

1: About the Manual

The Manual of Psychedelic Support is a comprehensive guide to setting up and running compassionate care services for people having difficult drug experiences at music festivals and similar events.

It was the dream of Albert Hofmann, creator of LSD, that these compounds be regarded as sacred medicine, administered in meditation centers by trained and knowledgeable guides for the purposes of personal and spiritual development. Once psychedelics hit the mainstream in the 1960s, however, they became the high-octane fuel for a wave of anything-goes ecstatic revelry, leading to a social milieu of acid tests with unmeasured punch-bowl party surprises, fear and loathing in the rock-and-roll parking lots, and dodgy doses at all-night raves. Since this Dionysian explosion triggered many of the worst fears of the establishment culture, it contributed greatly to the demonization and suppression of psychedelics and the cessation of most legal scientific research with psychedelics in humans. The mainstream culture is increasingly receptive to the idea of psychedelics as agents of healing and as a legitimate avenue for spiritual exploration. At the same time, festival culture has continued to develop and is on its way to becoming a more conscious and intentional container for visionary experience than it was at its inception. The fact is that every year, across the globe, young and old alike experience some of the most transformative moments of their lives within the context of psychedelics use at large gatherings. And as many participants, from amateur acid-heads to seasoned psychonauts, have observed, sometimes the most challenging experiences can be the most rewarding. Festival culture is here to stay. While events have become more adept at providing infrastructure for medical emergencies, there remains the need for dedicated spaces, staffed by trained specialists, designed to care for those experiencing psychedelic crisis. The Manual was assembled over nearly five years, with contributions from more than fifty collaborators, and draws on five decades of field research. The Manual of Psychedelic Support goes on to describe and define the ethical parameters and principles of psychedelic care services. It outlines an array of logistical guidelines, covering such topics as interacting with festival administration, legal considerations and preliminary planning. With its voluminous information on the recruitment, training, and coordination of the care service team, the Manual emphasizes not only how best to support guests in distress, but also how to ensure the welfare of service providers and facilitators themselves. Helpful suggestions and detailed supply lists are presented for the design, construction, and administration of on-site care centers. Guidelines are provided for guest intake screening, the use of complementary calming and grounding therapies, and how best to interface with emergency on-site medical teams and law enforcement personnel should situations turn gnarly. In short, The Manual of Psychedelic Support includes everything one would need to start a new psychedelic care organization from the ground up or to fine-tune and improve the practices of an established group. Of particular note is the extent to which it is an open source and open-ended document. Appeals for reader feedback and collaboration are frequent. Space is provided on nearly every page to take notes and record experiences. The Manual is entirely a volunteer effort and is available to download for free. Its widespread dissemination is encouraged. It is heartwarming to contemplate the effect this manual will have on those working in psychedelic care services, improving their ability to both give and receive support in the work they do. Even the way it was created reflects the values expressed within: Even in the world of addiction treatment, psychedelics are finally being recognized as a possible intervention in severe substance abuse cases. When we look at this from a harm-reduction perspective, it makes sense.

2: Download [PDF] manual for ibogaine therapy

The Manual of Psychedelic Support is a comprehensive guide to setting up and running compassionate care services for people having difficult drug experiences at music.

