

1: Untitled Document

OVERVIEW: The Reams Biological Ionization Theory (RBTI) is a comprehensive system of mathematical principles that allow for a new and complete understanding of how the electrochemical basis of biological life is to ideally develop and function.

He claimed to have six doctorates, including some sort of medical degree from someplace in England, but he claimed he was not a medical doctor. He also denied that he posed as one, yet in he was arrested and convicted of practicing medicine without a license in the state of Georgia. He considered most medical drugs, all radiation, and most surgery harmful to health, preferring instead treatments such as Norwegian fjord kelp for brain tumors and cataracts. In during a period of prayer and fasting, Reams received a divine revelation of the biochemistry numbers for perfect human health: Reams taught that human, animal, and plant cells are built by an ionization process akin to electroplating. So, he eventually constructed an alternative view of nature to help him help others. For example, he claimed that there are two kinds of atoms and molecules: Anions, he said, are atoms or molecules with electrons that rotate clockwise when viewed from above. Not surprisingly, he defined a cation as atoms or molecules with electrons that rotate counter-clockwise when viewed from above. Anions and cations have different energy values, but they are not measured in any terms that would make sense to a physicist. An anion can have an energy value of Milhouse Units, with an average value of Milhouse Units. A cation can have an energy value of Milhouse Units, with an average value of Milhouse Units. You will search in vain through any physics text for a definition of a "Milhouse Unit. The lemon, he claimed, is the only anionic food. Who are we to disagree? Reams said he was allergic to lemon but that Canada Dry Collins Mixer is a passable substitute for lemon. I advise the reader to review that entry, lest you think that this entry on Reams is nothing but an ad hominem attack on an oddball. Reams believed that diet was the cause and cure of all illness. Now, back to those magical numbers he was given in a moment of divine inspiration. The numbers are the same for everybody, but the diet will differ depending on the individual. The numbers will guide you to the right balance of energy and matter, i. The urine pH and saliva pH denote the resistance between the anions and cations, the anions and anions, and the cations and cations. This is a key factor in measuring the total amount of energy in our bodies. Reams apparently grew up on a farm and was quite knowledgeable of agriculture. His inspiration apparently led him to see a direct analogy between the soil and bodily fluids. Reams realized that the soil was everything, just like Pasteur said on his dead [sic] bed: See my note below for the Pasteur story as told by germ-theory denialists. His test consisted of 7 parameters optimal values in between the brackets. Think of that, you physics majors! If there is no resistance, then no energy is created. It is just resistance. Cancer, said Reams, is nothing more than dead cells that have stayed in the body too long, have lost their reserve energy, and have become disconnected from the nerve. All disease is caused by a lack of minerals. The human body can manufacture vitamin C. Lemons are not acidic because acids are cations and lemon is an anion. For example, many of us who favor science-based medicine might find the following Reamism of some value: Hate is the finest cancer seed in the world. There are two versions of this phony recantation story. You will find both abundantly represented on the Internet. One version says that Pasteur said Bernard avait raison. The idea that the body creates germs is attractive to those who want to believe that nutrition and a healthy lifestyle often described as using " natural " products, eating " organic " foods, and taking various vitamin and mineral supplements are sufficient to ward off disease. The idea that germs can exist independently of the body, can invade and infect the body no matter how healthy one is or how much care one takes to live a healthy lifestyle, is supported by decades of scientific evidence. The idea that germs are created by the body in response to poor nutrition has no scientific evidence to support it. It is important to remember that germ theory does not claim that all disease is caused by germs nor that all germs cause disease. It is also important to note that nutrition is an important part of good health. We know, for example, that some diseases are directly caused by lack of certain nutrients. For example, scurvy is due to a lack of vitamin C , not to "insanitary surroundings, overwork, mental depression and exposure to cold and damp" Bryson as some germ-theory denialists would have it.

2: www.enganchecubano.com "why guess when you can assess?" - Home

Reams Biological Theory of Ionization Understand what health is and what it means. Understand levels of body chemistry using urine and saliva. Understand the proper relationship of mental and spiritual aspects of.

