

1: Wintergirls by Laurie Halse Anderson – review | Books | The Guardian

In a world riddled with made-for-tv, paint-by-numbers eating disorder cliché, Wintergirls by Laurie Halse Anderson separates itself from the pack. The set-up is standard: Lia is the caucasian, teenaged daughter of divorced parents.

Wintergirls, by Laurie Halse Anderson Posted on by Kyn When I was a real girl my best friend was called Cassandra! Novels about eating disorders always disconcert me, as they are so hard to get right. It is vital that the disease is portrayed sensitively, in order that the book offers the opportunity to understand what can seem an incomprehensible state of mind. Yet it is also important that the book does not act as a trigger to existing or potential sufferers, validating their behaviour or reopening old trap doors in the mind. However, given that incidents of eating disorders are on the rise, both understanding and responsibility are vital when reading texts about eating disorders for young adults. Lia is not always a likable character. She shuts her mother out of her life, lies to her step-mother, and at one point succeeds in giving her little step-sister nightmares. Through her the disease is not glamorised, she becomes a pathetic, pitiable creature the reader longs to slap. Or at least hurry up and realise what she is doing to both herself and her family. What I found the most convincing aspect of the novel was the depiction of depression. The metaphor Lia uses to describe anorexia sufferers poetically illustrates the disease: What this metaphor suggests about mental health and depression is vivid and illustrative, striking a particular chord with me. Difficult to read at times, and yet I was unable to stop, Wintergirls became compulsive and I read it in only one sitting. Part of me was annoyed that Lia was such an aggravating character, but this is clearly part of the depiction of the disease. As I reader I wanted to wholly sympathise with her, and yet this was tempered by my frustration with her attitude towards those around her. There is compulsive calorie counting, suppressed urges and hallucinations. Engrossing and powerful, Wintergirls is definitely worth a read. But it is a story about anorexia first, and a story second. The disease sets the pace, the tone, the mystery, the action. Everything about the book is surrendered to anorexia. Which, I suppose, is kind of the point.

2: Wintergirls by Laurie Halse Anderson | www.enganchecubano.com

*Laurie Halse Anderson is not one to shy away from difficult topics. Her debut novel *Speak* deals with the issue of teen rape and lets just say it was incredible. In her latest, *Wintergirls*, Anderson deftly addresses the devastating effects of eating disorders.*

Early life[edit] Laurie Beth Halse was born October 23, She grew up there with her younger sister, Lisa. As a student, she showed an early interest in writing, specifically during the second grade. Anderson enjoyed reading—especially science fiction and fantasy—as a teenager, but never envisioned herself becoming a writer. After her experience in Denmark, Anderson moved back home to work at a clothing store, earning the minimum wage. This motivated her to attend college. In , they had their first child, Stephanie Holcomb. Two years later, they had their second child, Meredith Lauren. The couple later divorced. Anderson eventually married—and is still married to—Larrabee. This story was inspired by her daughter, Meredith, who broke out with chicken pox on Thanksgiving. She also co-authored a book about parenting shy children with Dr. *Speak* has been translated into 16 languages. In , Anderson admitted that she was raped when she was thirteen years old, and the novel was based on her experience. The novel tells the story of two girls—one of whom is dead at the beginning—suffering from bulimia and anorexia. *Fever* received two starred reviews, state and national awards,[which? *The Woman Who Saved Thanksgiving* was published in *Edwards Award* recognizes one writer and a particular body of work "for significant and lasting contribution to young adult literature. *Speak*, *Fever* , and *Catalyst*. The ALA called the novels "gripping and exceptionally well-written" and the panel chair said that "Laurie Halse Anderson masterfully gives voice to teen characters undergoing transformations in their lives through their honesty and perseverance while finding the courage to be true to themselves. She was a runner-up for the Michael L.

3: Wintergirls Themes

Laurie Halse Anderson's Wintergirls is exactly that kind of book. This was recommended to me several months ago as part of a book club but for some reason I just didn't get around to reading it. Well I finally started it 2 days ago and when I did I didn't stop reading it until I was done.

They are Lia and Cassie. Cassie is a pretty girl who started battling bulimia at a very young age, and at the beginning of our story was found dead in a motel room. Lia is her former best friend who is still battling anorexia, and has to deal with getting weighed weekly by her well-meaning step mother, and also has the guilt constantly in her mind knowing that Cassie had called her. Right before she died. The details of her death have not yet been released. Who exactly are the Wintergirls? The details of her death have not yet been released, but as Lia goes to the wake and funeral she is reminded of her once strong, but toxic friendship with Cassie. As the story progresses Lia is left to wonder a few things. How did Cassie actually die? Could she have saved her if she answered the phone? This was a haunting story that discussed, in disturbing detail, how it feels to be trapped inside your own mind. She sees a scrambled egg as "yellow" or "71" for the calories it contains. Wintergirls provides an in-depth look into eating disorders, and it does not hold back or sugar coat anything. The emotional and physical aspects of both diseases are explored in such an amazing way. You see the story unfold, and you know that the author is trying to show the horrors of eating disorders, but the book never feels preachy. We are inside her head hearing the inner monolog, and I found this fascinating to read about. A complaint that I have seen about this book is the fact that the author never really explains what has caused Lia to be the way that she is. If the author went another way and made Lia a character who was abused or mistreated simply to give her a reason to hate her life this story would have been less unique in my opinion. She kind of has a Chuck Palahnuik feel with the repetitions, and vivid, weird descriptions. As you know from my Shatter Me review these kinds of things can really annoy me if they are overused, but I think in this story they were okay used in moderation and never really made me lose focus on the plot. Yes, I felt bad for Lia, and her everyday struggles, but overall I kept hope that she would eventually get recovered. It made me think back to high school and remember friendships I had that may have not been the healthiest friendships, but they still in some way helped me to be the person I am today. They made everything in a realistic book seem kind of fake, and sometimes when Lia was hallucinating it was hard to know right away that that was what was going on. This is only a minor issue in the book, and may not even bother other people at all. I read it in one day, and I would recommend it to fans of Ellen Hopkins. I will definitely be checking out more books from this author.