The Past 50 years 3: A Journey Home 4: The feminist possibilities of psychedelic praxis 6: Her main areas of interest are the study of plant medicines, drug policy, shamanism, ritual, and religion. She is Executive Director of Chacruna <https://www.chacruna.com>: She is author, co-author, and co-editor of eighteen books, one special-edition journal, and several peer-reviewed articles <http://www.chacruna.com>: She contributed a chapter to the book Cannabis and Spirituality: In her investigations with indigenous people, and her personal experience, she often focuses on the persona or perceived active essence of a ceremonial plant or mushroom species. At the Institute of Transpersonal Psychology, she co-developed and taught the first graduate-level course on psychedelic theory, research, and clinical considerations for therapists and researchers in training. Alicia also has a private practice in Los Gatos, with a specialty in psychotherapy tailored to the needs and preferences of autistic adults. Corbin earned her Ph.D. Her research on psychedelic sciences is grounded in her academic specializations in sociology of knowledge and feminist science studies. She is particularly interested in contributing to social scientific and social justice explorations of psychedelic sciences and communities. Marijuana as Medicine co-authored with Richard J. She is currently studying marijuana legalization efforts in the state of Maine. She combines an eclectic array of interests and activities as clinical psychologist, artist, and researcher. She is author and co-author of articles in several peer-reviewed journals and co-editor, with Beatriz Caiuby Labate, of eight books. For more information see: <http://www.wamm.org>: She served in the administration of Governor Jerry Brown and ran his presidential campaigns. The Grandmother has been a part of her life for 30 years. WAMM is a patient centric collective, informed by our membership and those serving critically ill members of our community on a donation basis and at no cost. This is accomplished within the context a holistic and individualized approach to healing. We conduct our weekly support meetings and encourage interaction among our seriously ill community by providing educational and social activities for our members. Valerie was co-author of Proposition 63, acting SB advisory board member, community and state advisor on medical cannabis and its therapeutic applications. Was a plaintiff in two federal lawsuits, *Conant v. McCaffrey* and co-plaintiff with the city and county in *Santa Cruz v. City of Santa Cruz*. Valerie works closely with and has garnered the support of the city, county and local law enforcement community. She has conducted anecdotal research through WAMM, a patient centric collective serving to relieve suffering. As part of her mission, Valerie has maintained vision to provide care for the seriously ill and financially marginalized for over a generation. WAMM has developed a sister end of life care organization to address the many concerns of our homebound members and those who face death. She has written extensively on the impact of psychedelic experiences in shaping the lives of her contemporaries. She has worked closely with many of the most distinguished investigators in this field. Her current project is the development of a Thanatology Program for the study of death and dying. Frank Lucido, one of the pioneers of the medical cannabis movement. Their practice was one of the first to implement the Compassionate Use Act of when it became law. Annie is also a founding partner of Take 3 Presents, a San Francisco-based event production company that creates private, immersive art parties. When not producing events, Annie works with a human rights organization that analyzes state-sponsored violence and provides data analysis for truth and reconciliation commissions and the International Criminal Court. Faith and Culture Across History, and she is currently co-editing a Motherline anthology. Emily Sinclair is a Ph.D. Candidate in anthropology at Durham University, studying ayahuasca shamanism and tourism in Loreto, Peru, where she lived and worked between and

3: Bringing Light to Dark Places: The Manual of Psychedelic Support

The Manual of Psychedelic Support is a new harm reduction resource providing a comprehensive overview of how people can provide compassionate care to people undergoing difficult psychedelic experiences during large-scale music festivals and events.