Reams Biological Theory of Ionization is derived from seven foundational metabolic parameters in the urine and saliva. Reams was an agricultural biochemist. He was known as an Einsteinian mathematical genius. He had a superb reputation for being able to work wonders with the soil, especially for golf course owners having turf trouble and for farmers with crop problems. Reams had a health retreat in the Blue Ridge Mountains of Georgia. People seeking wellness would come to this retreat for several weeks and be given a diet to suit their body chemistry. Many of them left feeling better than they had felt in years. It was quite amazing. He was a man well before his time. He had adapted a soil and plant testing technique to test urine and saliva. It was a simple, non-invasive test that an individual could do in less than 10 minutes. The test consisted of 7 parameters. It was accomplished by using laboratory instruments and techniques similarly used for agricultural testing. Indicates the amount of potential energy available per pound of weight according to the individual. Indicates the efficiency of the gastric juices of the stomach and how efficiently the kidneys are removing toxins from the body. Indicates the efficiency of liver and pancreatic enzymes. Provides information regarding electrical conductance of the body fluids and whether the body is balanced in its electrolytes. Indicates amount of cellular debris from cells breaking down. Indicate the waste products from protein metabolism. Due to a personal obligation, Dr. Reams made the transition from soil chemistry analysis to body chemistry analysis. After years of testing many body fluids, Dr. Reams determined that urine and saliva provided the best medium for testing using his Theory of Biological Ionization. Carey Reams discovered the "perfect numbers" for Biological Ionization, which represent the ideal cellular resistance required for life, just as The higher the resistance, the higher the temperature. The lower the resistance, the colder the temperature. Death may occur from either extreme. The more efficient the digestion, the more efficient the body is in extracting mineral energy from the air. An excess of resistance can result in disease and death. Likewise, a deficiency of resistance can also result in disease and death. The theory being that, if one could maintain a lifestyle that continually manifested the "perfect numbers", there would be no premature aging. The objective, using "Reams Testing" as a guide, is to determine the proper lifestyle that allows a person to age, but not prematurely age. As the metabolism efficiency decreases, premature aging is more likely to occur, predisposing one to the disease process. How are urine and saliva tests different than a blood test? Reams, the blood changes every 15 minutes. The urine and saliva test was found to be more accurate. The testing of these two substances is amazingly accurate in determining the degree of wellness one might be experiencing and importantly what minerals, vitamins, and foods one should or should not eat. Biological Ionization Analysis is an excellent metabolic biofeedback device to indicate whether a particular lifestyle is beneficial or detrimental for any individual. It provides biofeedback on a holistic emotional, physical, spiritual level. Your Program for Wellness: Consultations that include Reams Test. Custom Nutritional and Lifestyle Program utilizing Reams results, and other analysis. All necessary nutritional supplementation to assist in balancing your numbers. Ancillary suggestions to complete your holistic program. Biological Ionization Analysis should be performed at least monthly and as often as weekly at the discretion of your counselor during the course of your nutrition and lifestyle program For more information or to make an appointment call Judy or Tom at This information is for educational purposes only, not for diagnosing, curing, or treating diseases.

3: Carey Reams - Biological Ionization

A chart form of Reams wisdom. I require a term to express those bodies which can pass to the electrodes, or, as they are usually called, the www.enganchecubano.comnces are frequently spoken of as being electro-negative, or electro-positive, according as they go under the supposed influence of a direct attraction to the positive or negative pole.

Reams was an agricultural biochemist. He was known as an Einsteinian mathematical genius. He had a superb reputation for being able to work wonders with the soil, especially for golf course owners having turf trouble and for farmers with crop problems. Reams had a health retreat in the Blue Ridge Mountains of Georgia. People seeking wellness would come to this retreat for several weeks and be given a diet to suit their body chemistry. Many of them left feeling better than they had felt in years. It was quite amazing. In the later years of his life he made his expertise available in Thomasville, PA. He was a man well before his time. He had adapted a soil and plant testing technique to test urine and saliva. It was a simple, non-invasive test that an individual could do in less than 10 minutes. The test consisted of 7 parameters. It was accomplished by using laboratory instruments and techniques similarly used for agricultural testing. Indicates the amount of potential energy available per pound of weight according to the individual. Indicates the efficiency of the gastric juices of the stomach and how efficiently the kidneys are removing toxins from the body. Indicates the efficiency of liver and pancreatic enzymes. Provides information regarding electrical conductance of the body fluids and whether the body is balanced in its electrolytes. Indicates amount of cellular debris from cells breaking down. Indicate the waste products from protein metabolism. Due to a personal obligation, Dr. Reams made the transition from soil chemistry analysis to body chemistry analysis. After years of testing many body fluids, Dr. Reams determined that urine and saliva provided the best medium for testing using his Theory of Biological Ionization. The higher the resistance, the higher the temperature. The lower the resistance, the colder the temperature. Death may occur from either extreme. The more efficient the digestion, the more efficient the body is in extracting mineral energy from the air. An excess of resistance can result in disease and death. Likewise, a deficiency of resistance can also result in disease and death. As the metabolism efficiency decreases, premature aging is more likely to occur, predisposing one to the disease process. How are urine and saliva tests different than a blood test? Reams, the blood changes every 15 minutes. The urine and saliva test was found to be more accurate. The testing of these two substances is amazingly accurate in determining the degree of wellness one might be experiencing and importantly what minerals, vitamins, and foods one should or should not eat. It provides biofeedback on a holistic emotional, physical, spiritual level. Your Program for Wellness: All necessary nutritional supplementation to assist in balancing your numbers are the responsibility of the client. Biological Ionization Analysis should be performed at least monthly and as often as weekly at the discretion of your counselor during the course of your nutrition and lifestyle program. To Schedule an Appointment:

