

1: The Cycle of Success: Advice from Team Sky's Historic Triple Tour Win - Alexander Charles

Winning Streaks The positive momentum of success leads to a winning streak. Winning puts people in control of their circumstances and brings rewards that only perpetuate more winning. Every winning streak begins when leaders create a foundation for confidence. Winning begets winning because it produces confidence at the following four levels: 1.

Eric Ostermeier September 3, Three-dozen states across all regions of the country are in the midst of their longest ever Democratic or GOP winning streaks in presidential elections Earlier this summer, Smart Politics issued a report demonstrating how presidential electoral maps are currently in a historic holding pattern. The presidential map recorded the lowest ever rate of statewide cycle-to-cycle partisan change in the two-party era and the nation is also currently in the midst of its lowest rates of change in its electoral maps across the last three-, four-, five-, six-, seven-, eight-, and nine-cycle periods. With historically few states flipping back and forth between their partisan preferences in presidential races, political parties are starting to rack up an impressive array of statewide winning streaks as a result. Thirty-six of them, to be precise. Smart Politics examined the 2, statewide elections for president conducted since and found that 36 states are currently in the midst of their longest ever Democratic or Republican winning streaks with the GOP enjoying its best ever runs in 20 states and Democrats at peak levels in 16 others. While a few of these states are often considered bona fide Pennsylvania, Wisconsin or quasi- Michigan, Oregon, Washington battlegrounds each cycle, a substantial number of Electoral College votes are currently held in states where one of the two major parties is enjoying unprecedented success at the ballot box. For the GOP, these 20 reliably GOP states take electoral votes off the table each cycle while the 16 Democratic states have given its nominees electoral votes on which they can count if one counts the District of Columbia which has never voted for a Republican nominee. The Republican Streaks At the top of the leader board are nine states which have voted Republican for 12 consecutive cycles dating back to Richard Nixon in These states currently rank tied for 11th on the all-time GOP presidential victory streak list, and they can leap into a tie for second place if Republican nominees win there again in and Vermont holds the all-time presidential partisan winning streak at 27 cycles from through Four states have set state party records by voting for the GOP presidential nominee in nine consecutive cycles since Alabama, Mississippi, South Carolina, Texas , Georgia has done so for a record five times since , and six others have a record four-cycle Republican streak Arkansas, Kentucky, Louisiana, Missouri, Tennessee, and West Virginia. Nineteen of these 20 GOP winning streaks above are outright records for the party in each state. In West Virginia, Republican nominees also won four elections in a row from to and to The Democratic Streaks The longest current Democratic streak is in Minnesota which has voted for Democrats in each of the last 10 cycles since Jimmy Carter in In , Minnesota became the first state outside the South where Democrats have won 10 consecutive presidential elections since the founding of the party in The Gopher State currently has the 12th best Democratic mark in U. Georgia owns the longest streak at 24 cycles from through followed by Arkansas at 23 , Alabama and Mississippi at 18 , Louisiana and South Carolina at 17 , Texas at 13 , and North Carolina , Virginia , and Tennessee at Records Are Not Broken, But Shattered Not only have Republicans and Democrats set party high water marks in three-dozen states, but records have been smashed in many of them: The current winning streaks by Democrats in Minnesota and Vermont are five cycles longer than previous bests, while the party finds itself with a winning streak that is four cycles longer than its previous marks in Hawaii and Wisconsin, three cycles longer in New York, Oregon, Washington, Connecticut, Maine, Michigan, and Pennsylvania, and one cycle longer in Massachusetts, Rhode Island, California, Delaware, and New Jersey. From 36 to 38? Of the 14 states where Democrats or Republicans currently do not hold a party-best winning streak in presidential races, two could tie marks in the cycle: Unlike Maryland, Democratic wins in the Buckeye State have historically been close shaves. Of the 16 victories by Democratic nominees in state history, 13 were decided by single digits including each of the last five , , , , The only blow-out Democratic wins in Ohio came from Wilson in , Roosevelt in , and Johnson in Follow Smart Politics on Twitter.

2: Assessment Through the Student's Eyes - Educational Leadership

Confidence: how winning streaks and losing streaks begin and end. streaks, and cycles -- Winning streaks: the cycle of success -- Why winning streaks end.

