

1: MY JOURNEY TO ABUNDANCE - My Blog

Welcome to Journey to Abundance! This blog has been a huge leap of faith and exercise in vulnerability for me and I would so love it if you spent some of your valued time reading along and connecting with me.

I was born in a small town in Argentina. Concordia, in the Province of Entre Rios. Population of about , people. At 18 my family moved to Rosario. A big city comparatively. I was exposed to the world through my parents and grandparents. They helped ignite my love for travel, and gave me the tools that enabled me to forge my own path. I was instilled from birth with the discipline of work, which helped me to reach my goals. But I also learned that in order to be more productive, I should balance my life, by finding things I love to do. Which in my case, is travel, amongst other activities. My maternal grandfather was a Russian immigrant who built a successful textile business in Argentina. Since I was very young everybody said that I was just like him. Determined and with a good sense of style. When I finished high school, due to the circumstances at that time, I went straight to work. I never went to college. My education came from experience. I was and still am, a voracious reader. My appetite for knowledge has always been insatiable. At 54 years of age, I am embarking on a new and exciting chapter. When I began my career, my first job was working at a bank in Rosario, and from there I decided to work in a travel agency, until I moved to the USA. Three days after arriving in Los Angeles, I started work at a medical clinic in a dangerous part of downtown. That was the beginning of my journey as an immigrant in this country. All of my experiences have served me well, and taught me so much. After thirty years, I am finally putting my focus on a project that is based in passion. And I am launching this blog. My husband and my children are not only my family, they are my best friends. They inspire me everyday. They inspired me to do this. To share My Journey to Abundance. A place to remember the lessons learned, and hopefully, to connect with good souls along the way. Share this post Marisa Here I share with you stories about the people who helped me to grow as a person, my friends and family.

2: The Journey to Abundance – Creating a Life of Ease

Journey to Abundance was first conceptualized in Since then, the pieces of the puzzle have come together, authentically shaping the direction of our journey, both personally and professionally.

August 27, Denay Peters Leave a comment I have been sitting at my computer trying to start this post on gratitude for an hour now. Letting myself get distracted and doing precisely the opposite of what I want to talk about today! Why do we do that!? Allow ourselves to so mindlessly waste valuable time. What am I stressed about!? They take a good amount of emotional energy for me to sort into words and get typed into a coherent message. To me that is extremely daunting, even stressful. Today is not an exception. What do I want people to notice about me when they are around me. To open up this space for others to come and read my writing and hopefully come away feeling something, having been challenged and looking at something they may have seen or done a million times from a different perspective. I feel a responsibility, and not everyone does – or should, to share my story in service of others also walking this path. Also a responsibility to myself to go back over my experiences and put language to a lot of the things that are all jumbled in order to REALLY move past them. Practicing Gratitude Practically OK. To the point already Denay – I want to talk a little bit about my word of intention for To start I know that this word has been floating around a lot lately, in a trendy sort of way, but my purpose with this word is a little different. This year has been so incredibly transformative for me. As a mother, as a wife, as a friend and as an individual. Anyone who knows me and is involved in my life even irregularly could tell you that I am a very different person than I was a year ago. Different in all good ways, at least in my opinion. I can tell you with confidence that pretty well all, if not all, of that change comes from a change in perspective regarding gratitude and worthiness. In a psychologist appointment recently my therapist helped me break it down simply. Helped me gather all my thoughts from a messy cloud of introspection and put them into a simple statement of my goal. Go ahead and read those again. Take just a second to see how different one option is from the other. I will give you a quick example of my train of thought here. I am so grateful for my family, the children I have been blessed with, my rock-star husband, my parents and siblings. My sitting here thinking about how grateful I am or even writing those things down in a gratitude journal does not mean I am living out that sentiment. I am putting in the work to take care of myself the very best I can in order to be there for them. I am sending a note, making that call, putting down my phone and looking right into their eyes when we talk. My desire is that people know what I am grateful for and what I value just by watching me. I literally get chills just writing that down. Even a little cold sweat. I am still taken aback by what a perspective shift this has been for me. Now, onto number 2. That I am thankful or even grateful for. If I value that individual or action it has a measured worth. This is where I found that worthiness came into the picture. This statement though, is one that pertains mostly to how I related to myself. I need to feel worthy and find value in myself. Now, practically this means not just being happy with the way things are going with my physical, mental and emotional health. I have to value myself enough to start seeing professionals and continually put in the work. I have to acknowledge and accept that I am worth all of the effort it takes to push through all the shit and keep going in order to heal. And then a step beyond that and back full circle to my first point, If I am going to LIVE out my gratitude I need to value myself enough to get healthy so I can do that. See what we did there. Still working on that. Sharalee Prang Photography Yesterday morning in church the speaker mentioned how the transition into a new season is always such a great time to take stock. A natural time to look back at how things have been going, looking forward to things come and making changes where necessary. As summer comes to a close this is exactly what I am doing. So, so much has happened this summer and I am looking forward to more progress this fall. I am going to look around and be present exactly where I am at. All my love, OH! Take a step towards taking care of yourself so you can be there for those you love. Blessings friends, hope to see you there.