4: Reams Biological Theory of Ionization - A Most Incredible Blog Post of All Time

RBTI is the abbreviated term for Reams Biological Theory of Ionization. RBTI is a working explanation about the fundamental ionic energy composition and function of biological life. This theory was discovered, developed and proven through the unique work of agronomist, biochemist and mathematician, Dr. Carey A. Reams, beginning in the '50s.

Reams was an agricultural biochemist who was known as an Einsteinian mathematical genius. He had a superb reputation for being able to work wonders with the soil, especially for golf course owners having turf trouble and for farmers with crop problems. Reams ran a health retreat in the Blue Ridge Mountains of Georgia where people seeking wellness would come for several weeks and be given a diet to suit their body chemistry. He was a man well before his time. The test consists of 7 parameters and uses laboratory instruments and techniques similarly used for agricultural testing. Indicates the amount of potential energy available per pound of weight according to the individual. Indicates the efficiency of the gastric juices of the stomach and how efficiently the kidneys are removing toxins from the body. Indicates the efficiency of liver and pancreatic enzymes. Provides information regarding electrical conductance of the body fluids and whether the body is balanced in its electrolytes. Indicates amount of cellular debris from cells breaking down. Indicate the waste products from protein metabolism. The higher the resistance, the higher the temperature. The lower the resistance, the colder the temperature. The more efficient the digestion, the more efficient the body is in extracting mineral energy from the air. An excess of resistance can result in disease and death. Likewise, a deficiency of resistance can also result in disease and death. As the metabolism efficiency decreases, premature aging is more likely to occur, predisposing one to the disease process. How are urine and saliva tests different than a blood test? Reams, the blood changes every 15 minutes. The urine and saliva test was found to be more accurate. The testing of these two substances is amazingly accurate in determining the degree of wellness one might be experiencing and importantly what minerals, vitamins, and foods one should or should not eat. Biological Ionization Analysis is an excellent metabolic biofeedback device to indicate whether a particular lifestyle is beneficial or detrimental for any individual. It provides biofeedback on a holistic emotional, physical, spiritual level. Biological Ionization Analysis should be performed at least monthly and as often as weekly at the discretion of your counselor during the course of your nutrition and lifestyle program. This information is for educational purposes only, not for diagnosing, curing, or treating diseases.

5: A Gathering of RBTI - HOME

Reams Biological Theory of Ionization - The Life Story of Carey A. Reams, By Carey A. Reams and Betty Reams Hernandez. During the early s Carey A. Reams, a budding scientist studying quantum physics and the works of Albert Einstein, developed a scientific theory which became known as the Reams Biological Theory of Ionization (RBTI).