Strong foundations for future success Failure to master prerequisites for future success Assessment for Learning Assessment for learning turns day-to-day assessment into a teaching and learning process that enhances instead of merely monitoring student learning. Assessment for learning begins when teachers share achievement targets with students, presenting those expectations in student-friendly language accompanied by examples of exemplary student work. Then, frequent self-assessments provide students and teachers with continual access to descriptive feedback in amounts they can manage effectively without being overwhelmed. Thus, students can chart their trajectory toward the transparent achievement targets their teachers have established. As students become increasingly proficient, they learn to generate their own descriptive feedback and set goals for what comes next on their journey. Teachers and students are partners in the assessment for learning process. For example, teachers might have students study samples of work that vary in quality and collaborate in creating their own student-friendly version of a performance assessment scoring rubric. Or students might create practice versions of multiple-choice tests that parallel the content of an upcoming final exam, which they can then use to analyze their own strengths and weaknesses and to focus their final preparation for that exam. Students can accumulate evidence of their learning in growth portfolios. Assessment for learning provides both students and teachers with understandable information in a form they can use immediately to improve performance. In this context, students become both self-assessors and consumers of assessment information. As they experience and understand their own improvement over time, learners begin to sense that success is within reach if they keep trying. This process can put them on a winning streak and keep them there. When we use assessment for learning, assessment becomes far more than merely a one-time event stuck onto the end of an instructional unit. It becomes a series of interlaced experiences that enhance the learning process by keeping students confident and focused on their progress, even in the face of occasional setbacks. The goal of assessment for learning is not to eliminate failure, but rather to keep failure from becoming chronic and thus inevitable in the mind of the learner. Duke University basketball coach Mike Krzyzewski has pointed out that the key to winning is to avoid losing twice in a row Kanter, , p. He meant that if you lose once and fix it, you can remain confident. Losing twice, though, can raise questions, crack that confidence, and make recovery more difficult. So when learners suffer a failure, we must get them back to success as quickly as possible to restore their confidence in their capabilities. This is the emotional dynamic of assessment for learning. Set Students Up for Success Here is an example of the use of assessment for learning that builds student confidence from the start. Notice who develops and uses the assessment. A high school English teacher assigns students to read three novels by the same author and develop a thesis statement about a common theme, consistent character development, or social commentary in the novels. They must then defend that thesis in a term paper with references. To set students up for success, the teacher begins by providing them with a sample of an outstanding paper to read and analyze. The next day, the class discusses what made the sample outstanding. As their next assignment, the teacher gives students a sample paper of poor quality. Again, they analyze and evaluate its features in some detail. Comparing the two papers, students list essential differences. The class then uses this analysis to collaboratively decide on the keys to a high-quality paper. After identifying and defining those keys, the students share in the process of transforming them into a rubric—a set of rating scales depicting a continuum of quality for each key. The teacher provides examples of student work to illustrate each level on the quality continuum. Only after these specific understandings are in place do students draft their papers. If students want descriptive feedback from their teacher on any particular dimension of quality, they can request and will receive it. The paper is finished when the student says it is finished. In the end, not every paper is outstanding, but most are of high quality, and each student is confident of that fact before submitting his or her work for final evaluation and grading Stiggins, in press; Scenario 1 adapted by permission. Help Students Turn Failure into Success Here is an illustration of assessment for

learning in mathematics used to help a struggling elementary student find the path to recovery from a chronic sense of failure. Notice how the teacher highlights the meaning of success and turns the responsibility over to the student. In addition, notice how the learner has already begun to internalize the keys to her own success. She knows this means another F. So her losing streak continues, she thinks. But then her teacher distributes another paper—a worksheet the students will use to learn from their performance on the math test. The worksheet has several columns. Column one lists the 20 test items by number. Column two lists what math proficiency each item tested. She asks the students to fill in those columns with checks for each item to indicate their performance on the test. Gail checks 12 right and 8 wrong. Gail discovers that four of her eight incorrect answers were caused by careless mistakes that she knows how to fix. Gail discovers that all four of her wrong answers that reflect a true lack of understanding arise from the same gap in her problem-solving ability: If she had just avoided those careless mistakes and had also overcome this one gap in understanding, she might have received percent. If she could just do the test over. The teacher then provides differentiated instruction to the groups focused on their conceptual misunderstandings. Together the class also plans strategies that everyone can use to avoid simple mistakes. When that work is complete, the teacher gives students a second form of the same math test. When Gail gets the test back with a grade of percent, she jumps from her seat with arms held high.

