

1: The WELL: Marcy Sheiner: Sex for the Clueless

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Linda Castellani castle Wed 31 Oct 01 Jewish Women Write Erotica. She teaches writing classes at the Writing Salon in San Francisco. Personal anecdotes, visualization exercises, and an exhaustive resource list are presented in a tone of girl-next-door down-home wisdom and a generous touch of levity. Rose, Novelist and Columnist for Wired News and previous inkwell. Rose is the author of three novels: Her next, *Flesh Tones*, will be published in July She is also the co-author of *How to Publish and Promote Online*. Rose began her career in publishing in BK Before Stephen King when she self-published her novel *Lip Service* as an e-book and sold it online. Marcy Sheiner was the first professional reviewer to read and praise the book and predict its success. Nine months later *Lip Service* was discovered and picked up by the NY publishing community. Please join me in welcoming Marcy and M. *Sex for the Clueless* [permalink 1 of Marcy Sheiner mmarquest](#) Wed 31 Oct 01 *Sex for the Clueless* [permalink 2 of Rose anewanais](#) Thu 1 Nov 01 Her review let to other reviewers taking the novel seriously and now I have a career. So Marcy - thanks. What empty space does it fill on the bookshelf? *Sex for the Clueless* [permalink 3 of Marcy Sheiner mmarquest](#) Thu 1 Nov 01 I dashed off something grandiose, then got the gig But once I got started, I realized that I had a lot to say and knew how to say it, and I ended up having a helluva great time writing it. As for its "space in the bookshelf," -- every time I enter a bookstore I despair, thinking the last thing this world needs is more books, more words. But when it comes to sex, I think that the more information out there, the better. Of course, there is no book quite like mine. *Sex for the Clueless* [permalink 4 of Rose anewanais](#) Fri 2 Nov 01 *Sex for the Clueless* [permalink 5 of Marcy Sheiner mmarquest](#) Sat 3 Nov 01 There are no "techniques" in my book, but philosophy, exploratory exercises, personal anecdotes, and a lot of resources. The book aims to help readers get in touch with their own sexual attitudes, desires and behaviors, to suspend judgement and to be open-minded. *Sex for the Clueless* [permalink 6 of Rose anewanais](#) Sat 3 Nov 01 *Sex for the Clueless* [permalink 7 of He basically said I was out of my mind if I thought I could mix up sex, motherhood and disability--not in one book, but in one writer. Of course, most intelligent people know this is ridiculous. The "no" part of my answer is because in many ways my sex writing has opened some doors: Sex for the Clueless](#) [permalink 8 of Rose anewanais](#) Sun 4 Nov 01 And do I want to be seen in the store picking up a book that identifies me as being sexually clueless? *Sex for the Clueless* [permalink 9 of Marcy Sheiner mmarquest](#) Mon 5 Nov 01 Even if you consider yourself totally savvy in this department, I think there is something for everyone in my book. I doubt, for instance, that many people have done the kinds of "sexercises" I suggest, since I made them up myself. *Sex for the Clueless* [permalink 10 of Leda Horticulture leroy](#) Mon 5 Nov 01 At least I always have a stock of blank birthday cards on hand. *Sex for the Clueless* [permalink 11 of Linda Castellani castle](#) Mon 5 Nov 01 How do you know if you are clueless? *Sex for the Clueless* [permalink 12 of Rip Van Winkle keta](#) Mon 5 Nov 01 *Sex for the Clueless* [permalink 13 of Marcy Sheiner mmarquest](#) Tue 6 Nov 01 A great shopping tip. I never thought about its potential for being a drawback until it was on the shelves. My "sexercises" typically involve getting yourself into a meditative, calm state, then visualizing something according to specific instructions. These fantasies are to be noticed, never censored. I also suggest keeping a journal during the course of reading the book and doing the sexercises, as well as afterwards. For the mental sexploration , the reader would record the fantasies and, in later work, compare and contrast fantasies in order to discern any patterns. *Sex for the Clueless* [permalink 14 of Linda Castellani castle](#) Tue 6 Nov 01 Does it help with those of us who are completely blocked in the fantasy department? I used to be able to turn just about any daily situation into a sexual fantasy, but not any more. *Sex for the Clueless* [permalink 15 of Rose anewanais](#) Tue 6 Nov 01 *Sex for the Clueless* [permalink 16 of Once one is past the tight and juicy stage, the way that one thinks and acts about sex changes. Sex for the Clueless](#) [permalink 17 of I never thought about it but of course our fantasies change Sex for the Clueless](#) [permalink 18 of Marcy Sheiner mmarquest](#) Wed 7 Nov 01 Or try looking for new fantasies. I used to have disdain for women who claimed

