

1: Freshwater environmental quality parameters - Wikipedia

Water Quality Criteria for Freshwater Fish, Second Edition, is a collection of 12 technical papers on water quality criteria for European freshwater fish, together with a report on fish toxicity testing procedures that have been produced for the European Inland Fisheries Advisory Commission (EIFAC) – an intergovernmental organization with a

Organic constituents are significant in river chemistry for the effect that they have on dissolved oxygen concentration and for the impact that individual organic species may have directly on aquatic biota. Any organic and degradable material consumes oxygen as it decomposes. Where organic concentrations are significantly elevated the effects on oxygen concentrations can be significant and as conditions get extreme the river bed may become anoxic. Some organic constituents such as synthetic hormones, pesticides, phthalates have direct metabolic effects on aquatic biota and even on humans drinking water taken from the river. Understanding such constituents and how they can be identified and quantified is becoming of increasing importance in the understanding of freshwater chemistry.

Metals [edit] A wide range of metals may be found in rivers from natural sources where metal ores are present in the rocks over which the river flows or in the aquifers feeding water into the river. However many rivers have an increased load of metals because of industrial activities which include mining and quarrying and the processing and use of metals. Such conditions are very deleterious to most organisms and can cause serious damage in a river system. Coal mining is also a very significant source of Iron both in mine-waters and from stocking yards of coal and from coal processing. Long abandoned mines can be a highly intractable source of high concentrations of Iron. Low levels of iron are common in spring waters emanating from deep-seated aquifers and maybe regarded as health giving springs. Such springs are commonly called Chalybeate springs and have given rise to a number of Spa towns in Europe and the United States.

Zinc [edit] Zinc is normally associated with metal mining, especially Lead and Silver mining but is also a component pollutant associated with a variety of other metal mining activities and with Coal mining. Zinc is toxic at relatively low concentrations to many aquatic organisms. Microregma starts to show a toxic reaction at concentrations as low as 0. Impacts from very old mines can be very long-lived. In the River Ystwyth in Wales for example, the effects of silver and lead mining in the 17th and 18th centuries in the headwaters still causes unacceptably high levels of Zinc and Lead in the river water right down to its confluence with the sea. Silver is very toxic even at very low concentrations but leaves no visible evidence of its contamination. Lead is also highly toxic to freshwater organisms and to humans if the water is used as drinking water. As with Silver, Lead pollution is not visible to the naked eye. The River Rheidol in west Wales had a major series of lead mines in its headwaters until the end of the 19th century and its mine discharges and waste tips remain to this day. In - only 14 species of invertebrates were found in the lower Rheidol when Lead concentrations were between 0. By the lead concentration had reduced to 0. Significant levels of copper are unusual in rivers and where it does it occur the source is most likely to be mining activities, coal stocking, or pig farming. Rarely elevated levels may be of geological origin. Copper is acutely toxic to many freshwater organisms, especially algae, at very low concentrations and significant concentration in river water may have serious adverse effects on the local ecology.

Nitrogen [edit] Nitrogenous compounds have a variety of sources including washout of oxides of nitrogen from the atmosphere, some geological inputs and some from macrophyte and algal nitrogen fixation. However, for many rivers in the proximity of humans, the largest input is from sewage whether treated or untreated. The nitrogen derives from breakdown products of proteins found in urine and faeces. These products, being very soluble, often pass through sewage treatment process and are discharged into rivers as a component of sewage treatment effluent. Nitrogen may be in the form of nitrate, nitrite, ammonia or ammonium salts or what is termed albuminoid nitrogen or nitrogen still within an organic proteinoid molecule. However, the process are slow in cool rivers and reduction in concentration may more often be attributed to simple dilution. All forms of nitrogen are taken up by macrophytes and algae and elevated levels of nitrogen are often associated with overgrowths of plants or eutrophication. These can have the effect of blocking channels and inhibiting navigation. However, ecologically, the more significant effect is on dissolved oxygen concentrations which may become

super-saturated during daylight due to plant photosynthesis but then drop to very low levels during darkness as plant respiration uses up the dissolved oxygen. Coupled with the release of oxygen in photosynthesis is the creation of bi-carbonate ions which cause a steep rise in pH and this is matched in darkness as carbon dioxide is released through respiration which substantially lowers the pH. Thus high levels of nitrogenous compounds tends to lead to eutrophication with extreme variations in parameters which in turn can substantially degrade the ecological worth of the watercourse. Ammonium ions also have a toxic effect, especially on fish. The management of river chemistry to avoid ecological damage is particularly difficult in the case of ammonia as a wide range of potential scenarios of concentration, pH and temperature have to be considered and the diurnal pH fluctuation caused by photosynthesis considered. On warm summer days with high-bi-carbonate concentrations unexpectedly toxic conditions can be created. Phosphorus[edit] Phosphorus compounds are usually found as relatively insoluble phosphates in river water and, except in some exceptional circumstances, their origin is agriculture or human sewage. Phosphorus can encourage excessive growths of plants and algae and contribute to eutrophication. If a river discharges into a lake or reservoir phosphate can be mobilised year after year by natural processes. In the summer time, lakes stratify so that warm oxygen rich water floats on top of cold oxygen poor water. In the warm upper layers - the epilimnion - plants consume the available phosphate. As the plants die in the late summer they fall into the cool water layers underneath - the hypolimnion - and decompose. During winter turn-over, when a lake becomes fully mixed through the action of winds on a cooling body of water - the phosphates are spread throughout the lake again to feed a new generation of plants. This process is one of the principal causes of persistent algal blooms at some lakes. Arsenic[edit] Geological deposits of arsenic may be released into rivers where deep ground-waters are exploited as in parts of Pakistan. Many metalloid ores such as lead, gold and copper contain traces of arsenic and poorly stored tailings may result in arsenic entering the hydrological cycle. Solids[edit] Inert solids are produced in all montane rivers as the energy of the water helps grind away rocks into gravel, sand and finer material. Much of this settles very quickly and provides an important substrate for many aquatic organisms. Many salmonid fish require beds of gravel and sand in which to lay their eggs. Many other types of solids from agriculture, mining, quarrying, urban run-off and sewage may block-out sunlight from the river and may block interstices in gravel beds making them useless for spawning and supporting insect life. Bacterial, viral and parasite inputs[edit] Both agriculture and sewage treatment produce inputs into rivers with very high concentrations of bacteria and viruses including a wide range of pathogenic organisms. Even in areas with little human activity significant levels of bacteria and viruses can be detected originating from fish and aquatic mammals and from animals grazing near rivers such as deer. Upland waters draining areas frequented by sheep , goats or deer may also harbour a variety of opportunistic human parasites such as liver fluke. Consequently, there are very few rivers from which the water is safe to drink without some form of sterilisation or disinfection. In rivers used for contact recreation such as swimming, safe levels of bacteria and viruses can be established based on risk assessment. Under certain conditions bacteria can colonise freshwaters occasionally making large rafts of filamentous mats known as sewage fungus - usually *Sphaerotilus natans*. The presence of such organisms is almost always an indicator of extreme organic pollution and would be expected to be matched with low dissolved oxygen concentrations and high BOD values.

2: Water quality criteria for freshwater fish [in Europe]

This is the seventh technical paper on water quality criteria for European freshwater fish prepared for the European Inland Fisheries Advisory Commission (EIFAC) an inter- governmental organization with a membership of 23 countries.

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