Redefining Our Assessment Future We know how to deliver professional development that will give practitioners the tools and technologies they need to use assessment effectively in the service of student success. Thus far, however, the immense potential of assessment for learning has gone largely untapped because we have failed to deliver the proper tools into the hands of teachers and school leaders. If we are to fulfill our mission of leaving no child behind, we must adjust our vision of excellence in assessment in at least two important ways that will help us balance assessment of and assessment for learning. First, we must expand the criteria by which we evaluate the quality of our assessments at all levels and in all contexts. Traditionally, we have judged quality in terms of the attributes of the resulting scores; these scores must lead to valid and reliable inferences about student achievement. As a result, schools have lavished attention on characteristics of the instruments that produce such scores. Even the most valid and reliable assessment cannot be regarded as high quality if it causes a student to give up. We must begin to evaluate our assessments in terms of both the quality of the evidence they yield and the effect they have on future learning. High-quality assessments encourage further learning; low-quality assessments hinder learning. Second, we must abandon the limiting belief that adults represent the most important assessment consumers or data-based decision makers in schools. I know what to do next. I can handle this. I choose to keep trying. I have no idea what to do next. In standards-driven schools, only one of these responses works, especially for students who have yet to meet standards. Assessment for learning is about eliciting that productive response to assessment results from students every time. It can produce winning streaks for all students. Assessment and classroom learning. Principles, Policy, and Practice, 51, 7— How winning streaks and losing streaks begin and end. Conquering the formative assessment frontier. Classroom assessment FOR student learning: Doing it right—using it well. What a difference a word makes: Journal of Staff Development, 27(1), 10—

3: Strategic Management: 3 Steps to the Cycle of Success

Winning Streaks: The Power of Virtuous Cycles in Higher Education Daniel Seymour Daniel Seymour teaches at California State University at Channel Islands and is the author of *Momentum: The Responsibility Paradigm and Virtuous Cycles of Change in Higher Education* (Rowman & Littlefield,).

Strategic Management, a three-step process that includes Planning, Execution, and Monitoring, is a more powerful means of optimizing the long-term performance of an organization. The last key to success is Repetition of the process. Perhaps some of these users actually did a poor job with the planning process itself or chose an inappropriate planning model for their business, but certainly some of them merely stopped after a successful planning and failed to follow through with the rest of the strategic management process. In this way, the managers maintain accountability for meeting their commitments and the ability to make changes to the plan as the environment changes. To continue to build upon and leverage the success of the strategic management system, the team then repeats the planning process. With each iteration, they become more skilled with the planning tools, more aware of their capacity for effective change and more confident in their ability to understand their business environment and make the right decisions for their future.

Planning Failing to plan is planning to fail Imagine you are the head coach of a professional football team and you have just sent your captains onto the field to observe the coin toss minutes before the kick off for the Superbowl. Imagine further that you and the team had spent the past week enjoying the pre-game hype, talking to reporters, relaxing around the hotel pool and treating yourselves to frequent nights on the town. After all, you played well all year - certainly the team has demonstrated that it knows how to win. You have had such a good time for seven days that you suddenly realize that you are not quite sure who your opponent is. You seem to recall reading somewhere that they have routed three other teams in the playoffs by a combined score of to 6. It occurs to you mid-way through the third quarter, trailing 69 to 3, that you really prepared the team well for this slaughter. By putting off that coaching staff meeting at the beginning of the week, you actually paved the way for new Superbowl records for points scored in a quarter none of them yours , penalty yards incurred and largest margin of victory. This is not the way it was supposed to be when you earned your shot at sports greatness. By not planning at all, you effectively planned for failure! Like the coaching staff in the above scenario, senior management in any enterprise is responsible for the long-term success of the company. Their top priority is to establish Vision course and direction , Structure organizational makeup and allocation of resources and Culture the values and personality of the organization that will motivate people to do their best work. If the management team does not shoulder this burden, if the planning process is not actively pursued, then it occurs on an ad hoc basis. Once the enterprise grows and becomes more complex, or its markets mature and competition stiffens, the managers begin to realize that they can no longer make do with casual, informal planning. If not formalized in some way planning meetings and strategy document , then the plan is less likely to be well thought out and less likely to generate buy-in and enthusiastic follow-through. Organized, formal strategic planning allows for a methodical consideration of the information required to understand the business environment, a structured analysis of that information, thoughtful decision-making and realistic implementation planning.