their fantasies were all of famous movie star types. For instance, recently I became a baseball devotee, and I found new material on the diamond! I reward him for his efforts on behalf of the Yankees. This fantasy not only gives me effortless orgasms, but makes me laugh myself silly. Sex for the Clueless [permalink 19](#) of Something I like might disgust you, and vice versa, but our motto, girls and boys, is "Live and let live. Sex for the Clueless [permalink 21](#) of Sex for the Clueless [permalink 22](#) of Linda Castellani castle Wed 7 Nov 01 So, if you are a WELL member, and would like your very own copy of Sex for the Clueless to read and participate in this discussion, send e-mail to inkwell-hosts@well.com. Sex for the Clueless [permalink 23](#) of Rose anewanais Thu 8 Nov 01 Dummies - clueless - how did we all get along before. Sex for the Clueless [permalink 24](#) of Marcy Sheiner mmarquest Thu 8 Nov 01 She rarely says anything new and startling, and she perpetuates old and harmful stereotypes. I want that position! Beats me, she says, tongue in cheek. Sex for the Clueless [permalink 25](#) of

2: Clueless () - IMDb

SEX FOR THE CLUELESS is the first "how-to" on sexuality that addresses sex as a realm to be explored rather than as a problem to be solved. It is the culmination of Marcy Sheiner's work and experience gathered from over a decade on the front lines of the "sex positive" movement.

Marcy Sheiner mmarquest Fri 9 Nov 01 Shame about our bodies. Shame about desire towards "inappropriate" people, whether because of their t age or gender or ethnicity. Even people who think of themselves as liberated, and are to a certain extent, find that when they want to act on desire shame rears its ugly head, usually disguised as something else, like: Shame permeates every aspect of our sex lives. Sex for the Clueless permalink 27 of Berliner captward Fri 9 Nov 01 Sex for the Clueless permalink 28 of Cynthia Dyer-Bennet cdb Fri 9 Nov 01 Getting caught would be embarrassing and it would be shameful. And that shame is being used to heighten the sexual experience. Sex for the Clueless permalink 29 of Rip Van Winkle keta Fri 9 Nov 01 Resisting showing up at your own party. Sex for the Clueless permalink 30 of JaNell goldenokomis Fri 9 Nov 01 Whereas I, and the women I talk to about such things, are the frustrated ones And then you turn thirty and things really rev up. I fantasize more now than ever before Sex for the Clueless permalink 31 of My behaviour changed long ago, well before these hormones began to change my life in truly drastic ways. These two factors modified my behaviour to a great degree. Mostly because I am more and more protective of my time and with whom I keep company. But, I can definitely be aroused, hormones or not. BTW, I have been assured by many women that this period of being less interested in sex which some experience passes - one comes through it in time and out into new day. Anyhow, back to the interview Sex for the Clueless permalink 33 of Marcy Sheiner mmarquest Sat 10 Nov 01 The shame that one might feel about "being caught" having sex in public is way different than the shame women of some ethnicities are made to experience about not being a virgin on their wedding night. I wish I could articulate this better; I will think on it and hopefully come back with some more about it later. I believe she said it less blatantly; it was more like, women need cuddling and affection more, whereas men are more focussed on having a climax. The women here who are talking about how sexuality changes with age: Someone mentioned 30, which to my mind is the first blush of youth! Sex for the Clueless permalink 34 of Big wet kissey flakes of goldenokomis Sat 10 Nov 01 Sex for the Clueless permalink 35 of I am 52, and not UNhappy to be, especially given the alternative. Sex for the Clueless permalink 36 of Linda Castellani castle Sun 11 Nov 01 On the other hand, I feel better about myself and more comfortable about myself than I ever have before, and care less than ever before about what people think of me. In fact, from this sexually-deadened point of view, I sometimes think in amazement about how much time and energy I once spent in one way or another pursuing sex or obsessing about sex or fantasizing about sex and I wonder how I ever had any time for anything else. Sex for the Clueless permalink 37 of Big wet kissey flakes of goldenokomis Sun 11 Nov 01 It was chemically induced as part of treatment for endometriosis; I got shots for six months. I was, I guess, about 27 at the time, and it was hell. Forty pounds on in six months. Strangely, my mother was being chemically brought out of menopause at the same time Sex for the Clueless permalink 38 of Rose anewanais Sun 11 Nov 01 Sex for the Clueless permalink 39 of Marcy Sheiner mmarquest Sun 11 Nov 01 I have a question, tho: Because I found that once I got going, the desire kicked in. Orgasm was still harder to reach, but I still had a damn good time hm, Dr. Conversely, some practices, when I first tried them, brought a wave of shame, seemingly from nowhere. He points out that sometimes obstacles heighten arousal, but sometimes they can distract. I consider things like adultery, no access to a bed, neighbors peeking thru the curtains, for instance, to be obstacles that more likely enhance rather than distract from arousal. Anyone have any other thoughts on this? Sex for the Clueless permalink 40 of As I said, I want to talk about sexual shame. Sex for the Clueless permalink 41 of Diethelm lendie Sun 11 Nov 01 Sex for the Clueless permalink 42 of Marcy Sheiner mmarquest Mon 12 Nov 01 In fact, everything about the book itself is pretty much a refutation of sexual shame. Sex for the Clueless permalink 43 of Rose anewanais Tue 13 Nov 01 Sex for the Clueless permalink 44 of Sex for the Clueless permalink 45 of Marcy Sheiner mmarquest Tue 13 Nov 01 Well, one thing I think people rarely talk about honestly is their fantasies.

