

## 1: Journal - ITG Journal - The International Trumpet Guild

*We continue to experiment with a new full-color cover design that is available only on the online electronic edition, downloadable here on the ITG Website.*

What people are saying: A MUST for trumpeters! This book is without a doubt the very best publication I have ever seen and read on the subject of the trumpet. It is by far the most comprehensive and yet easily understood regarding even the technical materials of physical science. I highly recommend this to ALL trumpeters no matter their skill level. Perhaps because I am myself primarily a scientist neuroscientist , and a trumpeter in my spare time, I really appreciate the depth of Mr. Yet I think this book will be appreciated by anyone having an interest in the trumpet because everything is explained so clearly. Ben Peterson is a trumpet player and educator based in northern Wisconsin. Peterson has had a sustained interest in elements of scientific inquiry that pertain to trumpet performance. *Understanding Performance Through Physics, Physiology, and Psychology*, is a result of the author distilling and organizing the many thoughts and associations he formed through his passion for both trumpet and the sciences. As the title suggests, the book is divided into three sections by scientific discipline. Each of these fields is then divided into two halves: In fact, one could simply read the book by referencing topics of interest listed in the index. The text boldly attempts to address a wide scope of inquiry, so the author had to refine his material. The physics section explains the scientific underpinnings of the parts of the instrument. The mouthpiece, tubing, valves, bell, and mutes are all discussed here. The physiology section covers bodily processes during trumpet performance, common injuries and their preventative measures, and the benefits of exercise and relaxation. The final section on psychology focuses on cognitive impediments to optimal performance and how to overcome them. Peterson has provided us with a book of scientific insight into the playing process. I would recommend this text to any curious trumpeters who want to manage their instrument, body, and mind more effectively. The author has used the principles in this book to become a more efficient, capable and expressive musician. You may just reap the same benefits.

## 2: International Trumpet Guild journal, [electronic resource] in SearchWorks catalog

*Every component of the International Trumpet Guild (Journal, Website, index, music supplements, recordings, etc.) is integrated to meet the organization's mission, which is printed on the contents page of every Journal issue.*

## 3: ITG Journal: The International Trumpet Guild | Open Music Library

*The official website of the International Trumpet Guild. Hello, and welcome to the ITG Web Site! I'm Cathy Leach, fortunate and happy to be the incoming ITG President and want to thank you for viewing our website.*

## 4: International Trumpet Guild - Wikipedia

*The ITG Journal is published quarterly and includes articles on history, performance, literature, recordings, research, pedagogy, physiology, interviews, instrument modifications, and many other trumpet-related areas.*

## 5: Trumpet Science - Peterson Trumpet

*Note: Citations are based on reference standards. However, formatting rules can vary widely between applications and fields of interest or study. The specific requirements or preferences of your reviewing publisher, classroom teacher, institution or organization should be applied.*

## 6: ITG - The International Trumpet Guild

# THE INTERNATIONAL TRUMPET GUILD JOURNAL pdf

*to promote communications among trumpet players around the world and to improve the artistic level of performance, teaching, and literature associated with the trumpet International Trumpet Guild Â® Journal.*

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