Importance of Strategy vs. Tactics It is important that we briefly discuss the difference between strategic and tactical planning. Consider participating in a sailing regatta. The skipper can know every sail configuration and every wind-reading technique for making the boat knife through the water at the greatest speed. This preparation in no way ensures successful performance if the captain and crew have no sense of the final destination and the best course and direction to take to get there. Without some strategic vision of the race, it is likely that their overall strategy will be one of watching their competition, taking the same general course, reacting to competitive heading changes and then hoping that once the destination becomes apparent, they are in the right position to win the race. Merely sailing the boat and making great speed tactical execution can be meaningless if the vessel is not moving in the direction of a desirable destination strategic direction. Similarly, running a business without a destination in mind beyond responding to the next customer complaint, reacting to the latest competitive move or kicking the next unit of production

out the door can yield equally unremarkable results. The first thing that the management team should do is examine the annual cycle of their business and decide on the best time to plan. For some, it is best to conduct strategic planning immediately preceding their annual budgeting process. This affords them long-term perspective and helps make certain that the strategic objectives will receive proper funding. For still other companies, some urgent situation in the business environment may compel them to start planning immediately, regardless of the timing of other annual events at the firm. Make a firm commitment to both the initiation and completion of the strategic planning process. Develop this commitment with the team by keeping them focused on the destination: Give the team an overview of how the process will be conducted. Make it clear to all team members that this is not just an intellectual exercise. Your intentions at the onset of the planning process are to follow-through with the decisions made by the team. If you are the General Manager of the strategic business unit, then clearly, your participation in the process is critical in ensuring that the decisions made by the team will not deviate into the realm of the unreasonable or unacceptable. The decisions are ideally the product of a consensus-based selection process but are not necessarily the result of a pure democracy. Perform the planning Once you have the commitment of the CEO and the rest of the management team and the meeting times are set, perform the planning. Make sure that the process you have chosen to guide your planning efforts is sound and that you believe it will be the best way to achieve your desired results. Schedule your meetings offsite and make sure that you manage the agenda for each gathering to stay on schedule. Completing and acting upon an imperfect plan is much more preferred than striving for perfection and never finishing and, consequently, never taking decisive action. Therefore, do not expect perfection the first time through. The perfect plan does not exist. DO expect the following: Better understanding of your business Clear statement of your desired long term vision Specific steps that you believe will take you there Planning of the resources needed to make the journey Execution Plan the Dive, Dive the Plan This, the mantra of all scuba divers, describes one of the most important guidelines for conducting a safe and successful diving trip. In spite of the enjoyment that comes from observing the exotic reef life of some Caribbean island, every dive is potentially a life and death situation, so, it is extremely important to follow through with the pre-dive plan. Before each dive, the dive master explains the topography of the dive site, the depth of the dive, and the time that all divers on the trip should stay down. It is critical that everyone on the team understands and agrees upon the details of the plan. Once under water, conducting detailed communication about changing the plan is difficult. It is important not to deviate and drift away from the dive team even if you see some interesting reef life off the agreed upon path. Similarly, in the real world of daily business management, as you implement your strategic plan, people will want to diverge. It is very easy to be knocked off course by a compelling ripple in the tides of the business environment. It takes discipline to stay on track. The management team must make the commitment to stay focused on the agreed upon plan. They should only make significant changes to the plan after careful consideration as to overall implications and consequences of the change. Typically, our available resources are fully consumed by two general activities: Maintaining ongoing business activities Working on our strategic initiatives Taking on additional projects often means that something originally on the plan agenda will be deprived of critical resources and will falter, if not fail altogether. As with the scuba diving adventure, there will be time to review the plan and make adjustments - and this is a vital part of any living, dynamic strategic plan - but the time to do this is clearly not while you are underwater. In spite of the potential seriousness of every scuba dive, once you have the buy-in of your colleagues, it is easy to stick to the plan. After all, you are having fun! This is not always the case when implementing a business plan. This part of the strategic management process involves a lot of hard work! Because of this, it is much more difficult to maintain energy and enthusiasm to carry on the implementation as planned. After completing the planning portion of the annual cycle, it is quite common for the team to be energized by their confidence in the plan and their new found sense of control over their destiny. The team begins the implementation effort brimming with optimism and eagerness. The planning effort itself is the interesting and intellectually stimulating part of the process, but now comes the real challenge: Herein lies an important by-product of the strategic management process: Having participated in the planning process, the individual managers on the team can use their understanding of your long-term