Term used by Reams to help describe the behavior and characteristics of atomic particles. Reams relied heavily on the milhouse energy scale to explain the RBTI energy calculations. As of this date, no one has produced a traceable history leading back to the mysterious Milhouse. It is possible that the term honors William Milhouse Evans, a physicist who lived from A "milhouse unit" as used in RBTI means an energy packet of one millionth of one millionth of one millionth Milhouse units are particularly useful to calculate the energy level of minerals and fertilizers. The clay was originally thought a waste product and left in huge settling ponds. Northern and Reams found the clay labeled "soft" rock phosphate to be extremely rich in assimilable nutrients, many in a colloidal form. The product was first used to create much higher quality peanuts and corn. The refined colloidal faction, Mincol, has been found to be a very useful human supplement. Claimed by all RBTI teachers to be non-toxic in any amount. If you have bone cancer, take Mincol like it is going out of style. Subtract your age from and take 2 Mincol capsules a day for that many years. In the RBTI, the perfect urine value is 3ppm. Nitrate is the growth form of nitrogen used by plants. Ingested nitrate is troublesome and dangerous whether it comes from mal-formed foods or groundwater leaching. Please note that plants readily utilize both nitrate and ammonia forms. If the worn-out cells are flushed out of the system in no more than three days they do not turn to urea. Urea is undigested protein. That higher quality translated into healthier animals and humans. He worked with Reams to prove the value of soft rock phosphate. A German professor who taught Reams the frequency of grapes sometime while Reams was in college in about Reams considered that a key to his later compiling of the frequencies of a quarter million life forms. A tireless researcher, Olszta continues to gather compliments for the thoroughness and accuracy of his class lessons. In ordinary chemistry, neutral is assigned a value of 7. However in the RBTI 6. This is a key factor in measuring the total amount of energy in our bodies, and is the key factor in the reserve energy, however, it is not the whole key. Although simple math shows extreme variations of pH can all come out with the exact same "average" ph, the teacher feels such a value can be of use as another way of looking at the overall picture. In particular, he taught that phosphate of calcium was vital to bone growth and health maintenance. A low urea analysis signifies a need for potassium supplementation. Ranges are sometimes mistakenly called zones, but zones are a complex mathematical extension of ranges see. The various RBTI teachers have been slow to standardize the values assigned to each range. This lack of standardization has hampered the RBTI cause. An audio recording of the Reunion can be purchased from Jon Frank Jon. A replacement for the hydrometer in all but the most demanding cases. Refractometers are calibrated in Brix or many other scales. Refractometers are also extensively used in agriculture. Much information on refractometers and higher quality food can be found at this location. Reams is faulted for not adequately teaching RE calculations and great controversy rages today over the proper interpretation. The more your urine pH values jump around, the lower your reserve energy. Reams found that a saliva pH of 6. This number came about because Reams used a specific dilution method employing a Beckman Solu-Bridge pictured. Skow employs Jon Frank, who is deeply committed to building and maintaining a Reams Archive. Various archived materials are available for purchase. The RBTI works best for those who have arrived, or are working toward, spiritual calmness and balance. Hate is the finest cancer seed in the world. For instance, although a basic tenant of chiropractors is non-use of drugs in principle, it is common knowledge that they have divided into "straight" and "mixed". Similarly, RBTI teachers and practitioners have moved in various directions and no one is sure if it is all for the better. We tested over 24, people in Over 10, of those came to us as "terminal". A technical product also known as "bone ash. However, the availability issue was so complex that he did not consider any two leukemia cases identical. Vitamin C is sometimes used to help adjust the body chemistry downwards when the urine pH is higher than 6. Used as a blood thinner. Avoid E and K at the same time. UREA The nitrate and ammonia values added

together. The perfect RBTI value is 6 ppm. Although not an RBTI equation factor, the urea reading is quite important. The urea reading has to stay above 12 to show that someone in the healing range is not working too hard, i. If the worn-out cells are flushed out of the system in three days they do not turn to urea. However, when traveling he suggested one might resort to soda pop as an alternative so as to avoid the dysentery that can be brought on by drinking different raw waters. Common sense says that Reams would today embrace emergency use of such low-conductivity waters even as he rejected high-conductivity "spring" waters. Many people are started on a "flushing out" designed to rapidly lower their salt and urea numbers to safer ranges to preclude imminent heart attack. Then, depending on their RBTI numbers, and their dehydrated state, they are given either water, lemonade, or a combination of either to drink at designated intervals. Most people are astonished at how much better they feel when drinking proper water. Waychoff also publishes eBooks and printed materials in addition to his on-site classes in Wheeling WV and other parts of the country.

6: Biological Terrain Analysis

THE BELOW DISCLAIMERS APPLY TO EVERY PART OF THE INFORMATION PROVIDED HERE CONCERNING THE REAMS BIOLOGICAL THEORY OF IONIZATION (RBTI) If you have a named disease, please do not come to these webpages looking for a cure.

