

### 1: Human Anatomy Physiology Quick Study Guide - Free downloads and reviews - CNET [www.engancheo.com](http://www.engancheo.com)

*Physiology of Vision Optional review: "Eye" section, p.6 of Anatomy guide. 1. Optics: Light travels in a straight line until a new medium is encountered - it may.*

Keep a copy of it handy throughout the semester. There is a lot of important information there that will make much more sense to you as the course proceeds – information that you will not remember if you do not keep it handy. Do it early in the semester well before your first midterm exam. Ask if you have captured the major points. If not, ask your instructor for help in figuring out how to take better notes. Listen carefully to what you are told – even if you do not agree. Repeat back to your instructor what you think you heard to confirm that you got it correctly. Living in a connected modern world, you already have information in your brain about human anatomy and physiology. Some of it may be very accurate information. Some of it may have given you false impressions. Consider what you think you already know and cross check your facts with your textbook – not Google. You will be tested for knowledge as it is presented in your anatomy and physiology textbook. Be particularly careful not to confuse right and left. Our use of computers has taught us some habits. We right and left justify material on the computer screen without thinking much about it – the reference always being our own right and left side. Most brain structures dedicated to processing of auditory signals are superb at discerning pitch of the human voice and assigning meaning to it. If English is not your primary language and you are taking an anatomy and physiology course with an English speaking instructor, Google has a great free website to help you at translate. There you can enter the scientific term from your anatomy and physiology textbook and then have it translated into virtually any language in the world. Scientists love to make up long words from a combination of small words. Originally the smaller words used in anatomy and physiology were Roman Latin and Greek terms. The foreign words named objects. Early anatomists established the practice of using the meaning of the Latin and Greek words to describe newly observed body parts. For example, one small Greek word that means hollow vessel, cyte, is often used as the last part of the name of various cell types. The first part of the cell name describes the location or appearance of the cell. Examples include astrocytes that are shaped like stars, leukocytes that are white blood cells, melanocytes that are cell containing the pigment melanin, and osteocytes that are bone cells. The list of -cytes in anatomy is very long. Tips for Studying Physiology 8 Memorizing the facts of physiology often leads to poor exam grades. There is an easier way to master this science. Start by examining the way in which anatomic systems work together to maintain necessary set points, that is homeostasis. Work at understanding what is meant by homeostasis. Physiologists call this process of keeping body conditions in the correct range maintaining homeostasis. Maintaining homeostasis requires a network of Sensors that signal when a property of the system strays out of the desired range. Sensors send signals to Responders. Responders bring the system back to the desired condition. Individual sets of Sensors and Responders are called Feedback Loops. Yet, this concept forms the foundation of modern medical practice. Cause is defined as a force that produces an effect. Physiological Cause may be a force from the environment, or something deviating from the norm within the body, that grossly disrupts homeostasis. For example, the disruption may be acquiring an infection, being chased by a tiger, being shot, experiencing a heart attack, or falling off a ladder. There is no need to memorize the complex responses you find – for right now just observe how many systems become involved when homeostasis is disturbed by a large force. An example of how cause and effect works can also be found at my post Buffering Body Alkalinity and Acidity. And, do not expect physiological compartments to have boundaries like rooms in a house. In reality physiological compartments are often amorphous – that is without structure. The two largest compartments that control much of physiological chemistry are the extracellular fluid compartment and the intracellular fluid compartment. At first glance these two compartments appear quite boring. Do not be fooled by that. Much of physiology in each organ system is dictated by communication between the two major fluid compartments. More details about the importance of communication between body compartments can be found on the pages Compartments in Anatomy and Physiology and Physiology of Cell Signalling and the post Ion Channels. Get it now by clicking here. You will be asked to confirm that you wish to be on my email list

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## 2: Free Anatomy Flashcards

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*The study of the structure or morphology of the body and how the body parts are organized. Physiology The study of the functions of body parts, what they do and how they do it.*

### 9: An Online Examination of Human Anatomy and Physiology â€¢ GetBodySmart

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