, but it still hurts. We lost our virginities to each other a couple of months ago. It hurt a lot the first two times. After it stopped hurting, it just felt like nothing. I should be comfortable enough with my body to be able to show him what to do, but if nothing feels good, I have nothing to show him. It is extremely frustrating, because I do get turned on and wet, but end up disappointed, dissatisfied, and annoyed. Is this more likely to be a psychological or physical issue? I am a little insecure. I also suspect a reason might have been because we had unprotected sex and I might have been nervous, or the fact that we might have gotten caught so I was distracted. We love each other a lot, and my boyfriend would like to be able to give me the sensations that I am able to give him. Even when I am aroused, I get no pleasure whatsoever. Masturbating does nothing for me either. It sucks because I want to be able to have an orgasm and I want my boyfriend to feel like he is actually good at sex. It makes me feel like a freak, do I have faulty nerves or something? Is there something wrong with me? My boyfriend and I had anal sex but neither of us felt anything once he penetrated or while he was in. I felt him go in but that was it. Me and my boyfriend decided to have sex for the first time. When I finger myself its real tight but I either feel nothing or pain? Not feeling anything at all, or feeling very little, with any kind of genital sex where the most sensory parts of the genitals are being stimulated is most typically an indication someone is just not very aroused or as aroused as they need to be. And when we are fully aroused, every kind of sex is always going to feel more intense. Most of arousal, and all of sexual response, and most of pleasure is about our brains and central nervous systems. In terms of your genitals specifically, a bunch of different things happen, not just self-lubrication which can also happen as part of your fertility cycle: And those are just the parts about your genitals: One tricky thing that often comes up with younger people, and more commonly with women, is a clear difficulty in correctly identifying what it really is to be and feel fully aroused. Sometimes that has absolutely nothing to do with love at all: Are we stressed out about school? Do we have a bunch of zits making us feel not at all sexy? You identify some things I suspect have inhibited you from getting as turned on as you probably can: There are also some common threads in your question and some of the other similar questions, like having sexual motives about making an insecure partner feel validated, being new to partnered sex, and putting a lot on genital sex rather than other whole-body or other-body-part sexual activities. Just ONE of those things could be a big inhibitor of arousal and sexual response, but all of them are a serious whammy. Not everyone likes the same sexual things, experiences pleasure or pain from the same things or likes a given thing done a given way. Like anything else, sex is something we learn over time and get better at with practice: Everyone involved needs to be pretty creative and open to experimentation, as well as open and comfortable with the fact that some things will be easier than others or come easier, while others will involve way more experimentation. Sure, it could be psychological, in whole or in part. No one has to masturbate or has to have sex: However, that pain could also be about, or made more severe by, a health issue. Issues like those will require treatment for pain to stop or decrease. You voice both of you having issues with insecurity. You voice that he seems to have an inability to separate love from sex, and is not understanding that how much someone loves someone else is not necessarily going to have anything to do with their sexual response. You could not love someone at all and still have the time of your sexual life with them, after all: You only have so much control over your body, a statement like that implies, to me, that he has his own sexual issues to work out that no kind of sex with you will magically fix. Do you think that? The best advice I have based on what you told me is to step back from sex in this relationship for now: Just put it on the back burner for at least a little while. I think both of you have some things to do on your own first before you can potentially get to a place where it might be a lot more sound and feel better, physically and emotionally, for both of you. I think you should also

assess this relationship on the whole. Someone you love who refuses to believe you love them, who is deeply insecure and impatient, who is passive-aggressive in his communication just might not be a good person to be close to, period, not just sexually. He can read up on and work towards better communication, especially in situations like sex where the emotional stakes are high. I also think it would be a great idea for both of you to do a sexual inventory worksheet like this , answering very honestly, then sharing each of yours together. Same goes with our sexual readiness checklist. Maybe one or both of you will just realize you moved faster into sex than was sound: If and when you both get to a place where all of those things feel better, physically and emotionally, alone and together, then you can probably move forward and have this all go very differently than it has. You are still very young: There is no one right age or right pace: I think the pieces on communication and reciprocity could be of particular benefit when you talk together.

8: 10 Things That Men Want From Women but Are Afraid to Ask - YouQueen

No, really, she doesâ€”though I think Master Chief may take issue with Cortana's interpretation of the events. For more Easter eggs, ask Cortana to tell you about various elements of the Halo.

9: Feeling pain or feeling nothing at all = my experience of sex. | Scarleteen

You may feel like you have to go, because anal penetration stimulates the muscles around your rectum in a similar way to having a bowel movement, but that doesn't necessarily mean you will.

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