strategies and goals to make appropriate resource decisions everyday. This can free up the resources needed for attacking strategic objectives. This is why, in spite of the time required to perform the actual planning, strategic management is a net time-saver. Even with a clear implementation plan in place it is quite possible to lose track of whether you are accomplishing what you intended. Imagine the challenge faced by the engineers of the American transcontinental railroad. The strategic vision was that coast to coast rail transportation would unite the two halves of the country. The Central Pacific and the Union Pacific Railroad Companies began their historic roles in the implementation of this vision with the intention to meet somewhere in the middle. They did ultimately succeed when the last spike was driven on May 10th, in Promontory Summit, Utah. Though the two companies were united by the same strategic vision, successful implementation was difficult and, in the end, extremely complicated: They actually did not agree upon their final meeting point and passed each other by miles. It took a resolution by both houses of Congress to determine the point at which they would meet. Almost literally, the two companies did not know where they were going - and so they wound up someplace else. The same holds true for our efforts to implement strategic vision for our companies. During the period of time between repetitions of our formal planning activities for the majority of companies, an annual occurrence, the managers must monitor the progress made on the strategic objectives and also monitor changes in the business environment. Progress on the objectives during the year is dependent upon following through with the resource commitments made at the conclusion of the annual cycle of planning activities. Periodic review of the implementation plans, which drive strategic change, is critical for measuring progress and maintaining accountability: Are we on track to complete our implementation plans? Are our objectives still the best things we can do to improve our long-term prospects or has something changed in the business environment that would cause us to revise or change objectives? Most companies find that a monthly review of action plans and a somewhat more in depth quarterly review of their assumptions, strategies and implementation plans is an effective means of keeping the plan moving forward and adjusting course and direction as required. Tourist in New York City: How do I get to Carnegie Hall? Repeating the strategic planning process is one of the biggest levers for long term success. Once your initial planning effort is completed, your team is likely to be extremely excited about their new found sense of confidence and ability to shape their future. They will then live with the execution and monitoring portions of the strategic management process for one year. Upon repeating the process the following year, they will naturally see ways to make the plan better. Perhaps they will realize that there were gaps in the market and competitive information. Their assumptions about the future will need to be modified. They may find additional elements to include in the process or new opportunities that deserve their attention and resources. More important than increased facility with the planning process tools, you will notice that your managers are asking more insightful questions about the future success of the business.

4: Republicans and Democrats Have Record Presidential Winning Streaks in 36 States | Smart Politics

Get this from a library! Confidence: [how winning streaks and losing streaks begin and end]. [Rosabeth Moss Kanter; Carrington MacDuffie] -- Confidence is the new theory and practice of success, explaining why success and failure are not mere episodes but self-perpetuating trajectories.