Carey Reams At bewell, we provide a wide variety of health and wellness testing. Ideally you would have a variety of tests to test different aspect of your body wellness. However if you are only going to have one test to give an indication of your wellness status and what you can do about it, then we recommend the RBTI, because it gives so much information in so many areas. Carey Reams, a mathematical and scientific genius. After much research he developed a formula for perfect health. This formula reflects a body in perfect balance and any deviation from the ideal formula is a deviation from wellness. Realms devoted his life to working with people curing them of diseases that conventional medicine had given up on. RBTI was and continues to be a revolutionary method of detecting and correcting imbalances in the body. What does RBTI involve? You are required to give a sample of your urine and your saliva. How do I prepare for it? Samples taken at least two hours after a meal. Drinking water prior to the test is fine. Samples taken at least two hours after exercise. If taking urine and saliva samples prior to coming to the clinic, ensure they are no more than 24 hours old. Ideally, the sample should be given at the clinic. What happens to my samples? A variety of tests are performed on the samples that you provide. Laboratory instruments such as a refractometer, a pH meter, and a conductivity meter are used to test different aspects of the samples. The samples are also subjected to various chemical reactions. These are interpreted in terms of how your body is functioning. How do I get the samples to you? The samples can be provided as part of a consultation, dropped in at your convenience or couriered to the clinic we only test samples up to 24 hrs. Sample containers and forms can be uplifted from the clinic or can be posted out to you. What information will the test provide? The results of the test will give you information on sugar and oxygen levels in the blood, energy levels, the ability of your body to assimilate nutrients, hydration of the body, ability of the body to conduct electrical flows, efficiency of digestion, presence of parasite, and how your body is dealing with waste, toxicity levels and the How do I know what to do to move towards the ideal balance? You will get a full written report of several pages outlining your results, what they mean and a treatment plan. Specific advice will be given in terms of nutrients and lifestyle habits to match your individual needs. Does RBTI cure illness? I would invite you to search the net to see the amazing success stories linked with RBTI. There are stories of amazing cures, written by patients. Carey Realms has left a legacy that continues to bring wellness to people. How much will it cost? This includes everything you need to complete the test excluding the cost of getting the samples to the clinic. If the test is being done in conjunction with a consultation, the price of the consultation is an additional charge. What other tests are available? At the outset we recommended that if you were only going to have one test, then this would be it. However, there are other tests available that together give a fuller picture. These are part of a comprehensive package. In summary, they involve looking at fat to muscle ratios; biological aging verses chronological aging; live blood analysis where you see your blood cells in actions, giving you information about such things as allergies and antioxidant levels; metabolism rates, thyroid function and hormone deficiencies. We believe that the a comprehensive package of two to three consultations and a full range of testing provides the best results and value for money.

7: Carey Reams - The Skeptic's Dictionary

Dr. Reams called his technique, The Reams Biological Theory of Ionization. He had adapted a soil and plant testing technique to test urine and saliva. It was a simple, non-invasive test that an individual could do in less than 10 minutes.

