

1: The Breakup Bible - free PDF, CHM, FB2, FB3

*The Breakup Bible: The Smart Woman's Guide to Healing from a Breakup or Divorce [Rachel Sussman] on www.enganchecubano.com *FREE* shipping on qualifying offers. Breakups are an unfortunate but inevitable part of every woman's life, and there's no denying that the heartache experienced after the ending of a serious relationship can be excruciating.*

It was so pink it seemed to throb with pinkness. Smack in the middle was a raised, gold heart, split in two by a pink lightning bolt. Above the heart, in white capital letters, was the book's title. The Breakup Bible Jennifer Lewis has it all: Then, out of nowhere, Max casually tells Jennifer that the cover was pink. Then, out of nowhere, Max casually tells Jennifer that maybe "it would be better if we were just friends," and the world comes to a screeching halt. And when her grandmother gives her The Breakup Bible, a self-help book that claims its "commandments" can make her "the happiest dumpee on the block", Jen is convinced that the humiliation of heartbreak might actually be fatal. As the semester rolls on, Jen finds herself on the trail of a controversial feature story and she starts to see herself and Max on a whole new light. It was one realistic book! Everything about this is very real. At firsthand, I think it was pretty bizarre to read about break-up stuffs because I love happy endings as I endlessly say, but jeez I really enjoyed reading this book that I finished it in one sitting. The book is divided in three parts wherein I find it very weird since the first chapter is titled The End and the last one was The Beginning. It really is weird but as I go along with it, I find out the reason behind it and find it pretty cool! Jennifer is a good lead character and everything that she is is very real and very modern teenage-y. She acts and thinks that everything is fine and it's just another ordinary day and the BOOM! I really liked reading how Jennifer get through the heartache. I feel her every ache and sadness. They are all pretty hilarious. Her supportive mother, gangsta brother, gay dad and gay step-dad which is in relationship with her dad since he and her mother were already divorced was one heck set of characters. They are all very fun to read in! I really enjoyed every encounter with them. In all, it was really a good YA novel. I really liked it. The story shows us that there is life after breakups. Very High school yet everybody can relate. This is one smile inducing novel. Emory Emersons Ten Breakup Commandments 1. You cannot be friends 3. Do not bad-mouth your ex to other people 5. Get rid of anything that remind you of him 6. Start an exercise regime 7. Pursue an interest you could not have pursued while you and your ex were together.

2: The Breakup Bible | Download eBook PDF/EPUB

The Breakup Bible takes women through Healing, Understanding, and Transformation, with new perspectives and advice from real, healed women at each step. Sussman's plan for getting over the end of a relationship is revolutionary and sound, complete with steps for creating a personalized Love Map, a vital and groundbreaking tool for moving on.

3: The Breakup Bible by on Prezi

The Breakup Bible, written by Melissa Kantor, tells the story of a teenage girl, Jen, whose heart is broken by her adored boyfriend Max, when he says the famous line "I think we should just be friends".

4: Rachel A. Sussman | Relationship Expert, Author, Lecturer

In The Breakup Bible, psychotherapist and breakup expert Rachel Sussman reveals the secrets every woman But it doesn't have to feel insurmountable, and there is always hope to be found. In The Breakup Bible, psychotherapist and breakup expert Rachel Sussman reveals the secrets every woman needs to get her life back on track.

5: The Breakup Bible Book Review

THE BREAKUP BIBLE pdf

The Breakup Bible We've all been there. Tearful, exhausted, confused. Whether you understand how and why your relationship ended, or feel blindsided by your ex's sudden departure, it can be incredibly challenging to figure out what to do next.

6: Rachel A. Sussman | The Breakup Bible

A believable and realistic examination of the pain of a first real breakup, done with humor, wit, and a great supporting cast. Jen takes time getting over Max, but she also learns to take charge of her own life.

7: The Breakup Bible by Rachel Sussman on Apple Books

About The Breakup Bible. Breakups are an unfortunate but inevitable part of every woman's life, and there's no denying that the heartache experienced after the ending of a serious relationship can be excruciating.

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A comprehensive, supportive, woman-centered guide to moving on from a breakup, The Breakup Bible lays out Rachel's proven three-phase process through Healing, Understanding, and Transformation to shape the book in a building-block style that lets the reader move through the process at her own pace.

9: The Breakup Bible by Melissa Kantor

The Breakup Bible by Rachel A. Sussman is a refreshing, effective and holistic guide to getting over a breakup. Although written specifically for women, a lot of the advice is just as valuable to men.

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