Bringing Light to Dark Places: For over four years, a group of more than fifty volunteers from assorted walks of life, including doctors, therapists, scholars, psychonauts, artists, photographers, and many more—all united by a common love and interest—have been working on *The Manual of Psychedelic Support: The Manual* is now complete and available for free download at psychsitter. I know you now! I will find you and kill you! He even fell on his knees when I told him we had a plastic bag with his mobile phone and dirty clothes. It was wonderful to see him so different and happy! I wish I could see him again and chat more—I felt so warm to receive thanks and to know that I protected him from the darker self we all hide inside. It is always amazing to see a human being like a wild dangerous beast one day, and the next day like a saint, the hope of humanity! This is just one extreme example of a festival attendee requiring compassionate care. The festival is loud and chaotic, a kaleidoscope of sights and sounds. Separated from friends, cold and thirsty, this person is in desperate need of a quiet space and a holding hand. A third situation, perhaps the most difficult type of case, is one in which mental health issues—either with or without the use of psychoactive drugs—manifest in the midst of a music festival or similar event. Official signs posted by the drug-testing service warn of dangers and deception related to some of the psychoactive substances sold at the Boom Festival. Where do these people go? Or where are they taken by their friends, security, or medical personnel for help? In the absence of a psychedelic care service, individuals requiring help are usually left to fend for themselves, or—in more extreme cases—they end up at the medical service. Medical services are a vital part of any event, and a few people experiencing a drug-induced crisis are also in need of urgent medical care. However, in most cases of difficult psychedelic experiences, the standard medical approach can be problematic. A tranquilizer is often administered, and such patients often wake up deeply scarred on mental and emotional levels due to having their horrific experiences cut short without an opportunity to process them. In contrast, the ethos of compassionate psychedelic care entails in cases without medical complications allowing difficult drug experiences to run their course while providing comforting support along the way. Often but not always, this resolution turns out to be valuable for the person who experienced it, due to what may be called a psycho-spiritual breakthrough or catharsis. In this case, an important distinction must be made between guiding and sitting. We envisaged a book that would address all aspects of such a project, containing material for care service leaders, team leads, caregivers, and others who provide vital supporting roles including psychiatrists and nurses. *The Manual of Psychedelic Support* provides information that spans an entire project, including preparation, training, logistics, operations, and wrap-up. From the beginning of the work, one of our core principles was that the Manual should be independent of any external organization, with its content open for adaptation and implementation, and never be used for commercial purposes. Towards this end, the work has been published under a Creative Commons License, and it is now freely available as a PDF download. The project quickly grew to involve numerous volunteers worldwide, about 40 of whom authored text for the Manual. Forewords for the work—emphasizing support for psychedelic care services and for the Manual as a tool to help people establish and facilitate such services—were written by web mavens Fire and Earth Erowid; Boom Festival founder Diogo Ruivo; clinical psychedelic researcher Alicia Danforth, Ph. The scope of material covered in the Manual is comprehensive. Two chapters have already been mentioned in this article: This issue, at its core, involves the conflict between prohibition and harm reduction in different states and countries around the world. The act of setting up a psychedelic care service, as well as the form that it can take, is highly dependent upon the laws of the particular jurisdiction in which it is located, the norms and expectations of that society, and the culture of the specific event that the project serves. Accordingly, the Manual seeks to cover a wide spectrum of viewpoints and possible circumstances. On one hand, there are countries or states in which festival organizers cannot formally acknowledge that drugs are likely to be

consumed at their events; as a result, care services therein may be wary of openly discussing the subject during training or operations. The irony and absurdity of such situations is painful. On the other hand, there are some jurisdictions, such as Portugal, in which harm reduction has become the norm. At Boom Festival in recent years, for example, a partnership has been established between the Festival organizers, the Faculty of Education and Psychology at the Catholic University of Porto Portugal , and the Portuguese General-Directorate for Intervention on Addictive Behaviors and Dependencies SICAD , with the purpose of developing an evidence-based crisis intervention model for psychoactive substances in recreational settings. At Boom, drug testing enabling festival-goers to voluntarily have their compounds analyzed for purity and warning signs like those shown in the photograph above unthinkable in some jurisdictions have become the norm. It is our hope that The Manual of Psychedelic Support will aid not only in the establishment of care services that bring light to people in truly dark places, but that it will also serve as an educational tool in a battle that is being fought“on several different fronts“to encourage societies to abandon the absurd and damaging fantasy of prohibition, and to pursue in its place a saner approach of harm reduction, firmly grounded in existing reality in order to produce a more beneficial future. Zevic Mishor Zevic Mishor grew up in both Australia and Israel, and has an academic background in neuroscience and anthropology. He can be reached at [This email address is being protected from spambots. You need JavaScript enabled to view it.](mailto:This_email_address_is_being_protected_from_spambots.You_need_JavaScript_enabled_to_view_it..) Stay Connected via Email [Subscribe](#) for research updates, event announcements, news, multimedia, and more from the fast-growing fields of psychedelic and medical marijuana science, therapy, and spirituality. [Donate Now](#) MAPS We are a c 3 non-profit research and educational organization developing medical, legal, and cultural contexts for people to benefit from the careful uses of psychedelics and marijuana.

4: The Manual of Psychedelic Support by Psychedelic Care Publications

The Manual of Psychedelic Support Posted in Psychedelic Harm Reduction The Manual of Psychedelic Support is a comprehensive guide to setting up and running compassionate care services for people having difficult drug experiences at music festivals and similar events.