Arden Andersen and Dr. Phil Wheeler, to Australia generated tremendous interest in their unique approach to high-production, sustainable agriculture. The triumvirate to whom they refer comprises Dr. William Albrecht and Dr. These three pioneers are central figures in what has become the most powerful sustainable push in late 20th century agriculture. Alternative agriculture has never sailed so close to the mainstream. Vested interests have always successfully contained and controlled what they have regarded as "organic fringe dwellers", but a burgeoning grassroots movement, led by conventional growers, appears to be changing this power base. Carey Reams was both a physician and an agronomist. His medical degree, completed in England, included an undergraduate degree in chemistry. Reams was dogged throughout his life by the medical authorities objecting to his use of nutritional healing and nutrition-based, preventative medicine. His simple approach could successfully cure several major diseases, but his rebuttal of drug-based mainstream medicine eventually culminated in a Californian jail term during his later years. He suffered serious spinal injuries that left him a quadriplegic. After the war his recovery did not progress as hoped, and he deteriorated to the point that he was considered to be close to death. At this point, in desperation, he travelled to Philadelphia to attend a Katherine Kumen faith healing service. He now came to see nature as both divinely ordered and holistic. This was in stark contrast to pidgeon-holing, specialist approach of conventional science. During his childhood on the family farm in Florida, his intuitive and practical understanding of plant growth became legendary. It has been said that his father entrusted him with sole responsibility for a significant growing area when he was just five years old. He devised a fertility program, organised labour and apparently produced an exceptional melon crop at that tender age. It was only after his injury and subsequent surprise-recovery that he really began to make his presence felt. His dual professions as an agricultural consultant and physician contributed to his understanding of a link between human health and soil health, and he began to develop a relationship with the leading researchers in this field - Dr Charles Northern and Dr William Albrecht. Charles Northern was a gastro-enterologist who, in , presented congress with findings supporting the concept that human health problems are directly related to the mineral depletion of our soils. William Albrecht, with whom he frequently corresponded. Combining these ideas with his own concepts, he set to work as a consultant in the South Eastern US, where he demonstrated the efficacy of these principles. Reams never really separated his two professions. While practicing medicine in Orlando, Florida, he opened a health retreat in Georgia and used this accumulated practical experience and research to develop what he termed the Reams Human Health Equation - a diagnostic and analytical tool based on the testing of urine and saliva. These body fluids were tested with the identical LaMotte soil testing approach, which Reams favoured when evaluating soil health. The test measured energy loss in his patients, and Reams accurately diagnosed specific diseases based upon small reductions in energy loss, without actually seeing his clients. Apparently this approach can still offer better early-warning, diagnostic precision than current alternatives. This part of the Reams work has been continued by Minnesota-based Dr. Joe Manthei, who translated the original Reams recipes to workbook and audio tapes. Manthei while he lived in Lancaster Pennsylvania Amish country. Over the years we lost contact with each other. Reams developed his system extensively and had several different clinics around the US, but he still somehow managed to foster his other passion - his agricultural consultancy. During this period, he developed his Biological Theory of Ionisation, which is the centrepiece of his soil-health philosophy. He also perfected the use of a series of monitoring tools, which were to become integral components of his system. These tools included the LaMotte soil test, the refractometer, the conductivity meter and the electronic scanner. Currently the most diligent persons seem to be A. In , Sande Dr. During my dental education he became very fascinated with the discovery of the real cause of dental decay. The conclusions determined from this research revealed that in order for teeth to maintain ideal health, they must be connected to a healthy mineral rich body. This really means that the teeth decay from the inside out, when the self cleaning process breaks down. Beddoe

especially enjoys the experience of seeing and hearing the "Uh-huhs," when students take note of how the all-encompassing truths of Biological Ionization stand forth, as the solid basis of understanding of all the allopathic and natural health "ologies" and disciplines. Yes, it is very customary for students to come to the overwhelming public realization that Biological Ionization holds the keys to understanding the proper place for all health disciplines. If a health practitioner is never exposed to the significance of Biological Ionization principles, they will always and only ever have a symptom-based therapy system, no matter how natural they orient it. No matter how elaborate or wholistic the diagnostic or treatment routine used to uncover and deal with health dysfunctions, it will never reveal the true cause of the dysfunction nor what to ideally do about it as will the properly understood and applied Biological Ionization principles and techniques. No matter how natural, or otherwise, the therapy of a health practitioner, whether in using natural drugs, homeopathy, herbs, massage, chiropractics, wholistic dentistry, kinesiology, iridology, raw foods, colonics, acupuncture etc. Bob Pike can be contacted through [http:](http://) Dan still teaches the Reams seminars to this day. Dan Skow can be contacted through www. Beddoe The definitive text on the concepts pioneered by Dr. Beddoe, a former assistant to Reams, explains the principles behind the pH test, proper procedures for conducting tests on urine and saliva, and how to use the test results to tailor counseling recommendations in the diet and lifestyle plans. Reams in the middle 70s. That meeting began a 10 year relationship in which Dr. Beddoe not only assisted Dr. These texts discuss RBTI not only as it applies to soil and animal health, but also to human health. Beddoe is a recognized authority, as well as an enthusiastic teacher and lecturer.

8: The Ionic Body – Part 2 | Maureen Fontaine

The Reams Biological Theory of Ionization.. Scientific Nutrition For Health & Wellness!