3: The Journey to Abundance | A day adventure to more love, happiness, health, and wealth!

Imagine Yourself Living an Abundant Life If you're like most people, you want to be rich NOW. The truth is, however, that the journey to abundance can be a long one, with many twists and turns along the way.

Sharing The big question is: Who or what is God? This is not a new question. So many people have asked this question for sooooo long! I said yesterday that everyone must find their own path to enlightenment; similarly everyone must find their own answers to the what is God question. How do I do that, in my own way? That would be too much, even for me. But I would say I am always doing at least two of these daily. Yesterday, I also said that I love thinking, and I am happy to be the heavy-lifting thinker for you. I would say that I am willing to do the heavy lifting God-seeker for you too, except that I also think everyone must find their own answer s. Recently, my thoughts on God have been about the Trinity: Here is what I have been thinking, please note two things: The basic idea is that God exists in both manifest and unmanifest forms. The Holy Spirit is that which brings the Father into manifestation. The principle of Shiva seems to me to be similar to the idea of the Father. It is also known as the masculine principle. Shakti, then, is the feminine principle. Like the Holy Spirit, Shakti is what brings forth consciousness into manifestation. I keep going, and keep asking the Big Question. Way 2 Om Namah Shivaya Swaha. I keep all of this in mind, as I do my mantra.

4: Jas Sethi ெ™••¼ (@journey_to_abundance_ojas) â€œ Instagram photos and videos

Journey to Abundance. likes 2 talking about this. Rejuvenate the body. Calm the Mind. Enhance your life with Trevor's oils. Oily tips and tricks.

This book spoke to me as though it was written just for me. The more I suffered, the more compelling the need to go inwards. For the next 12 years or so, I battled with and resisted the inner deep calling to make some major changes in my life. In victimhood, I felt there was no way to change my story. During those years, I studied much about mindfulness and meditation, some yoga. I meditated almost daily which helped me get through my days. Fast forward to , I had another ruptured disc in my cervical spine. This one threatened to paralyze me. In , I had a spinal surgery which was equally risky, but I recovered. Only to have two relapses, the last one in Earlier that year, I had begun having out of body experiences. At first I blamed this on the heavy pain killers I was on at the time. What more is it going to take? It is time to listen, to re-write your story, NOW! This began to have fast and lasting results, on not only my spinal health but with clarity in my mind as well. The use of heavy pain medicine reduced drastically over the next few months. I practiced being still as part of my daily sadhana, an early morning practice. All the practice of meditation over the years began to come together in a very unique way, it was like coming back home. In my stillness, came a sense of knowing, of peace. A knowing that it was now or never. Through some subtle and some bold personal awakenings this time, a more authentic me, an empowered me had begun to emerge. Some of my close friends asked me if I had fallen in love because I was glowing. It dawned on me that yes, I had fallen in love, truly for the first time in my life. It was this falling with humility that raised me higher and higher in my own eyes. Impossible to un-see the beauty I had come to see, un-know the love I had come to know through my journey, I surrendered to the inexplicable sense of a presence of divine, that had always spoken to me, through me. The decision making and choices began to flow more naturally in my personal and professional life. I trusted my journey even though I was more scared than ever, logically finding it difficult to articulate it to others. There was some resistance from my loved ones, they felt that I was losing my mind. The biggest inspiration has been, my mother. Despite her life of deep suffering, she always showered me with her blessings. I cannot change the past, but I can choose what I do with the lessons that continuously come from it. I choose to be the light. And I ask the Universe, to use me as a vessel to serve, and to carry out the work I am here to do. It means may truth be my identity.

5: Home - Her Money Her Purpose

Journey to Abundance, Abbotsford, British Columbia. 82 likes · 6 talking about this. Blog focused on vulnerability while sharing my journey though.