If you are struggling in anything in life, whether it is financially, in relationships, sports, etc. Most recently he was promoting his book, Money: Listen, tonight is the night. Because if you go out there with any aspect of the past, you and I both know it is already over. The past does not equal the future unless you live there. Your problem is not a skill problem, is not a talent problem— MCW how you performed was amazing. The team as a whole— Your team took on the defending champs Monday and in the second half, you blew them out score-wise. We gotta change just one little shift. We gotta make sure this game, from the time we have that first tip-off to the final blow of that whistle, that sense of absolute certainty is there every single minute where you will not accept anything but victory. And that process is not just a psychological emotional thing, it is in your body. Your problem is momentum and certainty. And those things are first of all, our belief. Could you guys win tonight? Is your potential there? Of course, it is inevitable for you to win. In fact, the odds are that you win tonight. And as a result we take little potential and little action and you get little results. Something inside of them gets them to change their certainty, and all of a sudden, they tap their potential. They take massive action. They just have that extra edge that everybody else is missing. They get a great result. Happy people get happier, losers lose more. To watch this part, go to this video and start at 2: After the drill is over that illustrates how beliefs work, Tony finishes his speech to the 76ers by saying this: Everybody knows that practice does not make perfect. Perfect practice makes perfect. Some people do no practice, some people practice for 6 weeks, some only practice in their mind. We all know the research. People that do practice go up. People that practice without ever touching a ball have the highest scores because they see it every single time. They are certain, so now they tap into this momentum. Look, victory is near. When you are struggling in anything, like business or sports, you can go back to this 4 step cycle and remind yourself what it is that is causing your struggles, so you can fix it. Once you understand the concept of this diagram, you can accomplish anything you want in life. If you only have a little belief that you can do something, your subconscious only taps into a small percentage of your potential and you only take a little if any action, so you get hardly any results that you want. Just think about it. This is what Tony was trying to tell the team. They have won games before, whether it was in college or in the NBA itself, so winning is something they have done many times before. Therefore, it is obviously possible to beat the other team in one game right? All that is, is a self-limiting belief that would hold you back from reaching your goals. Everyone has an ample amount of potential in different areas. Especially when it comes to things like business, anyone can succeed. They just knew what they wanted, believed with certainty that they could get it, tapped into their entire human potential and took massive action to get extraordinary results. Everyone is made up of similar bodies, internal organs, brains, etc. You have as much potential as anyone else, you just have to learn to tap into all of it instead of a small percentage by using this success cycle to help you. Action When you believe with certainty that your goal can be reached, it allows your subconscious to tap into your entire potential and then that allows you to take massive action towards creating the result. For example, lets say you are a business owner. Lets say you had a dip in sales over the last few months and you were feeling down about why that happened. Now, since you are confident and know you can get your desired result, your subconscious mind recognizes this and taps into your full potential to figure out how to make it a reality. This allows you to come up with a plan and take massive action, the same or similar actions that got you the result before your dip in sales. With the motivation from your certainty, driving your subconscious to stay active and find any possible way to help you reach your goal, you then take the actions you have come up with. Results Once you have believed with absolute certainty that you could achieve a result, you tapped into your full potential and took the necessary massive action to get it. Now that you have the results you wanted you feel really good about yourself and have that sense of accomplishment that we all love. Now you use the results as leverage to create momentum. When you

keep getting results, you keep believing in yourself and challenging yourself to reach new heights. Ever wonder how the rich get richer and the poor get poorer? There are no politics or unfair advantages involved that allow rich people to make more and more money. They do it because of this very success cycle that Tony has constantly gone over throughout his 37 year career as a life coach. They keep the belief in themselves that they can accomplish great things because they keep reaching their goals and are always inspired to take massive action. The only time you stop getting results, is when you stop believing that you can. The results you get though, keep your confidence up and allow you to keep the cycle going as long as you allow it. This is why you see winning streaks and losing streaks in sports. This is why the rich get richer. This is why the poor get poorer. Because this cycle of success also works as a cycle of failure if you lose belief and certainty in yourself. It turns your beliefs into reality through this cycle. Keep your beliefs in your favor. Conclusion Certainty that you can accomplish your goal allows your subconscious to tap into all of your potential, which allows you to know exactly how to get the results you need, which allows you to take action on the plan you came up with and get the results you wanted. If the result is humanly possible, you can use this cycle to get it. Master this concept and the world is yours for the taking. Do you think it played a part in the 76ers getting their first win of the season?

5: Cycle of Success Institute - Learn Cosi

Once set in motion, streaks harden, and to turn a cycle from decline to success, leaders must restore confidence in the system. In business as in sports, Kanter writes, winning on the playing field is heavily influenced by what happens off the field.

Eric Ostermeier October 25, The impressive Democratic electoral winning streak in Minnesota is not even the fifth biggest for the party across the country After sweeping all constitutional offices during the and GOP waves, it seemed implausible at the start of the year that Minnesota Democrats could be in a position to lose the race for attorney general in But an 11th hour exit by three-term Attorney General Lori Swanson followed by the nomination of polarizing U. Representative Keith Ellison has brought the DFL to the brink of losing its first statewide race since after 14 consecutive victories. Ellison is opposed by former state Representative Doug Wardlow who is hoping to end a cycle DFL winning streak for the office that dates back to “ the longest current partisan streak in the Gopher State. Wardlow polled ahead of Ellison 43 to 36 percent in a mid-October MPR survey as Minnesota Democrats scramble to unify their party “ and convince enough independents to get behind their nominee. But as jarring as it would be for the DFL to lose an office they have held for nearly a half-century, Minnesota does not have the biggest Democratic winning streak for attorney general in the nation. In fact, the state does not rank in the Top 5. Leading the way are Mississippi Democrats, who have won each of the last 36 elections for attorney general since the end of Reconstruction in That streak may come to an end in , however, as popular incumbent Jim Hood declared he would run for governor instead of a fifth term. As the Magnolia State turned deep red in recent cycles, Hood has managed to win each of his terms by double-digits, including a Democrats have also won an impressive 31 consecutive elections for attorney general in North Carolina since Maryland Republicans have come within single digits of victory during only three of these previous 24 losses: William Gunter lost by 8. Attorney General Edward Rollins lost by 6. Attorney Richard Bennet came up 7. Massachusetts 12 straight victories since , Iowa 10 since , and Vermont 10 since also have double-digit winning streaks for the Democratic Party. While the GOP currently holds 24 of the 43 seats in states where the attorney general is elected directly by voters, the party only owns winning streaks of more than a half-dozen consecutive victories in two states. In Nebraska, the Republican streak rests at 21 heading into the cycle “ a number that would be 27 were it not for a special election victory by Democrat Harold Caldwell which resulted in him serving just a few days in office. Democrats did not even field a nominee in two of the previous five contests in the Mount Rushmore State , Poised to pick up multiple gubernatorial seats around the country in “ particularly in the Midwest “ Democrats are hoping that success will translate down the ballot in races for attorney general. Follow Smart Politics on Twitter.