SEX FOR THE CLUELESS pdf

The down and dirty, shameful, raunchy, bizarre stuff that is so revealing. Sex for the Clueless [permalink 46](#) of Linda Castellani castle Tue 13 Nov 01 Sex for the Clueless [permalink 47](#) of Marcy Sheiner mmarquest Wed 14 Nov 01 People are Animals Coffee, Tea or Herbs? Sex for the Clueless [permalink 48](#) of Sex for the Clueless [permalink 49](#) of Leda Horticulture leroy Wed 14 Nov 01 Sex for the Clueless [permalink 50](#) of Marcy Sheiner mmarquest Thu 15 Nov 01

3: Kensington Publishing Corp: : Sex For The Clueless

Here we go again. The "Baby-Boom" generation thinks it invented sex. I see Marcy Sheiner feels the same way. She might hate marriage and support adultery, but I love marriage and I like being faithful to my husband.

4: Parent reviews for Clueless | Common Sense Media

A new book entitled "The Perils of Perception - Why We're Wrong About Nearly Everything," indicates men think women have sex far more than they actually do.

5: www.enganchecubano.com: Customer reviews: Sex For The Clueless: How to Enjoy a More Erotic and

Sex for the Clueless emphasizes communication between partners and will help you get in touch with your own sexuality by overcoming embarrassment, confronting taboos, and learning what really turns you on. You'll be encouraged to experiment, to "talk dirty," play roles, enact fantasies, and use sexual aids.

Not all can win : Asians in the British labour market Giles A. Barrett and David McEvoy Cast in Shadow (The Cast Series, Book 1) V. 1. The Kings rifle, v. 2. The Coillard Family. Franklin Silas Terry (1862-1926), industrialist Lonely planet colombia Letters on Yoga, Vol.I Reagans rebellion Structured and semi-structured interviews Helen Orvaschel Transitions to Competitive Government Jbl flip owners manual Lightbulb experiment w materials Symposium on Medical and Surgical Disorders of Retina and Vitreous How to Draw Dinosaurs (Kids Guide to Drawing) 2014 subaru xv crosstrek owners manual Mta conductor exam book Physical chemistry akins solution manuel 10 edition Worlds to explore Interlude : a day in a connected life 8]. Engine performance (Test A8) The Scurlock Studio and Black Washington Linear programming : simplex method Ethnicity and ancient Judaism: Jewish identities in 1st century Alexandria and Antioch Monica Selvatici The Abraham Lincoln Companion Usual and Unusual Sayings The disappearance of the outside Small engine spark plug chart Theres a ghost in the coatroom Think About Editing Measurement errors I sailed with Magellan Bioarchaeology of Southeast Asia (Cambridge Studies in Biological and Evolutionary Anthropology) Jawbone up 3 manual Fast-Growing Firewood Tower demolition! Murder in the Yukon Sas certification prep guide for sas 9 Catalogue of Engravings Introduction Kevin Hughes Keys to Success in College, Career and Life, Brief (3rd Edition) Seismic design of building