Our Vision To actively raise awareness of current and future generations to live a happy, healthy and holistic lifestyle. Our Goal To be on the global platform and restore balance in the lives of our clients. With a therapeutic approach, she adds value to the entire experience by incorporating various tools of mindfulness, meditation and energetic healing. Lessons from her roots of eastern spirituality with balance of western lifestyle has brought depth in her own personal life. Jas loves to chant mantras and is dedicated to devotion. Through the last 20 years of mindfulness and meditation practice, she has experienced transformation in her own life. This book spoke to me as though it was written just for me. The more I suffered, the more compelling the need to go inwards. For the next 12 years or so, I battled with and resisted the inner deep calling to make some major changes in my life. In victimhood, I felt there was no way to change my story. During those years, I studied much about mindfulness and meditation, some yoga. I meditated almost daily which helped me get through my days. Fast forward to , I had another ruptured disc in my cervical spine. This one threatened to paralyze me. Are you beginning to see the pattern, that my body was screaming out to stop and re-align? In , I had a spinal surgery which was equally risky, but I recovered. Only to have two relapses, the last one in That year, I had begun having out of body experiences. At first I blamed this on the heavy pain killers I was on at the time. What more is it going to take? It is time to listen, to re-write your story, NOW! This began to have fast and lasting results, on not only my spinal health but with clarity in my mind as well. The use of heavy pain medicine reduced drastically over the next few months. I practiced being still as part of my daily sadhana, an early morning practice. In my stillness, came a sense of knowing, of peace. Through some subtle and some bold personal awakenings this time, a more authentic me, an empowered me had begun to emerge. Some of my close friends asked me if I had fallen in love because I was glowing. It dawned on me that yes, I had fallen in love, truly for the first time in my life. It was this falling with humility that raised me higher and higher in my own eyes. Impossible to un-see the beauty I had come to see, un-know the love I had come to know through my journey, I surrendered to the inexplicable sense of a presence of divine, that had always spoken to me, through me. The decision making and choices began to flow more naturally, I trusted my journey even though I was more scared than ever. In terms of life lessons, my biggest inspiration was my mother. My tools of learning and trainings continue to assist me in improving my own life first, enabling me to serve by sharing my gift.

6: A Man's Journey to Simple Abundance by Sarah Ban Breathnach

In "My Journey to Abundance," I will share with you stories about the people who helped me to grow as a person, my friends and family. I'll delve into my spirituality that affects my daily life.

7: Journey to Abundance: Home

Welcome to The Journey to Abundance. A day adventure to more love, happiness, health, and wealth. Love. Clarity. Action. 90 days to change your life.

8: Abundance Journey

Posted by Journey to Abundance in gratitude, growth, path ^%o^ Leave a comment symbolizes your spiritual growth, manifestation of your dreams as well as your awareness of your higher self.

9: Wealth MAPS â€“ Journey to Abundance

JOURNEY TO ABUNDANCE pdf

*BodyWHealth: Journey to Abundance [Roddy Carter] on www.enganchecubano.com *FREE* shipping on qualifying offers. Only a tiny proportion of the world's population is healthy, happy, and prosperous. Those few have found the secrets to the natural order and are handsomely rewarded.*

Cut by patricia mccormick Cruise of the Acheron Show; Dont Tell! Group 9. Zambia, 1975-76 to 1978-79 2011 ford f150 owners manual Health care systems in world perspective Walla Walla Suite Convergence Naomi Gornick The Maggid of Mezritch History of the rise, progress, genius, and character of American Presbyterianism Mongol empire its legacy Benoy kumar sarkar theory of progress Lynched by Corporate America Is Im model in hindi Skills for facilitating insight Astm d4285 Rurouni Kenshin, Volume 26 (Rurouni Kenshin) Paniolo House Stories Baseball Megastars 1994 Human, humanist, and Christian morality. Fluorescence in situ hybridization on DNA halo preparations and extended chromatin fibres Lauren S. Elcoc Heidelberg sm 102 manual Ascoc no manifesto: the avant-garde in East Los Angeles Letter 10, Avery to Owen, November 17 The great sermon handicap The stone age in New Jersey. Conclusion: entrenchment of fundamental law revisited. Lessons in English for foreign women Intermediate Accounting, Volume I (ch 1-12) David, shepherd, psalmist, king V. 1. Containing the history of the colony to the peace of Paris, in 1763 Essays in criticism and literary theory The Bhagavad Gita Or The Lords Lay With References To The Christian Scriptures Patrick Henry, religious liberty, and the search for civic virtue Thomas E. Buckley, S.J. A chapter of hats Software test plan ument Pickwick club, a humoreske in two parts Pierce the Ploughmans Crede The problems we face, by A. Kaplan. Autumn leaves are falling