Carey Reams, a great human being, a great mind, and in my opinion a time traveler having my reasons. This would be the late Dr. Reams was known as a man well ahead of his time. He was a mathematical genius, who was educated in mathematics, biophysics, and biochemistry. He made many discoveries and contributions to the health field as well as the field of agriculture. Reams had amazing abilities in testing soil and knowing what was needed to restore balance in any situation from golf courses to farm fields. He later took these findings, systemized and applied them to an overall and in depth view of life and biological energy. Carey Reams We are energy beings, created by God, our source of energy. E refers energy, m refers to mass, and c is the speed of light in a vacuum. Energy is mass times the speed of light squared! Reams, in his amazing way he developed a way to very simply and quickly measure the energy of living things. Even more amazing is the ability in which this system of testing the energy can be used for the maintenance and, even, improvement of health and well-being of people. Reams had adapted his system of testing called, The Reams Theory of Biological Ionization, from a soil and plant testing technique. Using laboratory instruments and techniques normally used for agricultural testing, to test the urine and saliva of human beings, Dr. Reams created a simple, non-invasive testing technique that an individual could do in less than 10 minutes. The test consisted of 7 parameters. Combined these parameters form the Reams equation of health displayed in the perfect numbers. This is very similar to The higher the resistance, the higher the temperature and the lower the resistance, the colder the temperature. Death may occur from either extreme. The premise behind this theory is that if a person maintains a lifestyle that is conducive to consistently manifesting the perfect numbers, there would be no premature aging. Carey Reams How is energy created from the food we eat? Ions are either anions or cations. The electrons in the outer orbit of an anion move in an opposite direction than the electrons in the outer orbit of a cation. When they come together they create resistance. The resistance created between anionic foods and cationic foods in the human body gives off energy used for life. Resistance is required for life. The resistance between these orbiting anionic and cationic molecules in the human body creates the necessary energy for good health. On this same note, an excess or a deficiency of resistance can result in disease and death. The more efficient the digestion, the more efficient the body is in extracting mineral energy from the atmosphere. After years of testing hundreds of foods, Dr. Reams found that all foods are cationic, with the exception of fresh lemons. Liver bile he found is anionic. The minerals calcium, potassium, and chlorine are also anionic. To determine this he measured the pH. The pH is the measure of resistance between cationic and anionic in the body. If the pH reading is 6. Therefore, if this number is either higher or lower than this, over a long period time, too much energy is being lost, and illness begins. Based on this analysis, it is possible to prepare a specific, individualized diet designed to promote excellent health people. Using food and specific nutrients based upon the test results, a person can balance their numbers, their chemistry, and ultimately their energy, to improve their health. Degenerative diseases are caused by a mineral deficiency in the cell structure of the affected organ or gland and the loss of reserve energy results. If the body is deficient in potassium in the brain, or manganese in the reproductive organs, or copper, iron, or zinc in the colon, the cells cannot produce the normal amount of energy and will die prematurely. Fungus and bacteria often invade these areas. Then the nearby healthy cells are affected. Decay is the complete loss of reserve energy. When the body chemistry is properly balanced, all the numbers in the equation are aligned. Body chemistry is corrected by following the Reams program. This includes drinking of pure, steam-distilled water which picks up excess salts and urea in the body and flushes them out. Distilled water also removes other toxins which have collected in the weakest parts of the body. These toxins are often responsible for causing pain in the joints and muscles. The program also includes using fresh lemon juice to improve the function of the liver. Liver bile in its purest state is a form of diluted hydrochloric acid. The liver can convert it into an astonishing number of different enzymes and vitamins. It is extremely important to build up the liver, as all diseases begin in the breakdown of this very important organ in the body. The program also includes a variety of foods specific to balancing the

body based upon the Reams test readings. Just as well, included is an avoidance of substances or foods being consumed that are keeping the chemistry out of balance. These usually include alcohol, oriental tea, cocoa, refined white sugar and white flour products. These items deplete the minerals in the body and cause a loss of reserve energy. Lack of proper rest also causes loss of reserve energy. The emotional state of a person, such as the harboring of hate, anger or resentment, and unforgiveness can also cause energy loss which leads to changes in the body chemistry that lowers immunity to diseases. When the numbers come into balance, stress in the person is lowered, their moods become more in balance, and over all sense of well-being is improved. The Biological Theory of Ionization does work! I have used this system for my clients for many years. Ultimately, the choice to get well is up to the individual. It requires Effort, Sacrifice, and Faith. Effort is made by making wise choices in food and lifestyle decisions. Sacrifice is made by avoiding those things that are keeping the numbers out of balance and are resulting in loss of reserve energy. Faith is required in any choice in health improvement because there is something far bigger than we are. When these procedures are followed consistently, a person can expect to achieve their goals.

9: Michael Sigurd Olszta

NO TIME TO DIE! is her personal token of thanks to this revolutionary new healing technique, *The Reams Biological Theory of Ionization* which saved her life.

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