6: Our Model - Connections to Success

Democrats also have amassed winning streaks of 18 in a row in Kentucky since and 15 in a row in Connecticut since Massachusetts (12 straight victories since), Iowa (10 since), and Vermont (10 since) also have double-digit winning streaks for the Democratic Party.

No matter if you are trading with a million dollars or a thousand, every trader will go through both of these periods every trading year. Most losing traders struggle to be profitable not because of lack of winning trades. They lose because they let their losses during their bad periods wipe out their gains from their winning periods. In order to become a profitable trader, you need to know how to get the most of winning streaks so you can survive periods of inevitable drawdown. Knowing how to maintain a winning streak in trading is just as important as breaking out of a trading slump. Here are 3 crucial tips to maintain a winning streak in trading.

Figure Out The Source of Your Consistency Many new traders, when they go on a good run of trades, stop putting in the work outside of trading. They think they have made it as a trader, so they stop reviewing their trades and making detailed trading plans before the market opens. It becomes harder to push yourself to work hard when you are on a winning streak than when you are in a draw down. You have to fight complacency during winning streaks, and understand that these periods never last forever. You have to push yourself extra hard during periods of success. Make yourself study all of your trades, and figure what setups are contributing to your success. Even when you are making money, you can still always be making more money and refining your trading. Do everything you can to capitalize during periods of successful trading so you can sustain yourself during periods when the market gets slow. Trading is the most scalable profession if you keep improving. Remain Selective in Your Trading When you are on a hot streak it is tempting to try to trade new setups, because you are feeling confident and cocky. You think that every trade you put on will be a winner. This is the exact opposite of what you should do. Winning streaks, especially for new traders, are the result of being selective in your trading. You found a setup that you know you have an edge on, and you are capitalizing. Winning streaks do not come from being the jack-of-all trades. On all of your go-to setups you know the probability of success. Trading these setups is just pure gambling, and it is tempting to do when you are on a winning streak. Instead of trying to trade new setups you are unfamiliar with, increase your position size on setups that have been making you money already. Increasing your position size during winning streaks is imperative to long term success. When we say increasing your position size, we do not mean immediately double the amount of shares you buy. Increasing position sizes too much will bring more emotions into your trading because you are not used to seeing these big swings in your PNL. If you add too much size you will likely destroy your winning streak and end up taking a big loss. Most traders I know make the majority of their money during the trading year in just 3 or 4 months of the trading year. The other 8 or so months when the market is slow and choppy they decrease their position size and trade less to preserve their mental and physical capital. But when the market is hot they always dramatically increase their size. Increasing their size during these periods is why these traders are successful. The gains they make during these periods sustains them when the market is slow. We are doing a free workshop analyzing all the market cycles of the stock market, which sectors you should be trading, and the best setups to use in a bear market. On the 2nd day you can watch me day trade live and see exactly how I trade and profit in the current market conditions.

7: How To Maintain A Winning Streak in Trading | Day Trading Alerts, Strategies, and Live Training

Strategic Management, a three-step process that includes Planning, Execution, and Monitoring, is a more powerful means of optimizing the long-term performance of an organization. The last key to success is Repetition of the process.

8: Tony Robbins Advice To 76ers | 4 Steps To Stop Struggling

Her winning streak begins (Stiggins, Arter, Chappuis, & Chappuis, ; Scenario 2 adapted by permission). Redefining Our

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