

## 1: Ravelry: Never Too Old to Knit - patterns

*Never Too Old to Knit: Beautiful Basics for Baby Boomers [Karin Strom] on [www.enganchecubano.com](http://www.enganchecubano.com) \*FREE\* shipping on qualifying offers. With more people than ever interested in knitting, there have been many volumes to teach newcomers the basics and reeducate the lapsed.*

Booze bag By Sara Galley Do you hate to purl? Or just hate the constant flip-flopping of a narrow project? Knitting back backwards may be just the technique for you! Knitting back backwards is the technique of knitting from the left edge to the right edge of a piece of knitted fabric, in the reverse of the normal direction, as a replacement for turning and purling across the wrong side. Knitting back backwards lets you avoid that, in entrelac or any other project which involves narrow strips. In charted designs, knitting back backwards keeps you facing the fabric surface shown on the chart, and may make it easier to see the design develop. That makes some sense, as it replaces purling in the normal direction. However, because you are forming knit stitches, not purl stitches, on the side facing you, I prefer the knitting back backwards term, and reserve purling back backwards for the technique that produces purl stitches on the facing side of the fabric. I think this terminology especially makes sense if you are going to employ these techniques for charted designs, since usually the same symbol will indicate both stitches to be knit on the forward rows, and stitches to be knit back backwards on the reverse rows. And before we get into the technique, a brief note on what knitting back backwards is not: True left-handed knitting is a mirror of right-handed knitting, with a mirrored stitch orientation. Knitting back backwards maintains the same stitch orientation, and requires a slightly different technique. As you can see in the photograph below, the right needle goes between the left needle and the front loop of the stitch, entering the stitch from right to left. The working yarn comes up in front of the right needle, over the top of it, and then down between the right and left needles. The right needle tip pulls the new stitch through the old stitch from front to back, and the stitch sits on the right needle with the working yarn extending from the back of the needle. When you knit back backwards, you want the yarn and needles to move with each other in exactly the same way, except that you will be on the other side of the entire operation. Therefore, everything needs to be reversed. Your stitches will begin on the right needle, and the left needle will be your working needle. The left needle goes between the right needle and the back loop of the stitch, entering the stitch from left to right. The working yarn comes up behind the left needle, over the top of it, and then down between the left and right needles. The left needle tip pulls the new stitch through the old stitch from back to front, and the stitch sits on the left needle with the working yarn extending from the front of the needle. Be careful with your yarn wrapping! Continental knitters, who hold the yarn in their left hands and usually scoop, will be throwing the yarn around the left needle tip when knitting backwards. English knitters, who hold the yarn in their right hands and usually throw, will be scooping. If you have sufficient dexterity, you can do this without letting go of the left needle. I usually grasp the needles where they cross with my right forefinger and thumb, so I can let go with my left hand see below ; it does slow me down a little, but it helps me maintain good tension, whereas if I flick the yarn over without dropping the needle, I tend to play out too much yarn, and have to adjust my hold before I can knit forward again. Play with it, and find what works for you. ENGLISH English knitters knitting backwards face some of the same issues that Continental knitters face when purling, and for the same reason -- the direction of pull on the yarn tends to make it pop off the tip of the working needle. When you have your left needle inserted in the stitch, bring the yarn from behind the left needle tip, and push it down between the needles; a firm downward pressure will help keep the yarn from popping off the needle tip. Scoop the yarn through the old stitch with the tip of the left needle; holding tension on the yarn will make this easier to do. If you find this motion too difficult to master, you may want to try knitting back backwards in combination style. To do this, you will wrap your yarn in the opposite direction, bringing it up between the needles. This will need to be addressed on the knitting-forward rows by working the stitches through the back loop. KBB2TOG Where a pattern calls for you to purl two stitches together on the WS, knitting back backwards requires you to knit the two stitches together backwards. This is actually quite easy; simply place the left needle into two stitches instead of one, and then proceed as usual. This is an

extremely useful skill for charted designs which include both knits and purls on the WS rows, since you will always be working on the side shown by the chart. To purl back backwards, the yarn must be brought to the front of the work, between the needles. The left needle must be inserted between the back leg of the stitch and the right needle, from right to left. The left needle is then twisted around so the tips of the needles point in opposite directions, and the yarn is brought up between the needles, over the top of the left needle, and down the front of it. The left needle tip pulls the stitch through from the front to the back, and the new stitch sits on the left needle with the working yarn extending from the front of the needle. A little practice, however, such as a small entrelac project, should have you clicking along in no time. She likes talking about knitting almost as much as she likes doing it, and does so at length on her blog, Let Me ExplaiKnit.

### 2: How to Knit for Beginners: Cast-On to Cast-Off

*Create a free account to see projects made using patterns from this book What am I missing?*

### 3: never too hot to stitch!: Something Old, Something New -- January edition

*Just like the title says you are never too old to knit. I am a beginning knitter at 67 and found this book easy to read and understand and the items to knit are quite easy. Knitting is a relaxing hobby and an easy way to make gifts for all your loved ones and friends.*

### 4: Very nice blanket. You are never too old to learn

*Never Too Old to Knit: Beautiful Basics for Baby Boomers by Karin Strom With more people than ever interested in knitting, there have been many volumes to teach newcomers the basics and reeducate the lapsed.*

### 5: Knit with a silent K | never too old to learn new tricks

*The only book of its kind on the market, Never Too Old to Knit is the ultimate how-to guide designed specifically for a mature audience: baby boomers who never learned to knit or who are returning to the flock after having put their needles aside. In addition to covering all the basics, it provides a larger-type format, timely discussions on.*

### 6: when is yarn too old to be of good use

*Never Too Old To Knit - Beautiful basics for baby boomers! pages. Never Too Old To Knit is available now at Jimmy Beans Wool with Free U.S. Flat Rate shipping for orders over \$75, \$4 U.S. Flat Rate shipping on all other orders!*

### 7: never too hot to stitch!: Something Old, Something New -- January edition

*Note: Citations are based on reference standards. However, formatting rules can vary widely between applications and fields of interest or study. The specific requirements or preferences of your reviewing publisher, classroom teacher, institution or organization should be applied.*

### 8: Pickin' and Throwin': Baby Booties Without Seams (bottom up)

*Designed with larger type for easy readability, with a stay-open hidden spiral for ease of use, and with 30 projects designed by overyear-olds for their peers, Never Too Old to Knit will reach this eager, untapped market.*

### 9: Karin Strom (Author of Never Too Old to Knit)

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