4: Wintergirls Summary - www.enganchecubano.com

"Wintergirls," Laurie Halse Anderson's new novel, takes us into this dark, tyrannical world through the experience of Lia, the year-old narrator, who has struggled with anorexia since the.

Will there be a Speak sequel? Activities and Projects Multigenre Inquiry This project explores SPEAK through an array of genres that answer the central question in creative, engaging, and meaningful forms. The plot is gripping and the characters are powerfully drawn. This is a compelling book, with sharp, crisp writing that draws readers in, engulfing them in the story. Because you set the precedent. Nobody made much of a big deal about it when it came out, other than it was a National Book Award finalist. No publicity, no advertising, no book tour. The first group of teachers and librarians who read it started to share it with teen readers and were stunned by the feedback they got. Kids who hated reading finished it in one night and asked for another book like it. Incredible powerful conversations grew out of the book and within a few years it started to be placed in curriculum. The censorship controversies that arose really helped frame the national discussion; what do we want our kids to be reading and why? Then Melinda showed up in my imagination and made the story her own. Take your time and practice good self-care. Make sure you are putting healthy things in your life, like exercise and time with friends. Books that explore difficult topics take a lot of energy. Your book Speak is constantly on the banned books lists at schools. What would you say to those parents that are pushing for Speak to be banned? I would ask them why they are afraid to talk to their kids about sexual violence. Every two minutes, someone in America is sexually assaulted. Parents must face up to their responsibilities to prepare their children about the dangers of the world. They must get over their own squeamishness about discussing human sexuality in order to do so. Lots more very good Statistics can be found here: I have no patience for that. Who they want to be educating and miseducating their kids about these things? SPEAK opens the doors to some of the most important conversations a family will ever have. I felt like the main protagonist was a real person and I could identify with her so closely. Unlike a lot of adults, I vividly remember what it was like to be a teenager. I think that is my superpower. I think it should be eliminated. I wrote Speak when my oldest daughter went to middle school. It has become a book that all families can use to talk to their kids about harsh realities of life, and the legal and moral rules that govern consent and sexual intimacy. Do you remember how it was to feel like Lia? I never developed a clinical eating disorder, but for decades I had a very confused image of myself, and I put way too much emphasis on how I looked. I remember the self-hatred and the terrible thoughts. I have finally made peace with my body, and that has allowed the real meâ€”my spirit, my intellect, and my heartâ€”to soar.

5: Speak â€” Laurie Halse Anderson

In Wintergirls, the true nature of anorexia is made painfully clear. Photograph: Jeremy Durkin / Rex Features There is a great deal of dross written in teenage fiction, nearly all of which seems.

6: Wintergirls | Rated Reads

Laurie Halse Anderson is the winner of the Margaret A. Edwards Award for her novels Catalyst, Fever , and Speak. She will be honored at the Young Adult Library Services Association (YALSA) Annual ALA Conference in Chicago, July ,

7: Wintergirls Book Review

Wintergirls from Laurie Halse Anderson, the author of Speak. On Sale March 19, Dead girl walking, the boys say in the halls. Tell us your secret, the girls whisper, one toilet to another.

8: Wintergirls (Audiobook) by Laurie Halse Anderson | www.enganchecubano.com

WINTERGIRLS BY LAURIE HALSE ANDERSON pdf

Wintergirls is a fiction novel by Laurie Halse Anderson www.enganchecubano.com tells the story of a girl, Lia Overbrook, who suffers from anorexia and self harm. She struggles to fight her mental illness while balancing everything else in her life.

9: Wintergirls Quotes by Laurie Halse Anderson

Laurie Halse Anderson is the New York Times-bestselling author who writes for kids of all ages.

Liberia, racism and economic dependency A debate concerning non-dualism. Do Children Have Rights? Frankly, just between us Confederate general service accoutrement plates A syllable of water Gods new covenant anticipated by the prophets Vastly more than that Understanding paragraph basics Pre-Raphaelite Prints Chapter 25: 1989 Preakness 198 Mrs. Dunlops New Hat Caroline Stafford Standards of performance Alchemist book in Appendix B. Mystery movies Settling the Score Wannabe Guide to Marketing Phtls 8th edition filetype Preparing students to work Christian antisemitism and intermedial experience in late medieval England Anthony Bale Apple print excel sheet in one Part 3 : Language and cognitive development in children. Physical Geology A Study Guide to Accompany the Earths Dynamic Systems English maritime books printed before 1801 Bitter Creek area of critical environmental concern and Mountain Plover area of critical environmental co Initiating and planning systems development projects Petition of right in the Exchequer Court of Canada Santa Barbara, secrets sidetrips Hafele catalogue Manto Naama (Lotus collection) Our Hearts Desire Prehistoric burial places in Maine Epilogue : the future of Guadalupan devotion. National Tragedy, the Reverend Bill Hybels, 230 Pages Ohio Revised Code Annual General Index Best recipes of Illinois inns and restaurants De la sonorite art et technique flute Understanding tomorrow Language testing and assessment edited by Caroline Clapham and David Corson v. 8. Madison and the French Enlightenment