But these substances also trigger some of the most challenging, confusing, and stressful moments of my life. Every psychedelic experience is different and varies from person to person. At the end of the day, it is the set and setting that determine what states of consciousness will be experienced. The woman is about to enter into a state of communion with the source of all beingness. As she passes into the light, voices of doubt and fear make one more attempt to direct her thoughts elsewhere. What if there is no love? What if there is no caring? Will I be left out? Social support networks have shown to be important in the outcome of the psychedelic experience. They are able to control or guide the course of the experience, both consciously and subconsciously. Stress, fear, or a disagreeable environment, may result in a bad trip. Conversely, a relaxed, curious person in a warm, comfortable and safe place is more likely to have a good internal trip. The term set and setting were introduced by Harvard psychologist Timothy Leary Leary et al. He defined set as including the psychological factors of personality, preparation, expectation, and intention; and setting as including the environmental factors of the physical, social and cultural surroundings in which the experience occurred. The set and setting hypothesis have been used to explain the striking rise and fall in the rate of adverse reactions to LSD in the late s Bunce, It can also help us understand why s literature on LSD is filled with many contradictory accounts that perplexed researchers at the time. Some claimed that LSD was primarily an anxiety-provoking agent Hoch, , while others believed it imbued a sense of wholeness Eisner and Cohen, Some said it caused retardation of thought Deshon et al. Finally, some maintained that no one who had the LSD experience wanted to repeat it, while others claimed those who had the LSD experience wish to repeat it regularly Abramson, Such striking contradictions can be resolved by considering the divergent types of sets and settings used by different research groups which utilized a variety of research perspectives to concentrate alternatively on the potential of hallucinogens to induce psychosis, assist in psychotherapy, augment creativity or enhance spirituality Hartogsohn, b. These differences in perspectives can be appreciated by considering the many names suggested for these agents, such as hallucinogens producing hallucinations , psychotomimetics mimicking psychosis , mysticomimetics mimicking mystical states , psychedelics mind manifesting , psychodysleptics mind-disruptive or oneirogens producing dreams Strassman, , The Manual of Psychedelic Support Psychedelic Harm Reduction The set and setting theory has long been established and we are learning more and more about the psychedelic experience. I thought it might be wise to share with you something that I found on my never-ending research journey of learning more about psychedelics. The Manual of Psychedelic Support is a comprehensive guide to setting up and running compassionate care services for people having difficult drug experiences at music festivals and similar events. The Principles and Ethics of Psychedelic Support can be applied to any scale of psychedelic experience. Whether that be at burning man or just with a couple of your closes friends. Its a good reference for beginners and pros alike. The Manual grew out of the work of its original creators at KosmiCare, the psychedelic care service at the iconic Boom Festival in Portugal. Whilst psychedelic care services have been in operation for decades, and have grown in number and in scope in the past few years, a general guide on how to establish and run them did not exist in the public domain, nor indeedâ€™beyond training manuals for specific organisationsâ€™at all. We envisaged a work that would address all aspects of such a project, containing material to guide the care service leader, team leads and caregivers, and those fulfilling vital supporting roles such as psychiatrists and nurses through the entire gamut of preparation, training, logistics, operations, and the wrap-up of a care service. What started off as a small project grew into something much larger, involving over fifty people from around the world. These people came from all walks of life â€™ psychiatrists, therapists, scholars, psychonauts, artists, and many more â€™ all united by a common love and interest. Some brought deep knowledge and rich experience gained from work with KosmiCare in Portugal, with the Burning Man organization in the United States, and with other groups

worldwide. As per the original principles of the project, the latest version of the Manual continues to be available for free download here, from this psychsitter. The Manual of Psychedelic Support, in both its hardcopy and downloadable format, is published under a Creative Commons License – its content, is open to adaptation and modification; for example, for utilization in training manuals for particular care services. The Manual of Psychedelic Support may be downloaded here. It was a webcast broadcasted from Toronto Psychedelic Society about studying psychedelics in academia, helping to find your way to a psychedelic career and learn from panelists that have made a psychedelic career in areas like communications, clinical research, psychotherapy, education, entrepreneurship, and psychiatry. Music is an important part of the setting – as in set and setting – of psychedelic psychotherapy. After the webinar, I did some research to dig deeper into the latest info on this key aspect of psychedelic support. Matt "River" Baldwin of Chacruna wrote a great article on musical sound quality is an important part of the setting – as in set and setting – of psychedelic psychotherapy. In therapeutic work with psychedelics, music acts as a carrier wave for the entire period of drug effect, which means that the participant spends many continuous hours under headphones. This calls for a music-playing setup that is comfortable, reliable, and that sounds good. We all know what it feels like when you hear a song especially through headphones, often on the internet and find yourself thinking: This is usually the result of poor quality music files or bad gear. One last thing that I would recommend to anyone thinking about taking psychedelics to check out this good research article by David Wilder, who was at the webinar as well, Get Ready for Your Psychedelic Voyage by Reading Experience Reports. Safe Travels into the unknown. A Chemical Love Story.

5: The Manual of Psychedelic Support

In short, The Manual of Psychedelic Support includes everything one would need to start a new psychedelic care organization from the ground up or to fine-tune and improve the practices of an established group. Of particular note is the extent to which it is an open source and open-ended document.

6: Women and Psychedelics Forum | Chacruna

The Manual of Psychedelic Support. 4K likes. A practical guide to establishing and facilitating care services at music festivals and other events.

7: Erowid Library : The Erowid Review » Psychedelic Healing

In the newsletter of the Multi-disciplinary Association for Psychedelic Studies, Zevic Mishor writes about the development of a free guide to supporting people through extreme states induced by the voluntary use of psychedelic drugs. The guide is called The Manual of Psychedelic Support: A Practical.

8: Erowid Library : The Erowid Review » The Manual of Psychedelic Support

The Manual of Psychedelic Support is a comprehensive guide to setting up and running compassionate care services for people having difficult drug experiences at music festivals and similar events. The Manual grew out of the work of its original creators at KosmiCare, the psychedelic care service at the iconic Boom Festival in Portugal.

9: Zevic Mishor (Author of Manual of Psychedelic Support)

The Manual of Psychedelic Support provides information that spans an entire project, including preparation, training, logistics, operations, and wrap-up. From the beginning of the work, one of our core principles was that the Manual should be independent of any external organization, with its content open for adaptation and implementation, and.

Wally the Whale Learns How to Be a Winner Coloring pictures of animals Beyond the gradient: an integrative anthropological perspective on social stratification, stress, and hea How To Show Things With Words Rooms for living (A Design Centre book) Losses in later life Sayings of Mark Twain (Duckworth Sayings Series) Lighten up, its Christmas! Robert gilpin war and change in world politics The submarine at war Las Batallas Del Desierto (21103) Literature, Race, and Ethnicity Numbers and Sense of Time Masters, slaves and entrepreneurs: globalised utopias and new world order(ing)s Directory of Museums and Special Collections in the United Kingdom Operations research applications and algorithms winston solutions Living Your Best Life with Aspergers Syndrome Late Victorian House Designs Destiny game guide book Herding cats: catch us if you can The act of incorporation, constitution, rules and regulations, and list of members of the Manitoba Club, Ing problems in children Arrest Sitting Bull by Douglas C. Jones Lachmann, L. M. The dilemma of economic policy. V. 1. The Tidewater period, 1607-1710. Energy cost during various exercises How to Prepare for the AP Psychology with CD-ROM (Barrons AP Psychology Exam (W/CD)) Gods Word Translation-NT Red Getting started raising money Applying technology to secure the supply chain to patients Prayers From A Teachers Heart The man with the watches Practical rushwork. A view of the Thames Jack its playtime The Richard Judy book club reader Sculpture book mega Contacts And Workbook, Seventh Edition And Pas Cd 2 Point 0 Revelation mystery method Mb0-001 manual